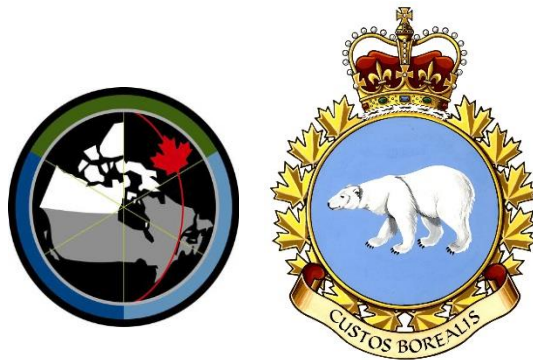


**Joint Task Force North
&
North of 60 MFRC
Posting Handbook
Location: Yellowknife**



Last updated: May 2024

JTFN Contact Information

Joint Task Force North
Box 6666, Station Main
Yellowknife, NT
X1A 2R3
Commissionaire 867-873-0700 Ext. 0
JTFN Duty Officer 867-765-8607

Facebook Page: www.facebook.com/FOIN.JTFN
Twitter: @JointTaskForceN

North of 60 MFRC Information

North of 60 Military Family Resource Centre
5124 54th Street
Box 6666, Station Main
Yellowknife NT X1A 2R3
Telephone # 873-0700 ext. 6859
Email: info.nof60@cfmws.com

Facebook Page: North of 60 MFRC
Website: www.cfmws.ca/yellowknife

Hours of Operation: Monday to Friday 9:00am to 5:00pm

The North of 60 MFRC serves military personnel and their families in:

Yellowknife, Whitehorse and Iqaluit.

Centre Staff

Executive Director
Ext. 6998 or 867-446-1761
director.nof60@cfmws.com

Military Lifestyle Coach
Ext. 6845
mlc.nof60@cfmws.com

Information & Referral Coordinator
Ext. 6844
ir.nof60@cfmws.com

Child Care Navigator
Vacant
ccn.nof60@cfmws.com

Joint Task Force North Command Team Welcome



Congratulations on your upcoming posting to Canada's North! Joint Task Force (North) (JTFN) is a family of Canadian Armed Forces (CAF) members and Department of National Defence (DND) Public and Non-Public civilian personnel and their families across the three Territories. We exist to plan, conduct, and support the execution of operations across the largest CAF Region in Canada. You will soon realize that there are a wide variety of opportunities that come with service north of the 60th parallel. JTFN Headquarters (JTFN HQ) is the main command element located in Yellowknife, Northwest Territories (NWT). To stay connected with other government departments and agencies at the federal, territorial, municipal level, with Indigenous governments and designated organizations, as well as other defense and security partners, small JTFN HQ detachments operate in Whitehorse Yukon Territory (YT) and in Iqaluit Nunavut (NU). We refer to all CAF and DND elements in the North as "Team North" and we are extremely proud of our motto: *Custos Borealis*, or Guardians of the North.

Beyond JTFN HQ, "Team North" is also comprised of the following Yellowknife-based units; the Royal Canadian Air Force's 440 Transport Squadron (home of the Vampires); the headquarters of the Canadian Army's 1st Canadian Ranger Patrol Group (1 CRPG), which exercises command and control of 1800 Rangers divided into patrols across 60 northern communities. 1 CRPG also supports over 1600 Junior Canadian Rangers. Finally, we are home to several support Detachments from Canadian Army's 3rd Canadian Division Support Group (CDSG), 1 Field Ambulance, the Army Reserve's Loyal Edmonton Regiment (LER) as well as Cadet Corps in several locales.

A posting to Canada's North can be both rewarding and challenging. It is important to do your research, avoid making assumptions, and ask the right questions based on your specific role, and your personal or family situation. Expect the cost of living to be a bit higher than what you have previously experienced, and the quality of housing to be slightly lower than you may have had in the past; however, these realities are far outweighed by several region-specific allowances, compensation and benefits, as well as the opportunity to work and live in some of the most beautiful areas of our great country. Ensure you clearly understand these benefits as well as the cost of living in the North as part of your screening. There are also many spousal employment opportunities in the public and private sectors. However, those job offers may not necessarily align with prior career fields and qualifications. Flexibility is key.

For those that are moving to either Detachment Whitehorse or Detachment Iqaluit, your experience will be unique, and you will find yourselves part of a wider federal employee community in your respective territorial capitals. Iqaluit is certainly more remote than the two other JTFN locations, and you should plan and prepare accordingly.

As a member of "Team North" stationed in Yellowknife, you will have an opportunity and experience few members of the CAF are afforded. Not unlike other postings, a tour "North of 60" will be what you make of it. That said, there will be many things you may not have expected; Operations take place year-

round in either planning or execution phases. We are not a typical Base or Wing, and many of the associated support services are not offered. As such, we partner with community organizations for some family services. While our Military Family Resource Centre (MFRC) and Personnel Support Program (PSP) staff are small teams, they are very engaged and will help make your stay an enriching experience. You will also find an active Mess calendar and there will be many social opportunities for all ages. For those who enjoy the outdoors your tour with “Team North” will prove one of your most memorable.

Again, a tour in the North can be both very rewarding and challenging. You and your family will play a key role in setting the conditions for a successful posting. Have a safe and adventurous move to the North, and we look forward to meeting you and your family members once you are settled.

Custos Borealis

BGen Daniel Rivière – Commander JTFN
CWO Terry Wolaniuk – Formation CWO

North of 60 MFRC Executive Director's Welcome

The Advisory Committee and Staff at the North of 60 MFRC extend, to you and your family, a warm welcome to the North. One of our goals is to assist military members, single included, and families with their transition to their new home and their Northern adventure. This handbook is just one tool to assist with this transition. Our friendly staff members are here to assist you with accessing information within and about your new community. Upon request, a welcome package will be sent to you with additional local information on programs and services available to you.

To get a sense of the goings on in Yellowknife and the North of 60 MFRC we encourage you to visit our website at www.cfmws.ca/yellowknife or by following us on Facebook at [North of 60 MFRC](#).

A few considerations for those of you posting in with children; it is advisable to look for childcare spaces immediately as it usually takes time to secure childcare for children under two years of age. A list of licensed daycares and day homes can be found here <https://www.ece.gov.nt.ca/en/childcare>. Please note that the North of 60 MFRC does not offer childcare services. Before school care is not offered in schools and is scarce within the community, some day home providers offer this service at an additional cost. Securing after school care has become increasingly challenging and should be looked into as soon as you've received your posting message. Registration for summer camps and fall recreation programs occurs early therefore it would be advisable to register for activities as soon as you receive your posting message or registration opens. Watch our Facebook page for information. Your North of 60 MFRC staff members are available to assist you with your individual family needs.

We are available to answer any questions you may have about living in the North and a posting to Yellowknife. I encourage you and your family to contact us, with any questions you may have, at info.nof60@cfmws.com or 873-0700 ext. 6859. Don't be shy!

We look forward serving you and your family!

Rose Jasmin
Executive Director

About Yellowknife

Yellowknife, the capital city of the Northwest Territories, is a young, vibrant and growing city with a population of just over 20,000. Yellowknife is located on the North Arm of Great Slave Lake, 512 km south of the Arctic Circle, 965 kilometers by air and 1,500 kilometers by road from Edmonton, the main supply point for the area. The Mackenzie Highway is an all-weather road (mostly paved) that connects to major highway systems in Alberta and B.C. There are several major airlines offering daily flights in and out of Yellowknife. There are also many local airlines and charters.

The region north of Great Slave Lake, has for centuries, been home to the Dogrib Nation who are comprised of three Dene groups; the Chipewyan, the Slavey and the Yellowknives. They refer to themselves as Dene (Deh-neh), which means “the people”. There are eleven official languages, some with multiple dialects within the Northwest Territories.

Our capital city serves as the primary government and administrative centre, providing health, justice and education services to all residents of NWT. Major industries for the community and region include government, mining, transportation and communications, financial and commercial services, tourism, manufacturing and fishing.

Yellowknife usually enjoys a very dry climate. Annual precipitation averages about 21 cm rainfall and 56 cm snowfall. Temperatures average between -35 Celsius in January to +21 Celsius in July. In June/July there is an average of 22 hours of daylight per day. Daylight in the winter (late December) is reduced to about four hours per day.

Yellowknife is still within the tree line. There is a great deal of coniferous trees, although they are smaller than you are used to seeing. Because we are located on the Pre-Cambrian Shield, there is a great deal of rock, which tends to give the land a rugged, harsh, craggy look. This, combined with the stillness of the air, makes for a very tranquil setting.

Yellowknife's communication services include; cable television, digital cable, satellite radio and television, paper media, internet from a host of providers.

Yellowknife hosts a myriad of good restaurants, ranging from coffee shops to full-service dining lounges. Several have gained prominence with visitors, namely the Wildcat Café, the Bullock's Bistro and the Gold Range Cafe (giant egg rolls). Many ethnic foods are available within the City.

Units

Joint Task Force North (JTFN)



Situated in Yellowknife, the capital of the Northwest Territories, Canadian Armed Forces Northern Area (CFNA) was formed on 15 May 1970 to assist in maintaining Canadian sovereignty and to support Canadian Armed Forces activities in the North. In February 2006 CFNA became JTFN. In January 2009 JTFN formalized the separation of the Commander's Joint Staff and support elements in the North resulting in the creation of Area Support Unit (North).

JTFN will contribute to the defence of Canada by providing a Canadian Armed Forces presence in the Yukon, the Northwest Territories and Nunavut. It is an immense area, covering almost four million square kilometres of land (roughly 40% of Canada's land mass). We stand as the image of the CAF in the North. As a group of highly professional and dedicated service personnel, we take great pride in our ability to accomplish our mission under the most severe weather conditions Canada has to offer. JTFN HQ is a joint headquarters capable of coordinating, supporting and conducting operations in the most unique theatre in Canada.

The Team North complement includes approximately 300 military and civilian personnel. The units within the JTFN area are: JTFN HQ Yellowknife; HQ Detachment in Whitehorse; and HQ Detachment in Iqaluit; (all, with the exception of Det Whitehorse and Det Iqaluit, are located in Yellowknife). Other units and detachments include; 440 Transport Squadron, 1 Canadian Ranger Patrol Group, C Company of the Loyal Edmonton Regiment, Military Police Det YK, 1 Field Ambulance Det YK, ACCE(N) Det YK, 3 CDSG Det YK, 77 Line Regiment Det YK, Real Property Ops Det YK, Military Family Resource Centre, Chaplain Services, Canadian Forces Housing Agency and Personnel Support Program situated in Yellowknife. Due to the relatively small size of the organization, each individual is necessarily a specialist in his or her own field. In addition to their significant contribution to Canada's Northern Defence Policy, JTFN personnel are afforded the unique opportunity to explore and experience living in this exciting and rapidly developing part of our nation.

The unit sections are dispersed throughout Yellowknife and occupy areas within the Evans bldg, Greenstone bldg, Trinity Hangar, Kam Lake and Forward Operation Location in the vicinity of the Yellowknife airport.

