

EDMONTON MILITARY FAMILY RESOURCE CENTRE

# Annual Report

APRIL 1, 2023 – MARCH 31, 2024



MFSP  
MILITARY FAMILY  
SERVICES PROGRAM



PSFM  
PROGRAMME DES SERVICES  
AUX FAMILLES DES MILITAIRES





# Our Board

Kaetlyn Corbould (Chair)  
Alan Markewicz (Vice Chair)  
Samantha Maloney (Secretary/Treasurer)  
Jacqueline Alderton (Director)  
Kelly Thompson (Director)  
Armande McCormack (Director)  
Cindy Vandervaate (Director)  
Vanessa Wafer (Director)

Ex-Officio Members:  
CWO Drolet, 3 CDSG Rep  
CWO King, 1 CMBG Rep  
CWO Oliveira, 408 Sqn Rep  
CWO McAdam, 1 Health Services Grp Rep

MFRC Patron  
J'lyn Nye

MFSP  
MILITARY FAMILY  
SERVICES PROGRAM

CFMWS.

# Looking Forward

## A MESSAGE FROM THE BOARD OF DIRECTORS

This past year has flown by and along with it our name. In September of 2023, at the Annual General Meeting, the revised by-law was approved. One of the recommended revisions to the by-law was that the name Edmonton Garrison Military Family Resource Centre be altered to the Edmonton Military Family Resource Centre. This change in name better reflects the support the MFRC provides to military and Veteran families and ensures an inclusive approach to family support across the Edmonton metropolitan region.

During 2023 the MFRC was called on, at short notice, to provide assistance to military personnel and their families from Yellowknife following the evacuation of the town due to wildfire risk. The MFRC provided essential crisis intervention, mental health support, emergency child care and drop-in spaces where evacuated families could connect with one and other. As part of the Edmonton Garrison Reception Centre, the MFRC provided emergency supplies to families before and after arrival in Edmonton.

Effective and timely responses to situations such as the evacuation of the Yellowknife families would not be possible without strong leadership, daily teamwork and collaborative efforts by the MFRC staff to ensure appropriate support to the community. The board is incredibly proud of their efforts throughout the year and commend them on their purpose and commitment. We are grateful – thank you.

We committed to build the board while at the same time refreshing our governance practices and revising our strategic plan. We were highly successful in our recruiting drive and now have a full slate of directors dedicated to strong, inclusive and thoughtful governance. The board will shortly undertake the development of the Strategic plan, which will guide the operations of the Centre for the foreseeable future. Foremost in developing the plan will be ensuring we remain a dynamic and responsive organization committed to supporting and assisting military and Veteran families with the resources they need to remain strong members of the community.

Judicious financial management, dedicated, efficient and committed management and staff, outstanding community partners and an effective board of directors focussed on excellence in family support has provide the MFRC with a solid foundation for the future. We are steadfast in our efforts to enrich our community throughout their absences, relocations and transitions.

A note of thanks to the Chain of Command for their unwavering support and, finally, to my fellow board members, who give generously of their time, are unstinting in their belief in the Centre and are woven into the fabric of an ever changing, ever improving MFRC – thank you!

Kaetlyn Corbould, *Board Chair*

## A MESSAGE FROM THE EXECUTIVE DIRECTOR

I am proud of the dedication of our staff, not only during times of crisis but also every day that they go above and beyond to help our military families find the support and resources they need to remain strong and resilient. A heartfelt thanks to our Board of Directors as well, your continued trust and partnership as we work together to make a difference in the lives of military families is truly appreciated. As we look ahead, we will continue in our efforts to forge our path forward toward a strong and bright future for our military families.

Roza Parlin, *Executive Director*



# About the MFRC

## ABOUT US

The Edmonton Military Family Resource Centre (MFRC) is a not-for-profit, charitable organization committed to enriching the lives of individuals and families in the Canadian Armed Forces (CAF) through positive action, education and support.

The Edmonton MFRC is the only local non-profit organization nationally mandated as the frontline service provider to Canadian military families.

Absences from family support systems, difficulties during deployments, solo parenting or coping with an injury or loss are realities for military families; realities which can have a significant impact on family well-being.

For over 35 years the MFRC has been committed to supporting military families as they navigate these unique challenges through programs and services in the areas of mental health and wellness, deployment support, community integration and outreach, relocation support to families as they move from one location to another, child and youth programs and support services, and preventative workshops and programs.

## OUR STRUCTURE

We are governed by a volunteer Board of Directors comprised of military family members, CAF members, and ex-officio members. The MFRC depends on the talents and skills of these dedicated volunteers to make guiding decisions. At least 51% of the Board membership must be family members of full-time serving CAF personnel. Qualified staff from a variety of backgrounds direct and coordinate MFRC programs and services.

