



# MFRC CHILD AND YOUTH CALENDAR



# APRIL 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>29</p>	<p>30</p>	<p>31</p>	<p>1</p> <p>Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm</p> <p>Youth Drop-in (Ages 6-15) 6:00 - 8:00 pm</p>	<p>2</p> <p>Play Cafe (Ages 0-5) 9:30 am - 12:00 pm</p> <p>Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm</p> <p>Play, Eat, Repeat (Ages 6-15) 6:00 - 8:00 pm</p>	<p>3</p> <p>MFRC CLOSED</p>	<p>4</p> <p>MFRC CLOSED</p>
<p>5</p> <p>MFRC CLOSED</p>	<p>6</p> <p>MFRC CLOSED</p>	<p>7</p> <p>Stay and Play (Ages 0-5) 10:00 - 11:30 am</p> <p>Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm</p>	<p>8</p> <p>Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm</p> <p>Youth Drop-in (Ages 6-15) 6:00 - 8:00 pm</p>	<p>9</p> <p>Play Cafe (Ages 0-5) 9:30 am - 12:00 pm</p> <p>Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm</p> <p>Youth Explore Zone: Creative Creations (Ages 9-12) 6:00 - 8:00 pm</p>	<p>10</p> <p>Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm</p> <p>Kids Connection Corner: PJ, Popcorn &amp; Movie Night (Ages 6-8) 6:00 - 8:00 pm</p>	<p>11</p> <p>Youth Drop-in (Ages 9-17) 1:00 - 4:00 pm</p>
<p>12</p> <p>MFRC CLOSED</p>	<p>13</p> <p>Play Cafe (Ages 0-5) 9:30 am - 12:00 pm</p> <p>Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm</p>	<p>14</p> <p>Stay and Play (Ages 0-5) 10:00 - 11:30 am</p> <p>Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm</p>	<p>15</p> <p>Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm</p> <p>Youth Drop-in (Ages 6-15) 6:00 - 8:00 pm</p>	<p>16</p> <p>Play Cafe (Ages 0-5) 9:30 am - 12:00 pm</p> <p>Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm</p> <p>Teen Take Over (Ages 13-17) 6:00 - 8:00 pm</p>	<p>17</p> <p>Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm</p> <p>Youth Explore Zone: PJ, Popcorn &amp; Movie Night (Ages 9-12) 6:00 - 8:00 pm</p>	<p>18</p> <p>Teal Up Day Family Event (All Ages) 1:00 - 4:00 pm</p>
<p>19</p> <p>MFRC CLOSED</p>	<p>20</p> <p>Play Cafe (Ages 0-5) 9:30 am - 12:00 pm</p> <p>Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm</p>	<p>21</p> <p>Stay and Play (Ages 0-5) 10:00 - 11:30 am</p> <p>Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm</p>	<p>22</p> <p>Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm</p> <p>Youth Drop-in (Ages 6-15) 6:00 - 8:00 pm</p>	<p>23</p> <p>Play Cafe (Ages 0-5) 9:30 am - 12:00 pm</p> <p>Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm</p> <p>Kids Connection Corner: Creative Creations (Ages 6-8) 6:00 - 8:00 pm</p>	<p>24</p> <p>Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm</p> <p>Community Meet Ups: MOMC Trivia and Bingo (All Ages) 6:00 - 7:30 pm</p> <p>Teen Take Over (Ages 13-17) 6:00 - 8:00 pm</p>	<p>25</p> <p>Youth Drop-in (Ages 9-17) 1:00 - 4:00 pm</p> <p>Family Connections: MOMC Family Dinner and Movie Night 4:00 - 6:00 pm</p>
<p>26</p> <p>MFRC CLOSED</p>	<p>27</p> <p>Play Cafe (Ages 0-5) 9:30 am - 12:00 pm</p> <p>Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm</p>	<p>28</p> <p>Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm</p>	<p>29</p> <p>Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm</p> <p>Youth Drop-in (Ages 6-15) 6:00 - 8:00 pm</p>	<p>30</p> <p>Play Cafe (Ages 0-5) 9:30 am - 12:00 pm</p> <p>Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm</p> <p>Game On! (Ages 6-15) 6:00 - 8:00 pm</p>	<p>1</p> <p>MFRC CLOSED</p>	<p>2</p> <p>MFRC CLOSED</p>

For more information, please contact us:

780-973-4011 ext. 528-6300 | [information@mfrcedmonton.com](mailto:information@mfrcedmonton.com) | [CFMWS.ca/Edmonton/MFRCPrograms](http://CFMWS.ca/Edmonton/MFRCPrograms)

# MFRC CHILD & YOUTH PROGRAMS

## **Youth Drop In | No Fee**

Open to youth (ages 6-17) and offers the ability to move freely throughout the centre with a variety of activities to choose from. For details, please refer to the calendar for age groups, dates, and times. Please note, weekday times are NOT offered on Sturgeon School Division non-school days (i.e. PD Days, Teachers' Convention, Spring Break, etc.).

