



LUNCH MENU

**NDHQ WOs' & Sgts' / Rideau Canal Junior Rank MESS
4 Queen Elizabeth Driveway
OTTAWA, ON K2P 2H9**

**The prices are per person and exclude room rental, taxes, gratuities, bar wages, and other charges. Tipping is 15% for Membres and 20% for non-members.
Please note that prices are subject to change.**

Minimum 40 People
Choose one item from each of the categories.
All Plated Dinners Include Seasonal Vegetables, Dinner Rolls, and Freshly Brewed Coffee or Tea.

LUNCH MENU

Our sandwiches are created with artisan style breads, such as onion Buns, mini baguettes, brioche, bagels, foccacia buns, ciabatta buns, pretzels and wraps.

TRADITIONAL SANDWICHES: \$29.95

Minimum 20 ppl in a group. Please select maximum of: 3 sandwich selection, 1 salad selection, 1 dressing selection and 1 deserts selection. 50 ppl and over please select 4 sandwich selection, 2 salad selection, 1 dressing selection and 2 deserts selection.
All lunch comes with coffee and tea.

- * Egg salad, sundried tomato, celery, cucumber, chives, dijon mustard mayo
- * Tuna salad, celery, red bell pepper, cream cheese, pommery mustard mayo, lemon
- * Chicken salad supreme, celery, caramelized red onions, balsamic glaze, lettuce
 - * Traditional blt, bacon, lettuce, tomato, caesar dressing
 - * Roasted turkey, swiss cheese, tomato cranberry mayo
- * The vegetarian, tomato, cucumber, avocado, pesto and havarti cheese

GOURMET SANDWICHES: \$39.95

Minimum 20 ppl in a group. Please select maximum of: 3 sandwich selection, 1 salad selection, 1 dressing selection and 1 deserts selection. 50 ppl and over please select 4 sandwich selection, 2 salad selection, 1 dressing selection and 2 deserts selection.
All lunch comes with coffee and tea.

- * Roast beef, gherkins, arugula, horseradish mayo, spicy tomato & onion relish
- * Roasted vegetable, eggplant, zucchini, red and green bell peppers, red onions, home-made pesto (pesto without pine nuts)
 - * Roma tomato and marinated bocconcini, black olive tapenade
 - * Roasted chicken breast, sundried tomato pesto, field greens
- * Smoked salmon, capers, chopped egg, red onion, dill cream cheese
- * Sliced angus striploin steak, field greens, sautéed onions and peppers, horseradish and blue cheese st. Augur
 - * Prosciutto ham, salami, tomato, swiss cheese, mix green, basil mayo
 - * Gluten free option available.

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ASSORTED SALADS

- * Boston Bibb greens, sliced almonds, mandarin wedges.
- * Mixed field greens, sundried tomatoes, black olives.
- * Caesar salad, romaine hearts, croutons, bacon bits.
- * Potato salad, mayonnaise, dill, dijon mustard, lemon.
- * Chickpea salad, shallots, tomato, cilantro, dijon mustard, olive oil vinaigrette.
 - * Traditional creamy coleslaw.
- * Marinated mushrooms, chives, shallots, tomato, garlic, parsley.
 - * Lentil salad, tomato, cilantro, onions, dijon mustard.
- * Quinoa salad, tomato, cucumber, black beans, avocado, chives, mint, lemon.
 - * Pasta salad, green pepper, fresh corn, tomato, green olives.
- * Greek salad, crispy iceberg lettuce, tomatoes, cucumbers, feta cheese, red onions, bell peppers, kalamata olives.
 - * Israeli couscous, mint, tomatoes, cucumber, red onions, lemon, olive oil.

ABOVE SALADS SERVED AS AN ENTRÉE

DRESSINGS

- * Balsamic vinaigrette
- * Dijon mustard vinaigrette
 - * Dill vinaigrette
- * Citrus-basil vinaigrette
 - * Caesar dressing
- * Lemon and extra virgin oil dressing
 - * Greek dressing

DESSERTS

- * Selection of mini cookies (2 per person)
- * Selection of large cookies (2 per person)
 - * Brownies
 - * Squares
- * Fresh fruit kebobs (1 per person)
 - * Biscotti (2 pieces per person)
- * Traditional apple tart, apples, french vanilla bean,
 - * Pear tart with chestnut cream

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