



MFRC
CRFM
WINNIPEG

Calendar

February 2025

Community Conversations by MFRC Volunteers - Mornings *Open to all*

February 6 & 20, Thursdays | 0930 – 1130 | MFRC Multi-purpose Room

Deployment Family Drumming Workshop | Free *For military families experiencing the deployment cycle*

February 8, Saturday | 1400 - 1530 | MFRC Multi-purpose Room | Register by emailing tamika.reid@winnipegmfrfc.ca by **February 6**

MFRC Nursery School Open House *For families of the 17 Wing and the surrounding communities*

February 25, Tuesday | 1700 – 1830 | Westwin Community Centre | 642 Wihuri Road

Community Conversations by MFRC Volunteers - At night *Open to all*

February 26, Wednesday | 1800 – 1930 | MFRC Multi-purpose Room

Positive Program: Preparing for new challenges | \$5 *For adult military family members*

February 27, Thursday | 1900 – 2030 | MFRC Multi-purpose Room | Register by emailing jenny.brennan@winnipegmfrfc.ca or by calling the front desk at 204 833 2500 local 257 4500 by **February 21**

Deployment Workshops | By appointment:

- **All-inclusive Morale Mail Package-building** *For families of the deployed*
- **Bonding Without Borders** *For deploying military members and their spouses*
- **Deployment Memory Box** *For military families preparing for deployment*

Email tamika.reid@winnipegmfrfc.ca to book an appointment

Scan to learn more:

