



AUGUST 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Emancipation Day 	2	3	4	5
6	7 Saskatchewan Day 	8	9 National Peacekeepers' Day 	10	11	12 International Youth Day
13	14	15	16	17	18	19 World Humanitarian Day
20	21	22	23 Stars & Smores Registration Deadline 	24	25	26 Stars & Smores Event
27	28	29	30 Scavenger Hunt Deadline 	31		

DROP-IN ANYTIME FOR A VISIT! ENJOY A COMPLEMENTARY BEVERAGE AND LEARN MORE ABOUT OUR PROGRAMS AND EVENTS!

ANNOUNCEMENTS:
The CSMFRC is looking for CAF Family Members to join our Board of Directors, as well as a Treasurer.
Please contact Kendra if you are interested

PROGRAMS/EVENTS:

- All Month - Photo Scavenger Hunt
- 21-25 August - Navera Kids Camp
- 26 August - Stars & Smores
- 9 Sept - Wanuskewin Family Day

100 Main Street
17 Wing Det Dundurn

 Office Hours
M-F 8am-4:30pm
 306-492-2135
Front Desk Ext. 4266



CONTACT US

Kendra Bessey
Executive Director
Kendra.Bessey@forces.gc.ca
Cell: 306-491-5943

Katherine Defosse
Community Integration Coordinator
Financial Management Clerk
katherine.defosse.csmfrc@gmail.com
ext. 4287

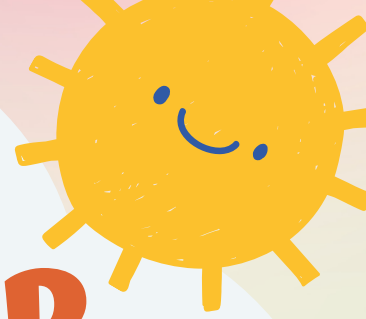
Angelina Marcotte
Veteran Family Program Coordinator
angelina.marcotte.csmfrc@gmail.com
Cell: 306-227-1311

Jeannette Bassendowski
Childcare Centre Director
csmfrcchildcare@hotmail.com
ext. 4212

Megan Boufford
Child & Youth Program Coordinator
megan.boufford.csmfrc@gmail.com
ext. 4391

Nadine Ingram
Family Services & Supports Coordinator
nadine.ingram@forces.gc.ca
Cell: 639-318-3127

Canadian Forces Member Assistance Program: 1-800-268-7708
Family Information Line: 1-800-866-4546 or fil-lif@cfmws.com



MFRC SUMMER SCAVENGER HUNT

SEND AN EMAIL WITH PHOTOS
OF 4 OF 8 COMPLETED

- POOL DAY/BEACH DAY
- VISIT A PARK
- SUMMER TREAT AT YOUR FAVORITE SPOT
- PLAYING A OUTDOOR SPORT
- GO BIKING/HIKING ON A TRAIL
- FARMERS MARKET
- CAMPING
- AT A SASKATCHEWAN LANDMARK

BE ENTERED TO WIN A \$25 GIFT CARD

DEADLINE: AUGUST 30TH
TO ENTER PLEASE EMAIL:
NADINE.INGRAM.CSMFRC@GMAIL.COM





ACTIVITY SUPPORT Program

PARAMETERS:

- NEWLY POSTED CAF FAMILIES ARE ELIGIBLE (WITHIN ONE CALENDAR YEAR OF THEIR COS DATE)
- MILITARY CHILDREN & SPOUSES ARE ELIGIBLE
- 100% OF REGISTRATION FEE UP TO A MAX OF \$300 PER DEPENDANT/SPOUSE
- MULTIPLE ACTIVITIES CAN BE BUNDLED TO UTILIZE THE FULL \$300; HOWEVER ONLY ONE APPLICATION PER FISCAL YEAR WILL BE PROCESSED

LIMITED FUNDING AVAILABLE



NEW
SPOUSES ARE NOW
ELIGIBLE TO UTILIZE THIS
INCENTIVE!



Contact Megan for
details:

megan.boufford.csmfrc@gmail.com

CSMFRC and PSP presents

STARS AND S'MORES

Military families are invited to join us for a drive in style event under the stars, and s'mores!
Snacks and drinks provided!

