

COUPON BOOK

What is it?

Did you miss doing fun things with your loved one? Waiting for those awesome activities can be tough! Guess what? A coupon book is like a magic ticket to plan a special time to hang out together! Find a time that works for the whole family, and on that day, pick a new coupon activity to do!

What do you do?

Just fill in the coupons on the next page and cut them out. You can turn them into a little book and enjoy them one by one. Or, for an extra surprise, put them in a jar and pick one randomly during your super special time together!





Look back at the "Reconnecting at Home" page of your workbook to get some fun ideas for activities to do together as a family or one-on-one with your loved one!

Visit halifaxmfrc.ca 902-427-7788

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