

## CONTACTS

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**CFMAP:** 1-800-268-7708

**Nurse Advice Line:** 1-800-TRICARE

## RESOURCES

**MFS Health Care Website**  
[https://cfmws.ca/united-  
states/healthcare-in-the-us](https://cfmws.ca/united-states/healthcare-in-the-us)

**TRICARE Home Page**  
<https://tricare.mil/>

**CAF HSS Policy**  
[http://corpsec.mil.ca/admfincs/subjects/c  
fao/034-08\\_e.asp](http://corpsec.mil.ca/admfincs/subjects/cfao/034-08_e.asp)

[http://cmp-cpm.mil.ca/en/health/policies-  
direction/series-5000.page](http://cmp-cpm.mil.ca/en/health/policies-direction/series-5000.page)



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**CANADIAN ARMED  
FORCES  
MEMBER GUIDE  
TO MEDICAL CARE  
WHILE POSTED TO  
THE UNITED  
STATES**

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## ARRIVAL AT POST (MEMBER)

1. **Submit documentation for DEERS (Defense Enrollment Eligibility Reporting System). If need care prior to this, may need to create a Temporary file at Patient Registration** *(Process may vary at individual bases. Contact CAFMLO if issues)*

- Bring posting message and passport, and possibly an escort, in order to gain access to base.
- Report to visitor center for visitor/day pass.
- Proceed to Military Treatment Facility (MTF).
- Register at Patient Administration for temporary ID number.
- At this point, you will be able to book appointments, covered by TRICARE, until your US DoD ID arrives.

2. **Once enrolled in DEERS, Register Patient Profile at MTF** *(Failure to do so may lead to administrative and financial issues)*

- Upon receipt of your US DoD ID proceed to MTF and register your US DoD ID to your profile
- Ask about sick call appointment processes
- Visit <https://tricare.mil/> for further information, as needed

## ACCESSING MEMBER CARE

### 1. Primary Care Appointments

- Book as per MTF SOP
- If requesting Specialist, will require a referral from MTF
- Visit covered by TRICARE

### 2. Sick Call *(new/worsening conditions requiring assessment)*

- Report to MTF as per local SOP
- Visit covered by TRICARE

### 3. Inpatient *(ie admission to hospital)*

- Contact CAFMLO ASAP *(failure to do so may lead to incurring medical bills)*
- If admitted to a civilian hospital –
  - Contact CAFMLO
  - Call 1-800-TRICARE and inquire about patient transfer to a MTF *(failure to do so may result in incurring medical bills)*

### 4. In case of Emergency call 911 or go to nearest Emergency Department

- Contact CAFMLO ASAP
- Call 1-800-TRICARE ASAP
- Provide hospital with US DoD ID

5. For urgent care outside of hours call 1-800-TRICARE. **Do not use civilian Urgent Care/Walk-in – TRICARE will not cover**

## ADMINISTRATION (MEMBER)

1. **Once discharged** (if significant injury or MELs >5 days)

- Proceed to medical records and complete form [DoD 2870](#) (Authorization for Disclosure of Medical or Dental Information)
- Retrieve medical records and send encrypted/faxed to the Health Services Coordinator and/or Medical Records Clerk *(member responsibility IAW CFAO 34-8. Failure to do so may lead to an incomplete medical file that may impact limitations, medical category, postings, extensions, or VAC claims)*
- Must contact CAFMLO for Sick Leave >5 days *(even if provided by MTF)*

## CLAIMS

1. **You may see expenses for:**

- Inpatient care – under existing agreements, inpatient hospital services are not covered for CAF members in all US States. In these cases, expenses will be reimbursed by HSS Det Washington
- Sustenance fees (per diem)
- Over-the-counter medications
- **Claim through CF H Svcs HQ Det Washington** at [MedAdmin](#). Provide: Invoice, Proof of payment, and the CF 52 will be drafted for you.