

OUTCAN Info | Cologne, Germany

LOCATION

Country: Germany Town: Cologne

Other info to Consider:

- Family (non-dependents) can visit and stay 90 days without a visa (Schengen Area)
- Cologne is the largest city and fourth most populous city in Germany. The city is located about 20 minutes' drive from Bonn.

POPULATION

Size: More than 1.08 million inhabitants

Ethnicity: European 70%, European Union 34% Asian 15% African 6%, American 3%

Religion: 36% are Roman Catholic, 16% Evangelical, 11% Muslim, 2.1% Christian Orthodox, and 4.2% other. Cologne has also one of the oldest and largest Jewish communities in Germany. Germany is the second most popular country in the world for immigrants. Also, there is a large number of Syrian refugees (estimated 700,000) in Germany.

LANGUAGE(S)

Official language: German

Prevalence of French or English speaking: English as a second language.

• Most establishments will have an English-speaking employee. However, English is not spoken freely and commonly. Limited to no French.

COST OF LIVING

Exchange rate to consider: Euro

- Groceries and restaurants are typically cheaper in Germany than in Canada.
- Clothing and furniture are often more expensive.
- Gas is more expensive; however, Aral fuel cards allow members and their dependents to purchase gas taxfree from Aral stations.

QUALITY OF LIFE

Climate and potential for severe weather, natural disasters:

• One of the warmest cities in Germany, the weather in Cologne can be as low as -1 in the winter, to a high of mid to late 30s in the summer.

Laws and culture:

- Germans are traditional and pride themselves on being organized, professional, and having a good work/life balance. Germans enforce laws (for example a ticket on the spot for jay-walking). Germans are known to be rule followers and do not take kindly to those who don't adhere to rules and social norms.
- Customer service can be lacking.
- The drinking age for beer and wine in Germany is 14 with parents present, and 16 without parents. The drinking age is 18 for all other alcohol (i.e. spirits). Alcohol is sold in grocery stores; public alcohol consumption is allowed. Smoking is much more common in Germany than in Canada (in general and in public places).
- Cigarettes are available in vending machines on street corners.
- Germans LOVE their dogs and they are welcome everywhere (restaurants, some stores, bars, festivals, and malls) if behaved properly. However, if a dog is aggressive or disruptive, it will not be welcome to enter businesses.
- You must be at least 18 years old to drive a vehicle in Germany. An International Driving Permit is recommended. You should apply for an international driver's licence before leaving Canada.
- Penalties for drinking and driving are severe. The legal blood alcohol limit is 0.05%. Convicted offenders can expect heavy fines, and your driver's licence may be confiscated immediately.

Safety and security:



- Violent crime is rare, but it does occur.
- Exercise normal security precautions and be particularly vigilant if attending events with large crowds.
- Petty crime (pickpocketing and purse snatching) occurs in major cities, train stations, airports and Christmas markets.
- Pickpockets often work in teams and target people on trains, railway stations and airports. Their methods include distracting a victim who is boarding or exiting a train or surrounding a victim in line-ups or at checkin counters.
- Individuals have been harassed or attacked for reasons of race or foreign-looking appearance.
- Ensure that personal belongings, including passports and other travel documents, are secure at all times.
- There is a threat of terrorism in Europe. Terrorists have carried out attacks in several European cities. In Germany, previous incidents have resulted in injury and death. They include random violent assaults in public areas and a truck driven into crowds at a Christmas market in Berlin. Further attacks in Europe are likely.
- Demonstrations may occur. Even peaceful demonstrations can turn violent at any time. They can also lead to traffic and public transportation disruptions.

Level of isolation:

- French-speaking spouses may feel very isolated if they don't speak English at all.
- There are four Canadian families posted to Cologne.

HOUSING

- The CFSU(E) Housing Officer needs to be in contact with the local agencies used to discuss requirements and lease conditions.
- Pets might not be accepted.
- The sponsor is responsible for organizing and taking families to house viewings. Once a family chooses a house, they will meet with the property owner to sign a lease.

EMPLOYMENT

Are there employment opportunities for spouses? Due to tax and legal implications, spousal employment in Germany is not a realistic option.

• There are very limited employment opportunities available through CFMWS so families should be prepared to be a single-income family for the duration of the posting.

Op tempo: The op tempo will vary greatly depending on the position. TD is possible.

HEALTH CARE

Access: The German healthcare system is fast and effective.

- English services are widely available, but French is very limited
- The CFSU(E) Canadian Medical Clinic in Geilenkirchen (360-400 km) is responsible for the healthcare of all Canadian military members in Europe and can be accessed.
- All bills associated with the care of dependents are the member's personal responsibility and are to be claimed through PSHCP.

Special needs:

- Depending on the language required (English/French), area of specialization and degree of support needed, but very limited.
- It may be a wait before finding an appropriate match and at times may not be possible based on the availability of English/French providers or resources.
- It is highly advised that the family consult with the Medical Screening Officer in Canada and/or the Canadian Element to ensure that the required services are readily available in either English or French before accepting a posting.

