

# March Break



Monday  
**MARCH 2**

## Fencing

9:30 am to 10:30 am  
10:45 am to 11:45 am  
Children 8 y/o + with parent

## Aquatic sports

9:30 a.m. to 11:00 a.m.  
8 y/o +

Tuesday  
**MARCH 3**

## Family Zen Time

9:30 am to 10:30 am  
10:45 am to 11:45 am  
Open to all

Wednesday  
**MARCH 4**

## Dance Tate McRae

9:30 am to 10:30 am  
10:45 am to 11:45 am  
Children 5 y/o + with parent

## Lifesaving

9:30 a.m. to 11:30 a.m.  
8 y/o +

Thursday  
**MARCH 5**

## Family training circuit

9:30 am to 10:30 am  
10:45 am to 11:45 am  
Children 6 y/o + with parent

Friday  
**MARCH 6**

## Bingo

Community Centre  
9:30 am to 11:45 am  
Open to all

## Inflatable games\*

9:00 am to 12:00 pm  
Open to all

AM

PM

AM+PM

## Dance K-Pop

1:00 pm to 2:00 pm  
2:15 pm to 3:15 pm  
Children 5 y/o + with parent

## Free skating\*

Clément-Boulanger Arena  
12:30 pm to 3:45 pm  
Ouvert à tous

## Free swim\*

1:00 pm to 3:00 pm  
Open to all

## Soccer

1:00 pm to 2:00 pm  
2:15 pm to 3:15 pm  
Children 5 y/o + with parent

## Free skating\*

Clément-Boulanger Arena  
12:30 pm to 3:45 pm  
Ouvert à tous

## Free swim\*

3:00 pm to 5:00 pm  
Open to all

## Jiu-Jitsu

13 h 00 à 14 h 00  
14 h 15 à 15 h 15  
Open to all

## Free skating\*

Clément-Boulanger Arena  
12:30 pm to 3:45 pm  
Ouvert à tous

## Free swim\*

1:00 pm to 3:00 pm  
Open to all

## Family swimming training

3:00 pm to 4:00 pm  
8 y/o +

## Dance Fredz

1:00 pm to 2:00 pm  
2:15 pm to 3:15 pm  
Children 5 y/o + with parent

## Free skating\*

Clément-Boulanger Arena  
12:30 pm to 3:45 pm  
Ouvert à tous

## Free swim\*

3:00 pm to 5:00 pm  
Open to all

## Basket

1:00 pm to 2:00 pm  
2:15 pm to 3:15 pm  
Children 5 y/o + with parent

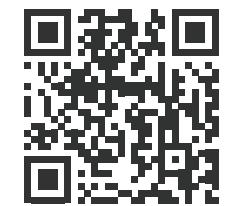
## Free skating\*

Clément-Boulanger Arena  
12:30 pm to 3:45 pm  
Ouvert à tous

## Free swim WIBIT\*

1:00pm to 1:55 pm  
2:00 pm to 2:55 pm  
3:00 pm to 3:55 pm  
Open to all  
Minimum 48 inches (121cm)

**Registration required**



**A deposit of \$10 per child per activity is required to secure your spot.**

*The amount will be refunded if the child attends.*

*\* Registration not required for these activities*

## Sports Centre **ADMISSION FEES**

**Military personnel and PSP members**

**Free**

**Non-PSP members**

0-4 years old: **Free**  
5 years old +: **\$6/person**  
Families: **\$15**

**Indoor shoes required**

To be presented at the Sports Centre's reception desk