Lot 50 -- the site of JTFN HQ -- is named "The Evans Block" and the HQ building is called "the Evans Building" in memory of Lieutenant-Colonel T.D.B. Evans, C.B., Commander of the Yukon Field Force, of 1898-1899, which was the first Canadian military unit in operation 'North of 60'. The JTFN HQ motto *Custos Borealis* means Guardians of the North.



1st Canadian Ranger Patrol Group



Formally established on April 2, 1998 in Yellowknife, NT, the 1st Canadian Ranger Patrol Group (1 CRPG) encompasses the three territories (Nunavut, Yukon Territory and Northwest Territories) and the community of Atlin, BC. 1 CRPG is a unique Army unit due to its large area of responsibility, diversity, culture, size (largest military unit in Canada), mandate, and command relationships. It is under direct command of 3rd Canadian Division (located in Edmonton) Alberta and is often attached to Joint Task Force North for Force Employment. It also receives policy direction from the Directorate of Canadian Rangers and the National Cadet and Junior Canadian Rangers Support Group.

Canadian Ranger patrols operate along 75% of Canada's coastal regions and 8,000 kilometers of coastline from east to west. 1 CRPG's area of responsibility covers approximately 4 million square miles, representing 40% of Canada's landmass. 1 CRPG is a very active unit that conducts approximately 200 patrols, exercises, operations and other activities annually. The headquarters is located in Yellowknife, NT is responsible for the administration, training and

operations of 61 Canadian Ranger (CR) patrols in 65 communities (comprising 1800 Rangers) and 44 Junior Canadian Ranger (JCR) patrols (comprising 1400 youth).

On average, Ranger Instructors (RI) deploy on a monthly basis for up to 10 days at a time. Other HQ staff also deploy but less frequently, but have very demanding workloads throughout the year supporting the activities associated with CRs, JCRs and RIs.

Nationally there are approximately 5,000 CRs who live in more than 200 communities across the country. CRs are divided into five Canadian Ranger Patrol Groups (CRPGs) each based in different locations across Canada. Each CRPG covers a distinct geographical area and has a headquarters and a staff who are responsible for overseeing the CRs and JCRs in their area.

The role played by the CRs and staff of 1 CRPG is vital to providing a Canadian Armed Forces (CAF) presence in the North. Our motto “Vigilans” when translated means “The Watchers”



Canadian Rangers in Yellowknife, NT during Leadership Training in October 2019

Canadian Rangers

The CRs have a rich history that began on 23 May 1947, to provide a military presence in remote and isolated areas in the North. Today the CRs are a sub-component of the CAF Reserves working in remote and isolated regions of Canada.

The CR mission is to provide lightly-equipped and self-sufficient mobile forces in support of CAF sovereignty and other domestic operations.

CRs are not required to undergo mandatory training; however, they participate in approximately 14 days of annual training and may participate in optional training.

CRs are come from diverse backgrounds and though not an indigenous organization, a majority are First Nations, Metis or Inuit. English is often not the first language. In NWT alone there are 11 official languages.

CR Patrols on average have a strength of 30 CRs and regularly train in activities such as first aid, ground search and rescue, leadership, navigation, weapon safety, and other special training as required. CRs will participate in at least one annual on-land exercise with their RI which takes place within the local patrol area, normally within a radius of approximately 150 kilometers from their home community. CRs are also responsible for recruiting, training and mentoring the JCR Program in communities that have JCR patrols.

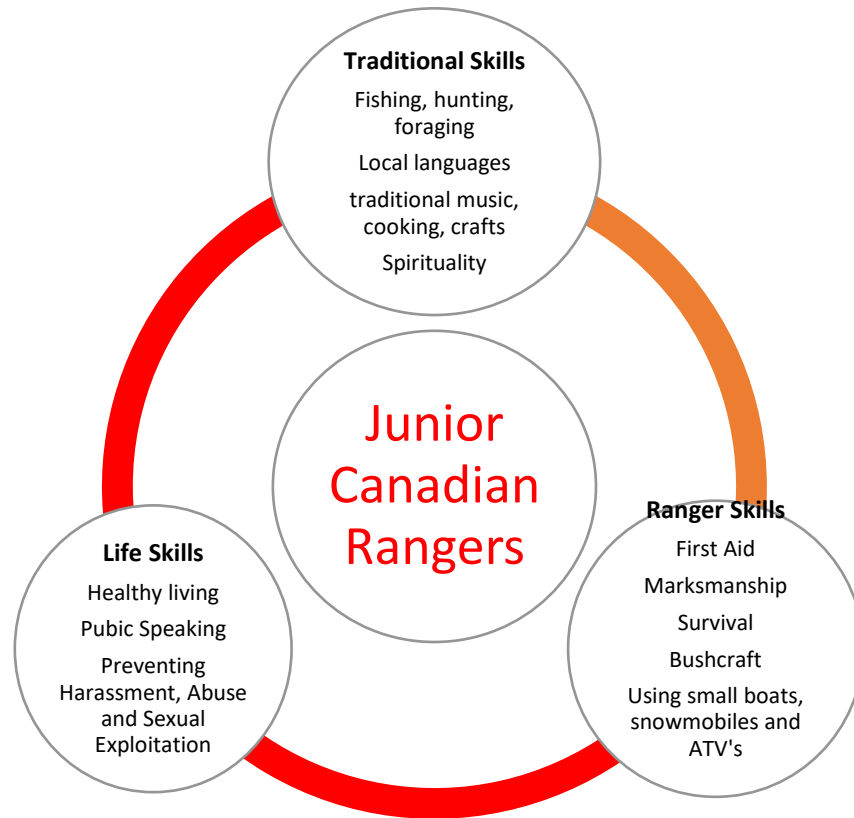
CRs do not have a compulsory retirement age and can serve as long as they are able to physically be able to continue performing their duties are likely to promote, from an educational or administrative perspective, the general efficiency of their patrol, the CR sub-component and the CAF. Patrols elect their leadership, patrols will elect 1 x Sgt (patrol Sergeant) 2-5 x MCpls (patrol 2IC, section commanders and JCR MCpl) and 4 x Cpls depending on the size of the patrol and the presence of a JCR patrol in the community.

Junior Canadian Rangers

The Junior Canadian Rangers (JCR) program was established in 1996 to provide a structured youth program, which promotes traditional cultures and lifestyles, in remote and isolated communities.

The JCRs are youth from 12 to 18 years of age, who live in remote and isolated areas of Canada that have CR patrols.

JCRs are easily recognized by their striking green sweatshirts, and ball caps. It is a free program with the objective of imparting the three circles of learning;



JCRs have the opportunity to participate in one of three Enhanced Training Sessions (ETS) during the summer months:

Basic ETS - (12 to 14 years) - Initiate JCR to group life and make new discoveries in an unknown environment to them.

Advance ETS - (14 to 16 years old) - To participate in outdoor challenges and adventures to promote a positive individual respect, belonging within a group and introduce them to leadership.

Leadership ETS - (16 to 18) - To participate in activities as a leader, plan, organize and carry out activities to develop leadership skills.

The JCR program is a Government of Canada youth program, funded by the Department of National Defence and supported by the CAF. In conjunction with this support each JCR Patrol is supported by an Adult Committee from their community, their Canadian Ranger Patrol, and the CAF to share in the development, delivery, and evaluation of the JCR community training program.

Each JCR patrol also has a Ranger Instructor assigned to it and is run by a Ranger MCpl and Cpl.



Woodworking is just one of the many traditional skills that Junior Canadian Ranger's learn while attending the Summer Enhanced Training Session.

For information regarding the Canadian Rangers, and 1 CRPG visit the following

www.facebook.com/1crpg.1gprc

<https://army.gc.ca/en/canadian-rangers/1-canadian-ranger-patrol-group/index.page>

www.jcr-rjc.ca

www.twitter.com/1CRPG_1GPRC

440 (Transport) Squadron



440 (Transport) Squadron prides itself as being the only permanently-stationed Squadron North of the 60th parallel. Currently an integral unit of 8 Wing Trenton, Ontario, the Squadron has had a presence in Yellowknife since 1971. Initially consisting of a detachment of two aircrafts and associated personnel from the main body in 18 Wing Edmonton, the Squadron moved

completely to Yellowknife in 1994 with the closure of that Wing.

With its current contingent of four CC138 Twin Otter aircrafts, the Squadron's primary role is to provide air transport operations, primarily in support of Joint Task Force North, 1 Canadian Ranger Patrol Group, and 1 Canadian Air Division. The Squadron also provides a secondary Search and Rescue response capability, and has been called upon to support major search operations as well as to search for missing hunters and snowmobilers. Deployments on Exercises and Operations take us throughout the North of Canada all the way to CFS Alert, as well as into Alaska and Greenland working with our US, and other international partners.

The squadron is comprised of approximately 59 personnel which include aircrew, technicians, supply technicians and logistics who are a mixture of Regular Force and Reserve Force members.

440 (T) Squadron is the lone Royal Canadian Air Force operator of the CC138 Twin Otter. This aircraft is well suited for flying in the rugged and austere Arctic and for enduring the harsh northern environment. Considered a light utility aircraft, the Twin Otter can carry passengers, cargo, or a combination of both. The Twin Otter has a cruise speed of 275 kilometers per hour and an effective range of approximately 1200 kilometers. The aircraft can be configured with a Para door to allow for aerial delivery of supplies and free fall parachutists. As seasonal and operational requirements dictate, the Twin Otter can be configured with wheels (3 different types of tires) or skis. This allows operations on paved, gravel, or abandoned runways; unprepared surfaces such as tundra, beaches, and gravel bars; or frozen fresh water lakes or sea ice. This versatility is unmatched by other RCAF fixed-wing aircraft.

The squadron badge depicts a bat in the center which is suggestive of night flying and the use of radar, and the cloud condition of poor visibility. Both of which were especially applicable to the squadron's role when reformed as an all-weather fighting squadron in the 1950's. The squadron's motto is KA GANAWAITAK SAGUENAY (He who protects the Saguenay).

The Loyal Edmonton Regiment (4th Battalion, Princess Patricia's Canadian Light Infantry)



Charlie Company of the Loyal Edmonton Regiment (4th Battalion, Princess Patricia's Canadian Light Infantry), abbreviated as "C Coy L Edmn R", was established in August 2009 following an announcement by the Minister of National Defense in September of 2008. The Company was

established as part of a larger Government of Canada move to increase Canadian Armed Forces presence in the North.

The L Edmn R's Regimental Headquarters, Alpha, Bravo and Administration companies are located in Brigadier James Curry Jefferson Armoury in Edmonton and maintain close contact with C Company to foster collective training and to support its growth and development.

C Coy L Edmn R is the only Combat Arms Primary Reserve organization in the Arctic Region and functions as a foot on the ground in the North for 41 Canadian Brigade Group and the 3rd Canadian Division of the Canadian Army.

C Coy is focused on maintaining its core infantry capabilities and the continuous development of its winter warfare subject matter expertise. C Company exercises are typically once per month from September through June, with exercises occurring in the Arctic Region once or twice a year and others in southern Canada (typically Wainwright, Dundurn and others) with the remainder of the L Edmn R. Typically the first northern exercises of each training year will be live ranges involving other Team North Units, and the second will be a Winter Indoctrination / Winter Warfare exercise involving patrolling either dismounted or by Light Over Snow Vehicles (LOSV). C Coy recruits members through direct recruiting in the Yellowknife region (<https://forces.ca/en/>) and through transfers of graduates from CAF aboriginal programs such as Raven. BMQ training may be in-house in Yellowknife or centralized at the 3rd Canadian Division training centre in Wainwright, along with the DP1 Infantry course. In addition to BMQ and collective training, C Company has the ability to conduct IBTS, Winter Warfare Basic and LOSV training organically.

