



JUNE 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 Fathers Day Craft Kit Pickup 13-16 June				1 PA Day Camp Registration Deadline	2	3
4 Canadian Armed Forces Day	5 PA Day Camp at MFRC	6	7	8	9	10
11	12 Axe Throwing Registration Deadline	13	14 Axe Throwing with Nadine	15 Wander's Tiny Farm Registration Deadline	16	17 Wander's Tiny Farm Visit
18 HAPPY FATHER'S DAY	19	20	21 National Indigenous Peoples Day	22 Succulent Registration Deadline	23	24 Hedgehog Succulent Event
25	26	27	28	29 Canada Day Cupcakes at MFRC	30 Canada Day Cupcakes at MFRC	



DROP-IN ANYTIME FOR A VISIT! ENJOY A COMPLEMENTARY BEVERAGE AND LEARN MORE ABOUT OUR PROGRAMS AND EVENTS!

ANNOUNCEMENTS:

PLEASE JOIN US IN WELCOMING OUR NEWEST TEAM MEMBER: ANGELINA MARCOTTE - VFP COORDINATOR

PROGRAMS/EVENTS

- PA Day Camp at the MFRC - June 5th
- Axe Throwing - June 14th 7-9PM
- Little Wander's Farm - June 17th
- Hedgehog Succulent Event - June 24th
- Canada Day Cupcakes June 29 & 30

CONTACT US

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Central Sask
MFRC



@CSMFRC



www.cfmws.com

Canadian Forces Member Assistance
Program: 1-800-268-7708

Family Information Line: 1-800-866-4546

HAPPY FATHERS DAY

DAY



Email us for a take-home craft kit to make a gift for Dad!

Pick up will be June 13-16th!

Please email:
megan.boufford.csmfrc@gmail.com



MFRC INVITES YOU TO:

Hedgehog Succulent Planters

Saturday June 24th, 2023
"Treats" in Lawson Heights Mall

Kids 5-11 @ 12-1pm
Youth 12-17 @ 1-2pm



\$5/ child

To register, email by June 21st to:
megan.boufford.csmfrc@gmail.com



CSMFRC Central Saskatchewan Military Family Resource Centre Inc. CRFMCS Centre de ressources pour les familles des militaires du centre de la Saskatchewan Inc.

Date Change!

Parent and Tot at Wander's Tiny Farm

Parents with children aged 0-5 (and siblings) are invited to bring their kids for an afternoon with animals.

Saturday June 17th
from 12-2pm

Registration is limited!

\$5/
family

Please email
megan.boufford.csmfrc@gmail.com
by June 14th to register



AXE THROWING

18+ Event for CAF Members, Veterans and dependents.



June 14



7:00 till 9:00



Escape Manor



\$20 per person



RSVP nadine.ingram@forces.gc.ca

Register deadline
June 12



Limited spots available

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KIDS



SUMMER CAMP



IN PARTNERSHIP WITH NAVERA SASKATOON, CSMFRC INVITES KIDS OF CAF/VETERAN FAMILIES AGED 11-13 TO A WEEK OF SUMMER CAMP, ON US!

21ST-25TH AUGUST

PROGRAMMING WILL HELP CAMPERS LEARN TO MANAGE ANXIETY

MFRC PROVIDING TRANSPORTATION, PLUS BEFORE AND AFTER CARE. CAMP RUNS 9AM-2PM MFRC RUNS 8AM-4PM

For more information or to register email megan.boufford.csmfrc@gmail.com



SUPPORT OUR TROOPS SCHOLARSHIPS



THE APPLICATION PORTAL FOR THE SUPPORT OUR TROOPS NATIONAL SCHOLARSHIP PROGRAM IS OPEN AS OF MAY 1, 2023 AT 8 A.M. AND WILL CLOSE ON JULY 20, 2023, AT 5 P.M. EST

ELIGIBILITY

- DEPENDENTS (INCLUDES SPOUSE) OF A SERVING OR FORMER MEMBER OF THE CANADIAN ARMED FORCES; INCLUDING BEREAVED DEPENDENTS OF CAF MEMBERS
- CANADIAN CITIZENS OR PERMANENT RESIDENTS OF CANADA
- ENROLLED IN AN UNDERGRADUATE, GRADUATE OR VOCATIONAL PROGRAM, AT AN ACCREDITED CANADIAN COLLEGE OR UNIVERSITY, LEADING TO A DEGREE, DIPLOMA OR CERTIFICATE.

FOR MORE INFORMATION

WWW.SUPPORTOURTROOPS.CA/GET-SUPPORT/EDUCATION/SCHOLARSHIPS

EMAIL: SCHOLARSHIPS@CFMWS.COM



FIRST AID SUPPORT PROGRAM

PROGRAM RUNS
April 1 '23 - March 31 '24

Parameters

- Available to CAF/Veteran dependents willing and able to find course to attend
- The CSMFRC will reimburse 75% of First Aid/CPR Course fee upon successful completion and required documentation submitted

Limited funding available

Contact **Nadine** for details:
Nadine.Ingram.csmfrc@gmail.com



DID YOU KNOW?

14- and 15 year-olds are required to complete the Young Worker Readiness Certificate Course (YWRCC) before starting work in Saskatchewan.

Course Benefits

The YWRCC will help prepare you for joining the job market for the first time. You will learn workplace health and safety and minimum legislation and your employer must follow. You will also learn about workplace rights and responsibilities for employees and employers and where to go for help.

For more information or to take the course please visit:
www.saskatchewan.ca/ywrcc



SECOND LANGUAGE TRAINING FOR ADULTS



Rosetta Stone Online Learning

- At your own pace
 - Tutoring available
- ***Free*****

Priority given to Military Dependents



LRDG Virtual Learning

- Teacher lead
 - Group format
 - Module based
 - Low cost per module
- ***Not available for Military Members*****

For more information, or to register, contact:

Katherine Defosse

katherine.defosse.csmfrc@gmail.com



PROGRAM RUNS
- APRIL 1 2023 - MARCH 31 2024

School Backpack Program

PARAMETERS:

- CAF SCHOOL AGE CHILD DEPENDENTS (PRE-K TO GRADE 12)
- 100% OF SCHOOL SUPPLY FEES COVERED UP TO A MAXIMUM OF \$50
- ONE APPLICATION PER FISCAL YEAR
- PROGRAM APPROVAL IS AT THE DISCRETION OF THE PROGRAM COORDINATOR AND THE EXECUTIVE DIRECTOR



CONTACT MEGAN FOR DETAILS:
MEGAN.BOUFFORD.CSMFRC@GMAIL.COM



ACTIVITY SUPPORT Program

PARAMETERS:

- NEWLY POSTED (POSTED BETWEEN APRIL 1 2023 TO MARCH 31 2024) CAF FAMILIES ARE ELIGIBLE
- MILITARY DEPENDENT YOUTH UP TO THE AGE OF 18 ARE ELIGIBLE
- 100% OF REGISTRATION FEE UP TO A MAX OF \$300 PER YOUTH DEPENDANT
- MULTIPLE ACTIVITIES CAN BE BUNDLED TO UTILIZE THE FULL \$300; HOWEVER ONLY ONE APPLICATION PER FISCAL YEAR WILL BE PROCESSED

LIMITED FUNDING AVAILABLE



Contact Megan for
details:

megan.boufford.csmfrc@gmail.com