

# CSMFRC'S Lending Library Catalogue



**CENTRAL  
SASKATCHEWAN  
MILITARY FAMILY  
RESOURCE CENTRE**

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**RESOURCE LIBRARY**

**CSMFRC RESOURCE LENDING LIBRARY – USER AGREEMENT**  
**CENTRAL SASKATCHEWAN MILITARY FAMILY RESOURCE CENTRE INC.**  
**INFO@CSMFRC.CA / 306-491-4698**

The **CSMFRC Resource Lending Library** is an inclusive lending library designed to support military families with practical resources and meaningful tools. Our collection features sensory supports, baking and cooking equipment, kitchen essentials, board games, books for all ages, and a wide range of additional items.

### **BORROWING**

- Loan limit: **2 items** • Loan period: **2 weeks**. \*Renewals allowed if no waitlist\*.

### **CARE & USE**

- Use items **safely and as intended**.
- Weighted items: short intervals only; not for unsupervised use
- Headphones: keep clean; maintain environmental awareness.
- Report damage or concerns immediately.

### **LOSS OR DAMAGES:**

- Normal wear is acceptable; significant damage or loss may result in a **replacement fee** up to the current cost.  
**\*\*Decisions and invoices will be made by CSMFRC staff\*\***
- Items overdue by **7 days** may be treated as lost.

### **FEES:**

- Some items in our lending library have a small user fee (**see the Fees section of the catalogue**). These fees are used exclusively to support the lending library program, helping us maintain equipment, replace worn items, and continue offering a variety of resources for the community.

### **SAFETY DISCLAIMER**

- Tools are **not** medical devices.
- Use is voluntary and at the user's discretion.
- The organization is not liable for injury or misuse.

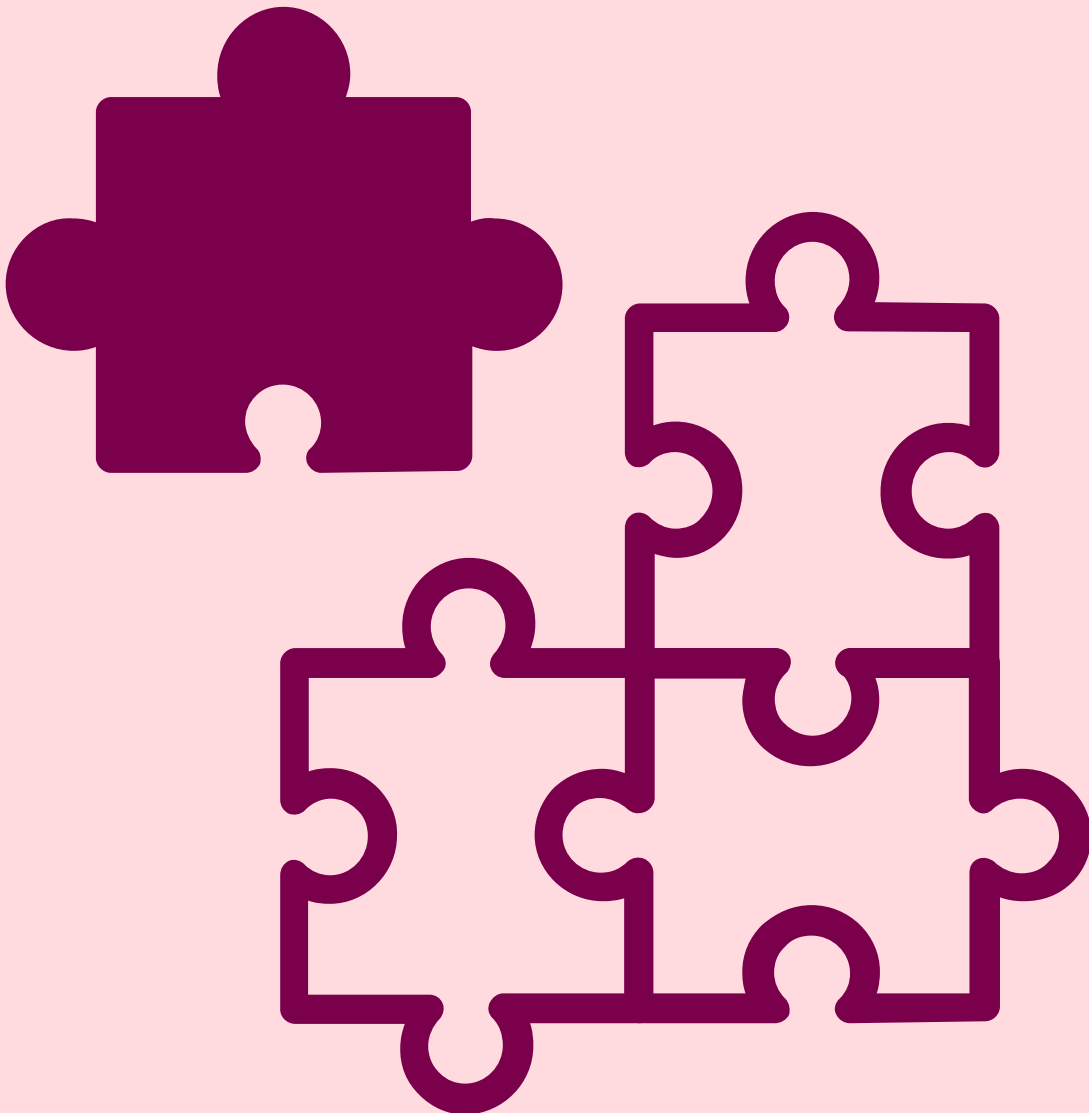
### **CLEANING & RETURNING**

- Wipe plastics/electronics; spot-clean fabrics (no machine wash unless labeled).
- Return items **clean and dry** to:  
**CSMFRC** during business hours **or in dropbox at north entrance of CSMFRC.**  
**\*\*NOTE: ELECTRONICS, LARGE ITEMS: IN-PERSON ONLY \*\***

### **PRIVACY**

- Basic contact info is collected for loan management only.
- Data is not shared outside the organization unless required by law.

# ***Neuroinclusive Toys & Support Tools***



# GROSS MOTOR



Elephant Kids  
Swivel Chair

Spinning helps stimulate:

- vestibular system
- strengthens grip
- strengthens core muscles
- improves coordination and balance
- promotes brain development.



