MFRC CRFM Edmonton

MFRC CHILD AND YOUTH CALENDAR

NOVEMBER 2026

MFSP MILITARY FAMILY SERVICES PROGRAM | PSFM PROGRAMME DES SERVICES AUX FAMILLES DES MILITAIRES

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm	3 Mini Mingle & Play (Ages 0-5) 9:00 - 11:00 am Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm	4 Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm Youth Drop-in (Ages 6-15) 6:00 - 8:00 pm	5 Mini Mingle & Play (Ages 0-5) 9:00 - 11:00 am Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm Video Game Tournament (Ages 6-15) 6:00 - 8:00 pm	6 Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm Kids Connection Corner: PJ, Popcorn & Movie Night (Ages 6-8) 6:00 - 8:00 pm	7
8	9 Youth Fall Break Hangout (Ages 6-17) 10:00 am - 3:00 pm	10 Mini Mingle & Play (Ages 0-5) 9:00 - 11:00 am Youth Fall Break Hangout (Ages 6-17) 10:00 am - 3:00 pm	11 MFRC CLOSED	12 Mini Mingle & Play (Ages 0-5) 9:00 - 11:00 am Babysitting Course (Ages 11-15) 9:00 am - 4:00 pm Youth Fall Break Hangout (Ages 6-17) 10:00 am - 3:00 pm	13 Home Alone Safety (Ages 9-13) 9:00 am - 2:00pm Youth Fall Break Hangout (Ages 6-17) 10:00 am - 3:00 pm	14 Youth Drop-in (Ages 6-15) 12:30 - 4:30 pm
15	16 Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm	17 Mini Mingle & Play (Ages 0-5) 9:00 - 11:00 am Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm	18 Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm Youth Drop-in (Ages 6-15) 6:00 - 8:00 pm	19 Mini Mingle & Play (Ages 0-5) 9:00 - 11:00 am Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm Tournament of Games (Ages 6-15) 6:00 - 8:00 pm	20 Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm Youth Explore Zone: PJ, Popcorn & Movie Night (Ages 9-12) 6:00 - 8:00 pm	21 Youth Drop-in (Ages 6-15) 10:00 am - 2:00 pm
22	23 Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm	24 Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm	25 Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm Youth Drop-in (Ages 6-15) 6:00 - 8:00 pm	26 Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm Discover You (Ages 11-17) 6:00 - 8:00 pm	27 Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm Teen Take Over (Ages 13-17) 6:00 - 9:00 pm	28 Family Connections: Family Ceramic Painting (Ages 6+) 11:00 am - 1:00 pm
29	30 Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm	1	2	3	4	5



For more information, please contact us:

780-973-4011 ext. 528-6300 | information@mfrcedmonton.com | CFMWS.ca/Edmonton/MFRCPrograms

MFRC CHILD & YOUTH PROGRAMS

Youth Drop In | No Fee

Open to youth (ages 6-17) and offers the ability to move freely throughout the centre with a variety of activities to choose from. For details, please refer to the calendar for age groups, dates, and times. Please note, weekday times are NOT offered on Sturgeon School Division non-school days (i.e. PD Days, Teachers' Convention, Spring Break, etc.).

Mini Mingle & Play | Registered Program | No Fee

Mini Mingle & Play is a facilitated, parented playgroup for children ages 0–5 and their parents or caregivers. Come to actively engage with your children through fun activities in our supportive play-based environment and build connections with other families. Each session will give children opportunities to explore, play and connect while supporting their early learning and development. Families will also discover simple ways to continue learning and playing together at home.

A caregiver is any trusted person who helps care for and support a child when their parent or guardian is not available. This may include a family member, friend, child care provider or another trusted adult.

Video Game Tournament | Registered Program | No Fee

Ready to put your gaming skills to the test! Join us for an exciting Video Game Tournament where you will compete against your peers in a variety of fun and fast-paced challenges. Earn points, show off your skills, and battle your way to the top. Who will win the title of Tournament Champion…could it be you?

Kids Connection Corner: PJ, Popcorn & Movie Night | Registered Program | No Fee

Join us for PJ, Popcorn & Movie Night! Youth can wear their pj's, enjoy some snacks and watch the live-action fantasy-adventure film How to Train Your Dragon (2025) while they connect with their peers. Popcorn and refreshments will be offered during the movie.

Youth Fall Break Hangout | Registered Program | No Fee

Come hangout with us during Fall break at the MFRC Youth Centre! Explore video games, computers, art and science materials, board games, and more! Youth will have free choice to participate in all the activities offered throughout the space while they connect with their peers, build social skills and gain confidence.

Babysitting Course | Registered Program | $30 per participant

Learn how to become a safe and responsible babysitter through the Little Lungs course, led by certified Red Cross instructors. This course will teach youth the skills needed for providing care to children, with a strong focus on first aid and emergency response.

Home Alone Safety | Registered Program | $15 per participant

Is your child ready to stay home alone? The Stay Safe Course, provided through Little Lungs, will help your child build the confidence and skills needed to stay home alone safely while providing peace of mind for parents and caregivers. In this interactive five-hour training program, your child will learn the importance of responsibility, safety, preparing and responding to unexpected situations, and basic first aid.

Tournament of Games | Registered Program | No Fee

Ready for some friendly competition? Join us for an exciting Game Tournament where youth will compete in a variety of games and challenges to earn points and claim the title of champion! Put your teamwork, communication and problem-solving skills to the test through activities like card games, Spoons, Minute to Win It challenges, Grab the Mic and more. Who will come out on top?

Youth Explore Zone: PJ, Popcorn & Movie Night | Registered Program | No Fee

Join us for Youth Choice PJ & Popcorn Movie Night! Youth can get cozy in their pj's, enjoy some snacks and together choose a movie to watch while they connect with their peers. Popcorn and refreshments will be offered during the movie.

Discover You: Communication Beyond Words | Registered Program | No Fee

Youth will kick things off for this session with a game of Emotional Charades where they will act out different emotions and the group guesses the expression. Through discussion and activities, participants will explore body language, facial expressions and other nonverbal cues to better understand how emotions and behaviours can impact those around us. Youth will then create a personalized feelings wheel to help better identify, understand and communicate emotions.

Teen Take Over: Teen Choice | Registered/Drop In Program | No Fee

Come explore video games, computers, art and science materials, board games or bubble hockey… it's your choice! Youth will have free choice to participate in all the activities offered throughout the space while having fun with their peers, building friendships, social skills, confidence and more.

Family Connections: Family Ceramic Painting | Registered Program | $10 per participant

Join us for a fun-filled ceramic paint day! Unleash your artistic talents and let the creativity flow at The Cat Lady's Art Studio in Morinville for an exclusive ceramic painting event! Whether it's a unique mug, a decorative plate or a charming figurine, you can mix and match items or opt for a single item of equal value.