Though not a CJOC organization, C Company is a full member of Team North and endeavours to coordinate training and to cooperate to the greatest extent possible with flanking units. Members participate in all major events and functions taking place in the Yellowknife garrison and are a part of the Team North mess and cultural life.

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About Your MFRC



Due to factors associated with isolation as well as the smaller military community size, the MFS - North of 60 (MFRC) operates under the Non-Public Funds (NPF) model. It works in collaboration with the Chain of Command and an Advisory Committee. This MFRC reports to Military Family Services (MFS), instead of a Board of Directors. The Advisory Committee is a group of volunteers (military personnel, military family members and community agencies). The Advisory Committee plays a critical role in the operation of the organization, ensuring that the community's needs and preferences are adequately represented when programs and services are implemented.

Our staff team consists of an Executive Director, an Information and Referral Coordinator, Military Lifestyle Coach and a Child Care Navigator.

We provide support to our military families by assisting them through transitional periods (posting in or out as well as prior to releasing), providing information and referral services (local and national information), mental health services as well as access to and funding for emergency child care. Through an outcome based model we aim to meet our military family needs using a one on one family centric approach.

Support services are our main focus. We have a variety of services available to you. Some of these services include internal pet sitters list, babysitters list and volunteers who assist during emergencies or while the CAF member is away. Looking for a list of local service providers who offer military discounts? We have that too, <https://cfmws.ca/yellowknife/shop-local>.

Need assistance or have a question? We are here to assist you!

Information and Staying Connected

Our web-site, www.cfmws.ca/yellowknife, contains program information and useful links. Have a topic you want to chat about or just want to meet other North of 60 MFRC members then like us on Facebook, search for North of 60 MFRC.

Accommodations

Northern Housing Pool and How It Operates

Canadian Forces Housing Agency (CFHA) offers a site office in Yellowknife responsible for administering your accommodation requirements in Yellowknife from the Northern Housing Pool of approximately 189 units managed by Public Services Procurement Canada (PSPC).

Housing in Yellowknife works differently from military bases across Canada in that the housing is owned/leased by PSPC and members go through CFHA to rent. The rent is in accordance with fair market values, but both rent, and utilities are subsidized by CFHA, members pay a base shelter value (BSV). Utilities are managed by PSPC and utility charges are calculated in accordance with the Treasury Board Secretariat (TBS)/National Joint Council (NJC) [Isolated Post and Government Housing Directive \(IPGHD\), Section 6.14 - Fuel and Utility charges](#). These charges are also adjusted annually by the Canada CPI indexes for water, fuel, and electricity.

Housing Instrument and How It Works

Housing Forecasts are completed annually between CFHA/JTFN and PSPC which is the basis of the Housing Instrument for that fiscal year.

The Housing Instrument is the **yearly** agreement between CFHA and PSPC for the **number** of 3 and/or 4-bedroom units forecasted. CFHA agrees to pay rent and adjustments to PSPC. All forecasts are submitted to PSPC prior to June 30, and final revisions are to be completed by September 30 of the year prior to allocation. As of October 1, the forecast automatically becomes an agreed number of units and may not be changed without penalty. Any changes after October 1 must be mutually agreed upon and can only be implemented through the issuance of a *Standard Amendment* document.

As established, requests for *Standard Amendments* between October 1 and March 31 will be on a “first come – first served” basis and any request which increase or decrease the number of housing units allotted is subject to a \$1,500 fee per unit.

Because of the financial commitment involved CFHA attempts to keep amendments to a minimum and only request additional housing units if necessary.

Units are allocated on 1 Apr of the new fiscal year to CFHA, the current housing instrument for Yellowknife is 109 units – 75 – 3 BRM, 34 – 4 BRM units.

Applying for Crown Housing & the Housing Offer

CFHA requests housing from PSPC based upon your eligibility in accordance with the DND Living Accommodation DAOD 5024-0. Housing requests are processed with PSPC upon receipt of your Residential Housing Unit (RHU) application accompanied with a copy of your posting message which should be sent directly to the CFHA Yellowknife Office by email at cfha-alfc.yellowknife@forces.gc.ca, or

complete online : [SERVICES FOR OCCUPANTS](#) located on our main page.

- [APPLICATION FOR DEPARTMENT OF NATIONAL DEFENCE RESIDENTIAL HOUSING UNIT](#)

**Note: You are required to submit a copy of your posting message or required documentation to the HSC to complete your application file.*

Completed applications must be emailed to CFHA in Yellowknife prior to coming on your House Hunting Trip (HHT) or Destination Inspection Trip (DIT).

You are eligible to one of two choices of obtaining crown housing: a. HHT – includes up to five days and five nights at the new location, for the CAF member and/or spouse. The total duration including travel time should not normally exceed seven days and six nights, to look for appropriate housing either crown or on the economy; and b. Destination Inspection Trip (DIT) includes up to three days and three nights at the new location, for the CAF member or spouse. The total duration, including travel time should not normally exceed five days and four nights.

With a Posting Message and Application for Department of National Defence (DND) Residential Housing Unit sent to CFHA Yellowknife you are eligible to secure a unit within a 45-day window. The Coming on Strength (COS) date will dictate the time required to hold a unit address. *If vacancies exist* in the housing instrument for DND and you come on your HHT/DIT trip within the 45-day window you may be able to reserve a unit at that time. CFHA Yellowknife will contact the member with the offer of acceptance called Allocation of Married Quarter, the member then has 72 hours to accept or decline the offer. See Annex B. *

Please note that attaining a unit within the 45-day window is not always guaranteed as the allocation of units is subject to availability and the PSPC/CFHA wait list of applicants. The PSPC wait list of applicants includes CAF and RCMP members requesting housing.

Quite often it may not be possible to allocate units until members start to vacate in June, July, and August; however, CFHA will work with each member to allocate an address as soon as possible based on the waitlist of applicants on file.

Most often there are vacant units that CAF families can view during the HHT/DIT to compare from and the CFHA representative will work closely with you and your family to provide a suitable housing option(s).

When the number of applicants exceeds available housing, CFHA will create a wait list for each dwelling size. Accommodation waitlists managed by CFHA and PSPC shall be allocated based on the member's COS date and application date when applicants share the same COS date. You will be advised as soon as possible of the address, size, cost, and number of bedrooms of your assigned accommodation. Your movement restriction will be lifted upon acceptance of the assigned accommodation.

It is important to note that housing cannot be reserved or allocated to a member prior to the beginning of the member's 45-day window period. For example,
COS date of 15 July 2023

Start of 45 Day Window is 31 May 2023.

If a member chooses to take an HHT/DIT prior to 31 May they may view government housing styles; however, they cannot be offered one at that time. They can be offered government housing on or after 31 May 2022 pending housing availability and the wait list of applicants.

Crown Housing VS Economy Housing

On average one third of JTFN HQ personnel have elected to live in pool housing which, for the most part, is of the townhouse variety. Pictures of examples of the housing units available are presented in Annex C. Note that there is no furnished RHUs available in Yellowknife. All units come with two appliances, a fridge and stove, PSPC will not remove them to accommodate the member's personal appliances. As well, note that **ALL HOUSING ASSIGNED BY CFHA IS SUBJECT TO AVAILABILITY. During APS, it may take several weeks for houses to be vacated and prepared for new occupants; therefore, new housing assignments may be delayed for this process to take place.**

Any member securing crown housing is entitled to request Canadian Forces Housing Agency Calculation of Household Income of the Basic Shelter Value (BSV). Based on a Treasury Board Secretariat (TBS) directive, a charge of up to 25% of gross household income for DND housing (excluding costs for parking, fuel, and utilities) is considered acceptable. Where the rent exceeds 25% of gross household, the occupant may apply with CFHA to have the rent reduced to the 25% limit. Applications for rent reduction must be submitted annually and provide the necessary details to substantiate the gross household income level. Please see Queen's Regulations and Orders 4.1 for more information.

If a CAF member believes they are eligible for a shelter charge reduction, they [apply](#) (PDF format) to their Housing Services Centre for review.

If you choose not to accept an RHU, Yellowknife has a viable housing market. However, be advised that rental accommodation may be scarce and expensive. Personnel considering renting or purchasing accommodations may obtain information on the Yellowknife Housing Market here: <https://www.numbeo.com/cost-of-living/in/Yellowknife>.

Taking Possession of Your Government House/ March-In/Move-In Appointment

Once you have accepted government housing, please contact the CSR at HSC Yellowknife to schedule a timing to accept the keys to your new home. To ensure that the unit is properly cleaned and ready for your arrival PSPC staff will require at least a minimum of ten working days' notice in advance of the required occupancy/move in date.

For example,

A request by the member for a move in date of Monday, 17 July 2023 should be arranged with the CFHA rep at the latest by 3 July 2023 to avoid any unnecessary delays.

A maximum of 3 Move In/Out appointments can be completed daily by CFHA; therefore, scheduling an appointment as soon as you have your move dates confirmed is recommended.

Customer Service Representative
Office: 867-873-0700 ext. 6719
Mobile: 867-444-9028
Email: cfha-alfc.yellowknife@forces.gc.ca

Housing Service Centre Manager
Mobile: 867-444-0586

CFHA Office Location
Greenstone Building, 2nd Floor.
5101-50th Avenue



Renting on Economy or Purchasing a House

Personnel considering renting or purchasing accommodations may obtain information on the Yellowknife Housing Market here: <https://www.numbeo.com/cost-of-living/in/Yellowknife>.

To note:

- **Availability of one and two bedroom units are scarce. Many members have had no option but to rent a three or four bedroom unit.**
- A decent three-bedroom unit, rented on economy, usually costs between \$2500 - \$3500 per month not including utilities.
- There are some units available at a lower cost however one should take caution of particular buildings or areas within town. Please contact the MFRC for further information.
- When renting, be sure to ask what is included in the rent as some costs, such as heating, are much higher during the winter months.
- When purchasing a house, if you cannot do equal payments for some of your utilities right away, be sure to set aside some cash to make up for the higher heating costs during the colder winter months.
- You may be able to waive some of the utility deposits by providing a letter of reference from a previous utility provider. Most businesses will take a letter from any service provider and not just the same type of service provider.

CANEX Home Heating Program

For those of you heating with oil, there's a discounted home heating program provided through Canex. Click here to apply: <https://www.canex.ca/en/hhp>. Unfortunately, this program does not include propane in Yellowknife at this time.

Cost of Living

Cost of living is one of the more frequent concerns families mention prior to a posting. There are many financial factors to consider when posting to Yellowknife. This link will give you an idea on some of those financial factors: <https://www.numbeo.com/cost-of-living/in/Yellowknife>. Click here to see average 2019 household expenditures for Yellowknife: https://www.statsnwt.ca/prices-expenditures/household_expenditures/.

