



The Commander 4th Canadian Division Support Group

COMMENDATION

Is presented to

Southwestern Ontario PSP

The Southwestern Ontario Personnel Support Program (PSP) Detachment has been awarded the Commander 4th Canadian Division Support Group Commendation in recognition of its unwavering commitment to the well-being of Canadian Armed Forces (CAF) personnel. Through the provision of health promotion training, military fitness programs, recreation activities, and fitness testing, the PSP Detachment Southwestern Ontario has significantly contributed to force generation for both domestic and international deployments. Despite a limited number of staff, they covered a very large area of operations and established new fitness and recreation programs in several reserve armouries. These initiatives have not only supported the physical and mental health of CAF personnel but have also strengthened the bonds within the military community, enabling mission success. Delivered with empathy, passion and a sense of mission-focus, PSP Detachment Southwestern Ontario has played pivotal role in enhancing the operational readiness and well-being of service members across the Southwestern Ontario Region.

T.B. Buchanan
Chief Warrant Officer
Formation Sergeant Major

30/May/2025

Date

N.B. Forsyth
Lieutenant-Colonel
Acting Commander