



# December Rec Fitness



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1. 	2 <b>6-7pm Spin with Mel</b>	3 9-10am Spin with Paula 6-7pm Underground Fitness with Tony	4 <b>6-7pm Spin with Jess</b>	5 <b>6-7pm Underground Fitness with Krista</b>	6	7 <b>9-10am Underground Fitness with Tony</b>
8	9 <b>6-7pm Spin with Mel</b>	10 9-10am Spin with Paula 6-7pm Underground Fitness with Tony	11 <b>6-7pm Spin with Jess</b>	12 <b>6-7pm Underground Fitness with Krista</b>	13	14 <b>9-10am Underground Fitness with Tony</b>
15	16 <b>6-7pm Spin with Mel</b>	17 9-10am Spin with Paula 6-7pm Underground Fitness with Tony	18	19 <b>6-7pm Underground Fitness with Krista</b>	20	21 <b>9-10am Underground Fitness with Tony</b>
22	23	24	25 <i>Happy Holidays</i>	26	27	28
29	30	31				



**Adult workout classes**  
**Drop-in rates:**  
**REC Member: \$8.05**  
**Non REC: \$10.50**  
**Taxes included**

**Fitness class's will end for holidays Dec 21, 2024 and will start back up again January 6th, 2025**