To note:

- Fresh produce spoils much quicker in Yellowknife therefore most people must adjust their shopping habits.
- Pay particular attention to expiry dates of meats, dairy products, salad dressing, etc...
- For some reason bananas are often green, sometimes never ripening, or turn brown very quickly. It's a thing.
- Occasionally, there are empty shelves at one grocery store but do not worry, check out the other stores in town and you'll usually be able to find what you need.
- That being said, sometimes there will be a total shortage of a particular item across town. For example, one Christmas season there was a wrapping paper shortage. It's at times like this that people get creative.

Tip: Vehicle repairs are costly with long wait times for parts. It is recommended to have vehicles serviced and/or winterized (installation of block heater, battery blanket and/or trickle charger) prior to posting to Yellowknife.

Finances and Benefits

According to the 2019 NWT Bureau of Statistics report, the average annual 'family' income in Yellowknife is \$167,751, while the average personal income is \$76,637.

The higher cost of living is quickly evident while purchasing goods and services at gas stations, grocery stores, and restaurants. Transportation, staff, and overhead costs drive the prices up in comparison to our southern counterparts.

The further north you go, the more expensive it gets. The railway only goes as far as Hay River, in the Territories, which is located on the south shore of Great Slave Lake. The elevated cost of living is offset, however, by some of the allowances to which you are eligible. If you shop around for bargains, you will also be able to keep costs down.

Personnel posted to JTFN Yellowknife, Dets Yukon and Nunavut, 1 CRPG, 440(T) Sqn, LER will receive Isolation Allowance (IsolA) and Northern Leave Travel Assistance (NLTA).

As there is no Government housing available in Whitehorse, all personnel will either rent or purchase a residence on the economy. In Iqaluit, there is no option of renting or purchasing on the economy. All individuals will be assigned Government housing.

Isolation Allowance

Ref: **CBI 11**

IAW CBI 11.2.01(2), Regular Force members and those on Class A, B or C reserve service who are posted to an isolated post are entitled to receive Isolation Allowance (Isol A). Yellowknife, Whitehorse and Iqaluit are considered isolated posts, and as such, an entitlement to Isol A exists.

Isol A is broken down into four components:

- Environmental Allowance (EA): Calculated based on the community population, climate and accessibility;
- Living Cost Differential (LCD): Payable where prices of food and other goods and services are abnormally high in comparison to the location identified as the major source of supply for a region;
- Fuel and Utilities Differential (FUD): Payable to assist members to meet abnormally high prices for fuel and utilities due to higher transportation costs and consumption rates; and,
- Shelter Cost Differential (SCD): Payable to help members offset the higher shelter charges at certain isolated posts.

All members are entitled to the EA, LCD and SCD portions of Isol A, regardless of your housing situation. Members residing in government housing are not entitled to FUD as the fuel and utility charges are directly paid to the supplier by CFHA.

Isol A rates are assessed once per year by DCBA. Refer to the Table at CBI 11.2.04 for explanations regarding rate increases and decreases.

Rates of Payment

Each member entitled to receive Isol A will have their allowance paid to them based on certain criteria, including their marital status, geographic location and housing situation. For ease of reading, each situation has been broken down based on their accompanied status. Each accompanied status will be defined and the Isol A rates associated with the location where a member will be or has been posted are included.

Unaccompanied

For the purposes of Isol A, an unaccompanied is a member who is posted to an isolated post and, in most cases, declares their marital status to be single, separated or divorced and do not have dependents. There are cases where a member, primarily those on Class B Reserve Service, who

is not entitled to Imposed Restriction status or Separation Expense, and where they do not move their dependents to an isolated post, will be considered unaccompanied.

Yellowknife

Marital Status	Housing Situation	EA	LCD	FUD	SCD	Total
Unaccompanied	Private	\$182.00	\$423.50	\$368.75	\$626.33	\$1600.58
Unaccompanied	Government	\$182.00	\$423.50	N/A	\$391.08	\$996.58

Accompanied – Married, Common-Law or Single with Dependents

For the purposes of Isol A, an accompanied member who is posted to an isolated post and, in most cases, declares their marital status to be married or common-law, and their respective spouse or partner is not employed with the Canadian Armed Forces in any capacity or the Federal Public Service. Members who are single, separated or divorced and have their dependent children accompanying them on the posting will also be considered as “accompanied” for the purpose of Isol A.

Yellowknife

Marital Status	Housing Situation	EA	LCD	FUD	SCD	Total
Accompanied - Married/Common-Law/Single w/ Dependents	Private	\$303.33	\$705.91	\$614.58	\$626.33	\$2250.15
Accompanied - Married/Common-Law/Single w/ Dependents	Government	\$303.33	\$705.91	N/A	\$652.41	\$1661.65

Married Service Couple/Federal Public Service Couple with no Dependents

For the purposes of Isol A, a member, who forms part of a married service couple (MSC) or is married to or in a common-law partnership with a Federal Public Service employee, and does not have dependent children, will fall into this category. For ease of the chart below, a member of the Canadian Armed Forces married to or in a common-law partnership with a Federal Public Service employee has been abbreviated as FSC (Federal Service Couple) and will be referred to as such in following scenarios, except for the title of the scenario.

Yellowknife

Marital Status	Housing Situation	EA	LCD	FUD	SCD	Total
MSC/FSC (no dependents)	Private	\$182.00	\$352.95	\$307.29	\$313.17	\$1155.41
MSC/FSC (no dependents)	Government	\$182.00	\$352.95	N/A	\$326.11	\$861.06

Married Service Couple/Federal Public Service Couple with Dependents

For the purposes of Isol A, a member, who forms part of a MSC or FSC, and has dependent children, will fall into this category. One member of the MSC or FSC will receive isolation allowance at the accompanied rate and the other will receive the allowance at an unaccompanied rate. There is an option for one member to collect all portions, except for the EA component, of the unaccompanied allowance. For further information, please speak with the JTFN HQ OR screening section prior to arrival or with the pay and records section upon in-clearance.

Yellowknife

Marital Status	Housing Situation	EA	LCD	FUD	SCD	Total
MSC/FSC (w/ dependents) (accompanied)	Private	\$303.33	\$352.95	\$307.29	\$313.17	\$1276.74
MSC/FSC (w/ dependents) (unaccompanied)	Private	\$182.00	\$352.95	\$307.29	\$313.17	\$1155.41
MSC/FSC (w/ dependents) (accompanied)	Government	\$303.33	\$352.95	N/A	\$326.11	\$982.39
MSC/FSC (w/ dependents) (unaccompanied)	Government	\$182.00	\$352.95	N/A	\$326.11	\$861.06

Imposed Restriction

For the purposes of Isol A, a member, who has declared a marital status of married or common-law, is posted to an isolated post who requests and is granted Imposed Restriction (IR) status from the Career Manager and demonstrates entitlement to Separation Expense (SE) under CBI 208.997 will receive the EA, LCD or both components of Isol A. This is because a member on IR status and entitled to SE will be entitled to non-commercial accommodation and family housing under CBI 208.997(9), where a member is entitled to actual and reasonable expenses for non-commercial accommodations or family housing and utilities.

Yellowknife

Marital Status	Housing Situation	EA	LCD	FUD	SCD	Total
Member on IR	Private	\$182.00	\$423.40	N/A	N/A	\$605.50

Tax Benefits

There is no provincial sales tax in the NT or NU, however, there is a NT/NU payroll tax which equates to 2% of your gross income. This tax is, offset by a NT/NU tax credit, claimable by all personnel whose primary residence, as at 31 December, was in the NT/NU.

Northern Leave Travel Allowance (NLTA)

Isolated Post Travel Assistance (formerly known as NLTA)

The purpose of IPTA is to give a member, who is posted for duty at an isolated post, and, where applicable, their dependants, the option to travel from the post without being subjected to excessive costs. This applies to any member that has been posted for duty to an isolated post for a period of 90 or more consecutive paid days.

For more information on eligibility and frequency of entitlement refer to [CBI 11.4.03](#). Please note that single members posted to an Isolation Post are entitled to receive their Leave Travel Allowance (LTA) and their Isolated Post Travel Assistance. LTA is a separate benefit referring to a different policy, [CBI 209.50](#). Please don't hesitate to contact the JTFN OR staff by email at JTFNOR@forces.gc.ca for clarification.

Long Term Storage (LTS) policies and procedures

Reference: Canadian Forces Integration Relocation Program (CFIRP) 2009-2018 Article 9.1.06

A CF member who moves their HG&E on or after 19 April 2018 is entitled to LTS including partial shipment when they are posted to an isolated post.

LTS will be at origin, not at destination (Yellowknife). Therefore, the request cannot be entertained once the HG&E is packed/loaded. The earlier you send your request to the losing unit F&E Section, the better.

Screening and Your Posting to an Isolated Location

You and your family are coming to an Isolated Location. For you to be an effective member of the JTFN team, there are a number of factors that must be assessed to ensure that you and your family can be safely posted here. [CANFORGEN 177/05 251819Z NOV 05](#) details the

requirements for a screening to an Isolated Post, the screening requirements for Dependents' health and the requirements for Dependents' dental.

In order for your posting to commence, all requirements detailed in the CANFORGEN listed above, must be considered by the appropriate authorities at your losing unit. The main reason for this is that there is limited access to medical and dental facilities in Yellowknife, Whitehorse and Iqaluit and there are a number of health conditions that cannot be properly addressed in these locations. Please ensure that a proper screening is performed on both yourself and your family – it will help avoid unnecessary complications during your posting to JTFN.

Sponsor Contact

Your sponsor will be appointed by your gaining unit/section. Your sponsor is responsible to:

- a. contact you ASAP to provide helpful information, travelling tips, type of housing available, etc;
- b. provide an overview of the unit op tempo and job description; and
- c. escort and assist you during your "In Clearance" to the various sections of JTFN.

Any screening or posting related questions should be sent through email to JTFNOR@forces.gc.ca

Before, After and Early Dismissal School Care Programs:

Besides certain day homes and students in the Montessori school, before school care is non-existent. After school care spots are minimal and difficult to secure with long wait lists.

To note:

- Due to staffing issues, after school care spots provided by the YWCA are very limited with long wait lists.
- Schools within the Catholic school board, Sir John Franklin High School and École Allain St. Cyr have early dismissal, noon, every Thursday. Click here to access a document of service providers offering early dismissal programming: <https://cfmws.ca/yellowknife/choosing-child-care-in-yellowknife>
- Some day homes offer after school care, see link below.
- You may also want to join the [Yellowknife Childcare Needs](#) Facebook page as there are a number of day home providers who will post their availability on there. You can also post that you're looking for after school care and may receive a response, if someone has availability.
- Not all programs offer care when schools are closed for teacher learning days.

Licensed Family Day homes and Child Care Centres

http://www.ece.gov.nt.ca/files/publications/nwt_dayhomes_by_region_jan13_14_0.pdf

Stanley Boxing & Fitness (867) 873-2348
<https://stanleyboxing.com/after-school-program/>

Yellowknife Day Care Association (867) 873-6369
<http://www.ykdaycare.com/>

YWCA (867) 920-2777 x 314
<http://www.ywcanwt.ca/children-and-youth/after-school-program>

Tip:

Request to be put on a wait list as if the YWCA can secure staff they may open more spots to those on the wait list.

