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# MFRC ANNUAL GENERAL MEETING Memorandum

MEMORANDUM

5850-4 (MFRC Chairperson)

17 Jul 2022

NOTICE OF THE ANNUAL GENERAL MEETING (AGM<mark>) OF THE MO</mark>OSE JAW MFRC INC.

Ref.: Bylaw III. 4. (a) of MFRC of Moose Jaw Inc. May 94

This is to advise you that the Annual General Meeting of the Moose Jaw MFRC Inc. will be held at 5:30 pm, Wednesday, August 17th, 2022. Enclosed you will find the agenda and various other documents for your review.

T. Barclay

MFRC Chairperson

Enclosures

Dist List Action MFRC Board of Directors MFRC Executive Director Info WComd WCWO



# MFRC ANNUAL GENERAL MEETING Agenda

### Date: Wednesday, 17 August 2022 at 5:30 p.m.

- 1. CALL TO ORDER
- 2. ADOPTION OF AGENDA
- 3. GREETINGS FROM WCOMD AND WCWO
- 4. ADOPTION OF 2021 AGM MINUTES
- 5. REPORTS
- 6. ADOPTION OF 2021/22 AUDITED FINANCIAL STATEMENTS
- 7. APPOINTMENT OF AUDITOR FISCAL YEAR 2022/23
- 8. DISCUSSION/RECOGNITIONS
- 9. ELECTION AND PRESENTATION OF DIRECTORS TO ASSEMBLY
- 10. AGM MEETING ADJOURNMENT



# FROM THE CHAIRPERSON Tammy Barclay



Transitions! This last year has been full of transitions and, as always, the MRFC staff and our military community have navigated all of them with the grace and resilience of seasoned veterans. We have been able to move our programming from virtual back to in-person as we have seen national and local Covid restrictions lift, allowing a return to a more normal life. The continued creativity and commitment our staff have shown throughout the pandemic speaks to the quality of our people and I couldn't be prouder of them. I wasn't the only one who noticed the excellence of our team as they were recognized for their outstanding effort in supporting military families during the pandemic by being awarded the 2CAD Commander's Commendation – a well deserved honour!

Another area of significant transition is the Military Family Services (MFS)/ MFRC Modernization which is a result of a lengthy governance review performed over the last few years. This initiative intends to standardize many of the processes used and services offered by MFRCs across the country. An advantage of this is to ensure that there are some core services provided by MFRCs which provide some consistency to families as they transition from posting to posting. A drawback, however, is that some of our site-specific programming which the Board deems as essential to our community will no longer be funded through Military Family Services (MFS). To enable us to continue to provide these site-specific programs, the MFRC will pursue funding through a combination of other government and community grants, as well as user fees and MFRC reserve funds.

My deep thanks to our Wing Commander, Col. Bouchard and his senior staff for their support and leadership, the Military Family Services (MFS) for their continued funding and guidance, as well as our many partners here at 15 Wing which include DND, PSP, CAE, and various community organizations. We could not do all that we do without our team of dedicated volunteers, staff and our Executive Director, Regan Gorski, whose commitment to serving our community is unparalleled and deeply appreciated. I must also offer my deep thanks to my colleagues on the Board of Directors who serve with excellence to ensure that we provide the best possible community experience here at 15 Wing. It is truly a joy and privilege to serve as the Chairperson of the Moose Jaw MFRC Board of Directors for the upcoming fiscal year. Thanks to all for a wonderful year and looking forward to the future we continue to build together.

#### **Tammy Barclay**



# MOOSE JAW MFRC 2020/21 AGM Minutes

#### MOOSE JAW MILITARY FAMILY RESOURCE CENTRE ANNUAL GENERAL MEETING (AGM) MINUTES 23 Sept 2021

5848-4 (15 Wing) Moose Jaw, SK S6H 7Z8

23 Sept 2021

Dist. List

ATTENDANCE: Tammy Barclay Holly Jorstad Joanne Ubell Bert Olson Jackie Lacroix Brenna Kahvedjian Dave Lyons Jennifer Dunn Kyla Peneycad Neil Thorne Regan Gorski

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Vice/Personnel Chair Member at Large Finance Chair MFS WG Liaison Secretary Member at Large Member at Large Member at Large Member at Large Wg Chief Warrant Officer (Ex-Officio) MFRC Executive Director (Ex-Officio)

Members:

#### NOT IN ATTENDANCE:

Dani Basley Melanie Ellis Past Chairperson (Ex-Officio) Member at Large



#### 23 Sept 2021

The Moose Jaw MFRC is located on Treaty 4 Territory, the original lands of the Cree, Ojibwe, Saulteaux, Dakota, Nakota, Lakota, and on the homeland of the Métis Nation.

Call to order: This AGM meeting is called to order at 6:03 pm

Adoption of the Agenda: A motion to adopt the 23 Sep 2021 AGM agenda was made by Dave Lyons and seconded by Holly Jorstad. Majority in favor. CARRIED.

Greetings from the Wing Commander and Wing Chief Warrant Officer:

#### Wing Commander

Good evening everybody. I think I'm like you, I wasn't expecting to have this meeting virtually tonight and I look forward to meeting everybody face to face at some point. 15 Wing members, families, let me just start by saying a few words. MFRC staff, board members, good evening again and thank you all for joining us virtually tonight. Thank you very much to Tammy and the board members, Regan and the staff, for an awesome job this past year. It was a very difficult time, and this is not over, and I really want to thank all of you for being prudent and careful in what we did to protect our businesses, our families and everybody in our community. This General Meeting serves to ensure adherence with reporting requirements as well as the bylaws established. But more importantly, it allows us, the military personnel and our families, to collectively gather as a community, and this is what makes our strength. We need to celebrate this because it's unique and our life together in the military is something very special that unless you're in it you don't really understand. So, we need to cherish that and be part of it.

It's important to recognize our military families very properly. They make it possible for us to serve. Every day, you get up, they get up to support our wives, husbands, sons, daughters, mothers. Today I learned that one of our members in the PMQ lives with his mother, father, all that standing with long days of work, training, and deployment. Our families, you're the backbone of what the Wing is and what the CAF is all about. When the Chief and I discuss with the senior leadership, believe me that we know what you do, and it doesn't go unnoticed. I speak regularly with the folks in Winnipeg and Ottawa about the importance of our families. This is why the MFRC exist, to support our families and I think we should never lose sight of that. This is powerful and it's there to support everybody as we get called to move across our beautiful country.

This is a very special year for the MFRC. It marks the 30th anniversary of the incorporation and operation, so it's quite an achievement. And this AGM, like Colonel Walker mentioned last year, I'm hoping it's going to be the last one done virtually. Hopefully it really marks the transition to something more normal. I look forward to it, I know we all look forward to it because this is not easy, but together we're doing the best of it, and we are making sure that we all do it together and come through together.



