

Rec Fitness February 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat	Notes
1	2 Spin with Mel 6:00-7:00pm	3 Underground Fitness with Tony 6:00-7:00pm	4	5	6	7 Underground Fitness 9:00-10:00	<div> Your Adult workout classes Drop-in rates REC Member: \$8.21 Non REC: \$10.71 Taxes included Looking for a fitness class membership or punch card? Visit the REC Office during open hour </div>
8	9 Spin with Mel 6:00-7:00pm	10 Underground Fitness with Tony 6:00-7:00pm	11 Spin with Mel 5:30-6:30pm	12	13	14 Underground Fitness 9:00-10:00	
15	16	17 Underground Fitness with Tony 6:00-7:00pm	18 Spin with Mel 5:30-6:30pm	19	20	21 Underground Fitness 9:00-10:00	
22	23	24 Underground Fitness with Tony 6:00-7:00pm	25 Spin with Mel 5:30-6:30pm	26	27	28 Underground Fitness 9:00-10:00	

