

#MyVoice: As the parent of a military member, do you know where to find the information you need?

To be honest, at times very isolated, and at other times fully supported. ... It would be helpful if it was mandated and provided and not on us as parents to create a group with the support of MFRC.

My son was in for almost 5 years before I knew anything ever existed....But they have been a awesome support since then... guess what I'm saying is when parents have children join up at first there needs to be a contact made...

Local MFRC connections are difficult, as again, they [are] geared towards spousal support. But there are a couple of local connections that I've made.

I think there should be more outreach to the parents. The MFRC's across Canada could have parent support groups. They should be advertised in the form of an easy to read hand out listing all the MFRC locations (the website cafconnections has them but you have to search) at basic graduations, recruiting offices, and swearing in ceremonies. The hand out should also mention the services available at the MFRC locations and the 1-800 24/7 support line