Consideration for pregnancy/birthing:

• Members and their dependents will be referred to a local doctor (English-speaking) to be monitored throughout pregnancy.

Dental:



• Dental care can be accessed in town. You are required to pay upfront, and you can then claim your expenses.

SCHOOLING

• Schooling is typically at the International school in Bonn (40 km)

Curriculum vs. Canadian curriculum:

- Curriculum varies depending on the choice of school.
- Canadian history or geography is not available at any school.

Resources for special needs children:

- Access to Special needs services is depending on the choice of school, language required (English/French), area of specialization and degree of support needed, it may be very limited.
- Consult with CEM and the school before making any commitments.

CHILDCARE

- Local German childcare is available.
- Eligibility for German childcare is based on geographical location, and families must live within the same designated area as the childcare provider.
- Families can visit their local town hall to find out what childcare providers are open to them.
- When choosing local childcare there is no guarantee that staff will be English or French-speaking.

TRANSPORTATION

- Airports: Cologne Bonn Airport (CGN) is the main airport serving the cities of Cologne and Bonn in Germany. Cologne Airport is located 15 km (9.2 miles) southeast of Cologne city centre.
- Cologne is well connected and you can go everywhere by tram, subway, bus and the suburban railway.
- S-Bahn means Schnellbahn ("fast tram") and according to its name, it runs faster than a tram and stops at the main train stations, not at tram stops. Once in Cologne, you change to the city tram and subway lines.
- Road-worthy vehicle is needed, as car safety are mandatory.
- Germany has excellent trains and bus services.
- As bicycles are a common form of transportation, bike paths and lanes are common, and bicycles are treated as a vehicle when driving on roads.

RESOURCES AND AMENITIES

Is there a Military Family Services centre available in that location?

• No, but remote services are available under MFS(E) Niederheid, Germany

Psychosocial/mental health resources:

• Not at the post, MFS(E) SW is for dependants only, and the CAF SW/Mental Health Team for members and families is located in Geilenkirchen, Germany. The chaplain is located in Belgium.

Communications (e.g. quality of Internet connection):

- Good, depending on the provider and location.
- High-speed internet is not consistently available.
- Fiber-optic might not be available
- Hook-up can take up to six weeks and scheduling appointments is difficult for non-German speakers.
- German house construction makes getting Wi-Fi in all parts of the house difficult, so boosters are necessary.

ACTIVITIES

Access to sports or other leisure activities:

- The NATO Recreation Centre (NRC) is a hub of community activity and the staff has a wealth of knowledge to provide you during your posting. The Fitness facilities and gym are available 24/7.
- The NATO School Oberammergau (NSO) hosts regular social events that are very well attended and serve as important gatherings for families to network.

Availability of playgrounds:

Yes

RESTRICTIONS TO CONSIDER

Are common-law relationships recognized?



• Yes, a registered partnership offers many of the same rights as marriage except in the areas of taxation and adoption.

Are same-sex couples recognized?

• Yes, Germany does not recognize same-sex marriages as marriage, but it does recognize it as a registered partnership.

Medications that are illegal in the country:

- Cannabis is illegal in Germany.
- While not illegal, medications that would be available over the counter in Canada (such as aspirin, ibuprofen, cough syrup, etc.) must be obtained from a pharmacist in Germany.
- Stores will typically only carry vitamins and not any medication.
- Canadian over-the-counter medication can be obtained from the CFSU(E) Canadian Pharmacy on the Selfkant Kaserne(CFSU(E)) in Niederheid, Germany

Other considerations:

- Pharmacy has most needed medications. Sometimes language might be an issue.
- Difficult finding distilled water for CPAP machines.
- Banned dog breeds: American Pit Bull Terrier, American Staffordshire Terrier, Staffordshire Bull Terrier, and English Bull Terrier.

ADDITIONAL INFORMATION:

- European Commission Country Reports (2022) https://commission.europa.eu/publications/2022-european-semester-country-reports_en_
- Canadian Travel Advisories
 https://travel.gc.ca/travelling/advisories
- CIA World Factbooks (One pager from the US) https://www.cia.gov/the-world-factbook/countries/germany
- Living Abroad (from Gov.UK)
 https://www.gov.uk/guidance/living-in-germany
- Consumer Price Index (CPI) https://data.imf.org/?sk=4FFB52B2-3653-409A-B471-D47B46D904B5

For more comprehensive information, please feel free to reach out to the resources below

- MFS(E) Social Worker Andrea Liss: liss.andrea@cfmws.com
- CAF Social Worker: GKMedicalClinic@forces.gc.ca
- MFS(E) Niederheid: + 49 (0) 2451 717 500, MFSE.Selfkant-Kaserne@cfmws.com
- MFS(E) Regional Office: +49 (0) 2451 717 173, MFS.Europe@cfmws.com