Daycare / Day Homes (Licensed)

Daycare in Yellowknife, like most places in Canada, can be difficult to secure. In Yellowknife, it is particularly challenging to secure childcare for children under 2 years of age. Parents are encouraged to start their search for a childcare provider PRIOR to their move to Yellowknife.

Note:

- There are now very long wait lists for child care spots, both with private day homes and day care centres.
- After school care registration opens in February or March and fill up extremely quickly.
- This past year there have also been issues with school bus route cancellations due to lack of staff.
- Daycares and Day Homes are closed on National Aboriginal Day, which is not a statutory holiday for military members. See information below regarding Statutory Holidays.
- You may also want to join the [Yellowknife Childcare Needs](#) Facebook page as there are a number of day home providers who will post their availability on there.

For an up to date licensed daycare/day home list click here:

https://www.ece.gov.nt.ca/en/childcare?order=field_location&sort=asc.

Statutory Holidays, March Break and Summer Camps

You should note that CAF members are required to work on National Aboriginal Day which occurs each year on June 21st. Although Canada Day and Remembrance Day are both statutory holidays CAF members are often required to parade on one or both of these days. Daycare centres and day homes are **closed** during these holidays therefore making alternate arrangements are sometimes necessary. Also note that the NWT does not observe Family Day.

March break is scheduled for 2 weeks, often but not always the last two weeks of March, during this time schools are closed in Yellowknife. To note: City run March break programs are offered only to children 7+ years of age but fill up fast. There is a lack of child care for children under 7 years of age during this time. Planning ahead for child care coverage is crucial. Plan ahead, check with your child's day care to see if they are open during March break and make sure you have annual leave to take off if needed.

There are several summer camps offered throughout the summer however almost all camps are offered to children starting at 5 years of age. There is only one camp offering services to children under 5 years of age however they book up very quickly. Also be aware that some daycare/home providers follow the school calendar of close for a week or two during the summer therefore planning ahead will make your life less stressful.

It is a good idea to start looking in to summer camps around the end of May. Camps fill up very quickly and it can be hard to get your child in.

Contact the MFRC Information and Referral Coordinator for a list of up-coming Summer camps or keep an eye on our Facebook page.

Schools

Yellowknife schools are very different than what most parents are used to in other locations.

- Yellowknife Catholic Schools and École Alain St-Cyr dismiss students at noon, every Thursday.
- You or your children do not have to be Catholic to attend one of the Catholic schools.
- Children can attend any school, despite where you live.
- MAIN STREAMING is the preferred venue for special needs children, special education teachers, resource teachers and teachers aides are utilised.
- Mildred Hall has a program for gifted children whereby they are withdrawn from normal classes for a certain period each day for advanced classes (starting at Grade 3).
- There are several Strengthening Teacher Instructional Practices (STIP) days throughout the school year, generally one or more per month for schools within the YK1 school board.

School Bus Passes

Around mid-August watch for ads in the local paper, and the MFRC Facebook page, for details on when the passes will be available (usually one or two weeks before school starts). Contact First Student Canada at (867) 873-4693 for information and pricing.

Note: Pre-K children are not eligible to ride the bus, even if accompanied by an older sibling.

Visitors Guides

If you want an idea of some activities and events happening in Yellowknife throughout the year click on the following link: <https://www.yellowknife.ca/en/exploring-yellowknife/visitors-guide.aspx>

CAF Integrated Relocation Directive Coordinator (CAFRD Coord)

The CAFRD Coordinator has the responsibility to ensure that when a relocated member encounters problems he/she will not be left “adrift”, so to speak. Our role is to work with and on

behalf of the member, to help resolve issues that can arise on a daily basis. This can alleviate unnecessary stress for a member.

During the relocation process, if a member encounters a problem, it is vital that he/she knows there is someone there to assist in any way possible. We know that members are making financial decisions based on information we are giving them. This is why it is important for the lines of communication to be open and it is our responsibility to make this apparent not only to the member but also to BGRS staff.

In conclusion, keep in mind that we are the link between the member who is relocating, BGRS and DCBA. We treat each case as if it was our own personal move. Members are trying to make informed decisions that will best suit the move of their family; based on the information they are given by BGRS. That is why we will always be available to respond to all questions or problems regarding relocation.

Do not hesitate to contact us and Welcome to the Great White North!

Driving to Yellowknife

From Edmonton to Yellowknife, it takes about two, 8-hour days of solid driving.

Lodging along the way is pretty much limited to Peace River, High Level or Hay River. There isn't much else. High Level is at about the half way point and Hay River is a bit out of the way.

The last 300km of the drive is the most challenging. This is the stretch from Fort Providence to Yellowknife. The road is paved but can be very bumpy and rough in various spots along the way. If you are towing a trailer, take it slow as it can be very rough on the trailer as well as your vehicle.

If you are driving at night be sure to keep an eye out for bison, yes they are big but they can run very quickly.

Filling up your gas tank in Fort Providence is best as between there and Yellowknife there is only one gas station in Rae, Behchoko, about 100 km away from Yellowknife and a bit out of the way.

Cell phone coverage throughout this part of the highway is sparse to non-existent, and some Rogers cell phones do not work well or at all.

Highway Information

Highways and roads can suddenly close due to forest fires and other hazards. For information on fires, smoke and road closures due to ongoing forest fires check <http://www.nwtfire.com/cms/>

For up-to-date highway info call toll free 1(800) 661-0750 or visit <https://www.dot.gov.nt.ca/Highways/Highway-Conditions>

Where to Stay

Click on the [Hotels, Motels & More](#) link for a breakdown of local lodging, including which allow pets, which have kitchenettes or laundry facilities, etc...

CAF Medical Services

For military members, a Medical Officer (MO), two Medical Technicians, two Nurse Practitioners, and a Civilian Clerk staff CAF HS Det Yellowknife. The MIR is a detachment of 1 Field Ambulance in Edmonton, which provides additional administrative and clinical support.

Sick parade hours are from 0800-0930hrs Monday to Friday. Following sick parade the staff are providing care to their scheduled patients.

Unlike typical Health Service Centre across the CAF; we do not have services such as lab, diagnostic imaging, physiotherapy, and mental health at the detachment. These services are available through external providers such as Stanton Territorial Hospital. There are a number of specialists available at STH such as, obstetrician/gynecologists, general surgeons, radiologists, internists, pediatricians, ophthalmologist, along with all the supporting personnel required to staff the 136 bed territorial hospital, and an ICU.

All prescription medications are sent to local pharmacies for dispensing. Any prescriptions that are filled by a CAF Pharmacy, can have remaining refills transferred to one of the local pharmacies. When picking up a prescription be sure to present your Blue Cross card. There are a number of pharmacies in the city, including Sutherland's, Walmart, Co-op, Independent and Shopper's Drug Mart.

Optical supplies and services are available with two optical companies offering reasonably prompt and efficient service.

The MIR is not responsible for dental care. Any dental concerns are addressed by 1 Dental Unit Edmonton. They can be contacted at 780-973-4011 x 4466.

The MIR does not provide dependent medical care. Families can contact Frame Lake Community Health Clinic or Yellowknife Primary Care Clinic to schedule medical appointments even if they do not have a primary care provider (Family Doctor or Nurse Practitioner). Families can also contact either clinic to be added to a waitlist for a primary care provider.

Call the MIR, CSN 766-6984 or 867-873-0700 ext. 6984 if you have any queries about the medical/dental care.

Dependent Health Care Coverage

There are no premiums required to receive NWT health care. There is no 90 day wait period for military families to apply for health care coverage (note: this is a verbal agreement with the GNWT and Military Family Services), you should apply for your card as soon as you get here. Your previous health care plan covers you until your NWT plan comes into effect. Be sure to

check the expiry date of your previous health care plan prior to relocating to the North. See Annex E. Note: our friendly staff are more than happy to review your application prior to your sending it off.

For information and downloadable application forms, go to this website:

<https://www.hss.gov.nt.ca/en/services/applying-health-care>

When completing the application form, **do not** put the military member's name under "other family members". What they want is "other family members who are eligible for NWT Health Care coverage". Do note, anywhere on the form, that you are part of a military family and note the military members name.

TIP:

Although not required on the Health Care application form to supply a copy of your marriage certificate it has been recently noted that several family members have experienced delays with the application process. You may want to be proactive and provide a copy of your marriage certificate with the application form.

Health Clinics

Frame Lake Community Health Clinic

(867) 767-9294

312 B Old Airport Rd Frame Lake Plaza

<https://www.nthssa.ca/en/health-services-yellowknife-region>

Includes family physician services

Yellowknife Primary Care Centre

4915 – 48th St

(867) 767-9294

<https://www.nthssa.ca/en/health-services-yellowknife-region>

Includes family physician services, lab services, psychological counselling and some home care services.

Same day services are open Mon – Fri from 8:05am to noon and 4:30 – 9pm (phone line is open from 8:05am to 8:25pm) and Saturdays from 10am to 4pm (phone line is open from 8:35am to 4pm). Call early in the morning to book a spot and request a call back for cancellations if you're unable to secure a spot. If you can't get through by phone, you can also request a call back by clicking on this link: <https://www.nthssa.ca/en/callback-request-form-demande-de-rappel-t%C3%A9l%C3%A9phonique>.

Dr. Ayoubi Walk-in Clinic

(867) 675-0834

3 – 487 Range Lake Road

Open Mon to Fri 5 -9 pm and Sat 10am - 3pm

Dr. Wong's Range Lake Walk in Clinic

(867) 873-4881

Unit 103 - 487 Range Lake Road

<https://rlwclinic.com/>

Located on the Second Floor of Joie de Vivre Medi Spa and Salon

Open Monday to Friday from 5pm to 9pm

Click the link above to book an online appointment. Call the above number to book after 5pm.

Maple

Don't have a doctor? Need support with medical advice, prescriptions or lab/imaging requisitions? No problem! Canadian Forces Morale and Welfare Services have partnered up with Maple to provide online doctor visits to military dependents. This program does not offer full medical support but can offer some basic services, as listed above.

With the click of a button, you can communicate with a Canadian-licensed general practitioner or nurse practitioner. You can access this service by text, phone or video, from your smartphone, tablet or computer. The service is available seven days a week, 24 hours a day.

Public Health

Public Health Unit

Downtown Jan Stirling Building, 4702 Franklin Ave (867) 920-6570

<https://www.nthssa.ca/en/public-health-services-yellowknife-region>

Information on community health, health clinics, immunizations for all ages, home care, pre and post-natal services and other services for infants, children and adults.

Note:

- There are fees associated for some travel-related immunizations.
- The NWT immunization schedule for children varies with some of the other provinces and territories. Click here to see the schedule:

<https://www.hss.gov.nt.ca/sites/hss/files/immunization-schedule-general-public.pdf>

***Note:**

Due to recent health care staff shortages wait time for services or local service availability may be decreased. Some services are being shifted to Edmonton.