## MISSION

The Edmonton Military Family Resource Centre supports military families as they navigate the unique challenges of military life through programs and services that enhance their strength and resilience.

## CORE VALUE STATEMENT

Strong military families are the foundation of the Canadian Armed Forces.



Upon receiving our posting message, we contacted the MFRC for assistance and guidance. The MFRC team provided a wealth of information to help us get started on our relocation journey. Within a week, we had valuable insights into neighbourhoods near the base, details on local schools, and assistance obtaining our provincial health cards. With our two daughters changing schools mid-year, we were concerned about their adjustment and making new friends. To address these concerns, the Child and Youth Coordinator facilitated our enrollment in on-site programming for our girls once we arrived. Thanks to the support of the MFRC, we felt as prepared as we could be for our move.

- Anonymous





### RELOCATIONS

Postings can be a difficult and emotional time. Information and referral services are available for military families who are moving and settling into their new community.



### ABSENCES

Deployments and work-related absences can be difficult, not only for the person deploying, but for those who are left behind. Military families can access support through essential programs and services before, during and after an absence.



### TRANSITIONS

Moving to civilian life and releasing from the military can be challenging for not only the member but also for the family, and even more so when the release is the result of an illness or injury. Support for the Veteran family as they ease that transition is provided through enhanced information and referral services, and specialized transition programs.

# Relocation Support

## COMMUNITY INTEGRATION

The faster a military family gets settled into and connected with their new community, the better they fare. The MFRC helps families before, during and after they relocate.

For families about to move to Edmonton, our Relocation team offers pre-posting packages and customized information on the Edmonton area. When families arrive in Edmonton, they receive a welcome package either for singles or families that is customized for new baby, youth and/or pets. CAF members can also ask our Relocation team to reach out to their families with welcome calls and emails to answer any questions they may have.

The MFRC offers support to help families who are settling into their new community through programs such as Community Meet Ups. Families can make friends, explore different interests and build their support system while connecting with each other to learn a new skill or enjoy a creative activity like pottery or paint classes. In 2023/24, engagement in the monthly sessions continued to increase reflecting a 59% rise in participants compared to the previous year, and an average of two new attendees at each session who had never accessed MFRC programming before.

The month of April is dedicated to the Month of the Military Child (MOMC) in recognition of military children for their strength and resiliency as well as the important contributions they make to our CAF community. To celebrate, the MFRC lit up the City of Edmonton's High-Level Bridge in teal, spread awareness through the media, collaborated with local schools to encourage their participation, and planned programs and events to educate the community on the unique challenges military children face during times of frequent change. For 2023/24, attendance for the annual Teal Up Day event increased by 49% and provided a meaningful opportunity for families to interact, build friendships, strengthen their sense of community and learn about the symbol of the military child – the dandelion.

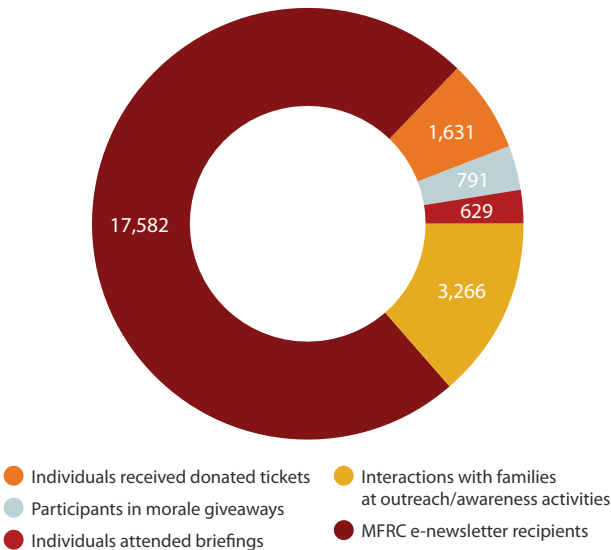
In partnership with PSP, the MFRC once again held its annual community welcome event Fall Fest. Over 600 military, Veteran and Defence Community members and their families attended the event to learn about their new community, meet other military families and discover programs and services available to them at CFB Edmonton.

## OUTREACH

Raising awareness of the MFRC and ensuring we are a part of our community is crucial to helping families know how we are there to support them.

The MFRC's e-newsletter and social media channels continue to be an effective way to reach families, as well as briefings with military and community groups. In 2023/24, MFRC social media channel engagement on Facebook and Instagram increased by 41%.

Event organizers and community partners generously donated tickets to entertainment events which helped families explore their community.



