



MFRC CHILD AND YOUTH CALENDAR

JUNE 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31	1 Play Cafe (Ages 0-5) 9:30 am - 12:00 pm	2 Stay and Play (Ages 0-5) 10:00 - 11:30 am Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm	3 Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm Youth Drop-in (Ages 6-15) 6:00 - 8:00 pm	4 Play Cafe (Ages 0-5) 9:30 am - 12:00 pm Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm Youth Explore Zone: Bright Minds (Ages 9-12) 6:00 - 8:00 pm	5 Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm Kids Connection Corner: PJ, Popcorn & Movie Night (Ages 6-8) 6:00 - 8:00 pm	6 Youth Drop-in (Ages 6-15) 1:00 - 4:00 pm
7	8 Play Cafe (Ages 0-5) 9:30 am - 12:00 pm Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm	9 Stay and Play (Ages 0-5) 10:00 - 11:30 am Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm	10 Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm Youth Drop-in (Ages 6-15) 6:00 - 8:00 pm	11 Play Cafe (Ages 0-5) 9:30 am - 12:00 pm Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm Kids Connection Corner: Bright Minds (Ages 6-8) 6:00 - 8:00 pm	12 Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm Youth Explore Zone: PJ, Popcorn & Movie Night (Ages 9-12) 6:00 - 8:00 pm	13 Youth Drop-in (Ages 6-15) 1:00 - 4:00 pm Summer Makers Market (All Ages) 1:00 - 4:00 pm
14	15 Play Cafe (Ages 0-5) 9:30 am - 12:00 pm Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm	16 Stay and Play (Ages 0-5) 10:00 - 11:30 am Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm	17 Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm Youth Drop-in (Ages 6-15) 6:00 - 8:00 pm	18 Play Cafe (Ages 0-5) 9:30 am - 12:00 pm Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm Teen Take Over (Ages 13-17) 6:00 - 8:00 pm	19 Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm Choose Your Own Adventure (Ages 6-15) 6:00 - 8:00 pm Community Meet Ups: Elk Island Park (All Ages) 7:00 - 8:30 pm	20 Youth Drop-in (Ages 6-8) 1:00 - 4:00 pm
21	22 Play Cafe (Ages 0-5) 9:30 am - 12:00 pm	23	24	25 Play Cafe (Ages 0-5) 9:30 am - 12:00 pm	26	27 Youth Drop-in (Ages 9-17) 1:00 - 4:00 pm
28	29 Play Cafe (Ages 0-5) 9:30 am - 12:00 pm	30	1	2	3	4



For more information, please contact us:

780-973-4011 ext. 528-6300 | information@mfrcedmonton.com | CFMWS.ca/Edmonton/MFRCPrograms

MFRC CHILD & YOUTH PROGRAMS

Youth Drop In | No Fee

Open to youth (ages 6-17) and offers the ability to move freely throughout the centre with a variety of activities to choose from. For details, please refer to the calendar for age groups, dates, and times. Please note, weekday times are NOT offered on Sturgeon School Division non-school days (i.e. PD Days, Teachers' Convention, Spring Break, etc.).

Play Cafe | Drop In Program | No Fee

Our free drop-in Play Cafe provides a wonderful opportunity to spend time with your children (ages 0-5) and get to know other parents and caregivers in the military community. The space includes a story corner, craft tables, refreshment area and outdoor playground (weather permitting).

Stay & Play | Registered Program | \$2 per family

Parents/caregivers will actively engage with their children through fun activities that focus on early childhood development while building supportive social connections with others. Sessions will include simple activities that you and your child can do at home together. Parents/caregivers and their children 5 years and under are invited to attend.

Youth Explore Zone: Bright Minds | Registered Program | No Fee

Explore, create, discover and learn with us! Youth science enthusiasts will participate in fun and engaging hands-on experiments that will test their knowledge and creativity while learning about resiliency and working alongside their peers. From egg drop challenges, creating slime, experimenting with magic milk and creating DIY clay, there's something for every young scientist!

Kids Connection Corner: PJ, Popcorn & Movie Night | Registered Program | No Fee

Join us for PJ, Popcorn & Movie Night! Youth can wear their pj's, enjoy some snacks and watch the heartwarming and hilarious animated film Toy Story 3 while they connect with their peers. Popcorn and refreshments will be offered during the movie.

Kids Connection Corner: Bright Minds | Registered Program | No Fee

Explore, create, discover and learn with us! Youth science enthusiasts will participate in fun and engaging hands-on experiments that will test their knowledge and creativity while learning about resiliency and working alongside their peers. From egg drop challenges, creating slime, experimenting with magic milk and creating DIY clay, there's something for every young scientist!

Youth Explore Zone: PJ, Popcorn & Movie Night | Registered Program | No Fee

Join us for Youth Choice PJ & Popcorn Movie Night! Youth can get cozy in their pj's, enjoy some snacks and collectively choose a movie to watch while they connect with their peers. Popcorn and refreshments will be offered during the movie.

Summer Makers Market | Drop In Program | No Fee

Join us at our Summer Makers Market for a one-of-a-kind shopping experience!

Our market will be filled with local vendors from the military community who will be selling handmade goods, unique gifts, seasonal treats and more!

Stop by to shop local, sip on a delicious lemonade, grab a tasty cool treat and play fun outdoor games while learning more about the MFRC and connecting with others in the military community.

Choose Your Own Adventure | Registered Program | No Fee

Adventure awaits at the MFRC! Come explore video games, art materials or board games...it's your choice! Youth will have fun playing games, building friendships, social skills, confidence and more.

Teen Take Over: Taking Care of Me | Registered/Drop In Program | No Fee

Create your own bath soap, bath bombs or body scrubs! Youth will design and customize their own products while learning how self-care and pampering yourself can increase joy and confidence. Youth can choose to keep their products for themselves or give them to someone else as a gift. Soap ingredients will include a goat milk soap base with the option of adding essential oils or soap dyes to allow for individual creativity while being mindful of any allergies or sensitivities.

Community Meet Ups: Elk Island Park | Registered Program | \$5 per person or \$10 per family

Wildlife, wilderness and dark starry nights. Experience the rolling hills, glassy lakes, and star-filled skies of Elk Island National Park as you become immersed in the stories of the conservation of the bison. Participants will cozy up next to the fire to hear the costumed park interpreters tell stories of the rise, fall and return of the bison as well as connect with other families in the military community.