



Shining the Light of Remembrance

Lantern Instructions

Required Materials:

- Glass Mason Jar
- Paint Markers
- Sponge Brush or Popsicle Stick
- Matte Finish Mod Podge or Clear Glue
- Ribbon or String
- Assorted Tissue Paper
- 1 Battery Operated Tea Light or String Lights
- 1 Silhouette (Optional)

Optional Materials:

- Glue Gun
- Gems or Beads
- Personalized Items of Significance

Instructions:

1. **Decorate the Outside of your Jar** - Choose a silhouette as the centre of your lantern design. You can use a vinyl sticker on the outside of your jar, or you can trace a silhouette using paint markers. Create as minimal or elaborate of a design as you like. You can decorate it with Poppies, the name of a loved one, unit name, or family name. Be creative! The design will make your lantern unique to you and the person or mission that you have dedicated it to. Let the paint dry before moving to step two.
2. **Add Tissue Paper** - Next, cut your pieces of tissue paper in either small squares to use for collage, or in one long rectangular piece to wrap around the inside of jar. Next, use a sponge brush or popsicle stick to spread clear glue or mod podge on the inside of your jar. Using another popsicle stick, attach the tissue paper to the glue. By filling the inside of the jar with tissue paper, it will create a stained-glass effect. You can do multiple layers of tissue paper to achieve a more vibrant colour.
4. **Let Dry** - Let the glue dry on the inside of the jar before adding lighting or sealing the lid.
5. **Glue on Accents and Add Lighting** - If you want to further personalize your lantern, you can use hot glue to add twine, ribbon, gems, beads, or other personal touches to the jar. Lastly, add a battery-operated tea light candle or string light strand to the inside of your jar. Remember not to leave your jar unattended when the lights are on, and do not use real candles in the jar.
7. **Place Lantern in a Window or Special Place in Your Home** - Place your lantern somewhere in your home where it can be seen daily. When you light up your lantern, think of the person or people that you dedicated it to. Help us to keep 'Shining the Light of Remembrance' throughout the year to remember

their service and sacrifice. We will keep these lanterns glowing to keep our Veterans and their sacrifices at the forefront of our minds and hearts. This is a reminder, that for many families, this light never goes out. If they've lost their loved one, or if they've lost a piece of them, for some families, everyday is Remembrance Day. So, as it glows in your home, please hold a special space in your hearts for our community members. We will remember them.

8. **Share your Lantern with the Veteran Family Program Coordinator** - Join us in lighting up our social media feeds in Remembrance. Send a photo of your lit lantern to vfp@mfrcedmonton.com to be shared on the Edmonton MFRC social media pages for Veterans Week.

9. **Wear a Poppy and Attend a Ceremony** - This Veterans Week and Remembrance Day, wear a Poppy over your heart; and if you can, attend a ceremony on November 11th.