



# MFS

## SOME HELPFUL RESOURCES

CONNECT WITH US ONLINE FOR THE LATEST PROGRAMS AND SERVICES

**1**

### **MFS(E) WEBSITE**

<https://cfmws.ca/europe>

Find information on your location, programs and services along with an event calendar with local and Europe-wide program listings.

### **MFS(E) FACEBOOK PAGE**

<https://www.facebook.com/MFSEurope>

Find resources and upcoming program information for families in Europe.

**2**

**3**

### **MFS(E) YOUTUBE CHANNEL**

<https://bit.ly/MFSEYouTube>

Find recordings from virtual sessions along with others that are relevant to your OUTCAN posting.

### **MFS(E) BLOG**

<http://bit.ly/MFSEBlog>

Find virtual program resources and articles from community members about living OUTCAN.

**4**

**5**

### **MY VOICE/MA VOIX**

[www.facebook.com/groups/MyVoiceMaVoix](http://www.facebook.com/groups/MyVoiceMaVoix)

MyVoice is a Facebook group for you to communicate with Military Family Services (MFS). The group is a safe place to discuss your experiences as a military family and offer feedback about your military lifestyle.

### **FAMILY INFORMATION LINE**

<https://cfmws.ca/support-services/family-information-line>

The Family Information (FIL) is a confidential, personal, bilingual and free service offering information, support, referrals, reassurance and crisis management to Canadian Armed Forces members, Veterans and their families- immediate and extended.

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