

# Newcomer's Guide

CFB BAGOTVILLE — 2024 EDITION



BAGOTVILLE MILITARY FAMILY  
RESOURCE CENTRE (MFRC)



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## Disclaimer Notice:

The information contained in this document is for informational purposes only. The MFRC does not recommend any services in particular. The MFRC will not accept any liability for damage resulting from the use of certain services mentioned in this document. It is everyone's responsibility to research and evaluate the reliability of the resources.

# POSTING PROCESS CHECKLIST

2024 EDITION

WHAT?	WHEN?
<b>BGRS</b> – Register at <a href="https://bgrsguide.bgrs.ca/account/login">https://bgrsguide.bgrs.ca/account/login</a> and read relocation policy.	As soon as you receive your posting message
Register your children for <b>daycare</b> (families with children)	As soon as you receive your posting message
Obtain <b>up-to-date duplicates of all the following records</b> : school, dental, medical, veterinary, legal, and driving (all family members except the military member).	As soon as you receive your posting message
Apply for <b>employment insurance</b> benefits (if applicable to military spouses)	As soon as you receive your employment record
Contact your home and auto <b>insurance</b> companies to transfer or cancel your insurance policies.	Depending on your moving date
Contact the applicable <b>service suppliers</b> (electricity, cable, Internet, gas, and water) for the end of the service, transfer, or hookup.	Depending on your moving date
Make <b>an appointment with the various health professionals</b> to renew your prescriptions and check the vaccination cards (all family members excluding the military).	Before leaving
Make a request to Canada Post for <b>mail forwarding</b> . Contact the people and organizations who need to be informed of your change of address.	Before leaving
Enrol your children in <b>school</b> (families with children)	Upon arrival or during your house-hunting trip
Contact the <b>MFRC</b> closest to your new home.	As soon as possible
Obtain a <b>health Insurance card</b> from your new province of residence (all family members except the military member)	As soon as you arrive
Apply for <b>family allowances</b> from the government of your new province if applicable (family with children).	As soon as you arrive
<b>Have your vehicle</b> mechanically checked and registered with your new province of residence (all vehicles for which this applies).	As soon as you arrive
Obtain a <b>driver's licence</b> from your new province of residence (all those for whom this applies).	As soon as you arrive