

OpMD Service Directory



September 2021

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Provincial & Local Resources

211

A free, bilingual, confidential resource to help New Brunswickers navigate the network of community, social, non-clinical health, and government services.

811

Tele-care, a free health advice and information line, as well as patient registry for family physician.

911

Provides e access to emergency services on a 24/7 basis. Through six Public Safety Answering Points (PSAPs) around the province, the 9-1-1 call-taking service receives and transfers calls to an emergency service, i.e. police, fire, ambulance or poison control.

NBMFRC

Develops and promotes services and resources that support military families. For more information, visit us at: <https://www.cafconnection.ca/Gagetown/Home.aspx>.

Patient Connect NB

A provincially managed, bilingual patient registry for New Brunswickers without access to a primary health care provider (family doctor or nurse practitioner).

New Brunswickers without a provider can register with Patient Connect NB and will be assigned to a provider on a first-come, first-serve basis. You will be contacted directly by the Primary Care Provider's office once you are referred to their practice. To register, click [here](#).

eVisitNB

See a New Brunswick doctor online. Virtual Care Doctors available for free with a valid Medicare Card. Get a diagnosis and treatment plan, sick or work note, and a prescription to the pharmacy of your choice.

Maple

CAF has partnered with MAPLE during the Covid-19 pandemic to provide FREE access to this program, weekdays between 7am and midnight. Please visit: getmaple.ca/militaryfamily and register with your CFOne number.

Pharmacists

Can assess and treat minor ailments - visit their [website](#) or call your local pharmacy for more information on their services:

- Allergic skin rash
- Pre-Menstrual and Menstrual Pain
- Emergency Contraception
- Skin Fungal Infections
- Acid Reflux (heartburn)
- Mild to Moderate Eczema
- Minor Joint Pain & Muscle Pain
- Minor Sleep Disorders
- Sore Throat/Cough
- UTI
- Yeast Infection

[Crisis Texting Service for Kids of CAF Families](#) - text CAFKIDS at 686868 for service in English
Children, youth and young adults from military families can access free mental health and well-being support. The Crisis Text Line powered by Kids Help Phone is confidential and available day or night.

Kids from military families might need help with feelings associated with:

- Relocating
- Leaving good friends behind
- Changing schools
- Moving to a new home
- Separation when their parents are deployed

Like other kids everywhere, they might also want help with:

- Relationships
- Anxiety/stress
- Feeling depressed
- Self-harm / Suicide
- Isolation
- Grief

[Triumph Medical Clinic](#) - (506) 260-6367

A free, approved VAC provider. A team of Nurse practitioner can fill out VAC paperwork titled "Physicians Statements" for all claims other than PTSD. Please bring documents to support claim such as X-rays, specialist notes, surgical reports, etc....

Abuse (Child, Adult, Emotional, Physical, Sexual)

Child/Adult Protection

Provides services to children, seniors and adults who are victims of abuse or neglect. Abuse can be physical, sexual or mental cruelty. Neglect can be self-neglect or caused by others.

Regional offices:

- Acadian Peninsula (Region 8) 1-866-441-4149
- Chaleur (Region 6) 1-866-441-4341
- Edmundston (Region 4) 1-866-441-4249
- Fredericton (Region 3) 1-866-444-8838 After Hours: 1-800-442-9799
- Miramichi (Region 7) 1-866-441-4246
- Moncton (Region 1) 1-866-426-5191
- Restigouche (Region 5) 1-866-441-4245
- Saint John (Region 2) 1-866-992-2873

A. Domestic Violence

[Domestic Violence Outreach Program](#) - (506) 649-2580 or (506) 632-5616

Service for victims of domestic abuse and sexual assault. Outreach workers have training in sexual assault crisis. They provide both emotional and practical support, accompaniment when possible, crisis intervention and referrals to appropriate services.

- Acadian Peninsula 506 395-6233
- Bathurst 506 545-8952
- Campbellton 506 790-1178
- Charlotte County 506 469-5544
- Kent County 506 743-5449
- Edmundston 506 740-4888
- Fredericton 506 458-9774
- Kennebecasis Valley 506 847-6277
- Miramichi 506 778-6496
- Moncton 506 377-5444/506 381-8808
- Saint John 506 649-2580/ 506 632-5616
- Shediac 506 533-9100
- Sussex 506 433-6579
- Woodstock 506 328-9680

[Domesticshelters.org](#)

If you or a friend is suffering from physical abuse, emotional abuse, psychological abuse or verbal abuse, this free service can help. Select domestic violence programs based on location, service and language needs. Find 24-hour hotlines in your area, service listings, and helpful articles on domestic violence statistics, signs and cycles of abuse, housing services, emergency services, legal and financial services, support groups for women, children and families, and more.