Saturday | August 26th | 7:30PM
CSMFRC Office Parking Lot

PLEASE EMAIL TO REGISTER BY AUGUST 23RD :
megan.boufford.csmfrc@gmail.com



Bring chairs, blankets and bug spray!

SUPPORT OUR TROOPS

TUTORING PROGRAM



Families in their first year of a posting could be eligible for tutoring support.

APPLY ONLINE FOR UP TO A \$1,000 REIMBURSEMENT

ELIGIBILITY

- First year of posting
- Priority given to kids with IEP
- Eligible applicants will be accepted on a first come first serve basis for the 23/24 school year
- Tutoring must be completed by registered tutoring companies



TO APPLY:

For more information and how to apply please visit:

<https://www.supportourtroops.ca/Get-Support/Education/Tutoring-Program>

**FOR ACCREDITED TUTORING SERVICES IN SASKATOON
CONTACT: MEGAN.BOUFFORD.CSMFRC@GMAIL.COM**





SASKATOON SASKATCHEWAN

Sunday September 24, 2023

10:00 am - 12:00 noon

Registration at 9:00 am

Rotary Park, Meewasin Trail

Saskatchewan Crescent East, Saskatoon

Enter parking lot between McPherson Ave. & Victoria Ave.

Registration Fee \$25

Register at canadianwalkforveterans.com

Sixth Annual
Sixième Année

CANADIAN WALK
FOR VETERANS

MARCHE CANADIENNE

POUR LES VÉTÉRANS

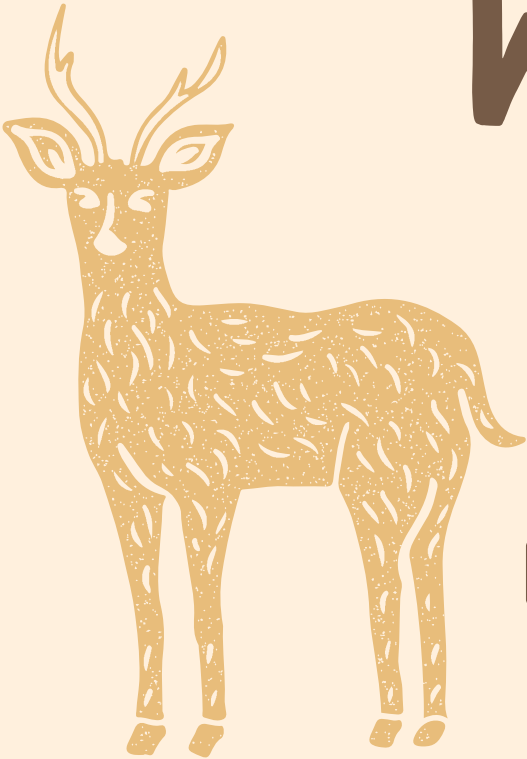
To register please visit: canadianwalkforveterans.com





CSMFRC AND SASKTEL INVITES MILITARY
AND VETERAN YOUTH & FAMILIES TO

WANUSKEWIN



Families will be provided with a guided tour of Wanuskewin. Including programming like Tipi Teachings and Archeology Walk.

SEPTEMBER 9TH, 2023

FROM 10AM-2PM

To register, email by September 6th
Megan.boufford.csmfrc@gmail.com

LUNCH NOT
PROVIDED

SaskTel 



SECOND LANGUAGE TRAINING FOR ADULTS



Rosetta Stone Online Learning

- At your own pace
- Tutoring available

****Free****

Priority given to Military Dependents



LRDG Virtual Learning

- Teacher lead
- Group format
- Module based
- Low cost per module

****Not available for Military Members****

For more information, or to register, contact:

Katherine Defosse

katherine.defosse.csmfrc@gmail.com



PROGRAM RUNS
APRIL 1 2023 - MARCH 31 2024

School Backpack Program

PARAMETERS:

- CAF SCHOOL AGE CHILD DEPENDENTS (PRE-K TO GRADE 12)
- 100% OF SCHOOL SUPPLY FEES COVERED UP TO A MAXIMUM OF \$50
- ONE APPLICATION PER FISCAL YEAR
- PROGRAM APPROVAL IS AT THE DISCRETION OF THE PROGRAM COORDINATOR AND THE EXECUTIVE DIRECTOR



CONTACT MEGAN FOR DETAILS:
MEGAN.BOUFFORD.CSMFRC@GMAIL.COM