## EDUCATION AND EMPLOYMENT

Military families relocating to a new community may need support for education, employment or entrepreneurship. In 2023/24, the MFRC had a 30% increase in families reaching out for employment support from previous years and 91 new clients.

The MFRC helped individuals update their resumes, gave helpful advice for improving their job search, and linked individuals with local employment agencies that matched their skills and expertise. In 2023/24 we continued to provide entrepreneurial resources to military families interested in owning a business.

Families also came to the MFRC for help finding schools and education programs, ranging from where they could get first aid training to improve their skills, to what French-language post-secondary options were available.

The partnership with Trenton MFRC to develop and co-host a short Podcast on When to Disclose a Disability When You are Looking for Work continues to be a helpful resource for families. The Podcasts are on Spotify under "Your Employment Detective".

The MFRC was pleased to once again offer in-person Practicum Students. Through a partnership with MacEwan University, we had the pleasure of having a Social Work Practicum student complete 400 hours and a Child and Youth Practicum student complete 120 hours at the MFRC.

Nearly \$9,800 in funding was received from the Support Our Troops Fund. This program is supported from the sale of Support Our Troops license plates by the Government of Alberta and provides funding for military spouses to take short-term recertification, training or education courses that will assist in securing employment.





# Relocations Support

## LANGUAGE SERVICES

Relocating to a new community where the language is unfamiliar to you can be challenging. The MFRC provides information and resources to connect military families to the local Francophone community and offers English/French language training.

Registrations for our language courses continue to increase with the most classes ever being offered in Edmonton this past year.

- Skill assessments are done on an ongoing basis, with courses offered at the level that works for the greatest number of individuals.
- Courses are offered online to allow learners outside of Edmonton to join.
- By partnering with other MFRCs, course levels are being offered through referrals to another location if one isn't being offered locally.

To help our Francophone community feel at home, the MFRC once again hosted a Saint-Jean-Baptiste celebration in June and saw its largest number of participants registered. Over 300 people came together for a celebration of French heritage and culture. The event was well received with amazing feedback given from participants, community partners and vendors. For March's Month of the Francophonie, the first edition of the MFRC Sugar Shack event was held with 197 participants in attendance. The MFRC also brought a Sugar Shack to 240 staff and students at Guthrie School to enjoy.

The MFRC Café Frenchy program, a French conversation group, has become a true support system for francophone CAF members and their families whose first language is French. This program continues to help foster connections, build support networks, and bring people together to practice their French language skills. Participants are seeing each other outside of this monthly program and helping one another when loved ones are away on deployment, including spending Christmas together rather than being alone for the holidays.

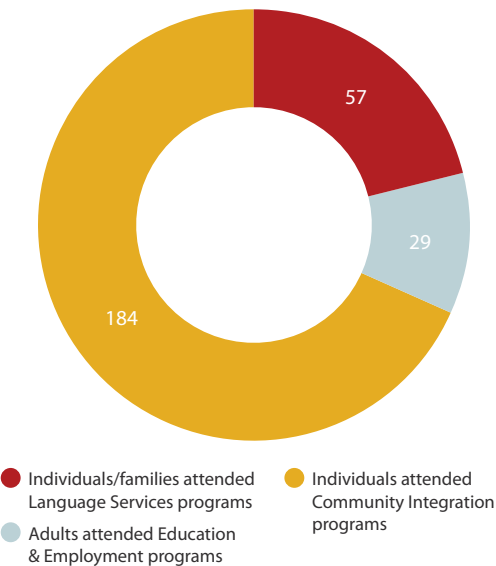
Language Services also supports many MFRC programs and services, to be able to deliver MFRC programming in a bilingual format.

## SUPPORT FOR FAMILIES WITH SPECIAL NEEDS

From the point a family is posted to Edmonton to well after they've moved in, the MFRC provides assistance for families as supports for special needs differs greatly between provinces.

The MFRC helps families navigate what programs, services and financial support are available, and connects families with local support systems to suit their needs. In 2023/24 we had an increase in the number of individuals contact us for one-on-one support services compared to previous years, and the dependents needs increased in complexity of services.

In March, the MFRC hosted a Special Needs Support Workshop for parents/caregivers of children with special needs and disabilities to learn important tools, strategies and resources from experts in the special needs and disability field. Participants expressed how beneficial this workshop was in equipping them with the tools and knowledge to provide the best care for their children.





**242 families and  
452 single members**  
received welcome packages

**1,515 individuals**  
attended community  
outreach events

**400 families**  
received general navigation  
assistance and referrals

**1,022 individuals**  
used the MFRC to assist  
with settling into their  
new community

# Absence Support

Military families face frequent postings across the country, exercises and deployments. On average, military members spend one quarter of their service time away from home on duties.

