



## OUTCAN Info | Selfkant Kaserne/Geilenkirchen, Germany

### LOCATION

**Country:** Germany

**Town:** Geilenkirchen. The German base, Selfkant Kaserne, where CFSU(E) is located, is in Neiderheid, a small town on the edge of Geilenkirchen. Nordrhein-Westfalen (English: North-Rhine Westphalia)

**Base:**

- The NATO Airborne Early Warning & Control Force (NAEW&CF) is located on NATO Airbase Geilenkirchen
- CFSE(E) Niederheid (Selfkant Kaserne)

**Other info to consider:**

- Family (non-dependents) can visit and stay 90 days **without a visa** (Schengen Area).

### POPULATION

**Size:** Estimated 28,250 people.

**Ethnicity:** Majority German (~90%) Mixed ethnicity minority (European, Middle Eastern, Asian). Germany is the second most popular country in the world for immigrants. Also, there are a large number of Syrian refugees (estimated 700,000) in Germany.

**Religion:** The majority religion in Germany is Christianity, with two-thirds of the population adhering to Protestantism and one-third to Roman Catholicism.

### LANGUAGE(S)

**Official language:** German.

**Prevalence of French or English:** English as a second language.

- Most establishments will have an English-speaking employee. However, English is not spoken freely and commonly. Limited to no French.

### COST OF LIVING

**Exchange rate to consider:** Euro

- Groceries and restaurants are typically cheaper in Germany than in Canada.
- Clothing and furniture are often more expensive.
- Gas is more expensive; however, Aral fuel cards allow members and their dependents to purchase gas tax-free from Aral stations.

### QUALITY OF LIFE

**Climate and potential for severe weather, natural disasters:**

- Warm and temperate climate. Significant rainfall, even during the dryer months, and wind. Summers are warm and comfortable but can also get very hot, similar to Canada. There is no air conditioning in homes and businesses. Winters are temperate (rarely below zero), windy, and mostly cloudy.

**Laws and culture:**

- Germans are traditional and pride themselves on being organized, professional, and having a good work/life balance. Germans enforce laws (for example - a ticket on the spot for jay-walking). Germans are known to be rule followers and do not take kindly to those who don't adhere to rules and social norms.
- Customer service can be lacking.
- The drinking age for beer and wine in Germany is 14 with parents present, and 16 without parents. The drinking age is 18 for all other alcohol (i.e. spirits). Alcohol is sold in grocery stores; public alcohol consumption is allowed. Smoking is much more common in Germany than in Canada (in general and in public places).
- Cigarettes are available in vending machines on street corners.
- Germans LOVE their dogs and they are welcome everywhere (restaurants, some stores, bars, festivals, and malls) if behaved properly. However, if a dog is aggressive or disruptive, it will not be welcome to enter businesses.
- You must be at least 18 years old to drive a vehicle in Germany. An International Driving Permit is recommended. You should apply for one before leaving Canada.

- Penalties for drinking and driving are severe. The legal blood alcohol limit is 0.05%. Convicted offenders can expect heavy fines, and your driver's licence may be confiscated immediately.

#### **Safety and security:**

- Violent crime is rare but does occur.
- Exercise normal security precautions and be particularly vigilant if attending large events.
- Petty crime (pickpocketing and purse snatching) occurs in major cities, train stations, airports and Christmas markets.
- Pickpockets often work in teams and target people on trains and at railway stations and airports. Their methods include distracting a victim who is boarding or exiting a train or surrounding a victim in line-ups or at check-in counters.
- Individuals have been harassed or attacked for reasons of race or foreign-looking appearance.
- Ensure that personal belongings, including passports and other travel documents, are secure at all times.
- There is a threat of terrorism in Europe. Terrorists have carried out attacks in several European cities. In Germany, previous incidents have resulted in injury and death. They include random violent assaults in public areas and a truck driven into crowds at a Christmas market in Berlin. Further attacks in Europe are likely.
- Demonstrations may occur. Even peaceful demonstrations can turn violent at any time. They can also lead to traffic and public transportation disruptions.

#### **Level of isolation:**

- There are 80-90 other Canadian families in this location.
- Language challenges can cause a high level of isolation, particularly among spouses.

## **HOUSING**

- The housing office on the Selfkant Kaserne base has a list of approved landlords.
- Your sponsor will help you with the process during your HHT.
- Pets might not be accepted.

## **EMPLOYMENT**

**Are there employment opportunities for spouses?** Due to tax and legal implications, spousal employment in Germany is not a realistic option.

- There are very limited employment opportunities available through CFMWS so families should be prepared to be a single-income family for the duration of the posting.

**Op tempo:** The op tempo will vary greatly depending on the position. TD is possible.

## **HEALTH CARE**

**Access:** The German healthcare system is fast and effective.

- English services are widely available, but French is very limited.
- The CFSU(E) Canadian Medical Clinic in Geilenkirchen (200 km) is responsible for the healthcare of all Canadian military members in Europe and can be accessed.
- All bills associated with the care of dependents are the member's personal responsibility and are to be claimed through PSHCP.

#### **Special needs:**

- Depending on the language required (English/French), area of specialization and degree of support needed, but very limited.
- It may be a wait before finding an appropriate match and at times may not be possible based on the availability of English/French providers or resources.
- It is highly advised that the family consult with Medical Screening Officer in Canada and/or the Canadian Element to ensure that the required services are readily available in either English or French before accepting a posting.

