

**Garrison Petawawa Triathlon Club
Spring AGM
In Person- DDH, Petawawa
22nd May 2024**

Attendance:

Greg Watts	President
Jim McCafferty	Vice-president
(Secretary for Lindsey Bertrand as she couldn't attend)	
Michelle Zimmerman	Treasurer
Melissa Watts	Social and Equipment Secretary
Jesse Knockleby	
Mark Agnelli	
Audree Dufresne	
Celene Stamper	
Sara-Lynn Parker	
Ian Husk	
Janice Clouthier	
Brendan	Manager Community Recreation

Regrets:

Lindsey Bertrand	Secretary
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Item	Discussion	Action
1.	<p>Call to Order</p> <p>Meeting called to order at 6:05 pm Opening remarks- The president welcomed all present and brought the meeting to order. The membership did benefit from closure of the pool in the area as well as the strike which meant the public swims at DDH were postponed until after the strike.</p>	Greg
2.	<p>Membership</p> <p>This year there were a total of 27 fee paying members plus 7 volunteers.</p>	Greg

3.	<p>Treasurer report</p> <ul style="list-style-type: none"> a. Balance at the 1st of April was \$ 8,458.68 b. Expenses up until 1st April 2024 \$3,228.11 c. Revenue for FY \$3060 d. Expenses until end of year \$460 for Apr, May and Jun for lifeguards. e. Expected closing balance as of end of Jun 2024 \$6910. f. Cost of t-shirts has not been taken into account. Expected to be ~ \$1000 g. Since the strike finished the lifeguard fees have increased from \$35-\$37/session. 	Michelle
4.	<p>Club Fees</p> <ul style="list-style-type: none"> a. The club is running at a loss with the increase in lifeguard fees over the last few years. It was proposed to increase fees from \$180/year to \$200/year for PSP members and from \$200 to \$220/year for non-PSP members. This was proposed by Jessie Knockleby and seconded by Ian Husk and carried by all those present. b. After much discussion it was agreed to continue to allow coaches and club official to have free membership of the club in return for their volunteer services. c. Registration is due to open in Aug. Registration will include request for t-shirt size. 	Michelle/Greg
5.	<p>Coaching for 24/25</p> <ul style="list-style-type: none"> a. All the coaches have agreed to continue into FY 2024-2025. In addition, there will be an addition to the club coaching team. A new swim coach is returning to the area and would like to coach the club next year. The new coach is Lee Jarratt. 	Greg

6.	<p>Training plan for the year</p> <ul style="list-style-type: none"> a. It was proposed to have the swimming on Monday, Thursday and Saturday, spin training on Tuesday and running on Wednesday evening. b. Indoor Zwift rides will be on Tuesday morning and Saturday morning with a potential additional day of Thursday morning. 	Greg
7.	<p>Equipment</p> <ul style="list-style-type: none"> a. T-shirts and tri suits: Melissa has a full report on these to provide to the club. In summary the Club t-shirts will be getting ordered very soon and designs for new tri suits will be distributed. Next year it is requested to include a shirt size in the registration. 	Melissa
8.	<p>Other</p> <ul style="list-style-type: none"> a. Lane capacity- This year with the increase in swimmers due to the closure of other pool, there were occasions when the pool was busy with 15 swimmers. This was the max number (5/lane) that the three allocated lanes can safely accommodate. If this continues in the next season, then it is suggested that the pool swim will be split into two 45 min sessions from 6:30-7:15 and from 7:15-8 pm. There was also discussion with PSP staff present (Brendan) who stated that if is this the case, then there is a possibility DDH will be changing the pool schedule to lane swim directly after the tri club and members would be able to continue swimming longer if required. This will be discussed next season if it becomes an issue. b. Summer Training- The Tri Club does not offer summer training sessions, however there are a number of local groups who are very welcoming and happy to have new members (free). Some of these groups are listed below- 2024 Outdoor Swimming (Facebook group) POSS Petawawa Open Swims Society (Facebook Group) 	Greg

	<p>Gearheads Cycling (Monday for learn to Ride which is free & Tuesday Ride for which you need a membership of the Ontario Cycling Association (~\$40/year)</p> <p>Sunday Run Group (9am at the Base golf club car park)</p> <p>There are also other ad hoc run and bike groups which will be posted on the Tri Club Facebook pages.</p> <p>It was noted that none of these are summer meet up groups directly supported by the Petawawa Tri Club so are not insured under the club. As such you will be participating in these group meet ups at your own risk.</p> <p>c. PSP were requested to look into changing the way round the track that people run so that we don't always run the same direction every week as this leads to injuries. PSP took this action for consideration.</p> <p>d. Events this summer: Water and Dirt Festival with Trail running at Forest Lea, Gravel biking at Forest Lea and Triathlon at Black Bay (18th Aug). Other events this summer include the Tour de Bonnechere, Tour de Whitewater, Tour de Beaver Tails. Also, the Deep River Tri and Petawawa trail run in July. Those who use the Forest Lea trails were asked to support the Forest Lea trail association</p> <p>e. A request was made to hold a bike maintenance session. Gearhead have agreed to organize one of these from their shop.</p> <p>f. Triathlon transition training was also requested. This will be done in late June and will be organized by Jim McCafferty.</p>	
7.	<p>Meeting Adjournment</p> <p>a. Meeting adjourned at 7:05 pm</p>	Greg

WATTS,
GREGORY 202

Digitally signed by WATTS, GREGORY 202
DN: cn=WATTS, o=Petawawa Tri Club, ou=Petawawa Tri Club, email=WATTS, GREGORY 202
Reason: I am the author of this document
Date: 2018.08.18 11:27:42-0400
First PDF Editor Version: 3894 L D

Club President
Greg Watts



Club Secretary
Lindsey Bertrand

COMMENTS: No action on 1-sheet order at this time
No confirmed update on track direction for fall.



Bailey Hartnell
Club Liaison

Date June 12, 2024

COMMENTS: 8a. Ref changing lane swims. Aquatics changed and combined lane and leisure swims for more opportunities beginning April 2024. PSP and club arranging meeting in June/July to confirm swim times for 2024/25 season.



Brendan Cunliffe
Manager Community Recreation

Date 14 June 2024

Nathan Lane
Senior Manager PSP

Date

RECOMMENDED/NOT RECOMMENDED

LCol R. Balkaran
DComd 4CDSG

Date

APPROVED/NOT APPROVED