[L'Accueil Sainte-Famille](#) (Tracadie-Sheila) - (506) 395-1500

Free shelter for women that are victims of abuse. Offer programs and services to build confidence and become independent.

Note: Crisis intervention outside of Tracadie-Sheila, call (506) 395-6233

[Beausejour Family Crisis Centre](#) (Moncton) - (506) 533-9100

24/hour line that provides counseling, crisis intervention, shelter & housing, outreach services, education, and support. After hours number is (506) 312-1542 (after 4:30 pm).

[Carol-Ann's House](#) (St Stephen) – (506) 466-4590

Second stage housing for women and children

[Coverdale Center for Women](#) (St John) - (506) 634-1649

Work with the community to create a safe environment with empowering opportunities for women of all ages. Offer residential services and various programs to help women get back on their feet.

Note: Emergency Shelter - 506-672-6285

[Gignoo Transition House](#) (Fredericton) – 1 (800) 565-6878/458-1236

Safe haven for First Nation women and children who are experiencing domestic violence. Provide a 24-hour support line, crisis intervention, counselling, and help get the women back on their feet.

[Hestia House](#) (St John) - (506) 634-7570

Provide support, counseling, shelter, a 24/hour crisis line and help women prepare for the future.

[Kent Centre for Prevention of Violence](#) - (506) 743-5449

Provides assistance to people who are affected by all forms of violence, including physical abuse, emotional and verbal abuse, sexual abuse and financial abuse. Also provides services for individuals exhibiting behaviours of abuse/violence.

- [Serenity House](#) - (506) 743-1530
 - Shelter for women & children.
- [Maison Oasis](#) - (506) 743-5449
 - Second stage housing for women & children.
- [Second Stage](#) – (506) 875-3515

[Liberty Lane](#) (Fredericton) – (506) 451-2120/458-9774 (outreach)

Second stage housing for women and their children who have experience family violence.

[Maison de Passage House](#) (Bathurst)- (506) 546-9540

Free shelter for women. 24/hour crisis line - (506) 546-0019

[Maison Notre Dame](#) (Campbellton) - (506) 753-4703

Shelter for abused women with or without children.

Maison de transition pour femmes battues avec ou sans enfants.

[Residence of Hope](#) (Shediac) - (506) 533-9100

Second stage housing for women & children

[Second Stage Safe Haven Inc](#) (St John) - (506) 632-9289

Second stage housing for women & children.

[Women in Transition House](#) (Fredericton) – (506) 457-2770

Provides support and safe housing for women and children who have experience or are trying to escape family violence. (Crisis number 506-459-2300)

B. Sexual Violence

[SANE \(Sexual Assault Nurse Examiner\) Program](#)

Victims of sexual assault or domestic violence can get support and forensic examination at these points of service:

- Edmundston Regional Hospital
- Grand Falls General Hospital
- Hôtel Dieu Saint- Joseph de Saint Quentin
- Campbellton Regional Hospital
- Chaleur Regional Hospital
- Enfant-Jésus RHSJ† Hospital
- Tracadie-Sheila Hospital
- Moncton Hospital
- Saint John Regional Hospital
- Dr. Everett Chalmers Regional Hospital
- Miramichi Regional Hospital

Note: Victims do not need to explain visit to triage, just ask to see a SANE nurse.

[Libère-toi Support Line](#) (Peninsula) – (506) 395-3555

Transmedia platform of exchanges, sharing and practices. A wide range of possibilities to be appropriated and redistributed.

[Services à la Famille de la Péninsule \(SFP\)](#) - (506) 727-1866

Team of social workers, sexologists, and psychologists. Provide counselling, education, prevention and support for wide range of cases.

[Sexual Assault Response Team](#) (St John) - (506) 632-5758

Made up of a group of volunteers and professionals from health care, counselling, public safety, and community support agencies. They work together to provide victims with prompt and coordinated support

[Sexual Violence New Brunswick](#) – (506) 454-0437

Provide information, support, counselling, and 24-hour crisis intervention to those affected by sexual violence and dating violence.

[South East Sexual Assault Centre \(SESAC\)](#) - Support Line: 1-800-853-0811

Provide a variety of resources and services including the 24/7 support line, accompaniment to hospital, police, court, Individual counselling, and outreach. As well as a variety of community development, awareness, and prevention programs.