You probably noticed, I do a little bit of French, a little bit of English and I really welcome this engagement in both languages when you and the families will be engaging tonight or later. I really look forward to this coming year and the recommencement of our on-site programming. I know it's a little slow in coming, but like you, I watch the news. The health and safety of our families and community is important for Chief Thorne and me. I look forward to the discussion and meeting all of you. Good evening everybody.

#### Wing Chief

Welcome to all participants and families. Just like the Wing Commander was saying, thank you so much to all families, volunteers, and the Board for all their volunteering efforts. I'd also like to thank the staff for all that you do for our families here in Moose Jaw and Portage. A special thanks to Tammy and Regan, for your leadership at the MFRC. I had the opportunity, when my family and I showed up here in the hurry, to get out to some of the welcome events, the snow cones, the barbecues, which was just really good to see after 18 months of COVID. We're not quite out of it yet, like the Commander mentioned, and unfortunately, we are having a second AGM virtually. As we move forward, possibly next year, hopefully, we can all get together and go back to what the pre COVID environment was for an in person AGM. I would like to mention, also, what a great success the Family Day was. It was really nice to get out on the base to see everybody and I really appreciated all the efforts that the MFRC put in. Thank you so much everybody.

**Review and approval of the 2020 AGM minutes:** A motion to approve the minutes of the 2020 AGM was made by Bert Olson and seconded by Joanne Ubell. No further discussion. Majority in favour. CARRIED.

**Reports:** The 2020-2021 annual general meeting brochure, which includes executive and financial summaries, as well as a comprehensive annual report with audited financial statements, were sent to AGM participants and is available online at www.cafconnection.ca.

Adoption of the 2020/21 audited financial statements: The audited financials were presented by the Finance Chair, Joanne Ubell. The MFRC is in solid financial standing despite absorbing a net yearly loss due to reduced revenues at the outset of COVID. A motion to approve the 2020/21 audited financial statements was made by Bert Olson and seconded by Dave Lyons. No further discussion. Majority in favour. CARRIED.

Appointment of auditor for fiscal year 2021/2022: A motion to approve the appointment of Sheila Roy & Associates/ Priority Accountants as the auditor for FY 2021/2022 was made by Joanne Ubell and seconded by Bert Olson.

No further discussion. Majority in favour. CARRIED.



#### Election/Presentation of new board to the community:

Chair thanks the community, chain of command and fellow board members for their ongoing support. As the MFRC Board has all currently sitting members within term limits, there will be no nominations required at this AGM. However, we did bid farewell to out Portage Board representative just a couple weeks ago, so there will be an active recruitment and orientation to fill the position by fiscal year end.

Tammy Barclay Jackie Lacroix Holly Jorstad

Dani Basley Melanie Ellis Dave Lyons Bert Olson Brenna Kahvedjian Kyla Peneycad Joanne Ubell Jennifer Dunn

#### **Questions:**

**Q:** My family and I just moved to Portage last summer and I'm wondering what the responsibilities of a board member are and what the time commitment is?

**A:** As far as being a board member goes, the responsibilities are to attend the meetings, we review financial statements and make decisions ongoing throughout the year. This is a governance board, so we are not involved in day-to-day operations, but rather Regan and the staff oversee the day-to-day operations, and we help with other guidance. The commitment is around five to six meetings per year. They are typically half an hour to an hour, depending on the amount of discussion, and then there are other activities and events that we can attend throughout the year as well. If you are interested in finding out more about that, we would welcome you to connect with the staff. Nicole would be a great person to connect with and she can give you more information about how to get involved in volunteering and preparing for the board.

Q: How many members are in attendance and what is required for quorum?

**A:** We currently have over 60 members in attendance, and we require 30 for quorum. I wanted to mention as well that you could also contact Jennifer in Portage for more information about serving on the board.

**Q**: I just had a question about the financials. I was wondering if there was any annotation to help understand some of the revenues and expenses. I just had a couple of questions that I was wondering about some line items, so having it annotated would have been helpful to understand. It's just a different form than what I've seen before. One question that I have is with the GBV program. I figured out the VFP, but the GBV is one question I had. And I was also wondering about the staff professional development just by curiosity. It seems a little bit high when it's almost 22% of the activity expense.

**A:** I can speak for the GBV, I'm a member. It's called the Gender-Based Violence Committee. We work in coordination with the federal government's Gender-Based Violence Initiative to provide programming and trainings related to gender-based violence and well-being of our community and members. We have provided, like today for instance, an Indigenous Cultural Awareness Presentation by Sgt Langan out of Saskatoon. We also have several programs coming up in the next month centred largely around the Military Family Services Health Relationships Campaign. That's what that program involves. For the professional development costs, those include both MFRC and PSP professional training and certifications so that we were able to make sure that everyone was up to date.



Q: Is there any plan to bring back teen or preteen nights while following all public health measures? A: Well, in terms of all our programming, we're really looking forward to getting all of them up and running again just as soon as we possibly can. I know that we are working very closely with senior staff and following all necessary protocols. However, as the Commander has mentioned, their top priority is keeping everyone safe. We are looking to do that just as soon as we have the space and the go ahead from everyone to go ahead and continue with that.

**Q:** I just have a question about the advertising. I'm a family that doesn't use Facebook and sometimes I find out about things after the fact. I know I go into the gym regularly and I check the board for information, if there's any activity going on, because my kids really enjoy participating in events and getting out. I noticed that. I'm not able to access the MFRC link on Facebook because I don't have an account, so I'm just wondering if there's other avenues to reach out to families, I guess.

A: We do have a community e: newsletter that goes out every other Monday and that includes a lot of our upcoming activities that's happening. I also just wonder if you have given your contact information for mailing lists, and I do believe that you have. Those are other methods of contact, but we will, after the fact, give you a call and we can make sure that you're on all those lists.

**Q:** I was just wondering about the ELC going into a full daycare again, as it was a few years ago, is this a plan for the future, or what's happening with that?

**A:** We've addressed the daycare question quite a lot over the years. We've never actually been a fully licensed daycare program on the base because we have several constraints with that. We don't have a facility that would pass our Saskatchewan protocols in order to be a licensed facility. We also have visited the idea as many times as possible to support, even just from the financial model. The majority of the use of the ELC on our Wing is casual and respite care use. We don't have enough families that are requiring full-time care options to be able to effectively and financially run a proper full time daycare centre. There are lots of options within Moose Jaw for full time daycare, so based on that information we've never pursued it much further. There were times in our history where we were very close to setting one up, however it's not a mandated program from MFS, so it's not something that we are required to provide. It would be an extra and because it is not something that we can support in that way, and that there's not a significant need for it being such a transition base, and with so many training families here, we don't anticipate it anytime in the future, creating a full-time daycare.