Stanton Territorial Hospital

(867) 669-4111

Includes:

- Extended care unit (12 beds)
- Medicine Unit (25 beds) provides care to adults with cardiac and respiratory conditions as well as diabetes and neurological disorders
- Obstetrics (9 beds)
- Pediatrics (8 beds)
- Psychiatry (10 beds)
- Surgery (11 beds)
- Outpatient services

Optometrists

Stanton Territorial Health Eye Clinic (Gogo Cho Building) (867) 873-3577

The eye clinic hosts the only ophthalmologist in Yellowknife and falls under NWT Health Care. The ophthalmologist is a medical and surgical physician who can diagnose and treat: cataracts, diabetic related complications, glaucoma, age related issues, strabismus and other eye related issues. A host of specialized tests and procedures can also be conducted in the clinic.

Note:

- Walk-in routine eye examinations are available, on a first come first served basis, every Thursday.
- Vision testing is covered by once every 2 years.

Mental Health Services

The following is only a partial list of mental health services that are available. Please contact the chaplain, the MFRC or medical services for more specific help.

Canadian Armed Forces Member Assistance Program (CFMAP)

(800) 268-7708

- free 24 hour confidential assistance program

Community Mental Health and Adult Services

Downtown Jan Stirling Building, 4702 Franklin Ave (867) 873-7042

Mental health and adult services

Mental health services are offered at both this location and at Yellowknife Primary Care Centre.

Referrals to these services are usually done by a family physician and/or a social worker.

Family Information Line (FIL) (800) 866-4564

-free 24 hour confidential assistance program

- can be used in emergency situations

Kids Help Phone (800) 668-6868

Text CAFKids to 686868

Adults: text Wellness to 741741

NWT Help Line (867) 920-2121

www.nwthelpline.ca (800) 661-0844

- support and referral services for those having personal problems and want to talk to someone confidentially - services offered between 7pm – 11pm

NWT Drug Helpline (800) 661-0844 (7 – 11pm Mon-Fri)

Strongest Families (866) 470-7111

<https://strongestfamilies.com/>

Veterans Affairs Canada (800) 268-7708
- free 24 hour confidential support for CAF and their family members
- specialized services for treating operations stress including PTSD

Seasonal Affective Disorder (SAD)

This is a real thing in the north, not just during the long winter months but can also be experienced during the long summer days. Most people do not experience SAD however for those who do there are steps you can take to help diminish the effects. Keep an eye on the MFRC newsletter for information on SAD or talk to the MFRC staff for tips and tricks that may work for you. Also, the MFRC has a number of SAD lamps you can borrow throughout the winter months. For more information stop by for a visit or contact us at mlc.nof60@cfmws.com or 867-873-0700 ext. 6845.

TIP:

The MFRC has access to local and virtual mental health services. Contact director.nof60@cfmws.com or (867) 873-0700 ext. 6998 to access services. Don't forget the confidential Family info Line that is open 24/7 in English and French to answer any question you may have (1-800-866-4546).

Family Violence and Safe Houses

Alison McAteer House (867) 873-8257
Provides a home for women and children who are experiencing violence. Women and children can get counselling and other supports. The maximum length of stay is six weeks. Alison McAteer House also provides assistance for victims who want to apply for an Emergency Protection Order (EPO).

Centre for Northern Families (867) 873-9131
5610 50th Avenue
This centre provides temporary shelter for women in crisis, one to one counseling to clients and referrals to other helpful agencies in the community. The centre also runs a Healthy Baby club, a Toddler's club, and a walk in clinic once a week. This centre also offers full-time, part-time, casual and respite child care services.

NWT Council of Persons with Disabilities (867) 873-8230

Salvation Army Resource Centre (867) 920-4673
4925 – 45th St
Social Programs: Thrift store. Soup Line - operates for lunch and dinner. Income support and assessment - helps find employment, and offers career development.
Emergency Programs: Shelter - includes a place for laundry, showers and food hampers. Open from 8:30 a.m. to 12:00p.m. and 12:30p.m. to 5:00p.m. Monday to Friday

Withdrawal Management Services (867) 920-4673 ext. 14

YWCA (867) 920-2777
4904 – 54th St <http://www.ywcanwt.ca/>

Provides support to adults with intellectual disabilities, after school programs, girls programs, family violence prevention, Project Child Recovery Shelter: Lynn's Place <http://www.ywcanwt.ca/temporary-housing/lynns-place>

YWCA Emergency Protection Orders info: (867) 669-0235
Emergency Protection Order (866) 223-7775, (867)873-8257
or call your local RCMP detachment, 24 hour access to an emergency order that will help keep you and your family safe from an abuser.

Family Care Plans

Administered by local units, the Family Care Plan (FCP) is designed to ensure that all CAF members have a plan in place should a family emergency occur when the CAF member is away. All personnel arriving to Yellowknife must complete a Family Care Plan among other administrative documents in order to ensure family and emergency contact information is current and clear. This shall be done during your in-clearance and should be done within a month of arriving on location. While the form can include family or friends living outside the NWT, it is vital to include local people who can respond at a moment's notice in case of an emergency.

TIP:

It is highly recommended to have a local emergency contact that is not a spouse. This is important for immediate assistance. Ask a neighbour, someone from work or post something on the Yellowknife Military Spouse FB group (<https://www.facebook.com/groups/300342716808059>).

You will want to update your plan once you've made some local friends.

The MFRC has access to emergency childcare care funding as well as an internal list of babysitters. The babysitters list can be picked up after completing and signing a waiver.

JTFN Traffic Section

On arrival, you are required to contact JTFN Traffic, regardless of your leave status. The contact number is (867) 765-8615. Traffic performs the administration of the movement of Household Goods and Effects (HG&E).

If furniture and effects arrive and you cannot be contacted within three hours, your F&E will be placed in Storage-in-Transit (SIT). Removal from SIT will depend upon the carrier and their schedule, and removal could be as long as five working days.

Reporting-in Procedures

Upon receipt of your posting message, contact your OR to Grant "ALT PON to PON 975" for 60 days after your COS Date to negate any delays in processing your pay and allowances during your in-clearance procedures. The OR is located in the Greenstone Building at **5101 Franklin Ave.**

In-clearances are completed in dress-of-the-day (service or base/garrison dress) prior to reporting to their new place of duty. Personnel posted to JTFN Detachment Whitehorse and Iqaluit will clear in virtually. This procedure is brief and your sponsor should be available to assist you.

For general inquiries the Orderly Room phone number is: (867) 873-0700 ext 6939 / 6872 or CSN 766-6939/6872.

TIP:

Please note that Rogers and Fido do not service the NWT. Fido does have some coverage however they often require you to register with a third party provider. Telus services Koodo and The Source services Virgin.

Driver's License & Vehicle Registration

Warning: you must have proof of residency before you can register your vehicle or get an NWT driver's license/identification card.

To obtain your NWT driver's license and register your vehicle visit the Driver and Vehicle Licensing Issuing Office located in the Highways Building 1st Floor, 4510 50th Avenue. Driver's licences are available in one, three or five year terms.

You will need the following to produce:

- Proof of birth date & legal name (any one of the following: birth certificate, passport, Canadian Military ID/DL, federal police ID, Citizenship Certificate Card, Permanent Residency card, Native Status card issued by DIAND/INAC, etc.)
- Photo ID (any one of the following: valid driver's license from a Canadian jurisdiction, passport, Canadian Military ID/DL, federal police DL, GIC from NWT or other Canadian jurisdiction, Citizenship Certificate Card, Permanent Residence Card, Native Status card issued by DIAND/INAC, Government of the NWT employee ID, etc.)
- Proof of residency (any one of the following: utility bill, mortgage or lease agreement, bank statement, property/ personal tax statement, employment confirmation such as a pay stub, etc.)

General Identification Cards (five year terms only) are also available through the same procedure at this office. For more information, call (867) 873-7487 or visit the Highways Building 1st Floor, 4510 50th Ave.

Vehicle registration renewals are based on the first letter of the last name of the registered owner. To check out when registration is due, go to <https://www.idmv.dot.gov.nt.ca/>. Don't forget to request an email reminder for your next vehicle registration. You do not have to be the registered owner of the vehicle to renew, as long as you have proof of insurance and current registration.

Tip: Vehicle inspections are not required within the NWT.

Speed Limits

The speed limit in town is 45 km/hr and 30 km/hr in school zones which is in effect **24/7 365** days of the year.

Meter violations (by-law) can be paid at City Hall, located at 4807 – 52nd Street or online at <https://www.yellowknife.ca/en/VirtualCityHall.asp>.

ADM(IE) Real Property Operations North – Detachment Yellowknife

The 6 person detachment, along with the 8 person Defence Construction Canada (DCC) site office, maintains custodianship of infrastructure throughout the JTFN AOR to enable operations, specifically looking after Whitehorse, Yellowknife, Iqaluit, Inuvik, and Rankin Inlet. The majority of services are covered through a Facilities Maintenance Contract with ATCO Frontec, who will have site superintendents who look after each of the respective sites. Work orders for facilities supporting unit operations are usually routed through the primary or alternate building custodian, assigned by the unit CO, to the + RP Ops group inbox (RPOpsNorthYkf@forces.gc.ca). The RP Ops and DCC site office are located on the first floor of the Greenstone building.

Chaplain Services

Chaplain services are available to all military members and to their families. The chaplain is available 24/7.

Administratively the chaplain belongs to JTFN however the chaplain is available for all in Team North including 440, 1 CRPG, LER, and to the personnel in the Yukon and in Nunavut.

Although there is no military chapel in Yellowknife, the JTFN chaplain can assist in the provision or referral of religious services for any denomination or faith group. The chaplain can provide counselling in a safe and non-judgemental environment and advocate for military members and their families in order to ensure that necessary support is made available. The JTFN chaplain works in conjunction with the MFRC and the Medical staff, in a confidential manner, to ensure continuity of care.

The Chaplain's office is located in the Greenstone building on the first floor beside the MIR.

How to contact the Chaplain: Military Cell phone: 867-445-2563.

Messes and Institutions

JTFN Yellowknife operates two messes: the Ravens' Nest for All Ranks NCM's and the Bears' Den for Officers. The Messes have monthly events for members and guests to enjoy which include TGIT/TGIFs and annual events such as East Coast Night, sporting events and Oktoberfest.

Military Police (MP)

1 Military Police Regiment Detachment Yellowknife is a four member detachment, based in Yellowknife and headquartered in Edmonton. MP are tasked with policing, security, custody and detention services. MP in Yellowknife have the responsibility for military policing in all three territories, with the exception of Canadian Forces Station Alert, NU. Although the section does not operate 24/7, 365 days per year, duty MP are available 24/7 by contacting the Commissionaires at the Evans Building at 867-873-0700. MP are also the point of contact for Identification services (NDI 10 and 20 ID card renewals as example), Security Clearances, JTFN parking passes for Private Motor Vehicles (PMVs) and Evans/Tobie Building passes. MP work closely with the Royal Canadian Mounted Police (RCMP) and the Municipal Enforcement Division (MED). The MED is responsible for by-law and traffic enforcement in Yellowknife. The RCMP is responsible for any criminal matters that do not occur on DND/CAF properties. Government housing is the responsibility of the RCMP.

MP services are available in the following locations:

MP Det – Greenstone Building, 3rd floor

Ident, Security Clearances and JTFN building and parking passes – Evans Building, 1st floor

911 is not available in Nunavut. It is available in Yukon and the Northwest Territories (NT).