Addiction Services

Mental Health & Addiction Community Centres

Provide services & programs ranging from Addiction Services, Adult & Youth Outpatient Social Work Services, Methadone Maintenance Program, Detox Inpatient Services, Mobile Crisis, and much more.

Horizon Health Network

- [Fredericton](#): Mental Health: (506) 453-2132/Addictions: (506) 452-5558
- [Miramichi](#): Mental Health: (506) 778-6111/Addictions: (506) 623-3375
- [Moncton](#): Mental Health: (506) 856-2444/Addictions: (506) 856-2333

Vitalité

- [Bathurst](#): Mental Health: (506) 547-2110/Addictions: (506) 547-2086
- [Campbellton](#): Mental Health: (506) 789-2440/Addictions: (506) 789-7055
- [Edmundston](#): Mental Health: (506) 735-2070/Addictions: (506) 735-2092
- [Grand Falls](#): Mental Health: (506) 475-2440 /Addictions: (506) 473-7545
- [Saint-Quentin](#): Addictions: 506-235-7155
- [Tracadie-Sheila](#): Mental Health: (506) 394-3760/Addictions: (506) 394-3615

[Alcoholics Anonymous](#) - (506) 382-5087

Support group for problem drinkers.

[Al-Anon & Alateen](#) - 1 (888) 425-2666

For friends and family affected by a loved one's alcoholism. Monday-Friday, 8am-6pm.

[Bridges of Canada](#) – (506) 443-9960

Provides transformative programs for people struggling with addiction, mental illness, and/or criminal behaviours.

[Drug Free Kids Canada](#) – 1 (416) 479-6972

Inspire and support parents to prevent drug abuse by youth.

[Fredericton Detoxification Unit](#) – (506) 452-5525

The detox unit provides inpatient treatment for the withdrawal from mood altering substances such as alcohol, cocaine, opiates and other drugs. If someone is seeking services, they can call or present in person from 8:00 to 4:00 pm at 65 Brunswick St.

[Gamblers Anonymous](#) – (506) 387-4067 or (506) 453-7071

Group meetings for people who live with a gambling addiction.

[Harvest House](#) (Moncton) - (506) 388-4357

Provide a 9-month addiction recovery program for men.

[Lonewater Farm](#) (Kings County) – (506) 757-2450

Provides a rural, addictions recovery setting for men who require a longer-term residential setting.

[Miramichi Hope House](#) – (506) 778-6111

Offers support in the recovery of psychological, emotional and social difficulties as well as addictions.

[Miramichi Detoxification Unit](#) – (506) 623-6175

Provides inpatient treatment for the withdrawal from mood altering substances such as alcohol, cocaine, opiates and other drugs.

[Miramichi Recovery Clinic](#) – (506) 623-6272

Provides a complete treatment program for opiate dependence.

[Moncton Addiction Services](#)

- Detoxification Unit & General - (506) 856-2333
- Methadone Treatment Program – (506) 869-6655 Provides complete treatment program for opiate dependence. Monday to Friday 8:30- 4:30.

[Narcotics Anonymous](#) (Meeting Info) – 1 (800) 564-0228

A community-based association of recovering drug addicts. Provides peer support to other addicts who desire a drug-free outcome.

[Opioid Replacement Clinic](#) (St John) – (506) 632-5795

Offers comprehensive community-based services that provides access to opioid replacement medications, counselling, health promotion, disease prevention and education.

[PASAGE Saint John Inc.](#) – (506) 642-4035

A substance abuse & gambling awareness program for youth which focuses on supporting them in becoming responsible adults.

[Portage Atlantic](#) – (506) 839-1200

Provides subsidized substance abuse in-patient rehabilitation programs for people from all regions of Canada. Referrals are required.

[Ridgewood Addiction Services](#) - (506) 674-4300

Provide a range of services for individuals, youth and family members affected by substance abuse & gambling included. There is access to methadone treatment. **Note:** Detox (506) 674-4333

Dr. Babar Hameed in St. George is another resource for methadone (506) 755-3713

[Sophia Recovery Center for Women](#) – (506) 633-8783

Various programs including counselling, recovery coaching, 12 Step groups, meditation and coffee hour.

[Smokers Helpline](#) – 1 (877) 513-5333

Works one-on-one to create a quit plan.