**Q:** Is there any plan to increase activities for teenagers of 14 to 16 years old in the future?

**A:** For grades 6 through 12, programming is overseen by PSP. If you would like information about upcoming programs or potential upcoming programs, the person you can contact is Kristen Therens. I'll put that out, just reply to your chat with her name. She works for PSP, she is our Recreation Coordinator, and I believe I saw an advertisement for a bi-weekly gathering for kids ages 11 through 18, so that might be something that you can check out.

**Adjournment:** A motion to adjourn the meeting was made by Kyla Peneycad. Majority in favour. CARRIED. The meeting was adjourned at 6:40 pm.



Prepared by:	
Jackie Lacroix	Date
Secretary Moose Jaw MFRC	
Reviewed by:	
CWO Thorne	Date
WCWO – Ex-Officio 15 Wing Moose Jaw	
TO MILLE MOOSE JAW	
Reviewed by:	
Col J Bouchard	Date
WComd	
15 Wing Moose Jaw	
Approved by:	
Tammy Barclay	Date
Chairperson	
Moose Jaw MFRC	



# MOOSE JAW MFRC About Us

## **VISION STATEMENT**

Strong, capable and resilient families in a supportive Canadian Armed Forces community.

## **MISSION STATEMENT**

The Moose Jaw MFRC Inc. is collaboratively engaged with our military families and community and defence partners, which affects positive community transitions and relevant and adaptive family services, programs and resources for military families.

## **VALUE STATEMENTS**

- We believe that there are unique stressors placed upon military personnel and their families.
- We believe that all people are equal and we value their ideas, concerns, needs, feelings, input and feedback.
- We believe that our programs should be accessible and reflect the input of community members.
- We believe that all people are to be treated with respect and dignity.
- We believe strongly in each person's right to privacy and confidentiality, as long as it doesn't endanger oneself or others.
- We believe that when people are given access to resources and support, they are capable of taking responsibility for their own problems.
- We believe in respecting the unique cultural diversity found within the community.
- We believe that all members of this community have an effect on the overall quality of the Canadian Armed Forces and the extended community.
- We believe in people's need to belong and experience stability.
- We believe that the decisions made should take into account the needs of the total community.

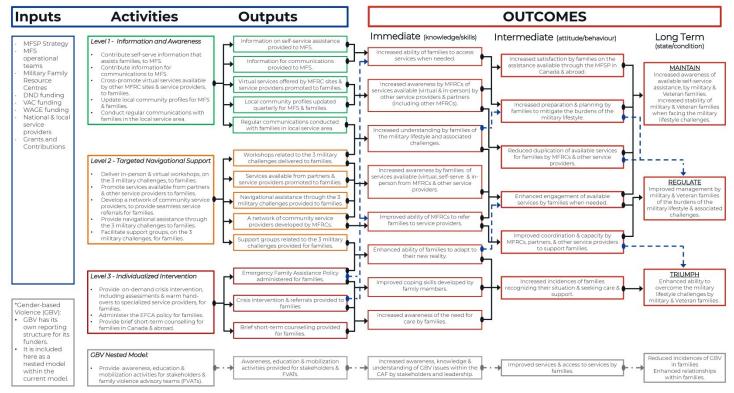


## **MOOSE JAW MILITARY FAMILY RESOURCE CENTRE**





#### MILITARY AND VETERAN FAMILY SERVICES LOGIC MODEL





# MOOSE JAW MFRC Annual Service Delivery Data

ANNUAL MFSP SERVICE DELIVERY DATA REPORTING FORM FY 2021-2022

MFRC Moose Jaw

1. # FAMILY CONTACTS

1.a. As closely as possible, please provide the total number of family member contacts for the following MFSP services.
 Information and Education / Awareness (#) 3522
 Referral and Support / Services (#) 1654
 Intervention (#) 511

2. # FAMILY MEMBERS SERVED

2.a. As closely as possible, please provide the total number of family members who accessed MFSP services (excluding site-specific services). (#) 1701
2.b. If you have included military members in the total number of family members, please note approximately what percentage of 2.a. is military members. (%) 29

3. STAFF HOURS DEDICATED TO PROGRAMMING

3.a. Total # program hours provided - MFSP-funded. (#) 7700

3.b. Total FTE count of all active staff members - MFSP-funded. (#) 13

3.c. Total # program hours provided - NOT MFSP-funded. (#) 5700

3.d. Total FTE count of all active staff members - NOT MFSP-funded. (#) 7

4. EMPLOYMENT

4.a. # adults and youth who have received employment services or referrals to local employment agency (if not offered by MFRC). (#) 44

4.b. # adults and youth who have been connected with employers. (#) 32

5. MENTAL HEALTH SERVICES - OUTREACH

5.a. Outreach and Engagement Svs - # staff (FTE). (#) 3

5.b. Outreach and Engagement Svs - total # of referrals (to Outreach and Engagement Svs). (#) 401

5.c. Outreach and Engagement Svs - total hours (during Outreach and Engagement Svs). (#) 2800

5.d. Outreach and Engagement Svs - total clients. (#) 482



## MOOSE JAW MFRC Annual Service Delivery Data

6. MENTAL HEALTH SERVICES - DIRECT CLIENT CARE

6.a. Peer Support - # staff (FTE). (#) 2

6.b. Peer Support - total # of referrals (to peer support). (#) 124

6.c. Peer Support - total hours (during peer support meetings). (#) 1845

6.d. Peer Support - total clients. (#) 101

6.e. Psychoeducational - # staff (total FTE count). (#) 0.5

6.f. Psychoeducational - total hours. (#) 680

6.g. Psychoeducational - total clients. (#) 81

6.h. Psychosocial - # staff (total FTE count). (#) 0.5

6.i. Psychosocial - average wait time to access services (in days). (#) 3

6.j. Psychosocial - total hours (direct client contact). (#) 371

6.k. Psychosocial - total clients. (#) 92

6.l. Psychosocial - total # new cases opened. (#) 44

6.m. Mental Health Treatment - # staff (total FTE count). (#) 0.5

6.n. Mental Health Treatment - average wait time to access services (in days). (#) 5

6.o. Mental Health Treatment - total hours (direct client contact). (#) 201

6.p. Mental Health Treatment - total clients. (#) 32

6.q. Mental Health Treatment - total # new cases opened. (#) 19

7. OTHER SOURCES OF FUNDING

7.a. Total revenue for all mandated programs and services - all funding sources.

i. MFS Public (including supplemental but NOT Veteran Family Program): \$991,958

ii. Local Public: \$153,180

iii. Local Non-Public: 0

iv. User Fees: \$19,530.73

v. Fundraising / Donations / Sponsorships: \$2,262.22

vi. Grants: \$137,578.20

7.b. Management and Administration Funding

i. Management and Administration Total Expenses: \$243,440

ii. Total MFRC Revenue: \$1,304,509.15



**Audited Financial Statements** 

March 31, 2022

# Moose Jaw Military Family Resource Centre Inc. For the Year Ended March 31, 2022

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PRIORITY ACCOUNTING SERVICES CPA PROF. CORP. 2144 CORNWALL STREET REGINA, Saskatchewan S4P 2K7 306-565-2777

#### Independent Auditors' Report

To the Board of Directors of Moose Jaw Military Family Resource Centre Inc.