GIBBON 1 Line  
SlackBoard

- Builds core muscles
- Improves posture
- Enhances joint mobility
- Ideal for low-impact training
- Promotes focus, stress relief, and body awareness
- Suitable for all ages and fitness levels



GIBBON 2 Line  
SlackBoard

- 2-line setup, offering extra stability
- Builds core muscles
- Improves posture
- Enhances joint mobility
- Ideal for low-impact training
- Suitable for all ages and fitness levels

# GROSS MOTOR



36" Trampoline  
Indoor/Outdoor

- Helps improve children's physical fitness
- Builds endurance through active play
- Enhances balance and coordination
- Ideal for kids aged 3 years and older



Folding Anti  
Tear Fitness Mat

- Anti-tear material for durability
- Suitable for exercise, training, tumbling and gymnastics
- Provides balance support
- Perfect for home or gym use



Balance Stepping  
Stones

- Enables kids to create unique obstacle courses
- Non-slip rubber bases ensure safety indoors/outdoors
- Promotes jumping, balancing, and movement for coordination and motor skills

# GROSS MOTOR

## Natural Balance Board

- Modern, minimalist balance board for all ages
- Functions as a swing, bridge, rocking chair, or ramp
- Develops balance, agility, and strength
- Stimulates motor skills through open-ended play



# FINE MOTOR



- Inspires creativity, fine motor skills
- Provides relaxation, sensory stimulation
- Leaves no residue or marks on surfaces

Toys Squigz



- Bright colors aid shape and color recognition
- Safe, mold-free silicone with no holes
- Suitable for bath, travel, or sensory play

Suction Cup Toys  
Ocean Animal

# FINE MOTOR



Labyrinth  
Puzzle Cube

- Boosts logic, spatial reasoning, and focus for all ages
- Smooth gameplay with precision-engineered tracks
- Fun for solo play or friendly family competitions

- Handheld pop-fidget game with lights and sounds
- Builds hand-eye coordination, cognitive skills, and sensory development
- Features four modes: Breakthrough, Memory, Scoring, Multiplayer



Blue Owl Sensory  
Pop Fidget Toy

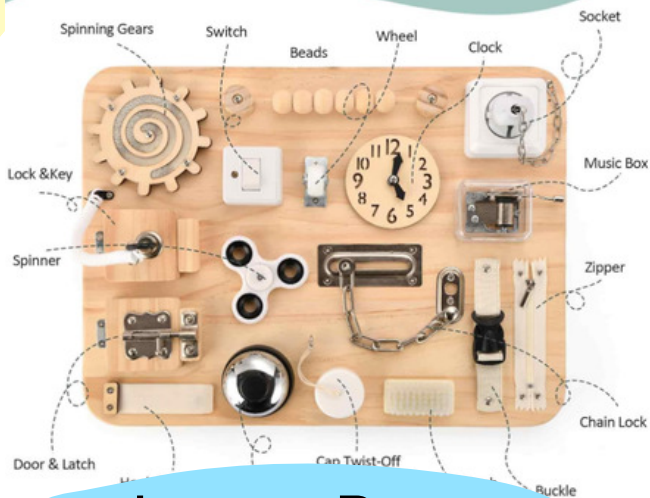
- Set of 4 high-density therapeutic squeeze balls for hand and finger exercise
- Suitable for physical therapy, stress relief, stroke recovery, and grip training



Hand Exercise  
Balls

## 18 Different FUN Activities

# FINE MOTOR



## Large Busy Board

- Soothing sensory experience
- Supports early developmental learning
- Helps boost hand-eye coordination
- Promotes cognitive growth in a fun, playful way

- Enhances recognition skills and hand-eye coordination
- Promotes fine motor skill development
- Guides color and light pattern exploration
- Introduces early number concepts playfully



## Small Busy Board



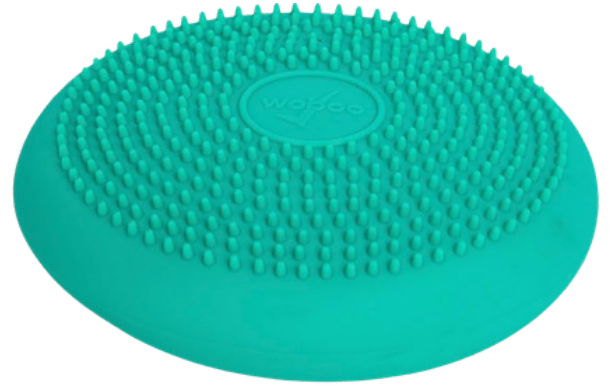
## Max the Fine Motor Moose Toy

- Fine Motor Skills
- Hand Strength
- Sorting and Patterning

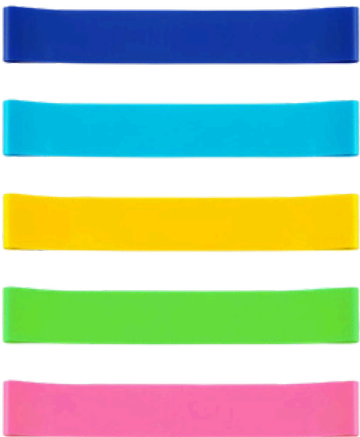
# EDUCATIONAL SUPPORT

## Wiggle Seat

- Encourages quiet movement to enhance productivity.
- Provides a safe outlet for excess energy at home, in class, or during meals.
- Portable and versatile for classroom use.



## Chair Bands



- Strong elasticity prevents breakage or slipping.
- Low-noise design
- Helps focus and reduces stress for fidgety children.
- Suitable for classrooms, home study, mealtime, and activities.



# EDUCATIONAL SUPPORT

WIGGLE WHILE YOU WORK

WOBBLE CHAIR



Wiggle Wobble Chair Feet

- Enhances focus with gentle rocking
- Calms fidgety students, reduces stress, and promotes concentration
- Offers active seating that strengthens core and posture
- Features easy snap-on installation

- Allows kids to release fidgety energy while sitting
- Improves focus and calmness during class or homework
- Features a 120° rotating pivot disc for smooth, silent movement



Sit & Twist Active Seat Cushion



The wobble pad comes inflated and can be customized to the firmness of each child's needs.

EASY INFLATION PUMP INCLUDED

11.8" X 11.8"

Wobble Pad Smooth Sensory Cushion

- Smooth surface ideal for those who prefer non-bumpy cushions.
- Promotes quiet movement to reduce distractions.
- Aids in enhancing focus, posture, and sensory regulation.

# CHILDREN'S ROUTINES

## Visual Schedule Cards



Features activity cards for meals, hygiene, chores, and screen time.

