


MAY 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	1	2
					Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm Kids Connection Corner: PJ, Popcorn & Movie Night (Ages 6-8) 6:00 - 8:00 pm	Youth Drop-in (Ages 6-15) 1:00 - 4:00 pm
3	4	5	6	7	8	9
	Play Cafe (Ages 0-5) 9:30 am - 12:00 pm Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm	Stay and Play (Ages 0-5) 10:00 - 11:30 am Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm	Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm Home Alone Safety (Ages 10 - 15) 5:30 - 7:30pm Youth Drop-in (Ages 6-15) 6:00 - 8:00 pm	Play Cafe (Ages 0-5) 9:30 am - 12:00 pm Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm Kids Connection Corner: B-I-N-G-O! (Ages 6-8) 6:00 - 8:00 pm	Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm Youth Explore Zone: PJ, Popcorn & Movie Night (Ages 9-12) 6:00 - 8:00 pm	Youth Drop-in (Ages 9-17) 1:00 - 4:00 pm
10	11	12	13	14	15	16
	Play Cafe (Ages 0-5) 9:30 am - 12:00 pm Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm	Stay and Play (Ages 0-5) 10:00 - 11:30 am Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm	Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm Youth Drop-in (Ages 6-15) 6:00 - 8:00 pm	Play Cafe (Ages 0-5) 9:30 am - 12:00 pm Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm Youth Explore Zone: B-I-N-G-O! (Ages 9-12) 6:00 - 8:00 pm	Kids Connection Corner: Game Night (Ages 6-8) 6:00 - 8:00 pm	MFRC CLOSED
17	18	19	20	21	22	23
MFRC CLOSED	MFRC CLOSED	Stay and Play (Ages 0-5) 10:00 - 11:30 am Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm	Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm Youth Drop-in (Ages 6-15) 6:00 - 8:00 pm	Play Cafe (Ages 0-5) 9:30 am - 12:00 pm Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm Teen Take Over (Ages 13-17) 6:00 - 8:00 pm	Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm Choose Your Own Adventure (Ages 6-15) 6:00 - 8:00 pm	Youth Drop-in (Ages 6-8) 1:00 - 4:00 pm
24	25	26	27	28	29	30
	Play Cafe (Ages 0-5) 9:30 am - 12:00 pm Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm	Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm	Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm Youth Drop-in (Ages 6-15) 6:00 - 8:00 pm	Play Cafe (Ages 0-5) 9:30 am - 12:00 pm Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm Youth Explore Zone: Game Night! (Ages 9-12) 6:00 - 8:00 pm	Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm Teen Take Over (Ages 13-17) 6:00 - 8:00 pm	Telus World of Science 10:00 am - 1:00 pm Youth Drop-in (Ages 9-17) 1:00 - 4:00 pm
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For more information, please contact us:

780-973-4011 ext. 528-6300 | information@mfrcedmonton.com | CFMWS.ca/Edmonton/MFRCPrograms

MFRC CHILD & YOUTH PROGRAMS

Youth Drop In | No Fee

Open to youth (ages 6-17) and offers the ability to move freely throughout the centre with a variety of activities to choose from. For details, please refer to the calendar for age groups, dates, and times. Please note, weekday times are NOT offered on Sturgeon School Division non-school days (i.e. PD Days, Teachers' Convention, Spring Break, etc.).

Kids Connection Corner: PJ, Popcorn & Movie Night | Registered Program | No Fee

Join us for PJ, Popcorn & Movie Night! Youth can wear their pj's, enjoy some snacks and watch the animated science-fiction adventure film Elio while they connect with their peers. Popcorn and refreshments will be offered during the movie.

Play Cafe | Drop In Program | No Fee

Our free drop-in Play Cafe provides a wonderful opportunity to spend time with your children (ages 0-5) and get to know other parents and caregivers in the military community. The space includes a story corner, craft tables, refreshment area and outdoor playground (weather permitting).

Stay & Play | Registered Program | \$2 per family

Parents/caregivers will actively engage with their children through fun activities that focus on early childhood development while building supportive social connections with others. Sessions will include simple activities that you and your child can do at home together. Parents/caregivers and their children 5 years and under are invited to attend.

Home Alone | Registered Program | \$20 per participant

Is your child ready to stay home alone? Help your child prepare for independence with this interactive two-hour training program that teaches safety, first aid, and comfort skills through games and role-playing. This course is provided through the Canada Safety Council and will help your child build confidence while providing peace of mind for parents and caregivers.

Kids Connection Corner: B-I-N-G-O! | Registered Program | No Fee

Did somebody say BINGO? Youth will play rounds of BINGO to WIN prizes while connecting with their peers.

Youth Explore Zone: PJ, Popcorn & Movie Night | Registered Program | No Fee

Join us for Youth Choice PJ & Popcorn Movie Night! Youth can get cozy in their pj's, enjoy some snacks and collectively choose a movie to watch while they connect with their peers. Popcorn and refreshments will be offered during the movie.

Youth Explore Zone: B-I-N-G-O! | Registered Program | No Fee

Did somebody say BINGO? Youth will play rounds of BINGO to WIN prizes while connecting with their peers.

Kids Connection Corner: Game Night | Registered Program | No Fee

Join us for some fun and friendly competition playing board games and meeting new friends! Youth are invited to test their knowledge and quick-thinking skills as they work together with their peers to brainstorm and problem solve while making connections with each other. A variety of board games will be available for youth to play in pairs or in groups. Some games include, but are not limited to What Do You Meme, Quick Draw, Kerplunk and more!

Choose Your Own Adventure | Registered Program | No Fee

Adventure awaits at the MFRC! Come explore video games, art materials or board games...it's your choice! Youth will have fun playing games, building friendships, social skills, confidence and more.

Teen Take Over: Teen Choice | Registered/Drop In Program | No Fee

Come explore video games, computers, art and science materials, board games or bubble hockey... it's your choice! Youth will have free choice to participate in all the activities offered throughout the space while having fun with their peers, building friendships, social skills, confidence and more.

Youth Explore Zone: Game Night! | Registered Program | No Fee

Join us for some fun and friendly competition playing board games and meeting new friends! Youth are invited to test their knowledge and quick-thinking skills as they work together with their peers to brainstorm and problem solve while making connections with each other. A variety of board games will be available for youth to play in pairs or in groups. Some games include, but are not limited to What Do You Meme, Quick Draw, Kerplunk and more!

Teen Take Over: Teen Choice Movie Night | Registered/Drop In Program | No Fee

Come explore video games, computers, art and science materials, board games, bubble hockey or watch a movie...it's your choice! Youth will have free choice to participate in all the activities offered throughout the space while having fun with their peers, building friendships, social skills, confidence and more. Snacks and refreshments will be offered during the movie.

Telus World of Science | Registered Program | \$10 per adult, \$5 per child

Spark your imagination with a fun-filled day of discovery at the Telus World of Science! Families are invited to explore and experiment together with a variety of interactive activities and exhibits while meeting and connecting with other military families in the community. Activities include access to the health zone, nature exchange, S.P.A.C.E gallery, science garage, arctic journey, CuriousCITY and more! Participant fee includes admission, IMAX Theatre tickets, pizza, snacks and refreshments.