There are some notable differences with the 911 service in the NT. First, you must be in an area where there's cell phone coverage. The vast majority of the land and water mass within the NT is without cell phone coverage. When speaking with the dispatcher, you'll need to know what community you're in and where you're located. Service is available in English, French and in all of the NWT official languages. Additional information about NT 911 is located here:

https://www.maca.gov.nt.ca/sites/maca/files/resources/911_infographic_large_final_web_ready_1_page.pdf

Other Yellowknife Emergency Phone Numbers:

Any local prefix+2222: Ambulance and Fire

Any local prefix+1111: RCMP

Other Contact Info:

Municipal Enforcement Division (MED) 867-920-5630 (day)

MED 867-920-2737 (24/7)

med@yellowknife.ca

Important Local Emergency Numbers:

Emergency: 911

Police (RCMP): 867-873-1111

Fire and Ambulance: 867-873-2222

Municipal Enforcement Department (MED): 867-920-5630

MED (after hours): 867-920-2737

Poison Control: 867-669-4100

PSP Community Recreation Association

PSP provides a variety of programs and services for members and their families posted to Yellowknife. Services to include:

- Fitness
- Sports
- Recreation
- Health Promotion
- Messes (All Ranks NCM Ravens Nest and Officers Bears Den)

The PSP recreation department offers members and families the opportunity to join the Community Recreation Association (CRA). Membership and fees are as follows:

COMMUNITY RECREATION ASSOCIATION

Membership Category	Authorized Users
Regular Membership	<ul style="list-style-type: none"> • CAF Members and Families • Former CAF Members and Families • Foreign Military Members
Ordinary Membership	<ul style="list-style-type: none"> • NPF/MFRC Employees • DND Employees • DCC Employees • Retired Employees – DND/NPF/DCC

Fees	Single Monthly	Single Yearly	Family Monthly	Family Yearly
Regular Membership	\$8.50	\$102.00	\$23.50	\$282.00
Ordinary Membership	\$10.00	\$120.00	\$25.00	\$300.00

***Includes GST**

Recreation program and services provided by the CRA are as follows:

- Access to City of Yellowknife Recreational facilities including the Ruth Inch Memorial Pool, Field house running track and public ice-skating available at the Multiplex arena (www.yellowknife.ca).
- NPF recreation rental equipment including kayaks, canoes, stand up paddle boards, camping equipment, snowshoes, ice augers, ice fishing tents, bikes, and fat bikes.
- Discounted skis/skates equipment from Overlander Sports
- Special recreational events throughout the year
- Discounted passes and classes for the following:
 - Access to yoga classes in the community such as Taiga Yoga Centre (www.taigayoga.com) and Collective Soul

- Movie Passes (www.yellowknifemovies.com)
- Festivals Passes such as Folk on the Rocks, July Music Festival
- West Edmonton Mall Choice tickets
- My World Play Location
- King Pin Bowling

For more information on PSP and the Community Recreation Association, please visit our CAF Connection website at www.cfmws.ca/yellowknife or contact Fitness, Sport and Recreation Coordinators at (867) 873-0700 ext. 6122.

PSP Staff

Tina Schauerte, PSP Manager

867-873-0700 ext.6868 | schauerte.tina2@cfmws.com

Matthew Tibbles, FSR Coordinator

867-873-0700 ext.6122 | tibbles.matthew@cfmws.com

Ariel Whaley, FSR Coordinator

867-873-0700 ext.6122 | whaley.ariel@cfmws.com

Stephanie Barber, Mess Manager

867-873-0700 ext.6779 | barber.stephanie@cfmws.com

Social Media

440 Squadron:

Facebook: <https://www.facebook.com/groups/3473550692>

First Canadian Ranger Patrol Group (1CRPG):

Facebook <https://www.facebook.com/1crpg.1gprc>

Twitter <https://twitter.com/CO1CRPG?s=03>

Joint Task Force North (JTFN):

Facebook <https://www.facebook.com/FOIN.JTFN>

Twitter https://twitter.com/JTFN_FOIN?s=03

Loyal Edmonton Regiment (LER):

Facebook <https://www.facebook.com/CharlieCompanytheLER>

North of 60 Military Family Resource Centre: <https://www.facebook.com/northof60mfrc>

Personnel Support Program (PSP) Yellowknife:

Facebook <https://www.facebook.com/PSPYellowknife>

Twitter https://twitter.com/PSP_Yellowknife?s=03

Instagram https://instagram.com/psp_yellowknife?igshid=97skhluqpfjr

Royal Canadian Legion Branch 164:

Facebook <https://www.facebook.com/branch164yellowknife>

Twitter <https://twitter.com/YKLegion?s=03>

Instagram <https://instagram.com/yklegion?igshid=1nyodhf1kftnh>

Yellowknife Military Spouse:

Facebook <https://www.facebook.com/groups/300342716808059>

YK Children's Thrift Sale:

Facebook <https://www.facebook.com/groups/ykchildrensthritsale>

Gasoline Discount

Matonabee Petroleum, the local distributor for Petro Canada, offers a card lock system to military members, which includes a discount on gas. Just go to their office on Kam Lake Road with your military ID and a credit card. Once the account is set up, you can access their card lock facilities anytime. You will receive an itemized statement each month, and the amount owing will be charged to your credit card. Call (867) 873-4001.

Legion

(867) 873-5566

Branch 164 of the Royal Canadian Legion (Vincent Massy Branch) is located on Franklin Avenue at 48th Street. The main number is.

Military discounts: <https://cfmws.ca/yellowknife/shop-local/yellowknife-military-discounts>

Pet Care

There are two veterinary clinics in Yellowknife. There are also several boarding and doggie daycare service providers. There are a few groomers to choose from as well.

To note:

- Due to staff shortages, one or both clinics will sometimes take breaks from taking on new clients.
- At times, emergency after hour services are not available from your veterinarian.
- Much like human health care, some pet care services are not available in Yellowknife with referrals being made down south.

Second Language Training

Families have access to second language training through Language Research Development Group (LRDG). For more information contact Rose at director.nof60@cfmws.com or (867) 446-1761. Note: second language programs are not available to military members, with the exception of a few situations.

Team North members and spouses also have the possibility to attend different levels of Second Official Language Education and Training (SOLET) ranging from beginner to fluent in both French and English through Collège Nordique. A test administrator is also available to coordinate and deliver the Second

Language Evaluation (SLE). Email +JTFN HQ Training@JTFN HQ Trgs@Yellowknife or JTFN.Trg@forces.gc.ca, for information or to arrange a test.

You can also check programs offered through the Yellowknife Public Library by calling (867) 920-5642 or emailing library@yellowknife.ca.

College Nordique offers a variety of Indigenous language training courses, should you be interested in learning one of the NWT's 11 official languages. <https://college-nordique.com/el-introduction/?lang=en>. Training offered varies from season to season.

Services Pour les Francophones à Yellowknife

L'Aquilon

(867) 873-6603

www.aquilon.nt.ca

L'Aquilon est le journal hebdomadaire de langue française publié dans les Territoires du Nord-Ouest.

Association des parents ayants droit de Yellowknife (APADY)

www.apady.org

L'APADY a la mission de représenter et outiller les parents ayants droit de Yellowknife ainsi que de promouvoir l'éducation en français langue première.

L'Association Franco-Culturelle de Yellowknife (AFCY) (867) 873-3292

www.afcy.info

L'AFCY promeut, soutient et encourage les arts et la culture, ainsi que la communauté francophone à Yellowknife, visant son épanouissement et son développement durable. Elle a pour vision de rassembler, cultiver et célébrer la francophonie.

CDÉTNO

Conseil de développement économique des Territoires du Nord-Ouest

www.cdetno.com

(867) 873-5962

Le CDÉTNO a pour mission de promouvoir, stimuler et appuyer le développement économique et l'employabilité des francophones et des francophiles de Territoires du Nord-Ouest.

Collège Nordique francophone

(867) 920-7017

www.collete-nordique.com

Le Collège nordique francophone contribue à la vitalité de la francophonie ténosé. Les citoyens des TNO peuvent poursuivre leurs études postsecondaires ou professionnelles en français, améliorer leurs capacités linguistiques, ou tout simplement jouir du plaisir d'apprendre dans un environnement francophone.

Commission scolaire francophone des Territoires du Nord-Ouest (CSFTNO)

www.csftno.com

(867) 873-6555

La CSFTNO travaille conjointement avec les directions des deux écoles pour le leadership pédagogique, l'administratif, l'apprentissage et bien d'autres.

École Allain St-Cyr de Yellowknife (EASC)

(867) 873-3223

www.allainstcyr.ca

L'EASC se veut un environnement francophone où travaillent en partenariat école, famille et

communauté en vue d'offrir une éducation de qualité et de favoriser l'appartenance à la francophonie.

La Fédération franco-ténoise (FFT) (867) 920-2919
5016 48th Street www.federation-franco-tenoise.com

La FFT assure la représentation politique ainsi que la promotion des droits des communautés francophones et francophiles des TNO.

Garderie Plein Soleil (GPS) (867) 873-9574
www.garderiepleinsoleil.ca

Les services de garde de la GPS permettent aux enfants de familles francophones et exogames d'être accueillies dans un environnement francophone qui favorise l'apprentissage de la langue française et l'accès à sa culture.

Journal L'Aiglon (867) 873-6603
www.aiglon.nt.ca

Radio Taïga – CIVR 103.5 FM (867) 766-5172
www.radiotaiga.com

La Radio Taïga 103.5 FM est la radio communautaire avec le seule source de contenu quotidien en français au TNO. Émissions, entrevues, nouvelles et chansons variées sur Yellowknife et partout avec le lecteur en ligne.

Réseau TNO Santé en Français (867) 766-4111
<http://reseautnosante.ca/>

Service Canada (867) 766-8300
5101 – 50th Ave (Greenstone Building – first floor) www.servicecanada.gc.ca
Service Canada est un accès plus rapide et plus facile aux programmes et aux services du gouvernement du Canada.

Services TNO (867) 767-9348
www.servicestno.ca

Servies TNO regroupe des services du gouvernement des Territoires du Nord-Ouest et des renseignements à leur sujet, permettant ainsi de simplifier les démarches administratives des citoyens et de leur faciliter l'accès aux services publics en français.

Youth Recreational Programming

Recreational programming for older youth is sometimes difficult to find or secure, depending on the interest. Please contact the MFRC Information and Referral Coordinator, ir.nof60@cfmws.com or 867-873-0700 ext. 6844, for assistance.

Annexes:

A : Government Housing in the North

B : Application for Department of National Defence (DND) Residential Housing Unit

C : Pictures of CFHA Housing

D : 90 Day Health Care Application Waiver

Annex A Government Housing in the North

1045-1 (CO)

MAY 2023

GOVERNMENT HOUSING IN THE NORTH

1. *Canadian Forces Housing Agency (CFHA)* offers a site office in Yellowknife responsible for administering your accommodation requirements in Yellowknife from the Northern Housing Pool of 189 units managed by Public Services Procurement Canada (PSPC).

