

# HP JUNE PROGRAMS



2  
0  
2  
6

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8	9 <b>Essential Nutrition Part 1</b> 0900-1400	10	11 <b>Injury Reduction Strategies</b> 0900-1000	12	13
14	15	16 <b>Essential Nutrition Part 2</b> 0900-1400	17	18 <b>Injury Reduction Strategies Leadership</b> 0800-1200	19	20
21 	22	23 <b>Iron Warrior</b> 0900-1000	24	25 <b>RitCAF</b> 0800-1600	26	27
28	29	30 <b>Mental Fitness &amp; Suicide Awareness</b> 0800-1600				



@healthpromotionpetawawa



healthpromotionpetawawa@cfmws.com

SCAN  
HERE  
TO  
REGISTER