#### Opinion

We have audited the financial statements of Moose Jaw Military Family Resource Centre Inc., which comprise the statement of financial position as at March 31, 2022, and the statement of operations, statement of changes in net assets and statement of cash flows for the year then ended, and notes to the financial statements, including a summary of significant accounting policies.

In our opinion, except for the possible effects of the matter described in the Basis of Qualified Opinion paragraph, the accompanying financial statements present fairly, in all material respects, the financial position of the Entity as at March 31, 2022 and its financial performance and its cash flows for the year then ended in accordance with accounting standards for not-for-profit organizations (ASNPO).

#### **Basis for Qualified Opinion**

We conducted our audit in accordance with Canadian generally accepted auditing standards. Our responsibilities under those standards are further described in the Auditor's Responsibilities for the Audit of the Financial Statements section of our report. We are independent of the Entity in accordance with the ethical requirements that are relevant to our audit of the financial statements in Canada, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

1. In common with many Non-for-Profit Organizations, the Organization derives revenue from donations and other fundraising activities, the completeness of which is not susceptible to satisfactory audit verification. Accordingly, our verification of these revenues was limited to a comparison of recorded revenue with bank deposits and we were unable to determine whether any adjustments might be necessary to revenue, excess of revenue, assets and net assets.

2. We were unable to determine whether any adjustments might be neccessary to deferred income. The management of the organization has deferred unspent portion of grants received.

#### Responsibilities of Management and Those Charged with Governance for the Financial Statements

Management is responsible for the preparation and fair presentation of the financial statements in accordance with ASNPO, and for such internal control as management determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error. In preparing the financial statements, management is responsible for assessing the Entity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless management either intends to liquidate the Entity or to cease operations, or has no realistic alternative but to do so.

Those charged with governance are responsible for overseeing the Entity's financial reporting process.

PRIORITY ACCOUNTING SERVICES CPA PROF. CORP. 2144 CORNWALL STREET REGINA, Saskatchewan S4P 2K7 306-565-2777

#### Independent Auditors' Report Auditor's Responsibilities for the Audit of the Financial Statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with Canadian generally accepted auditing standards will always detect a material misstatement when it exists.

Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements. As part of an audit in accordance with Canadian generally accepted auditing standards, we exercise professional judgment and maintain professional skepticism throughout the audit.

We also:

• Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.

• Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Entity's internal control.

• Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by management.

• Conclude on the appropriateness of management's use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the Entity's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the Entity to cease to continue as a going concern.

• Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

August 16, 2022

Priority Accountants CPA

**Chartered Professional Accountants** 

**Statement of Financial Position** 

As At March 31, 2022

	Note	2022	2021
Assets			
Current Assets			
Cash	2. 8	544,942 \$	264,803
Accounts receivable, net of allowances	3.	3,296	2,421
Investments-GIC	4.	641,341	638,560
Prepaid insurance		8,695	8,005
Total Current Assets		1,198,274	913,789
Total Assets		\$ 1,198,274 \$	913,789
Liabilities and Net Assets			
Current Liabilities			
Accounts payable and accrued liabilities	6. 5	5 1,385 \$	1,266
Deferred income/revenue	7.	1,139,297	854,059
Total Current Liabilities		1,140,682	855,325
Net Assets			
Unrestricted Net Assets (deficit)		57,592	58,464
Total Liabilities and Net Assets	\$	5 1,198,274 \$	913,789

#### Approved on Behalf of the Board:

Tammy Barclay Digitally signed by Tammy Barclay Date: 2022.03.15 14:46:30 -06'00'

The accompanying notes are an integral part of these financial statements.

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### Statement of Operations

For the Year Ended March 31, 2022

	2	022	2021
Revenue			
GBV Grant revenue	\$	31,000 \$	25,750
Other revenue		2,317	1,951
VFP Revenue		77,492	67,562
United Way		39	-
DMFS	9	991,958	941,252
Other grants		29,086	32,568
Donations		2,224	3,247
Programs for kids and youth		11,272	5,861
DND Funding		153,180	161,000
Interest income		5,339	6,278
Total revenue	1,:	303,907	1,245,469
Expenses			
Wages and benefits (Schedule 1)	9	968,386	1,042,525
Administrative expenses (Schedule 2)		98,765	97,834
Activity expense (Schedule 3)	:	237,627	105,616
Total expenses	1,:	304,778	1,245,975
Excess (deficiency) of revenues over expendutures	\$	(871)\$	(506

Statement of Net Assets

For the Year Ended March 31, 2022

	2022	2021
Unrestricted Net Assets	\$ 58,463 \$	58,970
Excess (deficiency) of revenues over expendutures	(871)	(506)
Unrestricted Net Assets	\$ 57,592 \$	58,464

**Statement of Cash Flows** 

For the Year Ended March 31, 2022

	Note	2022	2021
CASH FLOWS FROM OPERATING ACTIVITIES:			
Excess (deficiency) of revenues over expendutures	\$	(871) \$	(506)
Trade accounts payable		119	654
Deferred liability		285,237	391,735
Increase (decrease) in receivables		(875)	2,741
Increase (decrease) in prepaid expense and other assets		(690)	1,420
TOTAL CASH FLOWS FROM OPERATING ACTIVITIES		282,920	396,044
CASH FLOWS FROM INVESTING ACTIVITIES:			
Purchase of investments		(2,781)	(230,774)
CASH FLOWS FROM FINANCING ACTIVITIES:			
OTHER ACTIVITIES:			
Net cash increase (decreases) in cash and cash equivalents		280,139	165,270
Cash and cash equivalents at beginning of period		264,803	99,533
Cash and cash equivalents at end of period	\$	544,942 \$	264,803
Cash and cash equivalents consist of the following:			
Cash	2. \$	544,942 \$	264,803

Notes to the Financial Statements

For the Year Ended March 31, 2022

#### 1. Significant Accounting Policies

#### a. Nature of business/basis of preparation

Moose Jaw Military Family Resource Centre Inc. (organization) is incorporated under the provincial business corporations act. The Moose Jaw Military Family Resource Centre Inc. operates as a non profit organization that provides support services to military members and families, as well as members and families of civilian partners and contractors. It operates core programs funded by the Department of National Defence. It also operates other programs internally funded.

The Organization is exempt from income taxes under paragraph 149(1)(I) of The Income tax Act.