## One Tool Many Ways to Time

Tailors to Every Sensory Need



## Digital Visual Timer

- Simplifies routines with visual countdowns
- Adjustable volume, brightness, and silent mode



## Visual Timer



- 3-in-1 visual timer, countdown clock, and chore chart
- Enhances time management and self-regulation

# CHILDREN'S SOCIOEMOTIONAL NEEDS



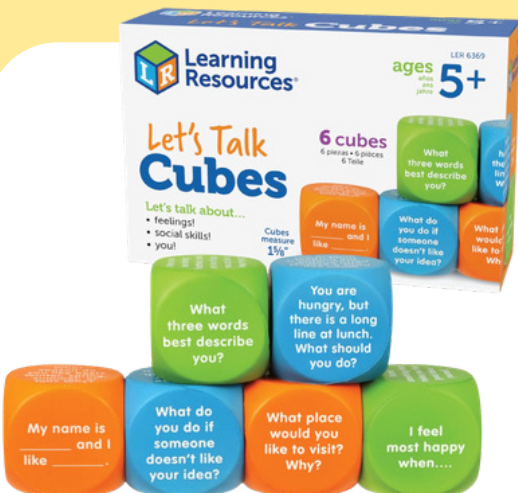
Sensory Fidget Tubes

- Builds essential sensory skills with three fun fidget toys
- Each tube targets sight, sound, or touch
- Designed for kids ages 3+ to support early sensory development

- Uses reference stickers and calming charts to reinforce calming methods
- Includes emotion-management strategies, kids' meditation tips, and calming tools
- Effectively reinforces calming techniques with simple visual references



Calm Down Kit



Conversation Cubes

- Initiate conversations with 6 colorful cubes!
- Engage in social-emotional learning with age-appropriate prompts!
- Explore 36 social-emotional learning prompts across 3 categories: Ice Breakers, Social Skills, and Emotions!

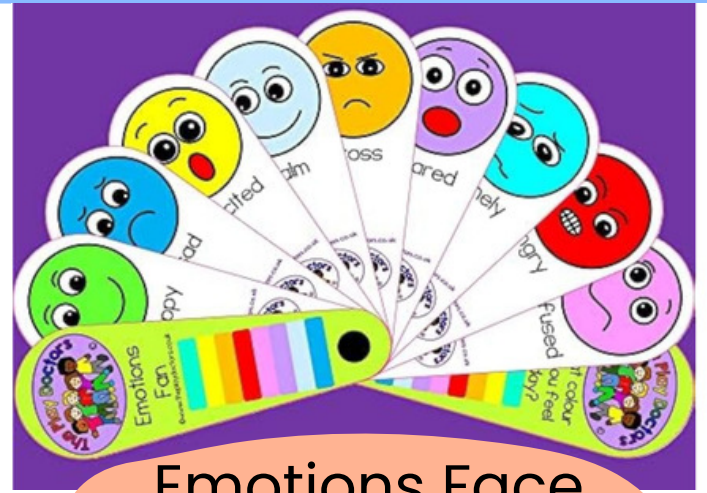
# CHILDREN'S SOCIOEMOTIONAL NEEDS



- Teaches kids yoga poses from A–Z for active learning
- Features a calming slow-rise foam sun for focus and emotional regulation
- Cards and sun are stored neatly in a tin for easy cleanup

## Letter Yoga

- Social communication aid
- Helps children identify and express emotions
- Features 10 colorful petals with expressive emotion faces



## Emotions Face Feelings Fan



- Teaches kids to identify and talk about emotions with 24 double-sided puzzles
- Self-correcting puzzles match emotion words, emoji faces, and real-life examples

## Feelings & Emotions Puzzle Cards

# ***Sensory Needs***



# SENSORY NEEDS

## Sensory Body Sock

- Offers 4-way stretch for movement and deep pressure
- Suitable for sensory programs at home, school, or therapy
- Beneficial for autism and sensory integration

BodySock	Small	Medium	Large	X Large
Length	38inch	48inch	58inch	68inch
Width	24inch	27inch	29inch	30inch
Suitable height	38-48inch	48-58inch	58-68inch	68-75inch

If you are between sizes or near the top of a size range, consider sizing up for more space.



small and large size available

## Liquid Fusion Play Tiles

- Bright cosmic liquid colors shift with movement
- 9 liquid-motion floor tiles
- No installation required
- Anti-slip backing secures tiles
- Provides sensory stimulation



# SENSORY NEEDS

## Sensory Activity Board



- Quiet, mess-free, screen-free activity for travel or waiting
- Recommended by occupational therapists for fine-motor skills
- Encourages cognitive growth, creativity, and problem-solving
- Offers calming sensory play for stress and anxiety relief

## Sensory Tent

- Creates a calm, sensory space for children needing regulation
- Ideal for a personalized sensory corner at home or school
- Features a two-sided window with mesh for airflow or darkness
- Accommodates 2–3 children





Baby  
Headphones

# **NOISE CANCELLING HEADPHONES**



Youth  
Headphones



Adult  
Headphones

## 6 Removable Weights



Weighted Vest

## SIZING CHART

Medium & Large Sizes Available

SIZE	AGE RANGE	WIDTH	LENGTH
SMALL	2-4 YEARS	24" - 26"	13" - 14"
MEDIUM	5-9 YEARS	25" - 28"	15" - 16"
LARGE	10+ YEARS	30" - 33"	18" - 19"



**Width** - the measurement of the torso circumference  
**Length** - the measurement from the top of the shoulder to the waist

# WEIGHTED ITEMS

- Ultra-quiet, odor-free microbeads with reinforced stitching.
- 5 lbs of calming weight for enhanced focus.
- Soft lap pad provides comfort, helping children feel safe and calm.



Weighted Lap Blanket



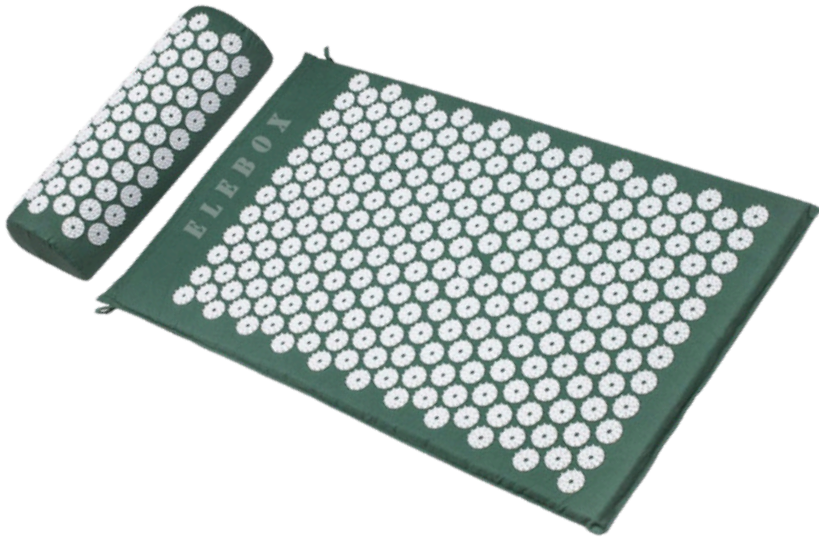
Weighted Lap Blanket

- 7 lbs of calming weight
- Ultra-soft, skin-friendly microfiber
- Muscle and anxiety relief with glass beads
- Travel-friendly with carry bag

# *Recovery Items*



# RECOVERY ITEMS



Acupuncture Mat  
and Pillow Set

- Relieves neck, back, and shoulder pain
- Safe and easy back stretching design
- Ideal for stress relief with spike-point stimulation

- 20 speeds and 9 massage heads
- Effectively relieves muscle fatigue and pain
- Offers a comfortable and powerful massage experience