Counselling

[Beausejour Family Crisis Centre](#) (Moncton) - (506) 533-9100

Provide short-term & long-term counselling, emotional support & information referrals. Will take a range of cases. **Note:** After-hours crisis line: (506) 312-1542

- Family Violence
- Family and/or Relationship Difficulties
- Low Self-Esteem
- Emotional Problems (grief, stress, etc)
- Alcohol, Drugs, and/or Gambling Addictions
- Depression & Suicidal Thoughts

[Capital School Psychology and Wellness Centre](#) – (506) 206-9533 🇩

Provides assessment, treatment, and consultation on a range of issues impacting youth. This includes learning disabilities, attention challenges, and social/emotional/behavioral needs. This is a paid service (\$170 an hour).

[Family Enrichment & Counselling Services](#) (Fredericton) – (506) 458-8211 💰

Provide counselling and support to individuals and families affected by or living with mental illness and addictions.

Free Walk-in Clinic - Every Friday from 1:00 - 4:00 pm. Half-hour sessions for those who are not sure whether they would like to see a therapist or not, or if they are not sure where the services they need are available. There is no obligation and there will be no follow-up.

[Family Matters](#) – (Rothesay) (506) 849-6759 💰

Private counseling services.

[Family Plus Life Solutions](#) (St John) - 506-634-8295 💰

Provides counselling for a variety of issues. There is a fee, but they offer a sliding scale for those who cannot afford it.

- Relationship Issues
- Parenting and Family Issues
- Depression and Anxiety
- Stress
- Violence/Anger
- Issues Involving Grief or Loss
- Addiction

[Gentle Path](#) (St John) - (506) 652-7284

Provides individual, couple & family counselling for a large variety of issues. There is a fee, but they offer subsidy options and will sometimes do pro bono. Support groups available for a fee of \$5.

[Restigouche Family](#) - (506) 753-4161

Provide community services, such as counselling, group therapies and workshops for individuals, families and couples.

[SAGE](#) (Fredericton) - (506) 857-3258 💰

Licensed therapists, counselors, and psychologists that are trained to address a wide range of issues. Fees vary with income - may be able to provide fee assistance for special cases.

[Services à la Famille de la Péninsule \(SFP\)](#) - (506) 727-1866

Team of social workers, sexologists, and psychologists. Provide counselling, education, prevention and support for wide range of

Hospitals & Health Centers

[Medicine Shoppe in Hanwell](#) – (506) 206-7667

Check website for store hours.

- Assessments and monitoring
- Prescriptions
- Wellness consultations
- A1C Blood tests
- Minor ailments
- UTIs
- Vaccination

A. Hospitals

- [Campbellton Regional Hospital](#) - (506) 789-5000
- [Chaleur Regional Hospital](#) - 1 (888) 472-2220
- [Charlotte County Hospital](#) - (506) 465-4444
- [Dr. Everett Chalmers Regional Hospital](#) - (506) 447-4308
- [Dr. Georges-L.-Dumont University Hospital Centre](#) - (506) 862-4000
- [Edmundston Regional Hospital](#) - (506) 739-2200
- [Enfant-Jésus RHSJ† Hospital](#) - (506) 727-3435
- [Grand Falls General Hospital](#) - (506) 473-7555
- [Grand Manan Hospital](#) - (506) 662-4060
- [Hotel-Dieu of St. Joseph](#) - (506) 273-7100
- [Hôtel-Dieu Saint-Joseph de Saint-Quentin](#) – (506) 235-2300
- [Lamèque Hospital and Community Health Centre](#) - (506) 344-2261
- [Miramichi Regional Hospital](#) - (506) 623-3000
- [Oromocto Public Hospital](#) (506) 357-4700
- [Restigouche Hospital Centre](#) - (506) 760-4000
- [Sackville Memorial Hospital](#) - (506) 364-4100
- [Saint John Regional Hospital](#) - (506) 648-6000
- [St. Joseph's Hospital](#) - (506) 632-5555
- [Stella-Maris-de-Kent Hospital](#) - (506) 743-7800
- [Sussex Health Centre](#) - (506) 432-3100
- [The Moncton Hospital](#) - (506) 857-5111
- [Tracadie Hospital](#) - (506) 394-3000
- [Upper River Valley Hospital](#) - (506) 375-5900