These financial statements are prepared in accordance with the Canadian Accounting Standards for Not-for-Profit organizations.

#### b. Cash and cash equivalents

Cash and cash equivalents includes short-term investments and highly liquid investments in money market instruments which are carried at the cost and market value with a maturity date of three months or less from the acquisition date. These are valued at cost which approximates market value.

#### c. Property, plant and equipment

Capital assets are stated at cost and amortization is recorded at 1% per month.

Machinery, equipment, furniture and fixtures and other assets - 1% straight-line method

#### d. Impairment of long lived assets

In the event that facts and circumstances indicate that the organization's long-lived assets may be impaired, an evaluation of recoverability would be performed. Such an evaluation entails comparing the estimated future undiscounted cash flows associated with the asset to the asset's carrying amount to determine if a write down to market value or discounted cash flow value is required. The organization considers that no circumstances exist that would require such an evaluation.

#### e. Financial instruments

All financial instruments are measured at fair value on initial recognition. Measurement in subsequent periods depends on whether the financial instrument has been classified as held for trading, available for sale, held to maturity, loans and receivables, or other financial liabilities.

Investments are classified as held-for-trading and are recorded at fair market value.

Accounts receivable include financial instruments categorized as loans and receivables and are reported at amortized cost.

Notes to the Financial Statements

For the Year Ended March 31, 2022

#### 1. Significant Accounting Policies

#### e. Financial instruments

Accounts payable include financial instruments categorized as other liabilities and are reported at amortized cost.

Transaction costs on acquisition, sale or issue of financial instruments are expensed when incurred.

#### f. Revenue recognition

Moose Jaw Military Family Resource Centre Inc. follows the deferral method of accounting for contributions. Restricted contributions are recognized as revenue in the year in which the related expenses are incurred. Unrestricted contributions are recognized as revenue when received or receivable if the amount to be received can be reasonably estimated and collection is reasonably assured. Investment income is recognized as revenue when earned.

#### Contributed surplus

Volunteers contribute a significant amount of their time each year. Because of the difficulty in determining their fair value, contributed services are not recognized in the financial statements.

#### g. Use of estimates

The preparation of financial statements in accordance with Canadian accounting standards for not for profit organizations requires management to make estimates and assumptions that affect the reported amounts of assets and liabilities and the disclosure of contingent assets and liabilities at the date of the financial statements and the reported amounts of revenues and expenses during the the reporting period. Actual results could differ from those estimates and may have an impact on future periods.

#### h. Economic dependence

The Organization received approximately 75% of revenues for services from DMFS(Director of Military Family Services) funded by the Department of National Defence. These core programs operate on renewed contracts for services.

Notes to the Financial Statements

For the Year Ended March 31, 2022

#### 2. Cash

#### a. Accounts by period

Cash and cash equivalents consist of the following:

	2022	2021
Petty cash	\$ 400 \$	400
Equity cash available	20	20
Tangerine bank account	105,936	103,258
Conexus operating bank account	438,586	161,125
Total	\$ 544,942 \$	264,803

#### 3. Receivables

#### a. Accounts by period

Accounts receivable consist of the following:

	2022	2021
Taxes receivable-GST	\$ 2,898 \$	5 1,361
Trade accounts receivable-ELC	398	1,060
Total	\$ 3,296 \$	5 2,421

Notes to the Financial Statements

#### For the Year Ended March 31, 2022

#### 4. Investments

#### a. Accounts by period

Investments consist of the following:

	2022	2021
GIC		
Conexus one year non redeemable term deposits maturing July 17, 2022. Interest paid annually @ 0.550%	252,250	-
Conexus one year non redeemable term deposits maturing January 26, 2023. Interest paid annually @ 0.850%	163,104	-
Tangerine one year non redeemable term deposits maturing January 26, 2023. Interest paid annually @ 0.850%	225,000	-
Tangerine business GIC 1 year term maturing Nov 04, 2021. Interest paid annually @ 0.8%	-	225,00
Conexus redeemable term sub number 017 maturing Jul 17 2021. Interest paid annually @ 0.900%	-	250,00
Conexus 1 year non-redeemable term sub number 019 maturing Jan 26, 2022. Interest paid annually @ 0.700%	-	161,97
Accured interest receivable	987	1,59
Total GIC investments	641,341	638,56
Total investments	\$ 641,341 \$	638,56

Notes to the Financial Statements

For the Year Ended March 31, 2022

#### 5. Property, plant and equipment

#### a. Cost less accumulated depreciation/impairment - net book value by period

Property, plant and equipment consist of the following:

			2022	2021
	Cost	Accumulated Depreciation	Net Book Value	Net Book Value
Toy lending library	\$ 947	\$ (947)\$	-	\$ -
English library	550	(550)	-	-
Machinery, equipment, furniture and fixtures	80,760	(80,760)	-	-
French Resources	 2,101	(2,101)	-	-
Total	\$ 84,358	\$ (84,358)\$	-	\$ -

#### 6. Accounts payable

#### a. Accounts payable by period

Accounts payable consist of the following:

	2022	2021
Social fund payable	\$ 1,388 \$	1,268
Group benefits payable	(3)	(2)
Total	\$ 1,385 \$	1,266

#### b. Government remittances payable

#### 7. Deferred projects

#### a. Funds have been received for projects that have yet to be completed

	2022	2021
Deferred projects/wages	\$ 1,139,297	\$ 462,325
CEWS received for wages	-	 391,734
Total	\$ 1,139,297	\$ 854,059

Notes to the Financial Statements

#### For the Year Ended March 31, 2022

#### 8. Credit risk

#### a. No significant credit risk exposure

Exposure to credit risk, interest rate risk and liquidity risk arise in the normal course of the Organization's operations.

(a) Credit risk:

Credit risk refers to the risk that a counterparty may default on its contractual obligations resulting in a financial loss. Credit risk refers to the risk that a counterparty may default on its contractual obligations resulting in a financial loss. The Organization's principal financial assets are cash, accrued interest receivable and guaranteed investment certificates. The carrying amounts of financial assets in the statement of financial position represent the Organization's maximum credit exposure at the balance sheet date. The amounts disclosed in the statement of financial position are net of allowance for doubtful accounts, estimated based on previous experience and an assessment of the currenteconomic environment. The Organization does not have significant exposure to any individual customer and has not incurred any significant bad debts during the year. Dealing with institutions that have strong credit ratings minimizes credit risk related to cash and guaranteed investment certificates.

#### (b) Liquidity risk:

Liquidity risk is the risk that the Organization will not be able to meet a demand for cash or fund its obligations as they come due. Liquidity risk also includes the risk of the Organization not being able to liquidate assets in a timely manner at a reasonable price. The Organization monitors its cash flow throughout the year to ensure its revenue collecting practices take into account the timing and level of its cash obligations. The Organization has sufficient funds from which to operate and this risk is considered to be low.