Massage Gun  
Deep Tissue

# RECOVERY ITEMS



3-in-1 Body Roller

- Includes: firm massage stick, medium-density foam roller, soft textured foam roller
- Helps release tension, relieve sore muscles, and support injury rehab
- Ideal for warm-ups and post-workout recovery



Sunbeam Premium Heating Pad

- 6 heat settings
- Relieves muscle tension and stress
- Boosts blood flow for faster tissue healing

# PHOTOBIO-MODULATION

## Red Light Device

- Improves circulation
- Muscle recovery
- Pain relief
- Skin rejuvenation

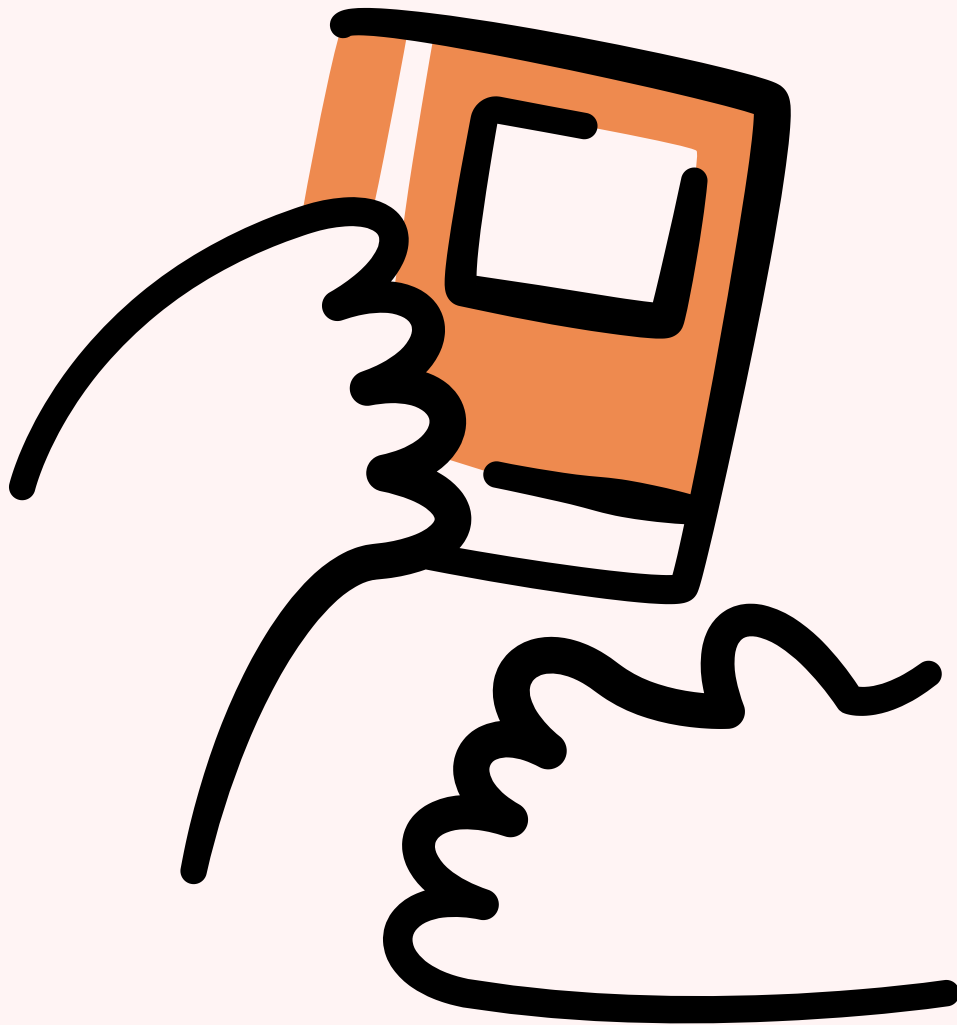


## Light Therapy Lamp



- Benefits mood & mental health
- Increases sleep regulation
- Enhances focus & energy

# *Lending Resources*

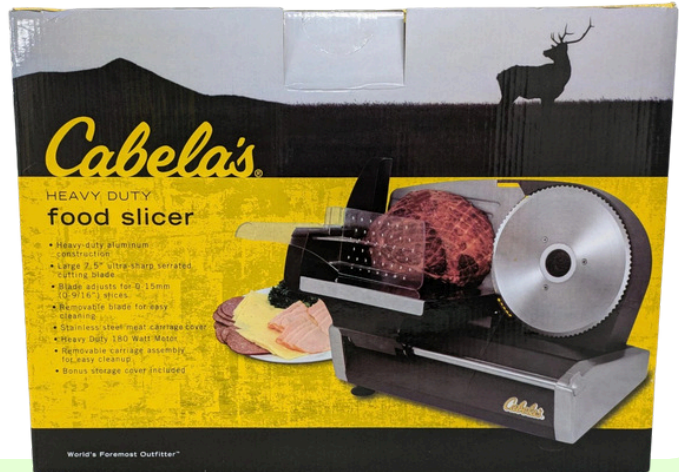


**ITEMS MARKED WITH AN ASTERISK (\*)  
ARE SUBJECT TO A \$5 FEE**

*\*FUNDS ARE REINVESTED DIRECTLY INTO ENHANCING THE LIBRARY\**

# KITCHEN SUPPLIES

Meat slicer \*



Sausage stuffer

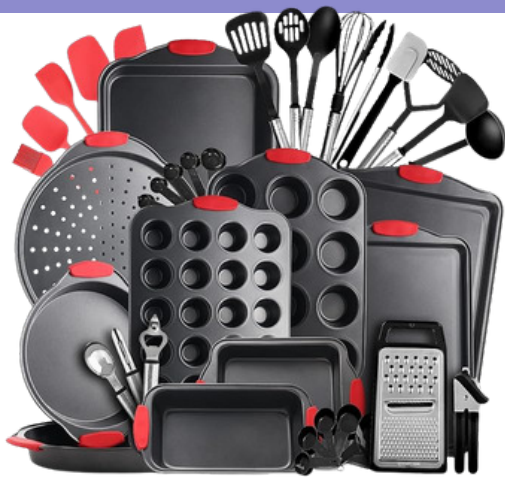
3 tray buffet & 2 tray buffet warmers



Smoker \*

# KITCHEN SUPPLIES

Trudeau  
Party Grill



Bowls and baking  
dishes of every size

Wilton piping kits  
(50+ piping tips)



