

### LOCATION

**Country:** Germany

**Town:** Berlin, the capital and largest city in Germany by population and area and one of 15 federal states.

**Other info to consider:**

- Family (non-dependents) can visit and stay 90 days **without a visa** (Schengen Area)

### POPULATION

**Size:** over 3,769,000, most populous city of the EU

**Ethnicity:** 180 nationalities, one-third have a migration background. Most dominant migrant backgrounds: Turkish, Polish, Russian

**Religion:** 30% are Christian, and 60% have no registered religion

Germany is the second most popular country in the world for immigrants. Also, a large number of Syrian refugees (estimated 700,000) in Germany.

### LANGUAGE(S)

**Official language:** German

**Prevalence of French or English speaking:** English as a second language.

- Most establishments will have an English-speaking employee. However, English is not spoken freely and commonly. Limited to no French.

### COST OF LIVING

**Exchange rate to consider:** Euro

- Groceries and restaurants are typically cheaper in Germany than in Canada.
- Clothing and furniture are often more expensive.
- Gas is more expensive; however, Aral fuel cards allow members and their dependents to purchase gas tax-free from Aral stations.

### QUALITY OF LIFE

**Climate and potential for severe weather, natural disasters:**

- In Berlin, the climate is **moderately continental**, characterized by cold winters, with average temperatures around freezing (0 °C or 32 °F), and moderately warm summers, with daytime temperatures hovering around 24 °C (75 °F).

**Laws and culture:**

- Germans are traditional and pride themselves on being organized, professional, and having a good work/life balance. Germans enforce laws (for example - a ticket on the spot for jay-walking). Germans are known to be rule followers and do not take kindly to those who don't adhere to rules and social norms.
- Customer service can be lacking.
- The drinking age for beer and wine in Germany is 14 with parents present and 16 without parents. The drinking age is 18 for all other alcohol (i.e. spirits). Alcohol is sold in grocery stores; public alcohol consumption is allowed. Smoking is much more common in Germany than in Canada (in general and in public places).
- Cigarettes are available in vending machines on street corners.
- Germans LOVE their dogs and they are welcome everywhere (restaurants, some stores, bars, festivals, and malls) if behaved properly. However, if a dog is aggressive or disruptive, it will not be welcome to enter businesses.
- You must be at least 18 years old to drive a vehicle in Germany. An international driving permit is recommended.
- Penalties for drinking and driving are severe. The legal blood alcohol limit is 0.05%. Convicted offenders can expect heavy fines, and your driver's licence may be confiscated immediately.

**Safety and security:**

- Violent crime is rare but does occur.

- Exercise normal security precautions and be particularly vigilant if attending events that draw large crowds.
- Petty crime (pickpocketing and purse snatching) occurs in major cities and train stations, airports and Christmas markets.
- Pickpockets often work in teams and target people on trains and at railway stations and airports. Their methods include distracting a victim who is boarding or exiting a train or surrounding a victim in line-ups or at check-in counters.
- Individuals have been harassed or attacked for reasons of race or foreign-looking appearance.
- Ensure that personal belongings, including passports and other travel documents, are secure at all times.
- There is a threat of terrorism in Europe. Terrorists have carried out attacks in several European cities. In Germany, previous incidents have resulted in injury and death. They include random violent assaults in public areas and a truck driven into crowds at a Christmas market in Berlin. Further attacks in Europe are likely.
- Demonstrations may occur. Even peaceful demonstrations can turn violent at any time. They can also lead to disruptions to traffic and public transportation.

#### **Level of isolation:**

- French-Speaking spouses may feel very isolated if they don't speak English at all.

## **HOUSING**

- It is recommended that you ask your sponsor, during your HHT for a list of all the points of contact at CFSU(E) in Geilenkirchen so you can call if you encounter any support issues as you transition to your rental property.
- If supported by an Embassy, they will offer housing support, but might not have HHT.

## **EMPLOYMENT**

#### **Are there employment opportunities for spouses?**

- Due to tax and legal implications, spousal employment in Germany is not a realistic option.

**Op tempo:** The op tempo will vary greatly depending on the position. TD is possible.

## **HEALTH CARE**

**Access:** The German health care system is fast and effective.

- English services are widely available, but French is very limited.
- The Canadian Medical Clinic in Geilenkirchen (600 km) is responsible for the healthcare of all Canadian military members in Europe and can be accessed.
- All bills associated with the care of dependents are the member's personal responsibility and are to be claimed through PSHCP

#### **Special needs:**

- Depending on the language required (English/French), area of specialization and degree of support needed, but very limited.
- It is highly advised that the family consult with Medical Screening Officer in Canada and/or the Canadian Element to ensure that the required services are readily available in either English or French before accepting a posting.

#### **Consideration for pregnancy/birthing:**

- Members and their dependents will be referred to a local doctor (English-speaking) to monitor them throughout their pregnancy.

#### **Dental:**

- Dental care can be accessed in town. You are required to pay upfront, and you can then claim your expenses.

