



MFRC CHILD AND YOUTH CALENDAR

FEBRUARY 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Youth Drop-in (Ages 9-17) 1:00 - 4:00 pm	2 Play Cafe (Ages 0-5) 9:30 am - 12:00 pm Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm	3 Stay and Play (Ages 0-5) 10:00 - 11:30 am Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm	4 Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm Youth Drop-in (Ages 6-15) 6:00 - 8:00 pm	5 Play Cafe (Ages 0-5) 9:30 am - 12:00 pm Youth Explore Zone: Creative Creations (Ages 9-12) 6:00 - 8:00 pm	6 Kids Connection Corner: PJ, Popcorn & Movie Night (Ages 6-8) 6:00 - 8:00 pm	7 Youth Drop-in (Ages 6-15) 1:00 - 4:00 pm
8 Youth Drop-in (Ages 9-17) 1:00 - 4:00 pm	9 Play Cafe (Ages 0-5) 9:30 am - 12:00 pm Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm	10 Stay and Play (Ages 0-5) 10:00 - 11:30 am Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm	11 Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm Youth Drop-in (Ages 6-15) 6:00 - 8:00 pm	12 Play Cafe (Ages 0-5) 9:30 am - 12:00 pm Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm Kids Connection Corner: Creative Creations (Ages 6-8) 6:00 - 8:00 pm	13 Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm Family Connections: Family Sweetheart Dance 5:30 - 7:30 pm Teen Take Over (Ages 13-17) 6:00 - 9:00 pm	14 MFRC CLOSED
15 MFRC CLOSED	16 MFRC CLOSED	17 Stay and Play (Ages 0-5) 10:00 - 11:30 am Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm	18 Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm Youth Drop-in (Ages 6-15) 6:00 - 8:00 pm	19 Play Cafe (Ages 0-5) 9:30 am - 12:00 pm Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm Teen Take Over (Ages 13-17) 6:00 - 9:00 pm	20 Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm Youth Explore Zone: PJ, Popcorn & Movie Night (Ages 9-12) 6:00 - 8:00 pm	21 Youth Drop-in (Ages 6-8) 1:00 - 4:00 pm Home Alone Safety (Ages 10 - 15) 1:00 - 3:00pm
22 Youth Drop-in (Ages 9-17) 1:00 - 4:00 pm	23 Play Cafe (Ages 0-5) 9:30 am - 12:00 pm Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm	24 Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm	25 Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm Youth Drop-in (Ages 6-15) 6:00 - 8:00 pm	26 Play Cafe (Ages 0-5) 9:30 am - 12:00 pm Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm Kids Connection Corner: Video Game Tournament (Ages 6-8) 6:00 - 8:00 pm	27 Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm Game Night! (Ages 6-15) 6:00 - 8:00 pm	28 Babysitting Basics (Ages 11-15) 9:00 am - 4:00 pm Youth Drop-in (Ages 9-17) 1:00 - 4:00
1	2	3	4	5	6	7



For more information, please contact us:

780-973-4011 ext. 528-6300 | information@mfrcedmonton.com | CFMWS.ca/Edmonton/MFRCPrograms

MFRC CHILD & YOUTH PROGRAMS

Youth Drop In | No Fee

Open to youth (ages 6-17) and offers the ability to move freely throughout the centre with a variety of activities to choose from. For details, please refer to the calendar for age groups, dates, and times. Please note, weekday times are NOT offered on Sturgeon School Division non-school days (i.e. PD Days, Teachers' Convention, Spring Break, etc.).

Play Cafe | Drop In Program | No Fee

Our free drop-in Play Cafe provides a wonderful opportunity to spend time with your children (ages 0-5) and get to know other parents and caregivers in the military community. The space includes a story corner, craft tables, refreshment area and outdoor playground (weather permitting).

Stay & Play | Registered Program | \$2 per family

Parents/caregivers will actively engage with their children through fun activities that focus on early childhood development while building supportive social connections with others. Sessions will include simple activities that you and your child can do at home together. Parents/caregivers and their children 5 years and under are invited to attend.

Youth Explore Zone: Creative Creations | Registered Program | No Fee

Explore your creativity, make connections and have fun! Youth will use their artistic talents and a variety of arts and crafts materials to create unique holiday themed artwork on their own or together with their peers. Activities include a creating valentines, lantern making, sensory jars and more!

Kids Connection Corner: PJ, Popcorn & Movie Night | Registered Program | No Fee

Join us for PJ, Popcorn & Movie Night! Youth can wear their pj's, enjoy some snacks and watch the animated musical film Trolls Band Together while they connect with their peers. Popcorn and refreshments will be offered during the movie.

Kids Connection Corner: Creative Creations | Registered Program | No Fee

Explore your creativity, make connections and have fun! Youth will use their artistic talents and a variety of arts and crafts materials to create unique holiday themed artwork on their own or together with their peers. Activities include creating dream catchers, clay fridge magnets, and valentine card making!

Family Connections: Family Sweetheart Dance | Registered Program | \$5 per family

Love is in the air! Dance the night away at our special Valentine's themed family sweetheart dance. The evening will be filled with music, snacks, refreshments, photos and fun for everyone to enjoy with the ones they love the most. Best of all...families can capture all the memories of the evening using fun props, filters and backgrounds as they strike a pose in the digital photo booth. Parents and children of all ages are invited to attend (all children must be accompanied by an adult).

Teen Take Over | Registered/Drop In Program | No Fee

Come explore video games, computers, art and science materials, board games or bubble hockey... it's your choice! Youth will have free choice to participate in all the activities offered throughout the space while having fun with their peers, building friendships, social skills, confidence and more.

Youth Explore Zone: PJ, Popcorn & Movie Night | Registered Program | No Fee

Join us for Youth Choice PJ & Popcorn Movie Night! Youth can get cozy in their pj's, enjoy some snacks and collectively choose a movie to watch while they connect with their peers. Popcorn and refreshments will be offered during the movie.

Home Alone | Registered Program | \$20 per person

Is your child ready to stay home alone? Help your child prepare for independence with this interactive two-hour training program that teaches safety, first aid, and comfort skills through games and role-playing. This course is provided through the Canada Safety Council and will help your child build confidence while providing peace of mind for parents and caregivers.

Kids Connection Corner: Video Game Tournament | Registered Program | No Fee

Gamers, start your engines! Get ready to test your skills against your peers in our epic Mario Kart Tournament. Compete in a series of high-speed challenges, earn points and race your way to the finish line. Who will win the title of Tournament Champion...could it be you?

Game Night! | Registered Program | No Fee

Join us for some fun and friendly competition, playing board games and meeting new friends! Youth are invited to test their knowledge and quick-thinking skills as they work together with their peers to brainstorm and problem solve while making connections with each other. A variety of board games will be available for youth to play in pairs or in groups. Some games include, but are not limited to, Monopoly, Twister, Draw It, Uno and more!

Babysitting Basics | Registered Program | \$30 per person

Learn how to become a responsible babysitter through this St. John's Ambulance course that teaches youth the basic skills for providing care to children. The course emphasizes safety rules, responding to emergencies and developing leadership skills. Participants will receive a notebook, backpack and a first aid kit upon completion of the course.