During deployment, families and loved ones may face challenges of being separated. Returning home from deployment can also be challenging in a variety of ways - not only adjusting to a new routine, but also from experiences while deployed.

For the 2023/24 fiscal year, families continued to experience multiple waves of separation throughout training, courses, and deployments, both foreign and domestic. The Deployment Team strived to reconnect families who were experiencing a work-related absence to the MFRC through navigational support and resources via monthly check-in emails, programs and referrals. The response to the monthly and re-integration check-ins that were sent were well-received. Families greatly appreciated the time and energy the deployment team dedicated to ensuring they were supported during these challenging times.

The program Stronger Relationships with the 5 Love Languages continues to provide families with techniques to develop positive communication with each other and support healthy relationships. Families were very open to sharing some of their real-life experiences and ideas with the Padre.

In addition, the MFRC continued to offer programs such as OP Coffee to help families build their support system amongst peers within the military community during periods of work-related absences.

## CHILD CARE NAVIGATOR

With frequent moves to new locations and family members often away for work, military families face unique challenges when it comes to accessing child care services.

The MFRC Child Care Navigator role was introduced as a new pilot project for 2023/24 that provides navigational support to military families who are experiencing child care related challenges.

By sharing tools, resources and information, this role helps connect families to programs and services and assisted them in their search for child care options in the community.

In addition, this role manages both a child care provider and a teen babysitter registry list to assist families who are looking for private and licensed child care and/or babysitting services in the Edmonton area.

- 18 families received child care navigation support
- 45 families received child care navigation assistance and referrals



Over the past 4 years, our family has been fortunate enough to be able to utilize the services and programs offered through the MFRC. I cannot stress enough how great these programs are. Whether you participate individually like I have with Mental Health Services, Health for Two, Deployment support and Walk Talk and Connect, or as a couple like we did for Mindfulness and Bounce Back and Thrive, and as a family with our children at Stay and Play. Make it a date night, family time, self-care - it is so worth it. You will never feel out of place or unsupported. They are confidential and non judgemental. I highly recommend all the above programs and look forward to continuing to participate.





**1,515 individuals**  
accessed deployment services

**239 families**  
received deployment navigation  
assistance and referrals

**1,154 emails  
and 95 calls**  
were made to families whose  
member was away for work

**378 individuals**  
attended deployment briefings

**89 individuals**  
accessed deployment  
and work-related absence  
programs and workshops

# Mental Health and Wellness

Military and Veteran families face unique barriers and due to the nature of the military lifestyle, navigating some of these challenges can be isolating. The MFRC Mental Health and Wellness Team is an integral part of the services provided to our military and Veteran families as they navigate these challenges, whether that be through crisis intervention, counselling, system navigation, or mental health and wellness programming.

With over 130 new clients and a caseload of approximately 20 regular clients per family support worker, the Mental Health and Wellness Team supported nearly 250 clients in the 2023/24 fiscal year. 42% of which were youth between the ages of six and 17.

The Mental Health and Wellness team are responsive and adaptable to the needs of our military and Veteran families. This team is able to pivot their focus quickly to prioritize programs and services based on the needs of the community. The team became trained in the Zones of Regulation for implementation within their counselling sessions with children.

The Moms Support Group showed steady growth this year, tackling the unique challenges of parenting amid the unique challenges of the military lifestyle. The 2023/24 fiscal year saw an influx in military spouses seeking support while experiencing their first deployment. Participants who met each other within the Moms Support Group sessions spent time together outside of the group and even provided child care for one another amid their spouses' work-related absences.

Additional programs in this area consisted of Coping Skills Bootcamps for youth with sessions offered in person and virtually, as well as Mindfulness Coaching which was implemented as a hybrid approach in the 2023/24 fiscal year to expand geographical reach and improve accessibility.

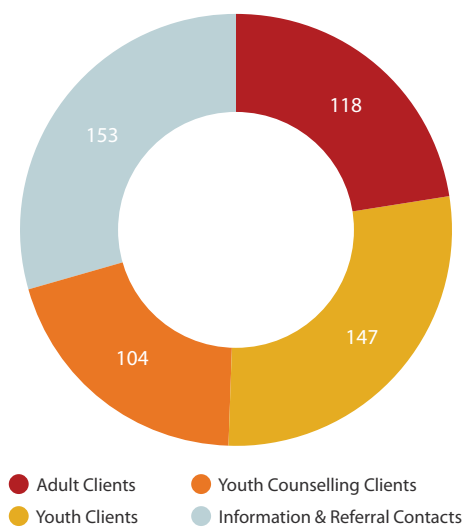
In October, the MFRC and other base partners worked to raise awareness of the national Healthy Relationships campaign through a variety of means including indoor/outdoor banners and a social media campaign across all platforms.

