



Parent Program Review

A child focused resource designed to help parents become partners in improving the quality of their child's sport and recreation programs.

HIGH FIVE® believes that parents/guardians can provide valuable information about the quality of a child's program. Parent Program Review is a resource designed to enable parents/guardians to give feedback on their child's sport and recreation programs by using the:

1. 'Program Checklist' on page 2
2. 'Ask your Child' Questionnaire on Page 3

How to Use the Program Checklist on Page 2:

The Program checklist helps parents/guardians see if their child's program supports healthy child development.

Read each statement first before you use the program checklist

Try to watch the program from start to finish when you are using the program checklist

Ideally you want to use the program checklist within the first couple of weeks of your child's program but NOT on the first day

When watching the program, you may want to make comments on the behaviour you see - explain what you liked or disliked

Your comments will help the people providing the program improve their program

How to Use the "Ask Your Child" Questionnaire on Page 3:

Children have a better experience when they feel that their parents/guardians are supportive. The "Ask Your Child" Questionnaire provides some questions to help you talk to your child about his/her experience.

It is suggested you complete this questionnaire after you have completed the "Program Checklist" on Page 2

Once you have completed this form, please return it to the people providing this program as it will help them make improvements

You do not need to sign your name, however, if you would like someone to follow-up with you, please include your name, phone number and email address in the space provided below

To help us use your feedback to improve our programs please complete:

Date of Observation: _____

Town/City: _____

Name of Organization providing program: _____

Name (optional): _____

Phone Number (optional): _____

Email (optional): _____

Program Checklist

For each of the five categories, please use an "X" to check which of the behaviours and/or actions you saw in your child's program.

Leader-Child Interactions

The leader shows warmth, interest, respect, involvement, positive leadership and an individualized approach to children. **Watch for:**

- Smiles
- Friendly Tone
- Acceptance
- Enthusiasm
- Eye contact
- Helping children solve problems

Comments

Supervision and Safety

The leader is aware of all children, paying attention to safety concerns and adjusting supervision to ages and activities. **Watch for:**

- Constant Supervision
- Secure play areas
- Adequate number of staff (more for young children and higher risk activities)
- Activities are age appropriate
- Supervision process for transition areas such as washrooms
- Staff are not rushed

Comments

Child-Child Interactions

Children know each other, show respect and cooperation towards each other. The children appear to be having fun and include one another in activities. **Watch for:**

- Knowing names
- Sharing
- No teasing
- Few conflicts
- Helping one another
- Laughter and smiling faces

Comments

Leader Behaviour and Interactions

The leader focuses attention on children, not on other leaders. He/she uses appropriate language and behaviour and works as part of the team. **Watch for:**

- Friendly tone
- Assisting one another
- Appropriate language used
- Personal conversations avoided between staff and on electronic devices
- Cooperation and support
- Positive role modelling

Comments

Program Characteristics and Supports

Activities appear to match interests and needs of children while offering choice, variety and balance. Activities are well paced and encourage personal development. **Watch for:**

- Choices
- Balance
- Children are interested
- Opportunities for children to influence and lead
- Variety of activities and group sizes
- No long waiting periods
- Learning by doing
- Everyone is involved

Comments

'Ask your child' Questionnaire

You can learn a lot about how well a program is meeting your child's needs by asking your child a few questions. What you learn from your child will help the people providing the program to further improve their program. Feel free to submit this questionnaire with your completed checklist to your child's program supervisor.

Your Child`s Answers

1. What is your leader's name? What are the names of the children in your group?

2. How do you get along with the other children? Are there any people there that you don't like? Why not?

3. Is the same leader always there?

4. Do you think the leader likes you? How does he/she show it?

5. Does the leader get angry or upset?

6. Does the leader ever ask you what you want to do?

7. What do you like best about your leader?

8. What do you like best about the program?