## 5 Ways SISIP Financial Counsellors Can Help You



## Budgeting Help

Create a personalized spending and savings plan.

Develop a strategy to tackle existing debts.

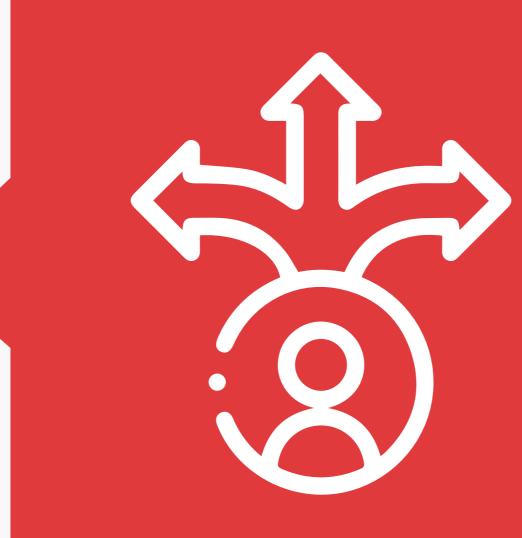


## Debt Management



Define short- and long-term financial goals.

Get help managing your pay or pay-related concerns—including perks that put money in your pocket—and more.



## CAF-Specific Guidance



Access grants and loans through **Support Our Troops** fund or other groups.



Things get easier when you don't have to navigate your finances alone.

Book an appointment with a SISIP Financial Counsellor to take
the first step.