## EMERGENCY FAMILY CARE ASSISTANCE (ECFA)

Military families are encouraged to have a Family Care Plan (FCP) to support their child care needs when the member is required to be at work. Even with a plan in place, families may sometimes face situations where conditions of service in the CAF prove too challenging for the FCP to accommodate. When this happens, additional child care support may be available through the MFRC by way of subsidizing a child care request through direct child care services, expense reimbursement or through the coordination of independent care services on a short term basis.

Parents and/or guardians can speak with a Mental Health and Wellness Family Support Worker in-person or over the phone for assistance in developing a plan that best suits the well-being of the family and children during times of stress.

Requests for Emergency Family Care Assistance (EFCA) increased for 2023/24 with the Mental Health and Wellness Team providing assistance in supporting other avenues for child care as required.



### FAMILY LIAISON OFFICER

Family members who are coping with a military member's illness, injury or death can work with the MFRC Family Liaison Officer (FLO) for free short-term assistance throughout a members' recovery, rehabilitation, reintegration or transition including:

- Short-term individual counselling and crisis support
- Referrals to mental health and prevention-based program services
- Tailored assistance to Families of the Fallen
- Outreach support to families within the Edmonton area

The Family Liaison Officer, along with the Mental Health and Wellness team, hosted an open house for Transition Centre staff to enhance partnerships and provide more comprehensive support to transitioning members and their families.

The Family Violence Advisory Team supported a number of base partners, including MFRC staff, Transition Centre, FCSS and Military Police to attend the Diverse Voice Conference. The Family Liaison Officer was also a guest on PSP Health Promotion's podcast to discuss Healthy Relationships and available MFRC services.

In addition, the 2023/34 fiscal year saw its inaugural Shining a Light of Remembrance program which brought over 50 families together to foster connections, including those spanning multiple generations. The purpose of this immensely successful Remembrance Day program was for participants to create a lantern of Remembrance to shine a light on Canada's Veterans and fallen heroes, the current serving members of our military and those who devote their lives in service.

### VETERAN FAMILY PROGRAM

The MFRC supports medically releasing CAF members, medically releasing Veterans, and their families by helping to ease the transition and provide enhanced information and referral services, specialized transition programs, access to community-based education and prevention programs, supports and services, as well as navigating:

- The complex process of releasing
- The challenges that may arise
- The impacts that can happen to social, emotional and financial well-being

The Veteran Family Program Coordinator (VFPC) collaborated closely with OSSIS to strengthen connections between the teams and streamline referrals during the 2023/24 fiscal year. Through community partnerships, the VFPC committed nearly 250 hours to community engagement and outreach activities in support of Veteran families.

In addition, the Mental Health First Aid (MHFA) program ran two full cohorts, one virtually and one in-person, and certified 36 new Mental Health First Aiders.

**141 individuals**  
accessed Mental  
Health and Wellness  
programming

**Over 3300 hours**  
of direct client care were  
provided to families

**23 families** received  
**1139.50 hours**  
of care through the  
EFCA program



# Child and Youth

## CHILD AND YOUTH PROGRAMMING

The MFRC offers a variety of activities and programs to promote healthy child and youth development as well as parenting support programs.

In 2023/24, the MFRC created the Family Connections program to bridge the gap between adult and child programming. This monthly program offers families the opportunity to meet and connect with each other through different activities such as movie and paint nights, bowling and more. In February, the Family Sweetheart Dance was well-received with 58 individuals in attendance for an evening of music, desserts, photos and of course dance.

The MFRC partnered with the Dolly Parton Imagination Library of Canada to give military families the opportunity to read and connect with each other in the comfort of their home. This free book gifting program provides children under the age of five with high quality, age-appropriate books in the mail, free of charge.

As an initiative to help the Yellowknife military family evacuees who were displaced from wildfire risk, the MFRC opened a drop in space for families with kids to gather and connect. The drop in space was quickly made into a regular weekly program known as Play Café after receiving positive feedback and interest from our local families. The program began with one morning a week and within a few months expanded to be offered twice a week and continues to remain a popular gathering place for military families.

## CHILD CARE

The MFRC's Daycare, Playschool and Terrific Twos and Threes programs provide an inclusive, encouraging environment for children to learn through play.

In November, the Daycare reopened the infant classroom Happy Helicopters for the first time since COVID. The classroom opened with four infants and continued to welcome additional children throughout the 2023/24 year.

As the field of child care education is constantly evolving with new research, methodologies and regulations, our team continues to engage in professional development opportunities to keep up with industry changes and enhance their professional skillset.