#### **Consideration for pregnancy/birthing:**

- Members and their dependents will be referred to a local doctor (English-speaking) to monitor them throughout their pregnancy.

#### **Dental:**

- Dental care can be accessed in town. You are required to pay upfront, and you can then claim your expenses.

## **SCHOOLING**

- Schooling is typically through AFNorth International School in Brunssum, NL.
- Limited French (first language classes) are available depending on grade, with the majority of classes being taught in English.
- AFNorth International School has two curriculum sections, American and Canadian-British.

**Curriculum vs. Canadian curriculum:**

- Curriculum varies depending on the choice of school.
- Canadian students enrolled in the Canadian-British system will meet Ontario curriculum requirements.

**Resources for special needs children:**

- Access to special needs services depends on the choice of school, language required (English/French), area of specialization and degree of support needed, it may be very limited.
- Consult with CEM and the school before making prior to any commitments.



## CHILDCARE

- English language childcare is available at the Child Development Centre, run by the US on JFC Brunssum, NL. Spots in this daycare are very limited and families are only able to be added to the waiting list if both parents are employed.
- Local German childcare is available.
- Eligibility for German childcare is based on geographical location, and families must live within the same designated area as the childcare provider.
- Families can visit their local town hall to find out what childcare providers are open to them.
- When choosing local childcare there is no guarantee that staff will speak English or French.

## TRANSPORTATION

- Airports: Dusseldorf International Airport (DUS), 57 km.
- Germany has excellent train and bus services.
- Road-worthy vehicle is needed, as car safety checks are mandatory.
- As bicycles are a common form of transportation, bike paths and lanes are common, and bicycles are treated as a vehicle when driving on roads.

## RESOURCES AND AMENITIES

**Is there a Military Family Services centre available in that location?**

- Yes, MFS(E) Niederheid, Germany

**Psychosocial/mental health resources:**

- Yes at the post, but the MFS(E) SW is for dependents only. The CAF SW/Mental Health Team for members and families is located in Geilenkirchen, Germany. The chaplain is located in Belgium.

**Communications (e.g. quality of Internet connection):**

- Good, depending on the provider and location.
- High-speed Internet is not consistently available.
- Hook-up can take up to six weeks and scheduling appointments is difficult for non-German speakers.
- German house construction makes getting Wi-Fi in all parts of the house difficult, so boosters are necessary.

## ACTIVITIES

**Access to sports or other leisure activities:**

- Plentiful. Local sports teams are available for children and adults; however, there is no guarantee that participants will speak English or French.
- Some English sports teams and activities are available on the Brunssum NATO base, located about 20 min from Selfkant Kaserne.

**Availability of playgrounds:**

- Widely available, clean and good quality.

## RESTRICTIONS TO CONSIDER

**Are common-law relationships recognized?**

- Yes, a registered partnership offers many of the same rights as marriage except in the areas of taxation and adoption.

### Are same sex-couples recognized?

- Yes, Germany does not recognize same-sex marriages as marriage, but it does recognize it as a registered partnership.

### Medications that are illegal in the country:

- Cannabis is illegal in Germany.
- While not illegal, medications that would be available over the counter in Canada (such as aspirin, ibuprofen, cough syrup, etc.) must be obtained from a pharmacist in Germany.
- Stores will typically only carry vitamins and not any medication.
- Canadian over-the-counter medication can be obtained from the CFSU(E) Canadian Pharmacy at Selfkant Kaserne(CFSU(E)) in Niederheid, Germany.

### Other considerations:

- Pharmacy has most needed medications. Sometimes language might be an issue.
- Difficult finding distilled water for CPAP machines.
- Banned dog breeds: American Pit Bull Terrier, American Staffordshire Terrier, Staffordshire Bull Terrier, and English Bull Terrier.

### ADDITIONAL INFORMATION:

- European Commission Country Reports (2022)  
[https://commission.europa.eu/publications/2022-european-semester-country-reports\\_en](https://commission.europa.eu/publications/2022-european-semester-country-reports_en)
- Canadian Travel Advisories  
<https://travel.gc.ca/travelling/advisories>
- CIA World Factbooks (One pager from the US)  
<https://www.cia.gov/the-world-factbook/countries/germany>
- Living Abroad (from Gov.UK)  
<https://www.gov.uk/guidance/living-in-germany>
- Consumer Price Index (CPI)  
<https://data.imf.org/?sk=4FFB52B2-3653-409A-B471-D47B46D904B5>

### For more comprehensive information, please feel free to reach out to the resources below

- MFS(E) Social Worker Andrea Liss: [liss.andrea@cfmws.com](mailto:liss.andrea@cfmws.com)
- CAF Social Worker: [GKMedicalClinic@forces.gc.ca](mailto:GKMedicalClinic@forces.gc.ca)
- MFS(E) Niederheid: + 49 (0) 2451 717 500, [MFSE.Selfkant-Kaserne@cfmws.com](mailto:MFSE.Selfkant-Kaserne@cfmws.com)
- MFS(E) Regional Office: +49 (0) 2451 717 173, [MFS.Europe@cfmws.com](mailto:MFS.Europe@cfmws.com)