Small crockpot &  
XL crockpot



# OUTDOOR SUPPLIES

## Outdoor games



## Coolers

## 3 Folding chairs



## 10x10 & 10x20 tents \*



# OUTDOOR SUPPLIES

## Outdoor games



## Jumbo snakes and ladders



## Ring Toss Set



## Giant checker set

# HOUSEHOLD SUPPLIES

Sewing machine with embroidery piece \*



Little green machine \*

Carpet cleaner \*



10.5 L Drink dispenser

# IN OFFICE USE RESOURCES



Heat press

Printer



Laptop



# OTHER

## Snow cone maker



## Chocolate fountain

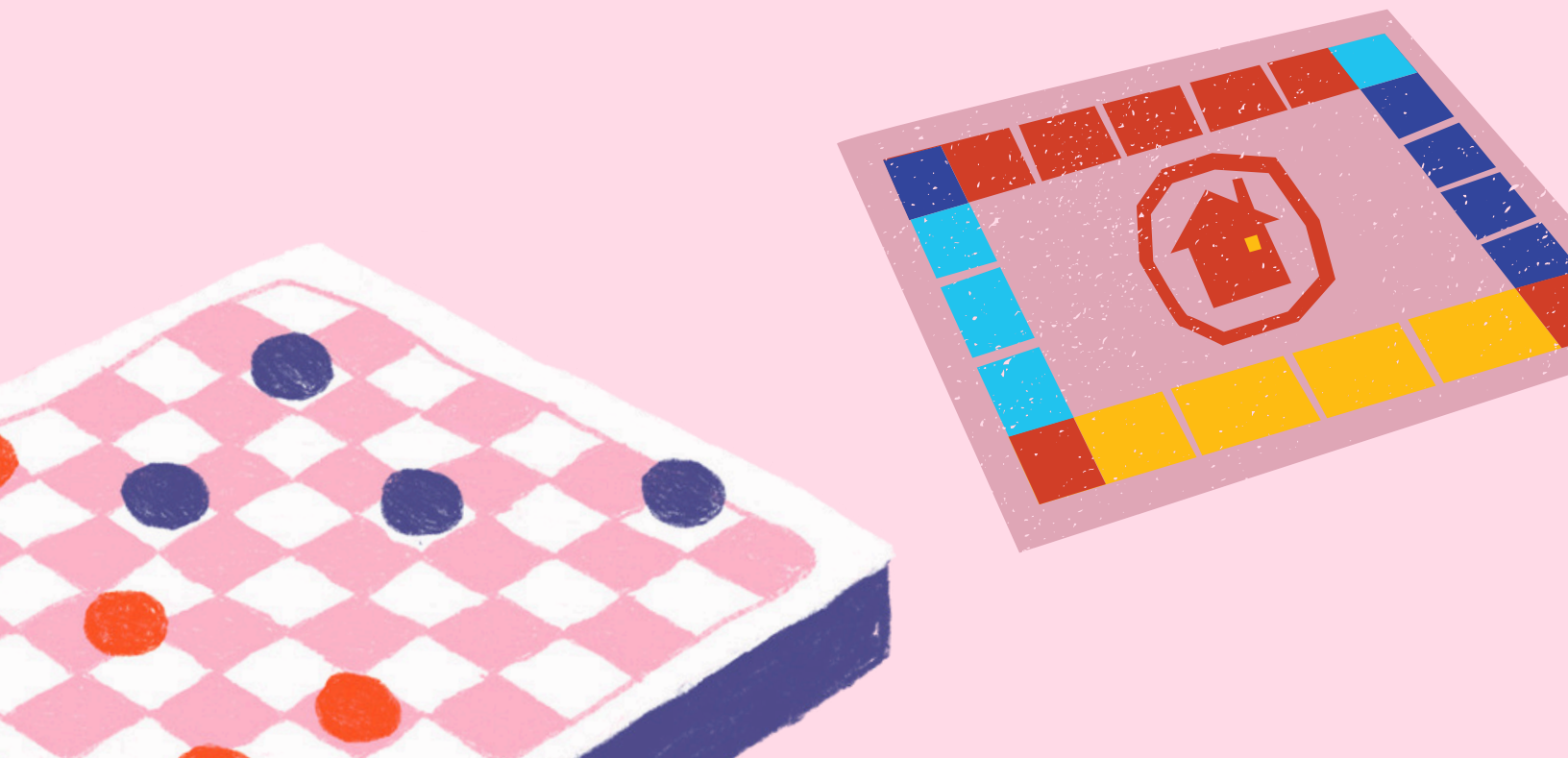
## Anxiety Calm Down Kits

Make a DIY calm-down jar by filling a clear container with water, beads, and glitter—shake it, then watch it settle to help calm your mind. Also includes paper for drawing/writing





# Board Games



# FAMILY GAMES



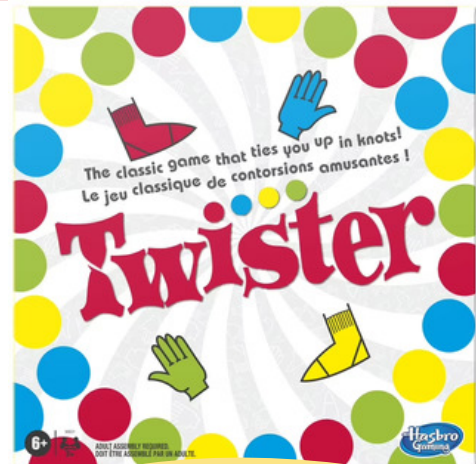
Monopoly  
(Disney edition)



Mouse trap



Operation



Twister



Game of Life Jr.

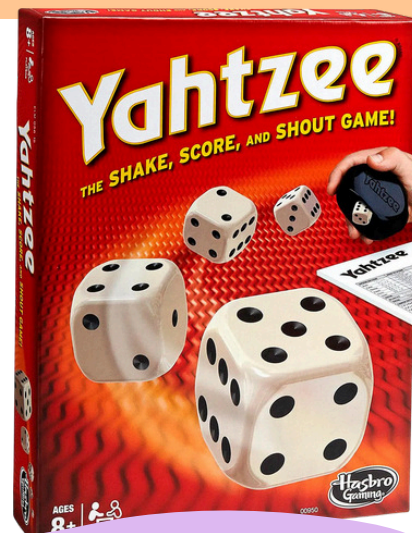


Tetris

# FAMILY GAMES



Sorry



Yahtzee



Shaky Tower  
(Mario)



Skee-Ball



Ticket to Ride  
First Journey



Scrabble

# FAMILY GAMES



Trouble  
(Despicable Me edition)



Pie Face



iSpy Eagle Eye



Candyland



Gone Fishin'



Snakes and  
Ladders

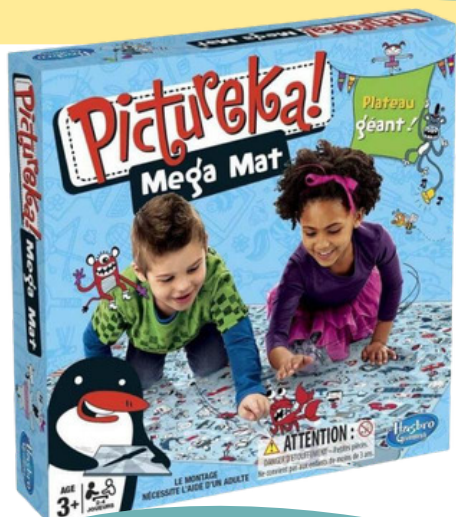
# FAMILY GAMES



Checkers



Blokus



Pictureka  
Mega Mat



None of a Kind



Jenga



Guess Who

# FAMILY GAMES



Hedbandz



Catan Jr.



