STRENGTHENING THE FORCES
ENERGISER LES

HP NOVEMBER PROGRAMS

2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10 **Substance Use** 0900-1000	11 	12 **Effective Communication** 0900-1200	13	14
15	16	17 **Mental Fitness & Suicide Awareness** 0800-1600	18	19	20	21
22	23	24 **Managing Angry Moments** Part 1 0900-1400	25	26	27	28
29	30					

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MOVEmber Team Captain Registration

Year End PD Regirstration

Course Registration