

**Mainland BC Military Family Resource Centre Society  
(the “Society”)**

**Appointment of Proxy  
for the  
2024 Annual General Meeting**

I, \_\_\_\_\_, the Donor,  
*(Full name)*

hereby appoint: \_\_\_\_\_, as my Proxy Holder,  
*(Full name)*

**for the:** Annual General Meeting of the Society on June 25, 2024.

By executing this Proxy, the Donor confirms they understand that in accordance with the Bylaws of the Society:

1. for this Proxy to be valid it must be received by both the executive director and the Proxy Holder a minimum of 24 hours before the meeting starts;
2. this Proxy shall only be valid for the meeting for which the appointment is given or for any adjournment of that meeting;
3. this Proxy may be revoked at any time;
4. the Proxy Holder must be a member in good standing of the Society;
5. the Proxy Holder has the authority to:
  - a. propose and second motions;
  - b. participate in any discussions;
  - c. vote on any matter.
6. In accordance with section 4.9 of the Bylaws of the Society, each Member attending shall be allowed to cast a maximum three proxy votes on behalf of other Members. For greater clarity, this means that any one Member may not cast more than four votes in total: one for themselves, plus three proxies if so appointed by a member(s) granting the proxy(ies). It is my responsibility to ensure the Proxy Holder has not exceeded this limit so my vote is not wasted.

\_\_\_\_\_  
Signature of Donor

\_\_\_\_\_  
Date

Proxy may be e-mailed ([tracy@bcmfrc.com](mailto:tracy@bcmfrc.com))  
or mailed to 1755 W. 1<sup>st</sup> Ave, Vancouver, BC V6J 0G7 ATTN: Tracy Cromwell