B. Health Centres / Clinics

- [Albert County Community Health Centre](#) - (506) 882-3100
- [Baie-Sainte-Anne Health Centre](#) – (506) 228-2004
- [Blackville Health Centre](#) – (506) 843-2910
- [Boiestown Health Centre](#) – (506) 369-2700
- [Campobello Island Health Centre](#) - (506) 752-4100
- [Central Miramichi Community Health Centre](#) - (506) 365-6100
- [Centre de santé Noreen-Richard Health Centre](#) - (506) 474-4611
- [Chaleur Health Centre](#) – (506) 542-2434
- [Charlotte County Collaborative Wellness Centre \(CCCWC\)](#) (506) 465-4490
- [Chatham Health Centre and Sexual Health Clinic](#) - (506) 397-5444
- [Chipman Health Centre](#) - (506) 339-7650
- [Cocagne Health Clinic](#) – (506) 576-7296
- [Deer Island Health Centre](#) - (506) 747-4150
- [Dr.-Chanel-Dupuis Health Centre](#) (506) 445-6200
- [E.L. Murray Medical Clinic](#) (506) 789-5417
- [Fredericton Downtown Community Health Centre](#) – (506) 452-6383

- [Fredericton Junction Health Centre](#) – (506) 368-6501
- [Fundy Health Centre](#) - (506) 456-4200
- [Gibson Community Health Centre](#) Fredericton - (506) 447-4444
- [Hartland Health Centre](#) - (506) 375-2700
- [Harvey Health Centre](#) – (506) 366-6400
- [Haut-Madawaska Medical Clinic](#) – (506) 992-0041
- [HOPE Wellness Centre](#) St John – (506) 632-5695
- [Jacquet River Health Centre](#) - (506) 237-3222
- [Kedgwick Medical Clinic](#) – (506) 235-2467 ext. 3
- [Lamèque Hospital and Community Health Centre](#) - (506) 344-2261
- [McAdam Health Centre](#) – (506) 784-6300
- [Médisanté Saint-Jean](#) – (506) 784-6300
- [Miramichi Health Centre](#) - (506) 627-7511
- [Miscou Health Centre](#) - (506) 344-3434
- [Nackawic Health Centre](#) – (506) 575-6600
- [Neguac Health Centre](#) - (506) 776-3876
- [North End Wellness Centre](#) - (506) 649-2704
- [Oromocto Community Health Centre](#) – (506) 357-4922
- [Paquetville Health Centre](#) - (506) 764-2424
- [Petitcodiac Health Centre](#) - (506) 756-3400
- [Port Elgin and Region Health Centre](#) – (506) 538-2140
- [Queens North Community Health Centre](#) - (506) 327-7800
- [Rexton Health Centre](#) - (506) 523-7940
- [Rogersville Health Centre](#) - (506) 775-6108
- [Saint-Isidore Community Health Centre](#) (506) 358-6018
- [Shediac Regional Medical Centre](#) - (506) 533-2700
- [St. Joseph Community Health Centre \(Dalhousie\)](#) – (506) 632-5537
- [St. Joseph’s Community Health Centre](#) – (506) 632-5537
- [Stanley Health Centre](#) - (506) 367-7730
- [The Market Place Wellness Centre](#) – (506) 674-4335
- [Tobique Valley Community Health Centre](#) - (506) 356-6600
- [Uptown Family Medicine Fredericton](#) – (506) 458-0259

C. Public Health Clinics

Promote healthy lifestyles and healthy families; provide environmental protection; and prevent, manage and control communicable diseases.

- [Horizon](#)
- [Vitalité](#)

D. Family Planning Clinics

They offer information on and access to a range of services associated with unplanned pregnancy and contraception. Patients can access this service without a referral from a doctor – toll free 1-844-806-8205.

E. Walk-In Clinics

[List of provincial clinics](#)

[Oromocto Quick Care Clinic](#) – (506) 357-4841

Hours of Operation: Mon 8-4, Wed 8-8 and Thu 8-4

[Marysville Walk-in Clinic](#) – (506) 449-1653

Opens at 8:00 am until noon

[New Maryland After Hours Clinic](#) – (506) 458-8927

Opens at 4:45 pm until 8:30 pm

LGBTQ+

[Gai Ecoute](#) – 1 (888) 505-1010 (French Helpline)

[PFLAG Canada](#) – 1 (888) 530-6777

[Trans Lifeline](#) – 1 (877) 330-6366

Mental Health Services

Mental Health & Addiction Community Centres

Provides assessment of situation and needs, therapy, psychoeducational sessions, crisis intervention, counselling, rehabilitation services, psychiatric consultation, and much more

