



2026 INCLUSION PROGRAM GUIDE AT CAMP

PSP Recreation is committed to creating a safe and inclusive environment where participants can participate regardless of their situation. The purpose of the Inclusion Support Process is to better identify the participant's needs and to determine specialized support when it is indicated or requested. The purpose of this process is to identify and trigger alerts for additional support prior to the commencement of the program. The goal of this process is to help initiate an orientation process to better support the participant and to develop a support plan that can be implemented during the program.

At PSP, we recognize the importance of inclusion and strive to make all our recreation programs accessible to everyone. However, there may be times when specific program objectives, such as safety or specialized instruction, make it difficult to accommodate certain individuals or groups. PSP Recreation NCR does not provide support services for personal care, toileting or violent and harmful behaviors

We understand the importance of providing support to families and children who may not be able to participate in our recreation programs due to limited resources or program objectives that do not allow for inclusion. In such cases, we aim to provide alternative options that may be more suitable for their needs. This could include referring families to other community resources or programs that may be able to meet their specific requirements.

For the 2026 Summer Camp Program, we will be employing Inclusion staff who will be assigned to campers based on the type of support requested. These assigned inclusion staff will work closely with the parents/guardians providing them with regular updates and information regarding their campers. In addition to ensure communication between families and the camp program is maintained a Communication Log will be implemented with a daily entry. These staff will also work closely with our Inclusion Coordinator to modify and improve Inclusion Support Plans to best suit the camper they are assigned to.

The following table outlines the types of support we provide through our inclusion program

Type of Support	Description/Criteria Recommended	Resources
1:3	Your child can follow along with the group for the most part but may need help with certain tasks, understanding instructions, additional time	One Camp Inclusion Facilitator will be assigned to Low ratio support (1:3) for your camper. This staff will be trained with a support plan and prepared to provide extra assistance in a group setting for your camper. This support

	during transitions, or participating	can come in the form of encouraging and assisting with participation in games and activities, having someone readily available to express and talk to, and providing reminders about listening and following rules and more.
1:2	Your child participates in the group for most of the camp activities however they are physical, emotional, or social challenges that require more direct attention for the duration of the camp day. However, your camper does not need constant additional support but may need a break from the group to go for a walk, or a body break.	A Camp Inclusion Facilitator will be assigned to Moderate ratio support (1:2). This staff will be trained in the support plan and prepared to provide extra assistance. This staff will be more responsible for the camper's direct supervision. Some examples of the support from this type include emotional regulations assistance, going for walks and body breaks, modifications to the activities and games to best suit the camper and more
1:1	Your child participates with the group but requires 1:1 support. Your child may require more frequent body/sensory breaks, modified program plans, or help with regulation and appropriate social behaviors 1:1 DRA Support Individual attention throughout the day.	A Camp Inclusion Facilitator will be assigned 1on1 support, this facilitator will accompany the child at almost all times supporting and providing more direct assistance and will be responsible for the camper's direct supervision. Some examples of the support provided in this type are regular body breaks or walks, de-escalation and refocusing assistance, direct program and activity support, and more

Notice: Support of all types is not to provide any assistance with personal care and toileting. Staff are not trained to provide support for violent, dangerous or harmful behaviors. Staff are trained to provide support with emotional regulation, de-escalation, reflection, and modification of activities and programs to best suit the camper.

2026 Inclusion Support Process

Allocation of these support spots will be based on the following inclusion support process.

- Parents/caregivers of a child who would like to request or require these services are asked to email NCRRecreation.LoisirsRCN@cfmws.com.
- Upon receipt of the request, families will be emailed an Inclusion Support Form. Please complete the document and return within a week of the form being received as this will assist in determining the level of support required for one inclusion spot.
- Once this form has been completed and received by NCR PSP Recreation, we will then reach out to the parents/guardians with the next steps to follow involving setting up an orientation date and the availability of inclusion support.
- We are aware that not all participants who require facilitator assistance require 1 on 1 support, and we will match facilitators to children to benefit the most participants that we can. For instance, one spot may mean two children to one Inclusion Facilitator. Thus, the allocation of an inclusion spot will be based on the differing needs of the children.
- Regular Members will receive priority for inclusion support services.
- Parents/Guardians of camper who identify potential inclusion support needs on their registration may also be contacted by PSP Recreation to complete the inclusion support process.

Please note that if you do not request inclusion services and do not provide a facilitator for your child to attend camp your child could be removed from the Summer Camp Program if it is not safe for your child to be attending without the extra resources of a facilitator.

The level of support that can be offered from one CAF location to another may vary based on program space, accessibility, resources and availability of trained inclusion support staff. Participants and staff safety is our top priority and therefore it is important to acknowledge that there are limitations within PSP locations, as well as limitations to the level of support our Recreation Inclusion Support Facilitators can provide.

The PSP Recreation's goal is to set each child that attends our Summer Camp Program up for success. If you have any questions about our Inclusion Support Process, please email us at NCRRecreation.LoisirsRCN@cfmws.com. We would like to thank you for your commitment to working with us to ensure the best experience for your child(ren).