



MFRC CHILD AND YOUTH CALENDAR

NOVEMBER 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27				30	31	1
					Kids Connection Corner: PJ, Popcorn & Movie Night (Ages 6 - 8) 6 - 8pm	Shining A Light of Remembrance (All Ages) 1 - 2:30pm Youth Drop-in (Ages 6 - 8) 1 - 4pm Youth Drop-in (Ages 9 - 17) 5:30 - 8:30pm
3	4	5	6	7	8	9
Youth Drop-in (Ages 9 - 17) 1 - 4pm	Play Cafe (Ages 0 - 5) 9:30am - 12pm	Stay and Play (Ages 0 - 5) 10 - 11:30am Shining A Light of Remembrance - Virtual (All Ages) 5:30pm		Play Cafe (Ages 0 - 5) 9:30am - 12pm Youth Explore Zone: Game Night! (Ages 9 - 12) 6 - 9pm Shining A Light of Remembrance (All Ages) 6:30 - 8pm	Kids Connection Corner: Game On! (Ages 6 - 8) 6 - 8pm	MFRC Closed
10	11	12	13	14	15	16
MFRC Closed	MFRC Closed	Youth Fall Drop-in (Ages 6 - 15) 10am - 3pm	Youth Fall Drop-in (Ages 6 - 15) 10am - 3pm	Play Cafe (Ages 0 - 5) 9:30am - 12pm Youth Fall Drop-in (Ages 6 - 15) 10am - 3pm Kids Connection Corner: Game Night! (Ages 6 - 8) 6 - 8pm	Youth Fall Drop-in (Ages 6 - 15) 10am - 3pm Youth Explore Zone: PJ, Popcorn & Movie Night (Ages 9 - 12) 6 - 9pm	Youth Drop-in (Ages 6 - 8) 1 - 4pm Youth Drop-in (Ages 9 - 17) 5:30 - 8:30pm
17	18	19	20	21	22	23
Youth Drop-in (Ages 9 - 17) 1 - 4pm	Play Cafe (Ages 0 - 5) 9:30am - 12pm	Stay and Play (Ages 0 - 5) 10 - 11:30am Mini Coping Skills Bootcamp (Ages 8 - 12) 5 - 6pm		Play Cafe (Ages 0 - 5) 9:30am - 12pm Teen Take Over: Teen Choice (Ages 13 - 17) 6 - 9pm	Choose Your Own Adventure with PSP TGIF (Ages 6 - 12) 6 - 8pm	Family Connections: Family Open Explore (All Ages) 1 - 3pm Youth Drop-in (Ages 9 - 17) 1 - 4pm Youth Drop-in (Ages 6 - 8) 5:30 - 8:30pm
24	25	26	27	28	29	30
Youth Drop-in (Ages 9 - 17) 1 - 4pm	Play Cafe (Ages 0 - 5) 9:30am - 12pm	Stay and Play (Ages 0 - 5) 10 - 11:30am Mini Coping Skills Bootcamp (Ages 8 - 12) 5 - 6pm		Play Cafe (Ages 0 - 5) 9:30am - 12pm Youth Explore Zone: B-I-N-G-O! (Ages 9 - 12) 6 - 8pm	Teen Take Over: Movie Night (Ages 13 - 17) 6 - 9pm	Youth Drop-in (Ages 9 - 17) 1 - 4pm Youth Drop-in (Ages 9 - 17) 5:30 - 8:30pm

For more information, please contact us:

780-973-4011 ext. 528-6300 | information@mfrcedmonton.com | CFMWS.ca/Edmonton/MFRCPrograms

MFRC CHILD & YOUTH PROGRAMS

Youth Drop In | No Fee

Open to youth (ages 6-17) and offers the ability to move freely throughout the centre with a variety of activities to choose from. For details, please refer to the calendar for age groups, dates, and times.

Kids Connection Corner: Movie Night | Registered Program | \$2 per participant

Join us for PJ & Popcorn Movie Night! Youth can get cozy in their pj's, enjoy some snacks and watch the movie How to Train Your Dragon while connecting with their peers. Popcorn and refreshments will be offered during the movie.