#### 9. Subsequent events

#### a. COVID-19

The full impact of the COVID-19 outbreak continues to evolve as of the date of this report. As such, it is uncertain as to the full magnitude that the pandemic will have on the Organization's financial condition, liquidity, and future results of operations. The Organization is dependent on its workforce to deliver its services on behalf of the Department of National Defence. If significant portions of the Organization's workforce are unable to work effectively, or if operations are curtailed due to illness, quarantines, or other restrictions in connection with the COVID-19 pandemic, the Organization's operation will likely be impacted and costs may increase.

Management has applied to wage subsidy program offered by the Federal government for COVID relief. The Organization had to cancel some of the programs during lockdown times and continues to monitor the situation in order to mitigate the risks relating to COVID-19.

For the Year Ended March 31, 2022

#### Schedule of Wages and benefits expenses

	2022	2021
Wages, ELC Transitional Childcare	\$ 41,866	\$ 43,838
Wages, Youth and other programs	4,321	1,525
Wages, ECC & ERCC	4,416	1,985
Wages, Non School Day/Break Prgm	3,639	3,355
Wages, Parenting Support & Ed.	2,021	465
Wages, VFP Coord	48,115	52,700
Wages, Volunteer Manage & Com Invol	52,235	55,250
Wages, Management & Admin.	129,903	110,784
Wages, Child & Youth Services	58,811	54,806
Wages, Family Sep. & Reunion Serv.	44,078	61,283
Wages, Info Ref & Com Int.	63,720	116,068
Wages, Prev. Sup. & Intervention	104,470	226,105
Wages, 3CFFTS Portage	46,000	54,396
Wages, FLO (IPSC)	76,500	75,000
CPP & El Expense	44,687	47,789
Workers Compensation SK & MB	7,484	7,779
Group RRSP Expense	64,927	69,856
Group Benefit Premium	32,891	33,541
Group TFSA Expense	33,000	26,000
Wages, Transition Psychosocial Serv	104,175	-
Wages, CSCC	1,127	-
Total operating expenses	\$ 968,386	\$ 1,042,525

For the Year Ended March 31, 2022

#### Schedule of Administrative expenses

	2022	2021
Professional Expense	\$ 14,574 \$	5,875
Promotion & Advertising	4,727	6,541
Meetings	1,186	1,080
Membership, Fees, Dues	3,911	3,917
Third party liability Insurance	6,110	8,481
Write Off/ Bad Debt	-	693
Admin. & Logistical Support Exp.	2,535	1,295
Board Training & Development Exp.	9,506	5,525
Food & Beverage Expense	4,682	2,008
Staff Professional Development	25,917	23,492
Miscellaneous Expense	597	(50
PST Expense	6,728	3,922
OH&S/PPE/Supplies exp	3,290	14,544
Information Technology Expense	10,170	17,289
GST Expense	3,357	2,265
Employee Benefit Insurance Exp.	 1,475	957
Total operating expenses	\$ 98,765 \$	97,834

For the Year Ended March 31, 2022

#### Schedule of Activity expense

	2022	2021
FLO/IPSC PD & Resources	\$ 24,454	\$ 16,437
FLO/IPSC Travel	1,976	484
IPSC: Casualty Support Childcare	120	1,683
Emergency Respite Childcare Exp	2,148	1,844
3CFFTS Portage Travel, PD, Training	3,463	383
3CFFTS Portage Program & Resource	4,720	4,230
NYM - Leadership/Outdoor Adv. Exp.	11,985	1,721
GBV Expense	31,878	27,077
ELC Transitional Childcare Exp.	12,096	3,542
Kids Kloset Expense	14	539
Prev. Sup. Intervention Expense	25,190	9,550
Summer Fun Expense	(40)	-
Parenting Support & Ed. Expense	5,666	1,234
Community Integration Expense	40,095	6,886
Info & Referral Expense	1,848	-
Volunteer Sup. & Dev. Expense and childcare	6,531	7,046
SLT Expense	3,280	3,280
Family Sep. & Reunion Expense	13,424	904
Regina/Reserve Units Exp	24,459	1,932
VFP	13,695	11,614
SOT - Medical/Dental Travel	5,123	332
Vehicle Insurance/Main/Repair Exp.	2,951	3,250
Non School Day/Break Prgm Exp.	513	942
Emergency Childcare Expense	-	706
Projects Expense	2,038	-
Total operating expenses	\$ 237,627	\$ 105,616

# MOOSE JAW MFRC MANAGEMENT & OPERATIONS

Vision: Strong, capable and resilient families in a supportive Canadian Forces community.

**Mission:** The Moose Jaw MFRC Inc. is committed to enriching the lives of its individuals, families and community through positive action, education and support.

#### <u>AIM</u>

1. The aim of this report is to present the significant operational successes of the year.

#### OVERVIEW/ROLE

2. Through the execution of integrated military family-centric services, as delivered by the Military Family Resource Centre (MFRC) staff at 15 Wing Moose Jaw and southern Saskatchewan, and the Military Family Service Centre (MFSC) staff at 3 CFFTS Portage, the organization has been able to deliver effective virtual and in-person programming resulting in the engagement of all military families, in a challenging COVID environment.

#### **OPERATIONS**

3. A full complement of MFRC staff are in the office at 15 Wing Moose Jaw (B80 & B95) and 3 CFFTS Portage (Portage Family Services Bldg) every M-F from 0830-1630.

#### 4. Apr-Jun 21

- Early Learning Centre, casual respite childcare (ages 0-5): Mon, Tues, Wed & Fri 9:00am-12:00pm, Thursday - 1:00-4:00pm
- b. Youth Centre every Tuesday in April & May, 6:00-8:00pm
- c. Parents & Tots every Thursday, 10:00-11:30am
- d. Monthly Welcome Wednesday
- e. Monthly Deployed Social Peer Support Group
- f. Stay & Play Saturday, respite care (ages 0-5 and grades K-5), offered one Saturday a month 9:00am-12:00pm
- g. Monthly 15 Wing unit outreach executed by MFRC staff