Guesstures



Tic-Tac-Toe

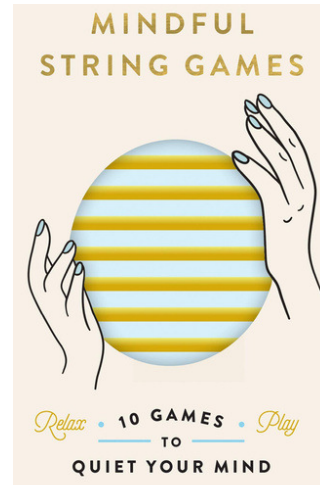


Hangman

# INDIVIDUAL GAMES:



Design and Drill



Mindful String Games



Tiltago



Harry Potter Spell Magic



Honeycombs



Bananagrams

# INDIVIDUAL GAMES:



Barrel of Monkeys



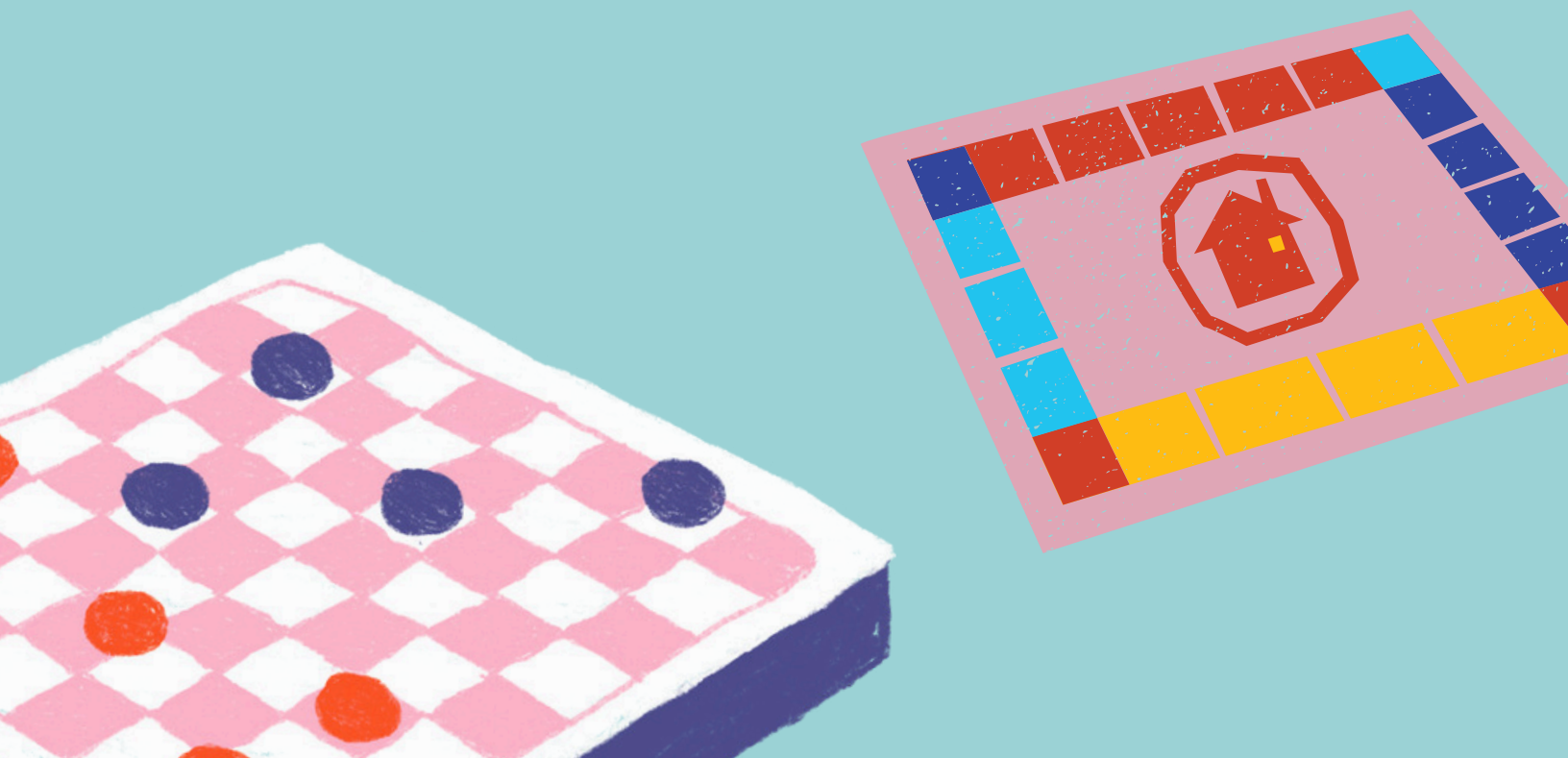
Rush Hour



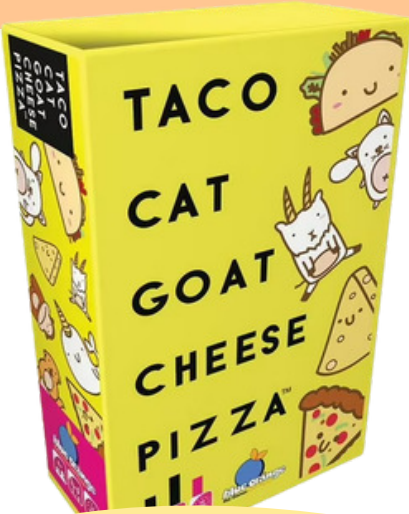
Mental Brain Games



# Card Games



# CARD GAMES



Taco Cat Goat  
