



MFRC CHILD AND YOUTH CALENDAR

MARCH 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Youth Drop-in (Ages 9-17) 1:00 - 4:00 pm	2 Play Cafe (Ages 0-5) 9:30 am - 12:00 pm Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm	3 Stay and Play (Ages 0-5) 10:00 - 11:30 am Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm	4 Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm Youth Drop-in (Ages 6-15) 6:00 - 8:00 pm	5 Play Cafe (Ages 0-5) 9:30 am - 12:00 pm Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm Youth Explore Zone: B-I-N-G-O! (Ages 9-12) 6:00 - 8:00 pm	6 Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm PJ, Popcorn & Movie Night (Ages 6-15) 6:00 - 8:00 pm	7 Youth Drop-in (Ages 6-15) 1:00 - 4:00 pm
8 Youth Drop-in (Ages 9-17) 1:00 - 4:00 pm	9 Play Cafe (Ages 0-5) 9:30 am - 12:00 pm	10 Stay and Play (Ages 0-5) 10:00 - 11:30 am Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm	11 Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm Youth Drop-in (Ages 6-15) 6:00 - 8:00 pm	12 Play Cafe (Ages 0-5) 9:30 am - 12:00 pm Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm Kids Connection Corner: B-I-N-G-O! (Ages 6-8) 6:00 - 8:00 pm	13 Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm Teen Take Over (Ages 13-17) 6:00 - 9:00 pm	14 Sugar Shack 2:00 - 5:00pm
15 Youth Drop-in (Ages 9-17) 1:00 - 4:00 pm	16 Play Cafe (Ages 0-5) 9:30 am - 12:00 pm Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm	17 Stay and Play (Ages 0-5) 10:00 - 11:30 am Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm	18 Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm Youth Drop-in (Ages 6-15) 6:00 - 8:00 pm	19 Play Cafe (Ages 0-5) 9:30 am - 12:00 pm Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm Teen Take Over (Ages 13-17) 6:00 - 9:00 pm	20 Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm Choose Your Own Adventure (Ages 6-15) 6:00 - 8:00 pm	21 Family Connections: Family Ceramic Painting 11:00 am - 1:00 pm Youth Drop-in (Ages 6-8) 1:00 - 4:00 pm
22 Youth Drop-in (Ages 9-17) 1:00 - 4:00 pm	23 Play Cafe (Ages 0-5) 9:30 am - 12:00 pm Spring Break Youth Drop-in (Ages 6-15) 10:00 am - 3:00 pm	24 Spring Break Youth Drop-in (Ages 6-15) 10:00 am - 3:00 pm	25 Spring Break Youth Drop-in (Ages 6-15) 10:00 am - 3:00 pm	26 Play Cafe (Ages 0-5) 9:30 am - 12:00 pm Spring Break Youth Drop-in (Ages 6-15) 10:00 am - 3:00 pm	27 Spring Break Youth Drop-in (Ages 6-15) 10:00 am - 3:00 pm	28 Youth Drop-in (Ages 9-17) 1:00 - 4:00 pm
29 Youth Drop-in (Ages 9-17) 1:00 - 4:00 pm	30 Play Cafe (Ages 0-5) 9:30 am - 12:00 pm Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm	31 Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm	1	2	3	4



For more information, please contact us:

780-973-4011 ext. 528-6300 | information@mfrcedmonton.com | CFMWS.ca/Edmonton/MFRCPrograms

MFRC CHILD & YOUTH PROGRAMS

Youth Drop In | No Fee

Open to youth (ages 6-17) and offers the ability to move freely throughout the centre with a variety of activities to choose from. For details, please refer to the calendar for age groups, dates, and times. Please note, weekday times are NOT offered on Sturgeon School Division non-school days (i.e. PD Days, Teachers' Convention, Spring Break, etc.).

Play Cafe | Drop In Program | No Fee

Our free drop-in Play Cafe provides a wonderful opportunity to spend time with your children (ages 0-5) and get to know other parents and caregivers in the military community. The space includes a story corner, craft tables, refreshment area and outdoor playground (weather permitting).

Stay & Play | Registered Program | \$2 per family

Parents/caregivers will actively engage with their children through fun activities that focus on early childhood development while building supportive social connections with others. Sessions will include simple activities that you and your child can do at home together. Parents/caregivers and their children 5 years and under are invited to attend.

Youth Explore Zone: B-I-N-G-O! | Registered Program | No Fee

Did somebody say BINGO? Youth will play rounds of BINGO to WIN prizes while connecting with their peers.

PJ, Popcorn & Movie Night | Registered Program | No Fee

Join us for PJ, Popcorn & Movie Night! Youth can wear their pj's, enjoy some snacks and watch the live-action comedy film Lilo & Stitch (2025) while they connect with their peers. Popcorn and refreshments will be offered during the movie.

Kids Connection Corner: B-I-N-G-O! | Registered Program | No Fee

Did somebody say BINGO? Youth will play rounds of BINGO to WIN prizes while connecting with their peers.

Teen Take Over | Registered/Drop In Program | No Fee

Come explore video games, computers, art and science materials, board games or bubble hockey... it's your choice! Youth will have free choice to participate in all the activities offered throughout the space while having fun with their peers, building friendships, social skills, confidence and more.

Sugar Shack | Registered Program | \$5 per person or \$10 per family

Celebrate the magic of the Canadian Sugar Shack! Families are invited to join us for a sugar shack experience at the MFRC.

Indulge in sweet maple taffy, popcorn and hot chocolate as you play games, and create Francophone-inspired crafts while listening to French Canadian music.

Choose Your Own Adventure | Registered Program | No Fee

Adventure awaits at the MFRC! Come explore video games, art materials or board games...it's your choice! Youth will have fun playing games, building friendships, social skills, confidence and more.

Family Connections: Family Ceramic Painting | Registered Program | \$10 per person

Join us for a fun-filled ceramic paint day for the whole family! Unleash your artistic talents and let the creativity flow at Creative Cove in Morinville for an exclusive ceramic painting event! Whether it's a unique mug, a decorative plate or a charming figurine, you can mix and match items or opt for a single item of equal value.

After the painting session, your creations will be fired in a kiln to perfection and each finished masterpiece will be available for pick up directly from the MFRC.

Spring Break Youth Drop In | No Fee

Spring Break at the MFRC Youth Centre! Drop in to explore video games, computers, art and science materials, board games and more! Youth will have free choice to participate in all the activities offered throughout the space while they connect with their peers, build social skills and gain confidence.

Youth can drop in any time between 10:00am and 3:00pm; however, registration is required as space is limited. Youth are asked to bring a lunch. Snacks and refreshments are available for purchase at the canteen.

A parent/guardian must also complete a waiver. Save time and download our Youth Drop In Waiver and send to childyouth@mfrcdmonton.com prior to attending.