## **Play Cafe | Drop In Program | No Fee**

Our free drop-in Play Cafe provides a wonderful opportunity to spend time with your children (ages 0-5) and get to know other parents and caregivers in the military community. The space includes a story corner, craft tables, refreshment area and outdoor playground (weather permitting).

## **Play, Eat, Repeat | Registered Program | No Fee**

Enjoy food, fun and friendly competition as we celebrate the important contributions military children bring to the CAF community! Youth are invited to enjoy dinner, meet new friends and have a blast playing a variety of video games and board games. Participants will each receive a sandwich, cookie and chips from Subway to fuel the fun!

## **Stay & Play | Registered Program | \$2 per family**

Parents/caregivers will actively engage with their children through fun activities that focus on early childhood development while building supportive social connections with others. Sessions will include simple activities that you and your child can do at home together. Parents/caregivers and their children 5 years and under are invited to attend.

## **Youth Explore Zone: Creative Creations | Registered Program | No Fee**

Explore your creativity, make connections and have fun! Youth will have the opportunity to make new friends while using a variety of arts and crafts materials to create unique artwork to celebrate the Month of the Military Child on their own or together with their peers. Activities include cotton bud dandelions, dreamcatchers, bubble art and more!

## **Kids Connection Corner: PJ, Popcorn & Movie Night | Registered Program | No Fee**

Join us for PJ, Popcorn & Movie Night! Youth can wear their pj's, enjoy some snacks and watch the animated comedy heist film Bad Guys 2 while they connect with their peers. Popcorn and refreshments will be offered during the movie.

## **Teen Take Over | Registered/Drop In Program | No Fee**

Come explore video games, computers, art and science materials, board games or bubble hockey... it's your choice! Youth will have free choice to participate in all the activities offered throughout the space while having fun with their peers, building friendships, social skills, confidence and more.

## **Youth Explore Zone: PJ, Popcorn & Movie Night! | Registered Program | No Fee**

Join us for PJ, Popcorn & Movie Night! Youth can wear their pj's, enjoy some snacks and watch the comedy adventure film Sonic 3 while they connect with their peers. Popcorn and refreshments will be offered during the movie.

## **Teal Up Day Family Event | No Fee**

Teal Up with us to celebrate the strength and resiliency of our military children with a fun-filled day of crafts, games, face painting, glitter tattoos, a scavenger hunt to win PRIZES, and more!

## **Kids Connection Corner: Creative Creations | Registered Program | No Fee**

Explore your creativity, make connections and have fun! Youth will have the opportunity to make new friends while using a variety of arts and crafts materials to create unique artwork to celebrate the Month of the Military Child on their own or together with their peers. Activities include cotton bud dandelions, dreamcatchers, bubble art and more!

## **Community Meet Ups: MOMC Trivia and Bingo | No Fee**

Ready for some fun and friendly competition? Join us as we celebrate the Month of the Military Child with an exciting evening of family trivia and BINGO! Families are invited to put their knowledge to the test with a trivia challenge and take part in an exciting game of BINGO for a chance to win some fun PRIZES!

## **Family Connections: MOMC Family Dinner and Movie Night | Registered Program | No Fee**

Join us for Family Dinner and Movie Night at the MFRC in celebration of Month of the Military Child! Bring the whole family and cozy up in your comfiest pjs to watch the charming and heartfelt movie Elemental! Families will indulge in delicious sandwiches, snacks and refreshments, all provided for your enjoyment throughout the movie.

In addition, we will have a designated activity space available for those who need a break from the movie. Colouring sheets and crayons will also be provided to keep the little ones entertained.

## **Game On! | Registered Program | No Fee**

Calling all gamers! Join us for an exciting evening filled with thrilling challenges and friendly competition in an unforgettable gaming experience where friendships are forged and skills are honed. Test your resilience, skills and strategies against your peers as part of a team or individually. A variety of video games will be available for youth to play. Grab your controllers and let the games begin!