Cheese Pizza



Family  
Charades



Unstable  
Unicorns for Kids



Left Right Center  
Passplay



Throw Throw  
Avocado



Skip-bo

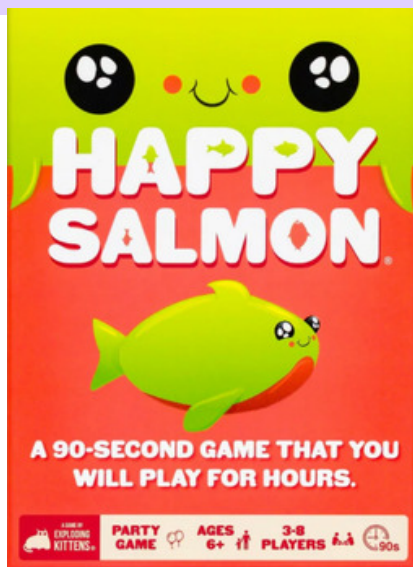
# CARD GAMES



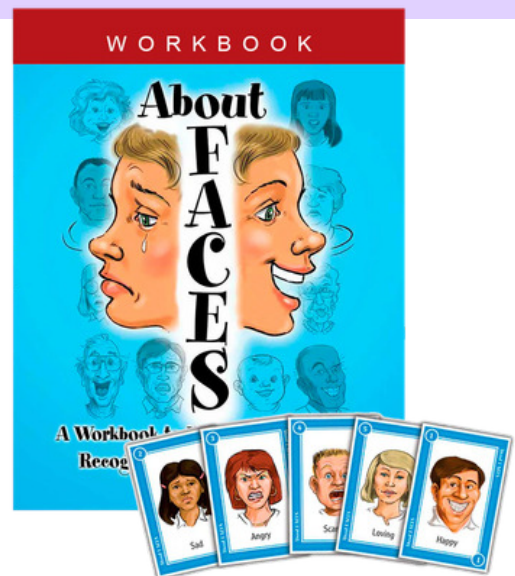
Uno



Uno Quatro



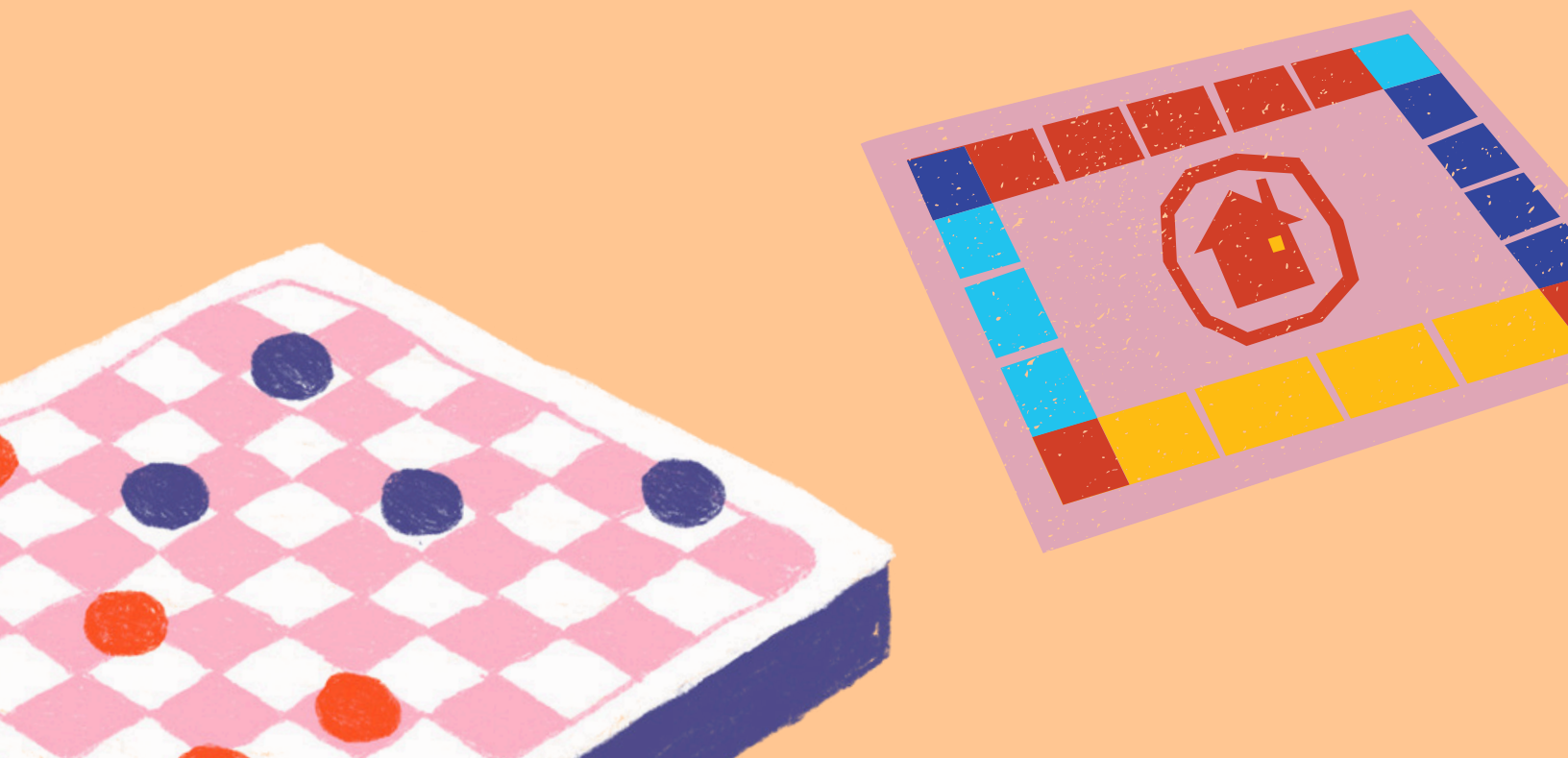
Happy Salmon



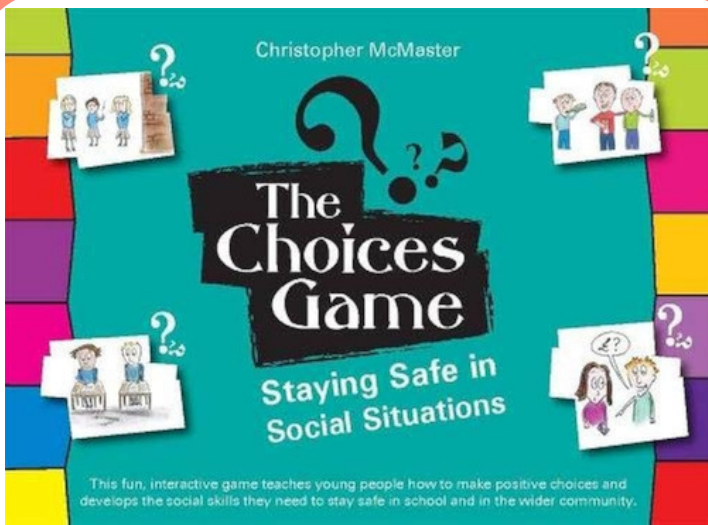
Card Face



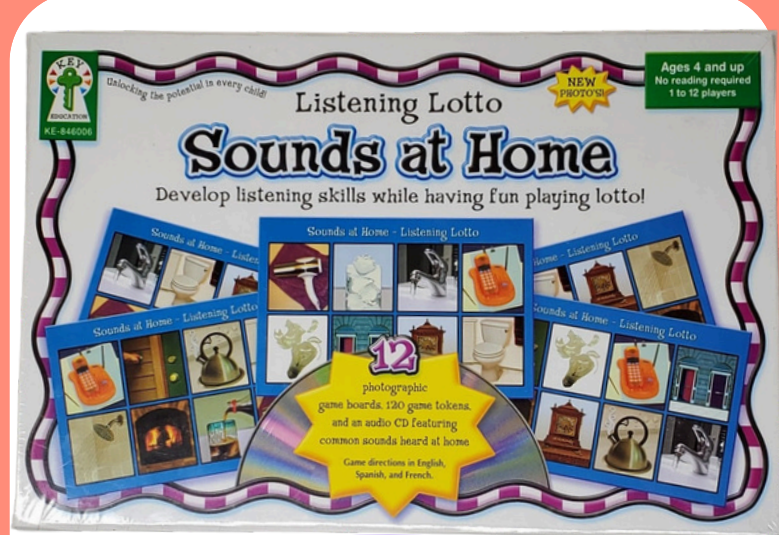
