

|                                                                                  | Funding                                                                                                                                                                                                                                                                                                                                                                    | Services                                                                                                                                                                                                                                                                                                                                                                                                                 | Wait times                                                                                                                                                                                                                                                                                                                                                              |
|----------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <a href="#">Family Support for Children with Disabilities (FSCD):</a>            | <ul style="list-style-type: none"> <li>• Alberta's main disability program for children under 18</li> <li>• Provides individualized funding based on your child's needs (not income-tested)</li> <li>• <b>FSCD does not back-pay for out-of-pocket therapies</b></li> <li>• Funding only begins once contracts are officially signed by both you and the agency</li> </ul> | <ul style="list-style-type: none"> <li>• Families work with a caseworker to create a service plan and can choose their own service providers</li> <li>• Funding Includes: <ul style="list-style-type: none"> <li>• Therapy (SLP, OT, behavioural supports/ABA)</li> <li>• Respite care</li> <li>• Child care supports, aides</li> <li>• Counselling</li> <li>• Specialized services</li> </ul> </li> </ul>               | <ul style="list-style-type: none"> <li>• No official waitlist information has been published since 2021</li> <li>• Estimates are <b>2-6 months for case worker assignment</b></li> <li>• Access to <b>full services may take 1-3 years</b> (services such as respite and therapies)</li> <li>• Individual providers typically have waitlists 2-6 months long</li> </ul> |
| Autism and Therapy Services (Accessed through FSCD and community providers):     | <ul style="list-style-type: none"> <li>• Many autism-related services (e.g., ABA, behavioural therapy) are funded through FSCD and delivered by approved providers</li> </ul>                                                                                                                                                                                              | <ul style="list-style-type: none"> <li>• Individualized therapy plans</li> <li>• Behavioural supports</li> <li>• Parent coaching</li> <li>• Community-based services tailored to the child's needs</li> </ul>                                                                                                                                                                                                            | <ul style="list-style-type: none"> <li>• Individual providers typically have waitlists <b>2-6 months long</b></li> </ul>                                                                                                                                                                                                                                                |
| Respite and Family Supports:                                                     | <ul style="list-style-type: none"> <li>• Typically provided through FSCD agreements based on assessed need</li> </ul>                                                                                                                                                                                                                                                      | <ul style="list-style-type: none"> <li>• In-home or out-of-home respite care</li> <li>• Community aides</li> <li>• Caregiver supports to give families a break and support participation in daily life</li> </ul>                                                                                                                                                                                                        | <ul style="list-style-type: none"> <li>• Roughly <b>3 weeks for out of home group respite</b></li> <li>• Roughly <b>8 weeks for in home respite</b></li> </ul>                                                                                                                                                                                                          |
| <a href="#">Program Unit Funding (PUF) – Early Childhood Education Supports:</a> | <ul style="list-style-type: none"> <li>• Education-based funding provided through preschools and kindergarten programs (families do not apply directly)</li> </ul>                                                                                                                                                                                                         | <ul style="list-style-type: none"> <li>• Supports children (<b>approx. ages 2.8–6</b>) with developmental delays or disabilities in early learning settings</li> <li>• May include access to: <ul style="list-style-type: none"> <li>• Speech therapy</li> <li>• Occupational therapy</li> <li>• Classroom supports.</li> </ul> </li> <li>• Regionally operated, local programs available across the province</li> </ul> | <ul style="list-style-type: none"> <li>• N/A</li> </ul>                                                                                                                                                                                                                                                                                                                 |

|                                                         | Funding                                                                                                                                                               | Services                                                                                                                                                                                                         | Wait times                                                                                                |
|---------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------|
| Provincial Enteral Access Service (PEAS)                | <ul style="list-style-type: none"> <li>Provincial program supporting children who require enteral feeding</li> </ul>                                                  | <ul style="list-style-type: none"> <li>Feeding equipment and supplies</li> <li>Nutritional support</li> <li>Clinical feeding guidance</li> </ul>                                                                 | <ul style="list-style-type: none"> <li>Vary by referral and clinical need</li> </ul>                      |
| Early Childhood Services (ECS) Programming:             | <ul style="list-style-type: none"> <li>Publicly funded early childhood education programming (often combined with PUF)</li> <li>Not applied for by parents</li> </ul> | <ul style="list-style-type: none"> <li>Helps children build early developmental and school-readiness skills through structured and play-based programs, often with multidisciplinary therapy supports</li> </ul> | <ul style="list-style-type: none"> <li>N/A</li> </ul>                                                     |
| PEAK (Prevention, Early Assessment & Knowledge Program) | <ul style="list-style-type: none"> <li>Public early autism intervention (replacing older models)</li> </ul>                                                           | <ul style="list-style-type: none"> <li>Early identification and intervention</li> <li>Coaching and therapy supports</li> <li>Family-centred programming</li> </ul>                                               | <ul style="list-style-type: none"> <li>Still evolving; typically <b>months to 1+ year</b></li> </ul>      |
| Alberta Aids to Daily Living (AADL)                     | <ul style="list-style-type: none"> <li>Provincial funding program for medical equipment and supplies</li> </ul>                                                       | <ul style="list-style-type: none"> <li>Mobility equipment</li> <li>Medical supplies</li> <li>Ostomy supplies</li> <li>Adaptive equipment</li> </ul>                                                              | <ul style="list-style-type: none"> <li>Vary based on assessment and authorization requirements</li> </ul> |

## To Do Before You Move

- Families whose legal name differs from their birth certificate should bring original supporting name-change documentation when registering for Alberta healthcare.
- Ensure you have a letter/official documentation of any diagnosis your child has from a qualified professional, and it must be in English or French.
- Request documentation like your medical records, any completed assessments, or diagnostic reports from professionals you have worked with, and physicians who oversee your child's care.
- Research FSCD service providers and early childhood programs (PUF/ECS) in your destination community.
- Contact your child's current specialists as soon as you receive your posting message to discuss transferring care and initiating referrals in Alberta before your move. Register for a family doctor if needed, recognizing that specialist and pediatric referral pathways may differ.

## To Do After You Move

### Week 1

- Military families should apply for healthcare coverage as soon as possible after relocation. Identify yourself as CAF dependants, and have the posting message available. Waiting-period exemptions may apply for CAF families.

### First Month

- Apply for FSCD funding as early as possible (intake and service coordination can take time).
- Explore:
  - Early childhood programs (PUF/ECS)
  - Therapy providers (SLP, OT, behavioural services)
  - Respite supports
- Get on waitlists for therapy and specialized services if needed.
- Find a new family doctor or pediatrician.

### First Three Months

- Work with your FSCD worker (if approved) to develop your child's service plan.
- Select and coordinate service providers that meet your family's needs.
- Follow up on therapy, school supports, and respite arrangements.
- Connect with local disability organizations for community support and advocacy help.