

MFRC CHILD AND YOUTH CALENDAR

JULY 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28 	29	30	1	2 Play Cafe (Ages 0-5) 9:30 am - 12:00 pm Youth Drop-in (Ages 6-15) 10:00 am - 3:00 pm	3 Kids Connection Corner: PJ, Popcorn & Movie Night (Ages 6-8) 6:00 - 8:00 pm	4 Youth Drop-in (Ages 6-15) 1:00 - 4:00 pm
5	6 Play Cafe (Ages 0-5) 9:30 am - 12:00 pm Kids Connection Corner: Video Game Tournament (Ages 6-8) 1:00 - 4:00 pm	7 Stay and Play (Ages 0-5) 10:00 - 11:30 am Youth Drop-in (Ages 6-15) 10:00 am - 3:00 pm	8 Youth Explore Zone: Outdoor Extravaganza (Ages 9-12) 1:00 - 4:00 pm Youth Drop-in (Ages 6-15) 6:00 - 8:00 pm	9 Play Cafe (Ages 0-5) 9:30 am - 12:00 pm Youth Drop-in (Ages 6-15) 10:00 am - 3:00 pm	10 Game Night (Ages 6-15) 6:00 - 8:00 pm	11 Youth Drop-in (Ages 6-15) 1:00 - 4:00 pm
12	13 Play Cafe (Ages 0-5) 9:30 am - 12:00 pm Kids Connection Corner: Creative Creations (Ages 6-8) 1:00 - 4:00 pm	14 Stay and Play (Ages 0-5) 10:00 - 11:30 am Youth Drop-in (Ages 6-15) 10:00 am - 3:00 pm	15 Ultimate Outdoor Games Day (Ages 6-15) 1:00 - 4:00 pm Youth Drop-in (Ages 6-15) 6:00 - 8:00 pm	16 Play Cafe (Ages 0-5) 9:30 am - 12:00 pm Youth Drop-in (Ages 6-15) 10:00 am - 3:00 pm	17 Youth Explore Zone: PJ, Popcorn & Movie Night (Ages 9-12) 6:00 - 8:00 pm	18 Youth Drop-in (Ages 6-8) 1:00 - 4:00 pm
19	20 Play Cafe (Ages 0-5) 9:30 am - 12:00 pm Youth Explore Zone: Creative Creations (Ages 9-12) 1:00 - 4:00 pm	21 Stay and Play (Ages 0-5) 10:00 - 11:30 am Youth Drop-in (Ages 6-15) 10:00 am - 3:00 pm	22 Kids Connection Corner: Outdoor Extravaganza (Ages 6-8) 1:00 - 4:00 pm Youth Drop-in (Ages 6-15) 6:00 - 8:00 pm	23 Play Cafe (Ages 0-5) 9:30 am - 12:00 pm Youth Drop-in (Ages 6-15) 10:00 am - 3:00 pm	24 Game On! (Ages 6-15) 6:00 - 8:00 pm	25 Youth Drop-in (Ages 9-17) 1:00 - 4:00 pm
26	27 Play Cafe (Ages 0-5) 9:30 am - 12:00 pm Youth Explore Zone: Video Game Tournament (Ages 9-12) 1:00 - 4:00 pm	28 Youth Drop-in (Ages 6-15) 10:00 am - 3:00 pm	29 Ultimate Outdoor Games Day (Ages 6-15) 1:00 - 4:00 pm Youth Drop-in (Ages 6-15) 6:00 - 8:00 pm	30 Play Cafe (Ages 0-5) 9:30 am - 12:00 pm Youth Drop-in (Ages 6-15) 10:00 am - 3:00 pm	31 Teen Take Over (Ages 13-17) 6:00 - 8:00 pm	1

For more information, please contact us:

780-973-4011 ext. 528-6300 | information@mfrcedmonton.com | CFMWS.ca/Edmonton/MFRCPrograms

MFRC CHILD & YOUTH PROGRAMS

Youth Drop In | No Fee

Open to youth (ages 6-17) and offers the ability to move freely throughout the centre with a variety of activities to choose from. For details, please refer to the calendar for age groups, dates, and times. Please note, weekday times are NOT offered on Sturgeon School Division non-school days (i.e. PD Days, Teachers' Convention, Spring Break, etc.).