Horizon Health Network

- [Fredericton](#): Mental Health: (506) 453-2132
- [Grand Manan](#): (506) 662-7023
- [Miramichi](#): Mental Health: (506) 778-6111
- [Moncton](#): Mental Health: (506) 856-2444
- [Perth-Andover](#): (506) 273-4701
- [Sackville](#): (506) 856-2444
- [Saint John](#): (506) 658-3737
- [Shediac](#): (506) 533-2816
- [St. Stephen](#): (506) 466-7380
- [St. George](#): (506) 755-4044
- [Sussex](#): (506) 432-2090
- [Woodstock](#): (506) 325-4419

Vitalité

- [Bathurst](#): Mental Health: (506) 547-2110
- [Campbellton](#): Mental Health: (506) 789-2440
- [Caraquet](#): (506) 726-2030
- [Edmundston](#): Mental Health: (506) 735-2070
- [Grand Falls](#): Mental Health: (506) 475-2440
- [Kedgwick](#): (506) 284-3431
- [Moncton](#): (506) 862-4144
- [Richibucto](#): (506) 523-7620
- [Saint-Quentin](#): Addictions: 506-235-7155
- [Shippagan](#): (506) 336-3367
- [Tracadie-Sheila](#): Mental Health: (506) 394-3760

[Canadian Mental Health Association](#)

Provide resources and programs to improve mental health & community integration, and support people living with mental illness. Program topics in each region vary depending on the needs of the community.

- Fredericton: (506) 455-5231
- Moncton: (506) 859-8114 *Provide counselling services - contact for more info.
- Saint John: (506) 633-1705

[Capital Region Mental Health & Addictions Association](#) (Fredericton) – (506) 458-1803

Provide a variety of recovery services:

[Chimo Helpline](#) - 1-800-667-5005

A crisis phone line, accessible 24 hours a day, 365 days a year to all residents of New Brunswick.

Live Chat available from 5:00 pm to midnight.

[Kids Help Phone](#) – 1-800-668-6868 / text 6868678

24/7 National access counselling and crisis services for ages 5-20 years.

Mobile Crisis Services

Team of social workers who provide crisis intervention to diffuse situations in the community to individuals and families. Work with police, mental health and the hospital.

Zone 1

Moncton and surrounding areas (Kent, Westmorland & Albert County)

Contact: 1 (866) 771-7760

Hours of Operation: 12pm - 10pm every day

Zone 2

Saint John

Contact: 1 (888) 811-3664

Hours of Operation: 8am - 12am every day

Charlotte County

Contact: (506) 466-7380

Hours of Operation: Mon to Fri 8:15am - 4:30pm

For afterhour's service, call St John MCU

Zone 3

Fredericton up to Nackawic

Contact: (506) 453-2132

Hours of Operation: Monday to Friday, noon to 10:00 pm, Sunday & Saturday, 3pm to 11pm