# Educational Games



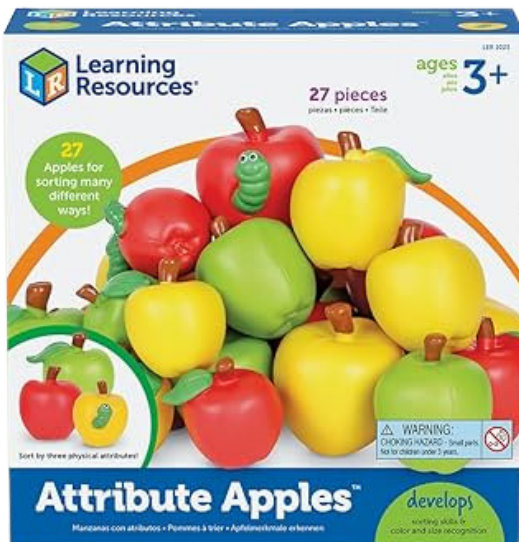
# EDUCATIONAL GAMES



Learning to Sequence



Sounds at Home



Attribute Apples

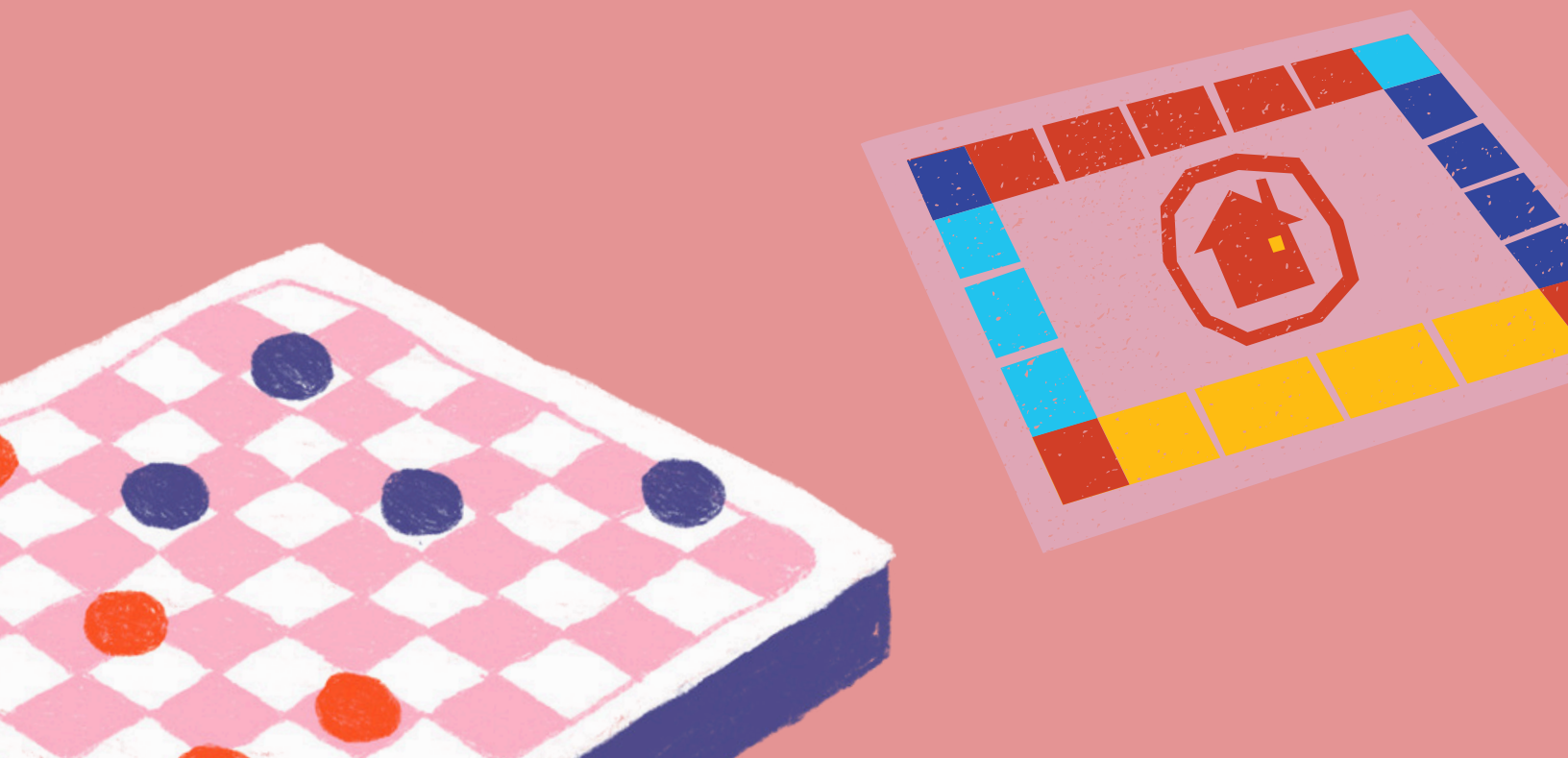


Brain quest

Grade 1



# Puzzles



# PUZZLES



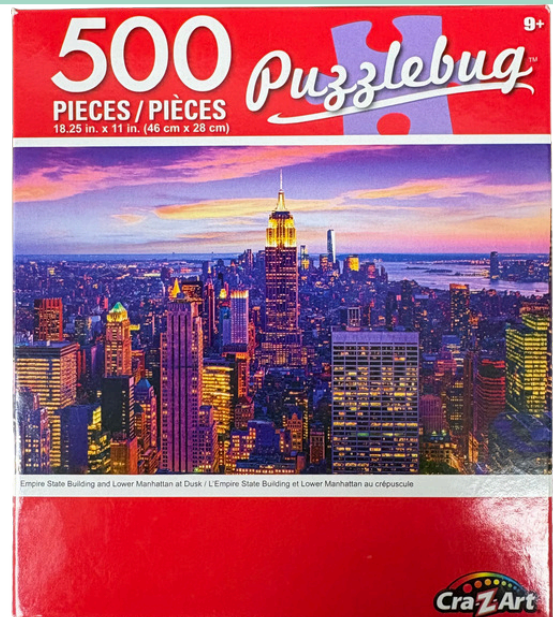
Exploding Kittens  
(1000 pieces)



Space Puzzle  
(40 pieces)



House  
(1000 pieces)



New York Skyline  
(500 pieces)