The Dolly Parton Imagination Library has been a lot of fun for our family and a great way for us to connect. Watching our son light up with excitement as he waits for his new book to arrive each month, eagerly checking the mailbox, and enjoying the special moment of opening up his own mail has been amazing. We have been able to read new books each month and enhance my son's love for literacy. Huge thanks to the Edmonton MFRC for creating such a fun and meaningful experience for us!

- Anonymous



**52 children**

attended child care  
programming

**409 books**

were distributed to  
73 children from military  
families thanks to the  
Dolly Parton Imagination  
Library of Canada

**1,865 individuals**

participated in child, youth  
and parented programs

# Funding

The MFRC is funded through four separate but equally important sources: the CFB Edmonton Base Commander; Military Family Services (MFS); program fees/other; and fund development.

## BASE COMMANDER

10% of the annual operating budget came from the Base Commander. This funding is directed to site-specific and enhanced mandated services.

## MILITARY AND FAMILY SERVICES (MFS)

Military and Veteran Family Services (MFSVP), a division of Canadian Forces Morale and Welfare Services (CFMWS), provides 48% of the annual operating budget to enable the MFRC to implement the Military and Veteran Family Services Program and support Canadian Armed Forces (CAF) and Veteran families.

Funding is provided for mandated services set out in the annual funding application submitted to MFS. This process ensures that all military families may access similar programs of consistent quality at any CAF base. These mandated services for 2023/24 included:

- Supporting families while members are on work-related absences
- Supporting families relocating to the Edmonton area
- Mental health and wellness
- Child and youth development
- Veteran family support

## PROGRAM FEES AND OTHER FUNDING

27% of the annual operating budget came from provincial funding as well as fees collected directly from families enrolled in user-funded programs and services.

## FUNDRAISING

15% of the annual operating budget came from funds raised through a variety of sources including donations, proceeds from the sale of yellow ribbon merchandise, and special events.

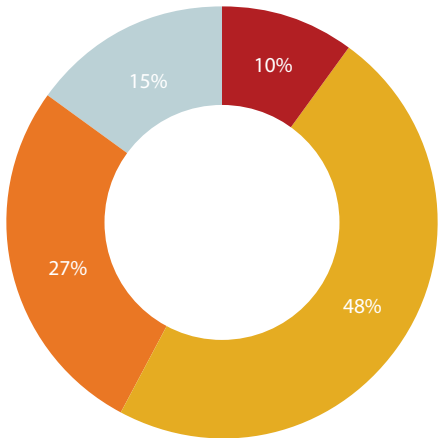
## FUND DEVELOPMENT

Through funding and donations, the MFRC provides and facilitates support that is essential for families to remain strong members of their communities.

2023/24 was a successful year for our annual fundraising events and third-party activities which allows the MFRC to continue to provide programs and services our military families rely upon. The MFRC received continuing support from the Frontline Celebrity Golf Tournament, Edmonton Oil Kings Alumni Golf Tournament and the Tim Horton's Smile Cookie campaign.

The 17<sup>th</sup> annual Yellow Ribbon Gala and Silent Auction, the MFRC's largest annual fundraiser, was once again held in May to bring public awareness about the importance of supporting military families.

The MFRC extend its gratitude to the individuals within our community who consistently purchase Yellow Ribbon merchandise and ornaments, demonstrating unwavering support for military families.



