



KMCSC - Pool Schedule



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					Swim Lessons 0900-1145	
	Noon Hour Swim 1200-1300 <small>Military Members/MVP+/Defense Team</small>		Noon Hour Swim 1200-1300 <small>Military Members/MVP+/Defense Team</small>		Open Swim 1300-1500	
Lane Swim 1600-1700	Lane Swim 1600-1800	Lane Swim 1600-1700	Lane Swim 1600-1800	Lane Swim 1600-1800		
Swim Lessons 1700-2000		Swim Lessons 1700-2000		Swim Lessons 1700-1800		

11 April- 10 June 2026

For more information visit: CMFWS.ca/Kingston