

## **Base Gagetown Fitness Centre – Facility Rules**

- All users shall show valid ID.
- Guest and visitors shall report to the Front Desk.
- Children 12 years and younger must be supervised by an adult at all times in the facility.
- Youth ages 13-17 can only use the fitness equipment once they have completed the PSP Teen Weight Training Course.
- All users must wear appropriate attire.
- All gym users must wear indoor footwear;
  - All users will clean outdoor footwear upon entering the facility.
- Users shall show utmost respect for PSP staff, all equipment & facilities, and other users, at all times. Failure to show respect will not be tolerated, and will result in immediate expulsion. This means:
  - No portable speakers or playing music from personal devices.
  - No loud or offensive language.
  - No form of tobacco are to be used within 100 meters of the building.
  - Scented products are strictly prohibited.
- Users shall not move equipment to different zones, and not move racks or machines inside a zone.