



### KMCSC - Pool Schedule



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					Swim Lessons 0900-1145	
	<b>Noon Hour Swim</b> <b>1200-1300</b> <small>Military Members/MVP+/Defense Team</small>		<b>Noon Hour Swim</b> <b>1200-1300</b> <small>Military Members/MVP+/Defense Team</small>		<b>Open Swim</b> <b>1300-1500</b>	
<b>Lane Swim</b> <b>1600-1700</b>	<b>Lane Swim</b> <b>1600-1830</b>	<b>Lane Swim</b> <b>1600-1700</b>	<b>Lane Swim</b> <b>1600-1830</b>	<b>Lane Swim</b> <b>1600-1830</b>		
<b>Swim Lessons</b> <b>1700-2000</b>		<b>Swim Lessons</b> <b>1700-2000</b>		<b>Swim Lessons</b> <b>1700-1800</b>		

11 April- 10 June 2026

\*Noon Hour swims start 28 April\*

For more information visit: [CMFWS.ca/Kingston](http://CMFWS.ca/Kingston)