

Close Protection (CP) Maintenance Physical Fitness Evaluation (CP Maintenance PFE)

The CP Maintenance PFE is the physical fitness assessment standard for the Close Protection Operator Assessment Centre (CPOAC) as well as the Close Protection Operator Course (CPOC). It includes fundamental components from the FORCE Evaluation. It assesses the specific physical abilities that are required to safely and efficiently perform as a Close Protection (CP) Operator.

Dress Requirements:

- CADPAT or equivalent,
 - Boots with ankle support
 - 10.44 kg (23 lbs) weighted vest
- Optional:**
- Athletic tape (for fingernails)
 - Knee pads
 - Compression sleeve(s)