- Base Commander
- Provincial Funding
- Military Family Services
- Fundraising



**\$58,528**

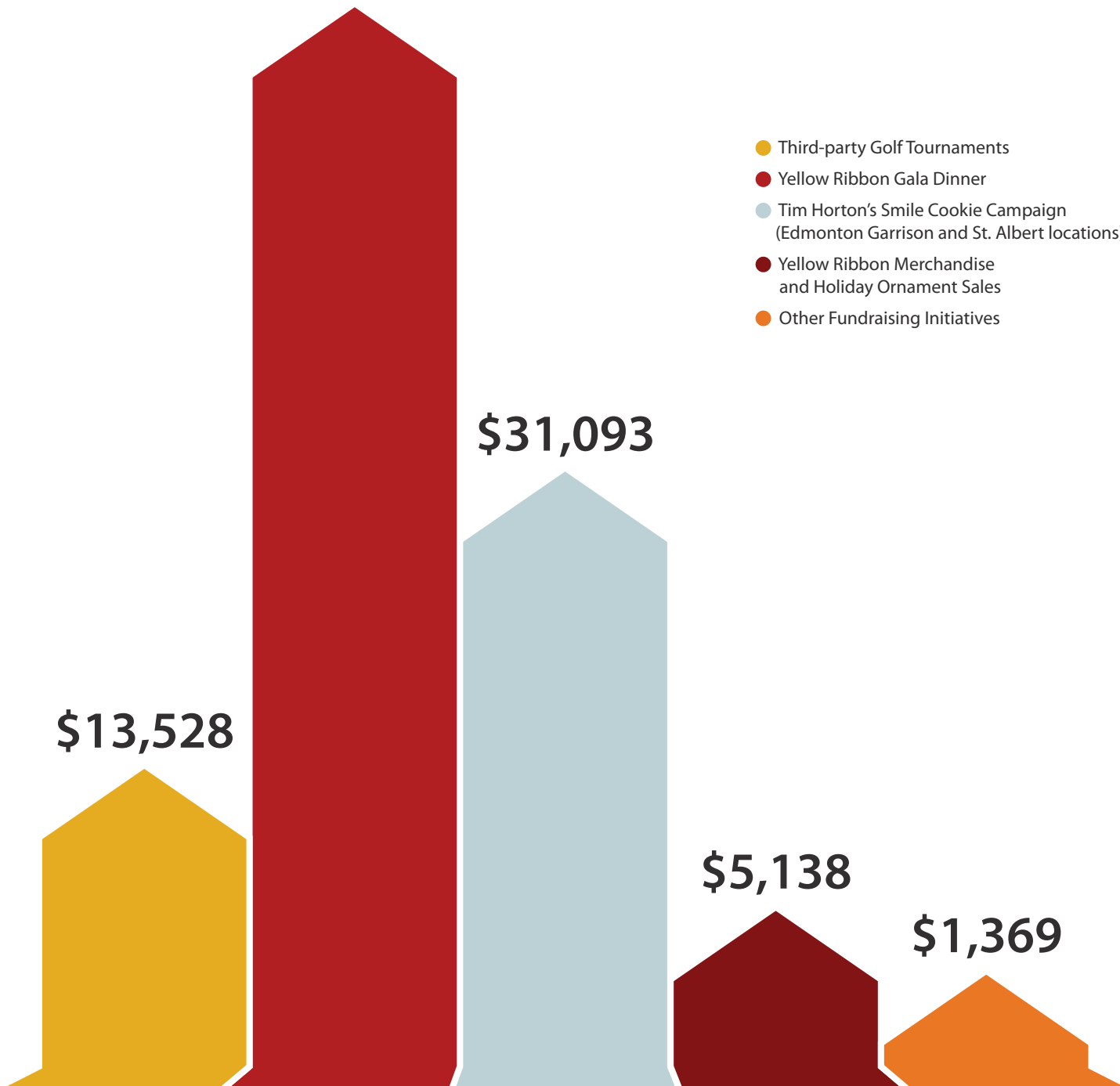
- Third-party Golf Tournaments
- Yellow Ribbon Gala Dinner
- Tim Horton's Smile Cookie Campaign  
(Edmonton Garrison and St. Albert locations)
- Yellow Ribbon Merchandise  
and Holiday Ornament Sales
- Other Fundraising Initiatives

**\$31,093**

**\$13,528**

**\$5,138**

**\$1,369**



# Sponsors & Donors

The support of our sponsors and donors is critical to the MFRC's ability to maintain the existing quality of essential programs and services. Thank you to the individuals and corporate sponsors for their generous support of the MFRC during the 2023-2024 fiscal year! Every effort has been made to ensure recognition for all sponsors and donors who contributed this fiscal year. If any errors or omissions have occurred; please contact MFRC Fund Development at 780-973-4011 ext. 2285.

## **\$15,000+**

Edmonton Salutes  
The South Alberta Light Horse Regiment Foundation

## **\$5,000 - \$14,999**

ATB Financial  
Canada Company  
Canadian National Railway  
Calgary Foundation  
Edmonton Oil King Alumni  
Servus Credit Union  
Sturgeon County  
The Estate of Dennis A. Strilchuk  
Tim Horton's Advertising and Promotion Funds (Canada) Inc.

## **\$1,000 - \$4,999**

Alan and Valerie Markewicz  
Andrew MacIsaac  
Arbor Memorial – Evergreen Memorial Gardens  
Army Navy and Airforce Veterans Association  
Boston Pizza Namao Centre  
Chris and Lisa LaBossiere  
Edmonton Kenworth Ltd.  
Edmonton International Airport  
Inmotion Network Promoting  
Joel and Deborah Mullan  
John D Slater  
MHCare Medical  
Myron Keehn  
Smitty's  
St. Albert Knights of Columbus Council #4742  
Starlight and Grand Villa Casino  
Town of Gibbons  
Town of Morinville  
Trevor Friesen  
West Side Acura

