

CFB WAINWRIGHT HELP AND SUPPORT CONTACT LIST



Date modified: 2025-09-05

CAF SERVICES AND RESOURCES

Veteran's Affairs Canada	1-866-522-2122
CAF Sexual Misconduct Support Response Centre (SMSRC)	1-844-750-1648
SSIP Financial	780-973-3130
Operational Stress Injury Social Support	1-800-883-6094
CAF Transition Centre Wainwright	780-842-1363 (530-1096)
Conflict and Complaint Management Services Unit	780-973-4011 (530-6078)
Base Chaplain	780-842-1363 (530-1438)
CAF Members Assistance Program (CFMAP)	1-800-268-7708
Civilian Employee Assistance Program (EAP)	1-800-268-7708
Military Family Resource Centre (MFRC)	780-842-1363 (530-1253)
Family Information Line (MFRC)	1-888-948-2698
Road 2 Mental Readiness (R2MR)	www.r2mrfamily.ca

ALBERTA AND NATIONAL SERVICES

211 Alberta (General operator for Provincial Svcs)	211
Mental Health Help Line	1-877-303-2642
Addictions Help Line	1-866-332-2322
National Suicide Crisis Line	988
Distress Line Alberta	1-800-661-4606
Kids Help Phone	1-800-668-6868
Sexual Violence Help Line	1-866-956-1099
Family Violence Info Line	310-1818

EMERGENCY 911

Military Police	780-842-1700
Wainwright RCMP	780-842-4461
Poison and Drug Information Service (PADIS)	1-800-332-1414

HEALTH SERVICES

CDU - Medical Centre	780-842-1363 (530-1720)
CDU - Mental Health & Addictions	780-842-1363 (530-1503)
CDU - Health Promotion	780-842-1363 (530-1760)
Wainwright Hospital	780-842-3324

COMMUNITY SERVICES

Eastern Alberta Regional Victim Serving Society	780-842-4490
Wainwright Healthy Families Program	780-842-5481
East Central Child and Family Services	780-842-7502
Wainwright AHS Recovery (Addictions & MH)	780-842-7522
Wainwright Family Community Support Services	780-842-2555
Human Services Directory (Wainwright, Vermilion, Lloydminster: https://www.wdfcss.ca/resources.html	Complete Resource List PDF Download