

MARCH PROGRAMS



2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
	Energy Drink Campaign Look for your Health Promotion Team at Normandy Court					
8	9	10	11	12	13	14
		Essential Nutrition Part 1 0900-1400		Essential Nutrition Part 2 0900-1400		
15	16		18	19	20	21
	March Break					
22	23	24	25	26	27	28
	Look for your Health Promotion Team throughout Olympian Bear					
29	30	31				
		RitCAF 0800-1600	 @healthpromotionpetawawa  healthpromotionpetawawa@cfmws.com			

COME SAY HELLO!
 Normandy Court
 2-6 March from 1100-1300
 DDH Field House
 24-27 March from 1000-1300

SCAN HERE TO REGISTER