## **\$100 - \$999**

Amarjeet Sohi  
Amber Scott  
Andrew Lions Club  
Andrew Sharman  
Barbara Harrigan  
Bill and Helen Romanchuk  
Brent Kelland  
Brigitte Gilmore  
Canada Lands Company  
Cape DM Inc.  
Carmen Nolette  
Carole and Bernard (Bart) West  
Christopher and Sheila Lupul  
Cole Pethybridge  
CWO Patrice Chartrand  
Dale Nally  
Dan McInnis  
Dave and Jenni Mann Davies  
Edward and Brenda Straw  
Erin Rutherford  
Francis Silvaggio  
HCol Ken and Vickie Pilip  
His Honour Zaheerali Lakhani  
J. Angus and Heather Watt  
James Shewchuk  
Jayson Thomas  
Joel and Deborah Mullan  
John R Harrison  
John MacDougall  
Kaetlyn and Andre Corbould  
Karen Principe  
Kayla Bruce  
Kim Earles  
Ladies Auxiliary to the Royal  
Canadian Legion 86  
Larry Lannon  
Lois Dvosky  
Marilyn Cruikshank  
Mark and Helen Comerford  
Martin and Peggi Ferguson-Pell  
Mary Bludd  
Melissa Flaherty  
Michael Killick  
Natalie Forcier  
Patrick Ponech  
Paul F Wynnyk  
Richard Valdemarca  
Rick Palfrey  
Robert and Carol Snyder  
Robert and Victoria Torrie  
Robin and Armande McCormack  
Royal Canadian Legion Edmonton  
Royal Canadian Legion Edmonton  
#215 Ex Service Women  
Samantha and Chris Maloney  
Sandra Sutter  
Society of Vintage Characters  
Steve Maybee  
Susan and John Hokanson  
Terry Moroz  
Thomas and Pamela Acheson  
Thomas Bradley  
Valley Zoo Development Society  
Vicars School of Massage Therapy

# Community Partners

1 CMBG Units, Family Support  
Representatives  
3CDSG  
Ability4Good  
Association canadienne française de l'Alberta  
Alliance française  
Alberta Health Services  
Bank of Montreal (BMO)  
Base Chaplains  
Base Mental Health  
BGS Career Ventures  
Bredin Works for Internationally  
Educated Professionals  
Calian  
Camp Maple Leaf  
Careers Under Construction  
Carepros  
Centre for Family Literacy  
Challenge Factory  
Child and Family Services  
Children's Autism Services of Edmonton  
CFMAPs  
Conseil Scolaire Centre Nord  
Creative Child Care Consulting Services  
Edmonton Chamber of Voluntary  
Organizations  
Edmonton Garrison Community Library  
Edmonton Garrison Memorial Golf  
and Curling Club  
Edmonton Veteran Working Group  
ECLC  
Ember Healthcare  
Employabilities  
Equitek  
Families First Society (Fort Saskatchewan)  
Family Information Line  
Family Support for Children with  
Disabilities (FSCD)

Father Involvement Network (FINER)  
Federation of the Francophone Parents  
of Alberta (FPFA)  
First Choice First Aid  
Forces@Work  
Francophone Education Alberta  
Gateway Association  
Glengarry Child Care Society  
Getting Ready for Inclusion Today (GRIT)  
Guthrie School  
HomeFront Secure  
HOPE  
Inclusion Alberta  
Inclusion Edmonton  
Inclusive Education Canada  
Institut Guy-Lacombe de la Famille  
Jessica Martel Foundation  
Kids Help Phone - CAF KIDS Program  
Legacy Place  
MacEwan University  
MCG Careers (Fort Saskatchewan)  
Military Family Doctor Network  
Morinville Family and Community  
Support Services (FCSS)  
Morinville Public School  
Nutritional Students Teaching Exercising  
with Parents (NSTEP)  
Official Languages Centre  
On Site Placement Services  
Operational Stress Injury Social Support  
Prince's Trust Entrepreneurial Program  
Projet Espoir  
PSP Edmonton Sports and Recreation  
PSP Edmonton Health Promotion  
Royal Canadian Legion  
Scholastic  
Sexual Assault Centre of Edmonton

Shine Foundation  
SISIP Financial  
Sobeys – Eat Well Baskets  
Southern Alberta Light Horse Foundation  
St. Albert Further Education  
Strongest Families  
Sturgeon Adult Learning Council  
Sturgeon Family Support  
Sturgeon School Division  
Support Our Troops  
Tim Hortons – Lancaster Park  
Today Centre  
Together We Stand  
Transition Centre Edmonton  
Triple P Parenting  
University of Alberta  
Valour Park Association (VPA)  
Valour Place  
Veteran Affairs Canada  
Veterans Association Food Bank – Edmonton  
Veterans Service Centre  
Volunteer Alberta  
Zebra Centre



# Military Families. Strength Behind the Uniform.

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