

MFRC CHILD AND YOUTH CALENDAR

AUGUST 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26				29	30	31
MFRC CLOSED	MFRC CLOSED	MFRC CLOSED	MFRC CLOSED	MFRC CLOSED	MFRC CLOSED	MFRC CLOSED
2	3	4	5	6	7	8
MFRC CLOSED	MFRC CLOSED	Stay and Play (Ages 0-5) 10:00 - 11:30 am Youth Drop-in (Ages 6-15) 10:00 am - 3:00 pm	Ultimate Outdoor Games Day (Ages 6-15) 1:00 - 4:00 pm Youth Drop-in (Ages 6-15) 6:00 - 8:00 pm	Play Cafe (Ages 0-5) 9:30 am - 12:00 pm Youth Drop-in (Ages 6-15) 10:00 am - 3:00 pm	Kids Connection Corner: PJ, Popcorn & Movie Night (Ages 6-8) 6:00 - 8:00 pm	Youth Drop-in (Ages 6-15) 1:00 - 4:00 pm
9	10	11	12	13	14	15
	Play Cafe (Ages 0-5) 9:30 am - 12:00 pm Youth Explore Zone: Bright Minds (Ages 9-12) 1:00 - 4:00 pm	Stay and Play (Ages 0-5) 10:00 - 11:30 am Youth Drop-in (Ages 6-15) 10:00 am - 3:00 pm	Kids Connection Corner: B-I-N-G-O! (Ages 6-8) 1:00 - 4:00 pm Youth Drop-in (Ages 6-15) 6:00 - 8:00 pm	Play Cafe (Ages 0-5) 9:30 am - 12:00 pm Youth Drop-in (Ages 6-15) 10:00 am - 3:00 pm	Youth Explore Zone: PJ, Popcorn & Movie Night (Ages 9-12) 6:00 - 8:00 pm	Youth Drop-in (Ages 6-15) 1:00 - 4:00 pm
16	17	18	19	20	21	22
	Play Cafe (Ages 0-5) 9:30 am - 12:00 pm Kids Connection Corner: Bright Minds (Ages 6-8) 1:00 - 4:00 pm	Stay and Play (Ages 0-5) 10:00 - 11:30 am Youth Drop-in (Ages 6-15) 10:00 am - 3:00 pm	Youth Explore Zone: Outdoor Extravaganza (Ages 9-12) 1:00 - 4:00 pm Youth Drop-in (Ages 6-15) 6:00 - 8:00 pm	Play Cafe (Ages 0-5) 9:30 am - 12:00 pm Youth Drop-in (Ages 6-15) 10:00 am - 3:00 pm	Teen Take Over (Ages 13-17) 6:00 - 8:00 pm	Youth Drop-in (Ages 6-15) 1:00 - 4:00 pm
23	24	25	26	27	28	29
	Play Cafe (Ages 0-5) 9:30 am - 12:00 pm Youth Explore Zone: B-I-N-G-O! (Ages 9-12) 1:00 - 4:00 pm	Youth Drop-in (Ages 6-15) 10:00 am - 3:00 pm	Kids Connection Corner: Outdoor Extravaganza (Ages 6-8) 1:00 - 4:00 pm Youth Drop-in (Ages 6-15) 6:00 - 8:00 pm	Play Cafe (Ages 0-5) 9:30 am - 12:00 pm Youth Drop-in (Ages 6-15) 10:00 am - 3:00 pm	End of Summer Bash (Ages 6-15) 6:00 - 8:00 pm	Fall Fest (All Ages) 1:00 - 4:00 pm
30	31					
	Play Cafe (Ages 0-5) 9:30 am - 12:00 pm					

For more information, please contact us:

780-973-4011 ext. 528-6300 | information@mfrcedmonton.com | CFMWS.ca/Edmonton/MFRCPrograms

MFRC CHILD & YOUTH PROGRAMS

Youth Drop In | No Fee

Open to youth (ages 6-17) and offers the ability to move freely throughout the centre with a variety of activities to choose from. For details, please refer to the calendar for age groups, dates, and times. Please note, weekday times are NOT offered on Sturgeon School Division non-school days (i.e. PD Days, Teachers' Convention, Spring Break, etc.).