- h. Student pilot briefings delivered to incoming 2 CFFTS courses
- i. The Family Liaison Officer program staff/ MFRC Mental Health staff acted as a link to the MFRC suite of programs and collaborated with the Veteran Family Program Coordinator to respond to the needs of families of CAF personnel assigned to or supported by the CAF Transition Centre, including briefs to Units, RCMP, Legions and other DND partners
- j. The Veteran Family Program Coordinator acted as a link to the MFRC suite of Veteran Family Programs and collaborated with the Family Liaison Officer program staff/ MFRC Mental Health staff to respond to the needs of families of CAF personnel assigned to or supported by the CAF Transition Centre, including briefs to Veterans, Units, RCMP, Legions and other DND partners
- k. Family referrals to Strongest Families Program
- I. RCAF Family Connection Program briefings upon every member clear in
- m. Distribution of Rosetta Stone language software
- n. Administration of the Support Our Troops Medical/Dental Travel benefit for CAF families
- o. Our Spring Break program transitioned to virtual in just a few short days due to the shutdown of in person operations for the month of April caused by the COVID-19 variant; child/youth staff implemented contactless delivery of Spring Break craft supplies to military families. The crafts included video instruction uploaded to the Moose Jaw MFRC YouTube channel;
- p. During April and May, MFRC staff were able to partake in virtual sessions of "Mindfulness Mondays" facilitated by Mindfulness teacher Trish Tutton. This was a much needed and valuable exercise in self-care for all MFRC staff;
- q. Our Gender Based Violence (GBV) Committee coordinated a virtual training session on Family Violence: Working With All Affected on 20 April 2021;
- r. Our June outdoor Welcome Wednesday was held at Burger Cabin. Attendees were able to partake in a free lunch and enjoy visiting with each other outdoors;
- s. Outdoor Parents & Tots commenced in June to a great response! Parents were able to connect with each other while engaging with their children in various crafts and activities outside;
- t. Portage MFSC hosted a Mother's Day Tea/Cookie Treat Day. 40 families from 3CFFTS attended.
- u. 25 3CFFTS families participated in the Portage MFSC Father's Day Ice Cream Treat event in May
- 5. Jul-Sep 21
  - a. Early Learning Centre, casual respite childcare (ages 0-5): Mon, Tues, Wed & Fri 9:00am-12:00pm, Thursday - 1:00-4:00pm
  - b. Youth Centre every Tuesday in September, 6:00-8:00pm
  - c. Parents & Tots every Thursday, 10:00-11:30am
  - d. Monthly Welcome Wednesday
  - e. Monthly Deployed Social Peer Support Group



- f. Stay & Play Saturday, respite care (ages 0-5 and grades K-5), offered one Saturday a month 9:00am-12:00pm
- g. Monthly 15 Wing unit outreach executed by MFRC staff
- h. Student pilot briefings delivered to incoming 2 CFFTS courses
- i. The Family Liaison Officer program staff/ MFRC Mental Health staff acted as a link to the MFRC suite of programs and collaborated with the Veteran Family Program Coordinator to respond to the needs of families of CAF personnel assigned to or supported by the CAF Transition Centre, including briefs to Units, RCMP, Legions and other DND partners
- j. The Veteran Family Program Coordinator acted as a link to the MFRC suite of Veteran Family Programs and collaborated with the Family Liaison Officer program staff/ MFRC Mental Health staff to respond to the needs of families of CAF personnel assigned to or supported by the CAF Transition Centre, including briefs to Veterans, Units, RCMP, Legions and other DND partners
- k. Family referrals to Strongest Families Program
- I. RCAF Family Connection Program briefing<mark>s upon every m</mark>ember clear in
- m. Distribution of Rosetta Stone language software
- n. Administration of the Support Our Troop<mark>s Medical/Den</mark>tal Travel benefit for CAF families
- o. The GBV Committee offered mindfulness sessions to the 15 Wing community during July & August;
- p. Our second virtual AGM in September was a huge success with over 65 families in attendance;
- q. The volunteer run Kids Kloset consignment shop re-opened with capacity restrictions; customers were able to purchase items through contactless payment offered in the MFRC main office;
- r. Our "Back to School" outdoor Welcome Wednesday picnic was very successful with over 125 people in attendance;
- s. "Bullying: Responding for Prevention" was offered to our community by the GBV Committee as a full day class on 09 Sep;
- t. The Indigenous Cultural Awareness Lunch & Learn, coordinated by our GBV Committee, was very well attended. Many attendees requested another session in the post event surveys;
- u. The very first Military Family Matters podcast went live on 02 August and was recommended by the CFMWS Policy Development and Research Manager Community of Practice. To date, the podcasts have over 280 downloads;
- v. Portage MFSC hosted a Pool Party for military families in Portage la Prairie
- w. Portage MFSC partnered with PSP to execute a successful Family Day event in September with over 100 attendees
- 6. Oct-Dec 21
  - a. Early Learning Centre, casual respite childcare (ages 0-5): Mon, Tues, Wed & Fri 9:00am-12:00pm, Thursday - 1:00-4:00pm



- b. Youth Centre every Tuesday, 6:00-8:00pm
- c. Parents & Tots every Thursday, 10:00-11:30am
- d. Monthly Welcome Wednesday
- e. Monthly Deployed Social Peer Support Group
- f. Stay & Play Saturday, respite care (ages 0-5 and grades K-5), offered one Saturday a month 9:00am-12:00pm
- g. Monthly 15 Wing unit outreach executed by MFRC staff
- h. Student pilot briefings delivered to incoming 2 CFFTS courses
- i. The Family Liaison Officer program staff/ MFRC Mental Health staff acted as a link to the MFRC suite of programs and collaborated with the Veteran Family Program Coordinator to respond to the needs of families of CAF personnel assigned to or supported by the CAF Transition Centre, including briefs to Units, RCMP, Legions and other DND partners
- j. The Veteran Family Program Coordinator acted as a link to the MFRC suite of Veteran Family Programs and collaborated with the Family Liaison Officer program staff/ MFRC Mental Health staff to respond to the needs of families of CAF personnel assigned to or supported by the CAF Transition Centre, including briefs to Veterans, Units, RCMP, Legions and other DND partners
- k. Family referrals to Strongest Families Program
- I. RCAF Family Connection Program briefings upon every member clear in
- m. Distribution of Rosetta Stone language software
- n. Administration of the Support Our Troops Medical/Dental Travel benefit for CAF families
- o. The MFRC Halloween Parade was held in the RHU patch at Bushell Park on 31 Oct with over 240 attendees;
- p. Portage MFSC hosted 3 CFFTS families at their annual Halloween Party and Pumpkin Carving Contest
- q. Craft Kits were distributed to families in Portage la Prairie and were very well received
- r. The GBV Committee held 3 events in October: the Hold Me Tight program and Daring Greatly were facilitated by Sabrina Fruci and the CTRI delivered a Trauma Informed Leadership course. The response from the community was overwhelmingly positive
- s. In December, over 265 regular and reserve force families were treated to Christmas cheer! Thanks to our MFRC staff for the special delivery of stockings and holiday treats!
- t. Portage MFSC executed the delivery of Christmas stockings to CAF families in and around the Portage area
- u. Our Family Support Services team delivered an information session to the Saskatchewan Dragoons on 27 Nov. Over 50 personnel attended;
- v. The MFRC partnered with PSP to deliver the 15 Wing Family Fun Day which was the first major event hosted by PSP and MFRC since the pandemic. The event was adapted to a new outdoor format to accommodate the existing Covid-19 restrictions;
- w. MFRC staff participated in the Healthy Relationships Campaign with Health Promotions and Transition Centre in October;