Woodstock to Perth Andover

Contact: 1 (888) 667-0444

Hours of Operation: 2pm - 10pm, every day

Zone 4

Edmundston, Grand Falls, St. Quentin and all of the surrounding areas

Contact: 1 (844) 398-4718

Hours of Operation: 12pm - 8pm

Perth-Andover

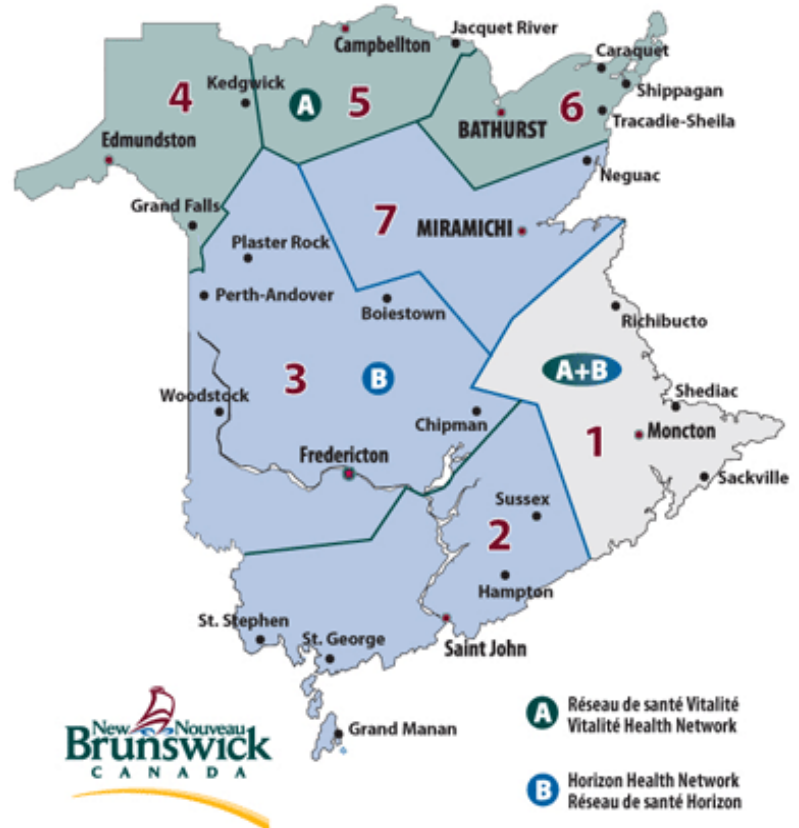
Contact: 1 (888) 667-044

Zone 5

Campbellton and surrounding areas

Contact: (506) 789-8088

Hours of Operation: Monday to Friday, 8am-8pm, Saturday & Sunday, 12pm-8pm



Zone 6

Bathurst and surrounding areas, except the Acadian Peninsula

Contact: (506) 547-2110

Hours of Operation: Monday to Friday, 4:30pm-8pm. Saturday & Sunday, 12pm-8pm

Acadian Peninsula (Caraquet, Shippagan, Tracadie)

Contact: (506) 724-1880

Hours of Operation: Monday to Friday, 4:30pm-8pm. Saturday & Sunday, 12pm-8pm

Zone 7

Miramichi and surrounding areas including Doaktown and Burnt Church

Contact (506) 623-3333

Hours of Operation: 7 days a week noon to 8:00

Psychiatric Units

- **Bathurst:** Regional Hospital Centre - (506) 544-3662
- **Campbellton:** Campbellton Regional Hospital - (506) 789-6882
- **Edmundston:** Edmundston Regional Hospital - (506) 739-2524
- **Fredericton:** Dr. E. Chalmers Hospital - (506) 452-5213
- **Miramichi:** Miramichi Regional Hospital - (506) 623-3000
- **Moncton:**
 - Moncton Hospital - (506) 857-5239
 - Provincial Child & Adolescent Psychiatric Unit - (506) 857-5915
 - Dr. George L. Dumont Hospital - (506) 862-4175
- **Restigouche:** Restigouche Hospital Centre - (506) 789-6950
- **Saint John:**
 - Saint John Regional Hospital - (506) 648-6467, Office # (506) 648-6063
 - Centrecare - (506) 649-2550

Red Cross

Each Red Cross location offers community support, emergency & disaster services, health equipment loans (short and long-term), migrant & refugee services, nutrition & transport services and senior support services.

Locations:

- Fredericton: (506) 458-8445
- Woodstock: (506) 328-8881
- 2Saint John: (506) 674-6200
- Sussex: (506) 433-5886
- Miramichi: (506) 622-8881
- Moncton: (506) 863-2650
- Grand Falls: (506) 473-5897
- Richibucto: (506) 523-4479
- Sackville: (506) 863-2650
- Bathurst: (506) 548-2824
- Campbellton: (506) 759-8523
- Tracadie: (506) 395-2010
- Edmundston: (506) 736-0050

Sexual Health

[AIDS Moncton](#) – (506) 859-9616

Support to people infected/affected by HIV/AIDS and HIV prevention education. Provide a needle distribution service to people who inject drugs.

[AIDS New Brunswick](#) – 1 (800) 561-4009

Aims to promote and support the health and well-being of people living with and affected by HIV/AIDS while helping to reduce the spread of HIV, Hepatitis C and other sexually transmitted and blood borne infections through the provision of prevention, education, and support initiatives.

[STI Information Helpline](#) – 1 (877) 784-1010

24/7 National access to registered nurses who will provide general information, education and advice for STIS and sexual and reproductive health.