Play Cafe | Drop In Program | No Fee

Our free drop-in Play Cafe provides a wonderful opportunity to spend time with your children (ages 0-5) and get to know other parents and caregivers in the military community. The space includes a story corner, craft tables, refreshment area and outdoor playground (weather permitting).

Stay & Play | Registered Program | \$2 per family

Parents/caregivers will actively engage with their children through fun activities that focus on early childhood development while building supportive social connections with others. Sessions will include simple activities that you and your child can do at home together. Parents/caregivers and their children 5 years and under are invited to attend.

Ultimate Outdoor Games Day | Registered Program | No Fee

Youth are invited to join us for an action-packed afternoon of outdoor fun and friendly competition with friends! From soccer baseball, basketball, and badminton to capture the gold and more, there's something for everyone to enjoy.

Kids Connection Corner: PJ, Popcorn & Movie Night | Registered Program | No Fee

Join us for PJ, Popcorn & Movie Night! Youth can wear their pj's, enjoy some snacks and watch the animated family comedy film Zootopia 2 while they connect with their peers. Popcorn and refreshments will be offered during the movie.

Youth Explore Zone: Bright Minds | Registered Program | No Fee

Explore, create, discover and learn with us! Youth science enthusiasts will participate in fun and engaging hands-on experiments that will test their knowledge and creativity while working alongside their peers. Activities include fizzy rockets, DIY ice cream in a bag, egg drop challenges, DIY sundials, and more!

Kids Connection Corner: B-I-N-G-O! | Registered Program | No Fee

Did somebody say BINGO? Youth will play rounds of BINGO to WIN prizes while connecting with their peers.

Youth Explore Zone: PJ, Popcorn & Movie Night | Registered Program | No Fee

Join us for Youth Choice PJ & Popcorn Movie Night! Youth can get cozy in their pj's, enjoy some snacks and together choose a movie to watch while they connect with their peers. Popcorn and refreshments will be offered during the movie.

Kids Connection Corner: Bright Minds | Registered Program | No Fee

Explore, create, discover and learn with us! Youth science enthusiasts will participate in fun and engaging hands-on experiments that will test their knowledge and creativity while working alongside their peers. Activities include fizzy rockets, DIY ice cream in a bag, egg drop challenges, DIY sundials, and more!

Youth Explore Zone: Outdoor Extravaganza | Registered Program | No Fee

Join us for some fun in the sun with a whirlwind of activities, where every moment is an adventure waiting to happen! Youth can participate in epic water games, exciting relay races and more! It's not just about playing; it's about making friends and having a blast.

Teen Take Over: Teen Choice | Registered/Drop In Program | No Fee

Come explore video games, computers, art and science materials, board games or bubble hockey... it's your choice! Youth will have free choice to participate in all the activities offered throughout the space while having fun with their peers, building friendships, social skills, confidence and more.

Youth Explore Zone: B-I-N-G-O! | Registered Program | No Fee

Did somebody say BINGO? Youth will play rounds of BINGO to WIN prizes while connecting with their peers.

Kids Connection Corner: Outdoor Extravaganza | Registered Program | No Fee

Join us for some fun in the sun with a whirlwind of activities, where every moment is an adventure waiting to happen! Youth can participate in exciting relay races, epic water games and more! It's not just about playing; it's about making friends and having a blast.

End of Summer Bash | Registered Program | No Fee

Join us for an exciting end of summer celebration filled with fun, interactive games and friendly competition! Youth are invited to put their skills to the test in Minute to Win It style challenges for a chance to score some great PRIZES!

Fall Fest | Registered Program | No Fee

Edmonton MFRC Fall Fest is back and better than ever! Join us for an afternoon of family fun, food and festivities. Enjoy food trucks, inflatables, balloon artists, crafts, entertainment and so much more!

This fun-filled event welcomes all our Military and Veteran members and their families, especially those who are new to the CFB Edmonton community. Learn about the MFRC, PSP and our community partners, groups and clubs who will also be onsite to provide information on their programs and services.