

MFRC CHILD AND YOUTH CALENDAR

OCTOBER 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27				30	Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm Youth Explore Zone: Spooktacular Creative Creations (Ages 9-12) 6:00 - 8:00 pm	Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm Kids Connection Corner: Halloween Movie Night (Ages 6-8) 6:00 - 8:00 pm
4	Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm	Mini Mingle & Play (Ages 0-5) 9:00 - 11:00 am Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm	Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm Youth Drop-in (Ages 6-15) 6:00 - 8:00 pm	Mini Mingle & Play (Ages 0-5) 9:00 - 11:00 am Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm Kids Connection Corner: Spooktacular Creative Creations (Ages 6-8) 6:00 - 8:00 pm	Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm Youth Explore Zone: Halloween Movie Night (Ages 9-12) 6:00 - 8:00 pm	10 MFRC CLOSED
11 MFRC CLOSED	12 MFRC CLOSED	13 Mini Mingle & Play (Ages 0-5) 9:00 - 11:00 am	14 Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm Youth Drop-in (Ages 6-15) 6:00 - 8:00 pm	15 Mini Mingle & Play (Ages 0-5) 9:00 - 11:00 am Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm Teen Take Over: Art Night: Paint Swap (Ages 13-17) 6:00 - 8:00 pm	16 Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm The Ultimate Halloween Bash (Ages 6-15) 6:00 - 8:00 pm	17
18	19 Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm	20 Mini Mingle & Play (Ages 0-5) 9:00 - 11:00 am Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm	21 Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm Youth Drop-in (Ages 6-15) 6:00 - 8:00 pm	22 Mini Mingle & Play (Ages 0-5) 9:00 - 11:00 am Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm Boo-rillicant Bright Minds (Ages 6-15) 6:00 - 8:00 pm	23 Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm Teen Take Over (Ages 13-17) 6:00 - 8:00 pm	24 Pumpkin Picking (All Ages) 1:00 - 4:00 pm
25	26 Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm	27 Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm	28 Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm Youth Drop-in (Ages 6-15) 6:00 - 8:00 pm	29 Youth Drop-in (Ages 6-15) 3:00 - 5:00 pm Discover You (Ages 11-17) 6:00 - 7:30 pm	30 Youth Drop-in (Ages 6-15) 3:00 - 8:00 pm	31

For more information, please contact us:

780-973-4011 ext. 528-6300 | information@mfrcedmonton.com | CFMWS.ca/Edmonton/MFRCPrograms

MFRC CHILD & YOUTH PROGRAMS

Youth Drop In | No Fee

Open to youth (ages 6-17) and offers the ability to move freely throughout the centre with a variety of activities to choose from. For details, please refer to the calendar for age groups, dates, and times. Please note, weekday times are NOT offered on Sturgeon School Division non-school days (i.e. PD Days, Teachers' Convention, Spring Break, etc.).

Youth Explore Zone: Spooktacular Creative Creations | Registered Program | No Fee

Explore your creativity, make connections and have a spooktacular fun time! Youth will have the opportunity to make new friends while using a variety of arts and crafts materials to create unique Halloween themed artwork on their own or together with their peers. Activities include popping Jack-O-Lanterns, monster paintings, origami pumpkins and more!

Kids Connection Corner: Halloween Movie Night | Registered Program | No Fee

Join us for a Halloween themed PJ, Popcorn & Movie Night! Youth can wear their pj's, enjoy some snacks and watch the spooktacular comedy adventure film Halloweentown while they connect with their peers. Popcorn and refreshments will be offered during the movie.

Mini Mingle & Play | Registered Program | No Fee

Mini Mingle & Play is a facilitated, parented playgroup for children ages 0-5 and their parents or caregivers. Come to actively engage with your children through fun activities in our supportive play-based environment and build connections with other families. Each session will give children opportunities to explore, play and connect while supporting their early learning and development. Families will also discover simple ways to continue learning and playing together at home.

A caregiver is any trusted person who helps care for and support a child when their parent or guardian is not available. This may include a family member, friend, child care provider or another trusted adult.

Kids Connection Corner: Spooktacular Creative Creations | Registered Program | No Fee

Explore your creativity, make connections and have a spooktacular fun time! Youth will have the opportunity to make new friends while using a variety of arts and crafts materials to create unique Halloween themed artwork on their own or together with their peers. Activities include popping Jack-O-Lanterns, monster paintings, origami pumpkins and more!

Youth Explore Zone: Halloween Movie Night | Registered Program | No Fee

Join us for a Halloween themed PJ, Popcorn & Movie Night! Youth can wear their pj's, enjoy some snacks and watch the classic adventure comedy film Ghostbusters (1984) while they connect with their peers. Popcorn and refreshments will be offered during the movie.

Teen Take Over: Art Night: Paint Swap | Registered/Drop In Program | No Fee

Join us for a fun and creative paint swap challenge! Teens will have a limited time to paint on a canvas before switching and adding their own creative touch onto someone else's masterpiece. With every brush stroke, each canvas will become a unique and collaborative work of art. Youth are also invited to enjoy a variety of free-choice activities throughout the space, including video games, computers, board games, and more!

The Ultimate Halloween Bash | Registered Program | No Fee

Celebrate the spooky season with a Halloween bash full of fun, interactive games, prizes and opportunities to connect with your peers! Come dressed in your favorite costume and participate in games like Mummy Races, Night at the Wax Museum, and Wink Detective. Treats and refreshments will be offered as part of the Halloween fun!

Boo-rilliant Bright Minds | Registered Program | No Fee

Explore, create, discover and learn with us! Youth science enthusiasts will participate in fun and engaging hands-on Halloween themed experiments that will test their knowledge and creativity while working alongside their peers. Activities include pumpkin catapults, dancing ghosts, boo boopers, and more!

Teen Take Over: Teen Choice | Registered/Drop In Program | No Fee

Come explore video games, computers, art and science materials, board games or bubble hockey... it's your choice! Youth will have free choice to participate in all the activities offered throughout the space while having fun with their peers, building friendships, social skills, confidence and more.

Discover You: Understanding Yourself | Registered Program | No Fee

Connect, create and grow through our Discover You Series. Youth will participate in hands-on sessions that combine fun activities, creative challenges, group conversations and practical tools designed to help build confidence, strengthen relationships, and develop skills to handle everyday challenges. Participants will also create a library of take-home activities from each session to support their learning and growth.

In this session youth will participate in Emotion Freeze, a fun activity that will have participants move around the space and freeze in a pose that shows a prompted emotion when the music stops. Youth will explore emotions, thoughts, and feelings and learn how they are connected. Using what they have learned, youth will then take part in an emotion brainstorming challenge before creating their own personalized candle for a DIY sensory kit.

Pumpkin Picking | Registered Program | \$5 per participant

Join us in celebrating the fall season at Prairie Gardens! Connect with fellow members of the military community for a fun fall afternoon of pumpkin picking and carving. Participants will be provided with a \$10 voucher towards the purchase of a pumpkin (if the pumpkin chosen exceeds the voucher amount, the remaining balance will be the participant's responsibility). Beverages will be provided.