Shining a Light on Remembrance | Registered Program | No Fee

Join us to help shine a light on Canada's Veterans, fallen heroes, the current serving members of our military and their families who devote their lives in service. Connect with your community through this in-person or virtual workshop and create a Lantern of Remembrance to dedicate to a loved one, a Veteran or a unit or battle. Participants will be encouraged to keep the light of remembrance burning all year long because Remembrance Day is every day.

Play Cafe | Drop In Program | No Fee

Our free drop-in Play Cafe provides a wonderful opportunity to spend time with your children (ages 0-5) and get to know other parents and caregivers in the military community. The space includes a story corner, craft tables, refreshment area and outdoor playground (weather permitting).

Stay & Play | Registered Program | \$2 per family

Parents/caregivers will actively engage with their children through fun activities that focus on early childhood development while building supportive social connections with others. Sessions will include simple activities that you and your child can do at home together. Parents/caregivers and their children 5 years and under are invited to attend.

Youth Explore Zone: Game Night! | Registered Program | No Fee

Join us for some fun and friendly competition playing board games and meeting new friends! Youth are invited to test their knowledge and quick-thinking skills as they work together with their peers to brainstorm and problem solve while making connections with each other. A variety of board games will be available for youth to play in pairs or in groups. Some games include, but are not limited to, Monopoly, Chess, Uno, Spoons and The Game of Life.

Kids Connection Corner: Game On! | Registered Program | No Fee

Calling all gamers! Join us for an exciting evening filled with thrilling challenges and friendly competition in an unforgettable gaming experience where friendships are forged and skills are honed. Test your resilience, skills and strategies against your peers as part of a team or individually. A variety of video games will be available for youth to play. Grab your controllers and let the games begin!

Youth Fall Drop-in | Registered Program | No Fee

Fall break at the MFRC Youth Centre! Drop in to explore video games, computers, art and science materials, board games, air hockey and more!

Kids Connection Corner: Game Night! | Registered Program | No Fee

Join us for some fun and friendly competition playing board games and meeting new friends! Youth are invited to test their knowledge and quick-thinking skills as they work together with their peers to brainstorm and problem solve while making connections with each other. A variety of board games will be available for youth to play in pairs or in groups. Some games include, but are not limited to, Dominoes, Battleship, Sequence, Trouble and Sorry.

Youth Explore Zone: Movie Night | Registered Program | \$2 per participant

Join us for PJ & Popcorn Movie Night! Youth can get cozy in their pj's, enjoy some snacks and watch the movie Pirates of the Caribbean while connecting with their peers. Youth will be offered a refreshment and popcorn during the movie.

Mini Coping Skills Bootcamp | Registered Program | No Fee

The Mini Coping Skills Bootcamp is an interactive educational program that teaches children various coping strategies while normalizing the understanding that everyone experiences stressful moments, and that it is okay to experience difficult emotions.

Teen Take Over | Registered/Drop In Program | No Fee

Come explore video games, computers, art and science materials, board games or air hockey it's your choice! Youth will have free choice to participate in all the activities offered throughout the space while having fun with their peers, building friendships, social skills, confidence and more.

Choose Your Own Adventure with PSP TGIF | Registered Program | No Fee

Discover your inner artist by exploring your creativity, making connections and having fun! Youth will use their artistic talents and a variety of arts and crafts materials to create unique artwork on their own or together with their peers. Activities include kite making, pinwheel creations, painting and more!

Family Connections: Family Open Explore | Registered Program | No Fee

Fun for the whole family! Families are invited to explore a variety of interactive activities and exciting games together while meeting and connecting with other military families in the community. Activities include STEM building, crafts, video games, board games and more!

Youth Explore Zone: B-I-N-G-O! | Registered Program | \$2 per participant

Did somebody say BINGO? Youth will play rounds of BINGO to WIN prizes while connecting with their peers.