#### 7. Jan-Mar 22

- a. Early Learning Centre, casual respite childcare (ages 0-5): Mon, Tues, Wed & Fri 9:00am-12:00pm, Thursday - 1:00-4:00pm
- b. Youth Centre every Tuesday, 6:00-8:00pm
- c. Parents & Tots every Thursday, 10:00-11:30am
- d. Monthly Welcome Wednesday
- e. Monthly Deployed Social Peer Support Group
- f. Stay & Play Saturday, respite care (ages 0-5 and grades K-5), offered one Saturday a month 9:00am-12:00pm
- g. Monthly 15 Wing unit outreach executed by MFRC staff
- h. Student pilot briefings delivered to incoming 2 CFFTS courses
- i. Penelope client software tracking training attended and implemented by staff
- j. The Family Liaison Officer program staff/ MFRC Mental Health staff acted as a link to the MFRC suite of programs and collaborated with the Veteran Family Program Coordinator to respond to the needs of families of CAF personnel assigned to or supported by the CAF Transition Centre, including briefs to Units, RCMP, Legions and other DND partners
- k. The Veteran Family Program Coordinator acted as a link to the MFRC suite of Veteran Family Programs and collaborated with the Family Liaison Officer program staff/ MFRC Mental Health staff to respond to the needs of families of CAF personnel assigned to or supported by the CAF Transition Centre, including briefs to Veterans, Units, RCMP, Legions and other DND partners
- I. Family referrals to Strongest Families Program
- m. RCAF Family Connection Program briefings upon every member clear in
- n. Distribution of Rosetta Stone language software
- o. Administration of the Support Our Troops Medical/Dental Travel benefit for CAF families
- p. Portage MFSC facilitated a Family Movie afternoon at the local Portage movie theatre
- q. Our "Sweets & Treats" in-person community integration event was a popular occasion with the added bonus of a special virtual presentation from the CAF Ombudsman's office;
- r. We accommodated military families during the school division's February Break by offering a day camp program for school-aged children;
- s. We celebrated the birth of babies born to our military families in 2021 with contactless delivery of goodie baskets to the new parents;
- t. The GBV committee had a busy Q4 with various virtual Lunch & Learns, information sessions and seminars hosted by Rand Teed, OUTSask and CTRI; our "Dare to Lead' program had over 45 attendees in March; 15 Wing Cmdt LCol Riel Erikson was featured on our special International Women's Day podcast;
- u. We partnered with PSP Health Promotions during the "March is Nutrition Month" campaign; community members were able to learn about the health benefits of olive oil and enjoy an on-site tasting session at Lion's Creek in Moose Jaw;



- v. The MFRC collaborated with PSP Health Promotions department and implemented a social media Healthy Relationships campaign on October 21;
- w. The Family Navigator team visited the units on 15 Wing, spreading awareness of all MFRC programs, services and events;
- x. The MFRC staff partnered with PSP Health Promotions department and hosted a virtual "Bell Let's Talk" campaign in January 21;
- y. Our FLO and Family Support Services Coordinator partnered with Family Service Regina to deliver an information session to the Regina Reserve Units in March;
- In March, Saskatchewan Dragoons members and their families attended an MFRC info session hosted by the Family Support Coordinator;
- 8. Recognition:
  - a. The Moose Jaw MFRC was awarded the 2CAD Commander's Commendation for their outstanding effort in supporting military families during the pandemic;

#### EXECUTIVE DIRECTOR'S ASSESSMENT

- 9. Military Family Services (MFS)/ MFRC Modernization Update:
  - a. For FY 2022-23, MFS public funding 21% (or ~\$220K) less than the submitted consolidated annual funding request required to deliver the military family services program at 15 Wing, Portage and southern SK;
  - b. As the board has deemed the majority of services listed below as essential to the local military community, mitigation of funding deficiencies for FY 2022-23 will be pursued through a combination of other government and community grants, as well as user fees and MFRC reserve funds;
  - c. Nationally, Military Family Services (MFS), a division of CFMWS, public funding will not be made available to support any MFRC child care and/ or school-aged children's programs, which will impact the following local services:
    - a. Respite and casual childcare (ages 0-5)
    - b. School PD and Break programs (ages 6-11)
    - c. Summer Fun program (ages 6-11)
    - d. Parents & Tots peer support group (ages 0-5)
    - e. Youth program/centre (ages 6-11)
  - d. Summer camps, before and after school programs, youth/teen initiatives are all within the purview of PSP, and as such, community members and families should engage that organization as the MFRC transitions to align with the national model of operations in future;
  - e. No baseline funding for community events and/ or Unit visits, including all hospitality (However, national MFS community family fund will offset this deficit for FY 2022-23, but unlikely to support in future);



f. MFS public funding for counselling restricted to 1-3 sessions, resulting in operational deficit to fund support beyond those parameters to mitigate against putting vulnerable military members and their families at risk due to cessation of MFRC mental health services, coupled with long queues to access civilian mental health providers;

10. MFRC/ MFSC operations successfully transitioned from hybrid operations to normal operations with minimal impact to the military community. As part of the post-pandemic efforts, the MFRC/ MFSC team remain focussed on strategic goals and tactically-related objectives for the upcoming year, specifically to transition the local operational framework to better align with Military Family Services (MFS) modernization strategy. Further, a feature for this year's operational plan will be to ensure that MFRC/ MFSC programs and services are equitable to all members of the military community wherever possible, while ensuring every attempt is made to reduce barriers for individuals that comprise marginalized demographics of Canadian Society located at 15 Wing Moose Jaw and 3 CFFTS Portage.

Services will re-focus as per the following three points: realign - reduce - innovate.

- a. Realign MFRC services to the MFS modernization framework, where subsequent funding to MFRCs has been strategically linked to specifically support military family transitions (postings, info and referral and spousal employment), deployments and mental health services, with extensive mapping and referrals to community programs to avoid any duplication of services;
- b. Reduce MFRC programs and/or events that benefit only a small portion of the military community, and/ or are not financially or operationally viable, and/or have low mental health and wellness benefits; and
- c. Innovate MFRC services utilizing a collaborative team effort including staff, board members, volunteers and community partners, continuing to work together diligently to ensure the MFRC meets the new MFS modernization agenda, including community mapping, targeted navigation to families and non-duplication of programs, while maintaining local site-specific services that are valued, cost effective and meet the needs of the military community.

R. Gorski Executive Director Moose Jaw MFRC Inc. 2274



## **MOOSE JAW MFRC**

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Did you know? The Moose Jaw MFRC is a charitable organization!

Consider us when making your next charitable donation.

Registered charity number 132517384 RR001