Housing in Yellowknife works differently from military bases across Canada in that the housing is owned/leased by PSPC and members go through CFHA to rent. The rent is in accordance with fair market values, but both rent, and utilities are subsidized by CFHA, members pay a base shelter value (BSV). Utilities are managed by PSPC and utility charges are calculated in accordance with the Treasury Board Secretariat (TBS)/National Joint Council (NJC) [Isolated Post and Government Housing Directive \(IPGHD\), Section 6.14 - Fuel and Utility charges](#). These charges are also adjusted annually by the Canada CPI indexes for water, fuel, and electricity.

Utilities vary depending on the square footage of the unit. The rates for different styles of units vary. The average cost includes shelter/rent & utility (water, heat, hydro) charges.

House Type	# Of Bedrooms	Location	# Of Bathrooms	Average Shelter Cost	Average Utility Cost
Townhouse	3	35 Rycon Drive (Rat Lake)	1.5	\$1,567 - \$1,690	\$350
Townhouse	3	Sissons Court	1	\$1,746	\$365
Townhouse	3	Forrest Park (Lanky Court)	1.5	\$1,907	\$357
Townhouse	4	Sissons Court	1	\$1,814	\$391
Townhouse	4	Forrest Park (Lanky Court)	1.5	\$1,991	\$419
Duplex	3	47,48,52 and 54 Street	1	\$1,885	\$345
Detached	3	Multiple	Varies	\$1,970 - \$2,300	\$365
Detached	4	Multiple	Varies	\$2,100 - \$2,400	\$360 - \$485
Detached With Garage	4	Albatross Court, Matonabee Court Gitzel Street *Total of 7 units*	1.5 or 2.5	\$2,525 - \$3,160	\$420 - \$600

2. Housing is not in the Canadian Armed Forces' realm of control and as such CAF members may be subjected to the following:

- a. An annual rent increase of up to \$100/month to keep in line with local fair market value.
- b. The availability of local contractors to complete repairs on the units may result in longer periods from when the work is requested to when the work is completed.
- c. Limited parking in the housing units (**a single parking space**).
- d. Limited storage in units, most have no basements and/or garages, approx. 10 units out of 189 have garages; and
- e. Access to your unit for inspections and maintenance
PSPC has the right to enter your unit, with 24 hours' notice, for inspections or for ongoing renovations.
- f. Emergency Entrance

A duly authorized officer of PSPC may, from time to time, be required to enter a unit for emergency reasons without prior notification (i.e., fire, pipes bursting etc.) such access shall not be denied.

3. **45 Day Window** – The window for client departments to reserve government housing begins 45 days prior to the member's Change of Strength (COS) date. The COS date will dictate the time required to hold a unit address. When securing government housing members are encouraged to take their HHT within the 45-day window and not before. An offer of housing will **NOT** be made to a member prior to their 45-day window.

****NOTE - Attaining a unit within the 45-day window is not always guaranteed, assignment of units is subject to availability and the PSPC/CFHA wait list of applicants.**

4. For members requesting Long Term Storage of HG&E that will not fit in govt housing, the request will have to be made through IRP prior to coming to Yellowknife.

5. If you have any questions on housing, please contact the CFHA Customer Service Representative at 1-867-873-0700 extension 6719 or CSN 766-6719 or Mobile 867-444-9028.

6. If you have any questions relating to IRP or your move, the IRP coordinators for Team North may be reached at 1-867-873-0700 extension 6871 or CSN 766-6871.

7. All members of Team North stand ready to assist in any way we can to ensure postings are as smooth as can be for all members posted in.

ANNEX B: Acceptance of Offer for DND Housing

You may accept the offer, refuse the offer, or fail to reply to the offer. In the event that there is no response after 72 hours, the offer will be withdrawn. If you refuse an available RHU, you may request to remain on the wait list without having to submit a new application but will be added to the wait list based on the date of the refusal. This date of refusal will become the “application date” for the placement and administration of the waiting list.

Upon acceptance, and prior to taking possession of DND housing:

- If the offer is accepted, monthly shelter charges commence on the agreed date of occupancy. Upon acceptance, and prior to taking possession of DND housing, a written request to cancel acceptance at anytime beyond 30 days prior to the agreed date of occupancy will be accepted.
- If the written notice is 30 days or closer to the agreed date of occupancy, then the equivalent to 30 day’s shelter charge will apply unless the cancellation is due to an operational requirement.
- A request to modify the agreed date of occupancy will only be considered for operational reasons (examples, new COS date or an authorized change of report date) or highly unusual circumstances totally beyond your control (which we may require written support from your chain of command).
- Monthly shelter charges (excluding parking costs and utilities) cannot exceed 25% of gross household income.
- You shall obtain and maintain personal property and liability insurance, which may be reviewed annually by CFHA. Proof will be required prior to keys being issued. You must sign the Licence to Occupy agreement and a minimum of 60 days occupancy is required once you take possession of a housing unit or equivalent charges will apply.
- You must abide by the CFHA Responsible Pet Ownership Instruction.

ANNEX C: Pictures of DND Housing

Duplex Housing – 52 Street

3-Bedroom Duplex with Unfinished Basement

Main Floor – Kitchen, Dining Room, Living Room, and Entrances (front & back)

Second Floor – 3 Bedrooms, Bathroom, Linen Closet and Storage Closet

Basement – Laundry, Unfinished, Open Beam, Concrete



Kitchen View from Dining Room



Dining Room View



Living Room View



Back Yard Patio Space



Main Bathroom 2nd Floor



Stairs to Basement Space



Upper Rat Lake Housing – 35 Rycon Drive, Yellowknife

Multi-level unit – Layout Varies – 2 to 3 Levels
3 Bedrooms, 1.5 bathrooms, Laundry, Patio, No Basement,
Exterior Storage



Kitchen View



Living Room View



Main Bathroom 2nd Floor



Bedroom 2nd Floor



Lower Rat Lake Housing – 35 Rycon Drive, Yellowknife
Multi-level unit – Layout Varies – 2 to 3 Levels

Exterior View at the Back



Kitchen View



Kitchen Pantry



Living Room View



LR looking up to Dining Room



Main Level Half Bath



Bedroom 2nd Level



Bedroom 2nd Level



Laundry Room 2nd Level



Staircase From 3rd Level



Lower Rat Lake Housing – 35 Rycon Drive, Yellowknife
Multi-level unit – Layout Varies – 2 to 3 Levels

Exterior View at Front



Kitchen View



Hallway View to Dining & Living Room



Main Level Half Bathroom



Staircase to 3rd Floor



Bedroom 2nd Floor



Bedroom 2nd Floor



Main Floor Patio View From LR



Living Room View



Lanky Court/Forrest Park Housing, Yellowknife

2 Floors with 3 or 4 Bedrooms

Main floor – Entrance(s), Laundry/Utility Room, Kitchen, Half Bath, Living Room and Dining Room

Second Floor – 3 to 4 Bedrooms, Storage Room, Main Bathroom, Linen Closet(s)

No Basement

Street Signage to Lanky Court/Forrest Park



Lanky Court & Playground Area Front Exterior



Front Exterior View



Kitchen View



Living Room View



Living Room & Dining Room View



Living Room to Back Patio View



Main Floor Laundry Room



Main Floor Half Bath



Bedroom 2nd Floor



Master Bedroom Closet



Staircase to 2nd Floor



Storage Room 2nd Floor



Sissons Court Housing, Yellowknife

2 Floors with 3 or 4 Bedrooms

Main floor – Entrance(s), Laundry/Utility Room, Kitchen, Half Bath, Living Room and Dining Room

Second Floor – 3 to 4 Bedrooms, Storage Room(s), Main Bathroom, Linen Closet(s)

No Basement

Exterior View from the Parking Area



Exterior View from the Parking Area



Exterior View at Back/Treed Area



Kitchen View



Living Room View



Dining Room & Front Entrance
View From Living Room



Main Floor Laundry Room



Staircase to the 2nd Floor



Main Bathroom 2nd Floor



Bedrooms 2nd Floor



Pantry Storage 2nd Floor



Storage Room 2nd Floor



Patio View From Living Room



Detached Housing, Yellowknife

Multiple Styles with various layouts. 3- and 4-Bedroom Units.

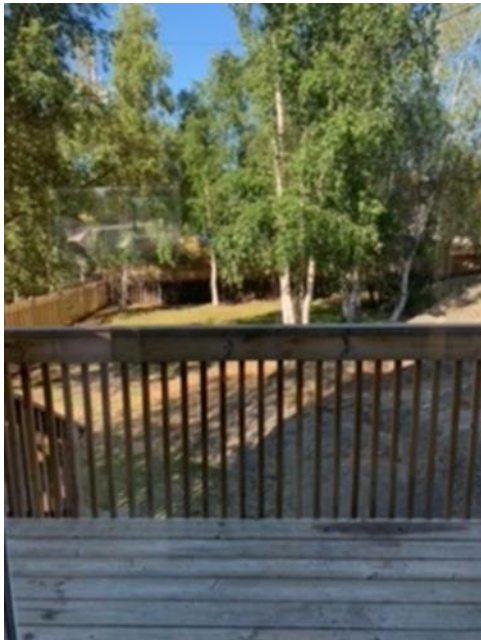
For this example, two storeys

Main floor – Entrance(s), Laundry/Utility Room, Kitchen, Half Bath, Living Room and Dining Room

Second Floor –4 Bedrooms, Storage Room, Main Bathroom, Linen Closet(s)

No Basement

Back Patio/ Yard View



Kitchen View



Living Room/Dining Room



Side Entrance



Main Level Half Bath



2nd Level Main Bathroom



Bedroom 2nd Level



Hallway 2nd Level



Storage Room 2nd Level



ANNEX D: 90 Day Health Care Application Waiver



Waiver of 90 – Day Wait Period for Provincial Health Insurance Coverage

1. Provincial healthcare legislation required that new residents to a province/territory be subject to a 90-day wait period before becoming eligible for provincial/territorial health insurance coverage. This wait period has directly affected Canadian Armed Forces families being posted from one province to another.
2. Canadian Forces Morale and Welfare Services (CFMWS) would like to advise you that all provinces and territories, with the exception of Nunavut, have agreed to waive this 90-day wait period for military families. Military Family Services continues to work with Nunavut so that families posted there can benefit from the same immediate coverage. A CANFORGEN announcing these family benefits will be released shortly.

Annulation De La Période D'attente De 90 Jours Relative À L'assurance Maladie Provinciale

1. Les lois provinciales en matière de soins de santé obligeaient les nouveaux résidents d'une province ou d'un territoire à attendre 90 jours avant d'être admissibles à l'assurance maladie provinciale ou territoriale. Cette période d'attente touchait directement les familles des membres des Forces armées canadiennes affectées à une nouvelle province.
2. Les Services de bien-être et moral des Forces canadiennes (SBMFC) vous avise que les dix provinces et les territoires, à l'exception du Nunavut, ont accepté de renoncer la période d'attente de 90 jours relative à l'assurance maladie pour les familles des militaires. Les Services aux familles des militaires continuent de faire pression auprès du Nunavut de sorte que les familles qui y sont affectées puissent profiter de la même protection immédiate. Un message CANFORGEN annonçant l'annulation de la période d'attente sera diffusé sous peu,