Sexual Health Clinics

| Location | Phone | Text |
|--|---|----------------|
| Baie-Ste-Anne | (506) 228-2004 | |
| Blackville | 506) 456-4208 | |
| Chipman | (506) 339-7650 | (506) 478-7605 |
| Deer Island/Fair Haven | (506) 747-4150 | |
| Doaktown | (506) 365-6100 | (506) 478-7605 |
| Fredericton | | (506) 478-7605 |
| | King St: (506) 452-5900 Canada St: (506) 447-4444 Regent St: (506) 447-4341 Priestman St: (506) 474-4611 | |

| | | |
|--------------|---|----------------|
| Grand Manan | (506) 662-4060 | |
| Hartland | (506) 375-2700 | (506) 391-8314 |
| Harvey | (506) 366-6400 | (506) 478-7605 |
| Mcadam | (506) 784-6300 | 478.7605 |
| Minto | (506) 327-7800 | (506) 478.7605 |
| Miramichi | Water St: (506) 778-6107 King George Hwy: (506) 627-7511 | |
| Nackawick | (506) 575-6600 | 506) 478-7605 |
| Neguac | (506) 776-3876 | |
| Oromocto | (506) 357-4922 | (506) 478-7605 |
| Plaster Rock | (506) 356-6600 | (506) 391-8314 |
| Rogersville: | (506) 775-2030 | |
| Saint John | (506) 658-3998 | |
| St. Stephen | (506) 465-4416 | |
| Stanley | (506) 367-7730 | (506) 478-7605 |
| Welshpool | (506) 752-4100 | |

Social Development

Social Development – 1 (866) 441-4340

Provide adult and child protection, various health services/programs, housing assistance, social assistance, financial assistance, youth support services, long-term care services for seniors, child welfare and disability support, etc.

Regional and Satellite Offices:

- **Moncton, Richibucto, Sackville, Shediac:** 1(866) 426-5191
- **Saint John, St. Stephen, Sussex:** 1(866) 441-4340
- **Fredericton, Woodstock, Perth-Andover:** 1(866) 444-8838
- **Edmunston:** 1(866) 441-4249
- **Restigouche:** 1(866) 441-4245
- **Chaleur:** 1(866) 441-4341
- **Miramichi:** 1(866) 441-4246
- **Peninsule Acadienne:** 1(866) 441-4149

After Hours - 1(888) 992-2873

Social workers will receive intakes, carry out assessments, make initial decisions on providing telephone crisis counselling, refer people to the appropriate regional office and/or arrange for financial assistance for special items.

Special Needs Services

[Ability New Brunswick](#) - (506) 462-9555

The sudden reality of a spinal cord injury or the onset of any mobility disability can be frightening and overwhelming. With determination and with the right supports, we can help people navigate the community in new ways, become as independent as possible, and rediscover all that life has to offer.

- Rehabilitation Counselling
- Transition NB
- Para NB
- Peer Support
- Public Policy & Community Development
- NB Vehicle Retrofit Program
- Community Awareness and Navigation

[AIDE Canada](#)

The autism and/or Intellectual Disability Knowledge Exchange Network is a national organization that is committed to providing accurate up-to-date, and useful information, tools and resources. They are equipped with a free national library that delivers free of charge anywhere in Canada.

[Autism Connections Fredericton](#) – (506) 450-6025

Provide support for persons with ASD, their families and community in the form of public education, social support, advocacy, material resources, special programs and activities. They offer one-on-one tutoring for students with ASD.

[New Brunswick Association for Community Living](#) – 1 (866) 622-2548

Provide support and resources to individuals who have an intellectual disability and their families. Help with school, housing, networking, etc.

[New Brunswick Preschool Autism Program](#) – 1 (844) 377-3819

Allows preschool children diagnosed with Autism Spectrum Disorder (ASD) to access an intensive, evidence-based intervention.

[Opal Family Services](#) (Fredericton) - (506) 432-6386

Provides residential services to adults with a developmental disability through support, programs & skills-building training to adults who face social, development or mental health challenges.

[Open Sky Co-operative \(Sackville\)](#) - (506) 536-4565

A co-operative that provides skills programs, vocational assistance and community connections for adults who require support to improve their quality of life.

Victim Services

[Victim Services](#) - (506) 453-3992

Assist victims who have reported a crime to the police. Offer various services, depending on the individual's eligibility.

- Counselling & Support
- Special Protections & Testimonial Aids
- Financial Benefits & Remedies for Victims
- Assistance in Preparing an Impact Statement
- Information on Sentencing

Regional Offices:

- Bathurst: (506) 547-2924
- Campbellton: (506) 789-2388
- Edmundston: (506) 735-2543
- Elsipogtog: (506) 523-4747
- Fredericton: (506) 453-2768
- Grand Falls: (506) 473-7706
- Miramichi: (506) 627-4065
- Moncton: (506) 856-2875
- Saint John: (506) 658-3742
- St. Stephen: (506) 466-7414
- Tracadie-Sheila: (506) 394-3690
- Woodstock: (506) 325-4422