## **SCHOOLING**

- Schooling is typically through the Berlin Brandenburg International School (IB), Berlin International School (IB), or Grundschule École Voltaire (French). All need to be approved by Working Group (WG) B – CEM in GK before making any commitments.

#### **Curriculum vs. Canadian curriculum:**

- Curriculum varies depending on the choice of school.
- Canadian history or geography is not offered at any school.

#### **Resources for special needs children:**

- Access to special needs services depends on the choice of school, language required (English/French), area of specialization and degree of support needed, so it may be very limited.

- Consult with CEM/GAC and the school before making any commitments.



## CHILDCARE

- Local German childcare is available.
- Eligibility for German childcare is based on geographical location, and families must live within the same designated area as the childcare provider.
- Families can visit their local town hall to find out what childcare providers are open to them.
- When choosing local childcare there is no guarantee that staff will be English or French-speaking.

## TRANSPORTATION

- Airports: Berlin Tegel (TXL) in the northwest and Berlin Schoenefels (SXF) located in the southeast.
- There are four main types of transportation in the city of Berlin: the U-Bahn (underground metro trains), the S-Bahn (overground suburban trains), buses and trams. There is an S-Bahn ring around the city making it possible to go from one clock point to its opposite in around 30 minutes or less.
- Road-worthy vehicle is needed, as car safety checks are mandatory.
- Germany has excellent trains and bus services.
- As bicycles are a common form of transportation, bike paths and lanes are common, and bicycles are treated as a vehicle when driving on roads.

## RESOURCES AND AMENITIES

Is there a **Military Family Services centre available in that location?**

- No, but remote services are available through MFS(E) Niederheid, Germany

**Psychosocial/mental health resources:**

- Not at the post, and MFS(E) SW is for dependents only. The CAF SW/Mental Health Team for members and families is located in Geilenkirchen, Germany. The chaplain is located in Belgium.

**Communications (e.g. quality of Internet connection):**

- Good, depending on the provider and location.
- High-speed internet is not consistently available.
- Fiber-optic might not be available
- Hook-up can take up to six weeks and scheduling appointments is difficult for non-German speakers.
- German house construction makes getting Wi-Fi in all parts of the house difficult, so boosters are necessary.

## ACTIVITIES

**Access to sports or other leisure activities:**

- Many sports available on the economy

**Availability of playgrounds:**

- Yes, Berlin has many green spaces – the Tiergarten, the Südgelände in Schöneberg and the great expanse of the Tempelhofer Feld. But it's the little parks and gardens that give the city space to breathe and where you can find secluded spaces to relax and recharge.

## RESTRICTIONS TO CONSIDER

**Are common-law relationships recognized?**

- Yes, a registered partnership offers many of the same rights as marriage except in the areas of taxation and adoption.

**Are same-sex couples recognized?**

- Yes, Germany does not recognize same-sex marriages as marriage, but it does recognize it as a registered partnership.

**Medications that are illegal in the country:**

- Cannabis is illegal in Germany.
- While not illegal, medications that would be available over-the-counter in Canada (such as aspirin, ibuprofen, cough syrup, etc.) must be obtained from a pharmacist in Germany.
- Stores will typically only carry vitamins and not any medication.
- Canadian over the counter medication can be obtained from the CFSU(E) Canadian Pharmacy on the Selfkant Kaserne(CFSU(E)) in Niederheid, Germany

**Other Considerations:**

- Pharmacy has most needed medications. Sometimes language might be an issue.
- Difficult finding distilled water for CPAP machines.

- Postal services from Canada Post to CDA/ MPSS personnel are managed by the embassy.
- Banned dog breeds: American Pit Bull Terrier, American Staffordshire Terrier, Staffordshire Bull Terrier, and English Bull Terrier.



#### ADDITIONAL INFORMATION:

- European Commission Country Reports (2022)  
[https://commission.europa.eu/publications/2022-european-semester-country-reports\\_en](https://commission.europa.eu/publications/2022-european-semester-country-reports_en)
- Canadian Travel Advisories  
<https://travel.gc.ca/travelling/advisories>
- CIA World Factbooks (One pager from the US)  
<https://www.cia.gov/the-world-factbook/countries/germany>
- Living Abroad (from Gov.UK)  
<https://www.gov.uk/guidance/living-in-germany>
- Consumer Price Index (CPI)  
<https://data.imf.org/?sk=4FFB52B2-3653-409A-B471-D47B46D904B5>

#### For more comprehensive information, please feel free to reach out to the resources below

- MFS(E) Social Worker Andrea Liss: [liss.andrea@cfmws.com](mailto:liss.andrea@cfmws.com)
- CAF Social Worker: [GKMedicalClinic@forces.gc.ca](mailto:GKMedicalClinic@forces.gc.ca)
- MFS(E) Niederheid: + 49 (0) 2451 717 500, [MFSE.Selfkant-Kaserne@cfmws.com](mailto:MFSE.Selfkant-Kaserne@cfmws.com)
- MFS(E) Regional Office: +49 (0) 2451 717 173, [MFS.Europe@cfmws.com](mailto:MFS.Europe@cfmws.com)