Play Cafe | Drop In Program | No Fee

Our free drop-in Play Cafe provides a wonderful opportunity to spend time with your children (ages 0-5) and get to know other parents and caregivers in the military community. The space includes a story corner, craft tables, refreshment area and outdoor playground (weather permitting).

Kids Connection Corner: PJ, Popcorn & Movie Night | Registered Program | No Fee

Join us for Youth Choice PJ & Popcorn Movie Night! Youth can get cozy in their pj's, enjoy some snacks and together choose a movie to watch while they connect with their peers. Popcorn and refreshments will be offered during the movie.

Kids Connection Corner: Video Game Tournament | Registered Program | No Fee

Gamers, start your engines! Get ready to test your skills against your peers in our epic Mario Kart Tournament. Compete in a series of high-speed challenges, earn points and race your way to the finish line. Who will win the title of Tournament Champion...could it be you?

Stay & Play | Registered Program | \$2 per family

Parents/caregivers will actively engage with their children through fun activities that focus on early childhood development while building supportive social connections with others. Sessions will include simple activities that you and your child can do at home together. Parents/caregivers and their children 5 years and under are invited to attend.

Youth Explore Zone: Outdoor Extravaganza | Registered Program | No Fee

Join us for some fun in the sun with a whirlwind of activities, where every moment is an adventure waiting to happen! Youth can participate in epic water games, exciting relay races and more! It's not just about playing; it's about making friends and having a blast.

Game Night | Registered Program | No Fee

Join us for some fun and friendly competition playing board games and meeting new friends! Youth are invited to test their knowledge and quick-thinking skills as they work together with their peers to brainstorm and problem solve while making connections with each other. A variety of board games will be available for youth to play in pairs or in groups. Some games include, but are not limited to What Do You Meme, Quick Draw, Kerplunk and more!

Kids Connection Corner: Creative Creations | Registered Program | No Fee

Explore your creativity, make connections and have fun! Youth will have the opportunity to make new friends while using a variety of arts and crafts materials to create unique artwork on their own or together with their peers. Activities include tie dye, water balloon art, DIY clay pot windchime, rock painting and more!

Ultimate Outdoor Games Day | Registered Program | No Fee

Youth are invited to join us for an action-packed afternoon of outdoor fun and friendly competition with friends! From soccer baseball, basketball, and badminton to capture the gold and more, there's something for everyone to enjoy.

Youth Explore Zone: PJ, Popcorn & Movie Night | Registered Program | No Fee

Join us for PJ, Popcorn & Movie Night! Youth can wear their pj's, enjoy some snacks and watch the animated family adventure film The SpongeBob Movie while they connect with their peers. Popcorn and refreshments will be offered during the movie.

Youth Explore Zone: Creative Creations | Registered Program | No Fee

Explore your creativity, make connections and have fun! Youth will have the opportunity to make new friends while using a variety of arts and crafts materials to create unique artwork on their own or together with their peers. Activities include tie dye, water balloon art, DIY clay pot windchime, rock painting and more!

Kids Connection Corner: Outdoor Extravaganza | Registered Program | No Fee

Join us for some fun in the sun with a whirlwind of activities, where every moment is an adventure waiting to happen! Youth can participate in epic water games, exciting relay races and more! It's not just about playing; it's about making friends and having a blast.

Game On! | Registered Program | No Fee

Calling all gamers! Join us for an exciting evening filled with thrilling challenges and friendly competition in an unforgettable gaming experience where friendships are forged and skills are honed. Test your resilience, skills and strategies against your peers as part of a team or individually. A variety of video games will be available for youth to play. Grab your controllers and let the games begin!

Youth Explore Zone: Video Game Tournament | Registered Program | No Fee

Gamers, start your engines! Get ready to test your skills against your peers in our epic Mario Kart Tournament. Compete in a series of high-speed challenges, earn points and race your way to the finish line. Who will win the title of Tournament Champion...could it be you?

Teen Take Over: Teen Choice | Registered/Drop In Program | No Fee

Come explore video games, computers, art and science materials, board games or bubble hockey... it's your choice! Youth will have free choice to participate in all the activities offered throughout the space while having fun with their peers, building friendships, social skills, confidence and more.