

## Reducing The Carbon Footprint In Your Household – CFB Kingston Publication

CFB Kingston is committed to creating more comfortable and efficient work and home environments for individuals in the community. Joining CFB Kingston and taking the initiative of reducing your own carbon footprint will save energy and protect the planet!

Here are 10 simple ways you can reduce your own carbon footprint:

1. Unplug your electronics when not in use
2. Dry your clothes on a clothes line (& use cold water to wash!)
3. Upgrade your lightbulbs to LED replacements
4. Use natural light as much as possible, and turn off lights when not in use
5. When buying appliances or electronic devices, choose energy efficient products such as appliances that are Energy Star certified
6. Leave the car at home – walk, bike, carpool or take public transit whenever you can
7. Reduce food waste by planning out your meals and tracking when your food in your kitchen will go bad
8. Buy local when you can
9. Have discussions about reducing your environmental footprint with your friends, family, and peers
10. Go tree planting, garden, or plant your own veggies at home/in a community garden

By helping reduce your own carbon footprint, you will be helping your community, country, and planet! CFB Kingston is aiming to reduce energy consumption to lessen greenhouse gas emissions from 40% by 2030 at the facilities from the Department of National Defence.

We've just launched our new CFB Kingston Eco-Team webpage. Stay up to date about CFB Kingston and the Eco Team's journey to reduce GHG emissions and Net Zero targets [here](#).