

Land Acknowledgement

We gratefully acknowledge our locations on the beautiful unceded territory of the Songhees and Esquimalt peoples. This is the place where the people of the Coast Salish Nation honour community, family and this precious land.

Welcome to the...
Work Point MFRC!

We have been working hard on the design and development of a new MFRC to be located in Work Point (Anson Street). We are so excited to be able to offer our programs and services from this location. Grand opening is planned for Spring of 2027!



Financial Highlights

for the fiscal year
April 1, 2025 - March 31, 2026

Revenues	
Military Family Services	\$1,524,600
CFB Esquimalt	\$477,711
Provincial Government	\$442,729
User Fees	\$221,726
Interest & Visa Cashback	\$196,244
Veteran Family Program Funding	\$86,487
Donations & Fundraising	\$26,512
Total	\$2,976,009
Expenses	
Community Based Program Delivery	\$2,559,759
Management & Administration	\$398,595
Amortization	\$59,935
Bank Charges	\$9,241
Total	\$3,027,530
Deficiency of Revenues Over Expenses	(\$51,521)

Our financial statements for the year ending March 31, 2026, have undergone a complete audit by Clark Trowsdale LLP Chartered Professional Accountants. They have confirmed that our financial statements for the past fiscal year are in accordance with generally accepted accounting principles. A copy of the financial statements is available at the MFRC, and a motion to approve them will be presented at the Annual General Meeting on September 16, 2026.

Annual Report
2025-2026

Contact Information

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Vision Statement

Proud, resilient military families thriving in a dynamic and supportive community.

Board of Directors' Message

Chair: Megan Chong



On behalf of the Board of Directors, it is my pleasure to report to the community on the past Fiscal Year (April 2025 to March 2026).

As we look to the future, we recognize that the landscape in which we operate is constantly evolving. The Board remains deeply committed to providing the oversight and strategic foresight needed to navigate these shifts. There is a great deal of change ahead for the Canadian Armed Forces and we look forward to supporting families in this dynamic climate.

Our work towards a new MFRC in the Work Point area has continued this year and we are very excited that the 5,000 plus square foot centre will be operational in the Spring of 2027. Services will continue at our CPAC location.

It has been an honour to serve with the dedicated volunteers who sit on our Board of Directors. We have learned from one another and benefitted from Board professional development ensuring excellence in policy development, risk management, stewardship and financial oversight.

We are mandated by Military Family Services/CFMWS to be comprised of 51% military connected family members. Our model is “by families, for families”. We are incredibly grateful to our departing Board members for their steadfast stewardship, and we eagerly welcome our new Directors who bring fresh perspectives to our table.

None of our accomplishments would be possible without the continued trust of our supporters, the expertise of our leadership team and staff, and the passion of our volunteers.

We are so fortunate to have the ongoing support of the Command team at CFB Esquimalt as well as MARPAC Fleet and Formation.

Thank you for your ongoing commitment to our vision. Together, we are building a stronger, more impactful organization for the future.

Information & Referral

The Information and Referral team provides front-line support to the Military Family community, including welcome services, Military Family ID cards, morale mail drop-off, and administrative support.

- Interacted with 2,410 individuals and families at the front desk
- Issued 182 Military Family ID Cards
- Sent 238 welcome emails to incoming CAF members
- Volunteers contributed 1,390 hours across various program areas

Community Integration

- Continued Commitment to our most beloved programs such as the Early Years Programming, Supporting Children Through Absence, Wellness Wednesdays, and Fast Friends, Community Kitchen.
- Introduced Jr. Fast Friends for Younger group (5-9 yr olds) which was successful and will be continued in 2026/2027
- Continued Partnerships with Books for Breakfast, The Conservatory of Music, The Maritime Museum of British Columbia and Greater Victoria Public Library and Vancouver Island Regional Library
- Outreach Programs staff offered outreach to promote program engagement in the community. Fall Program Kick Off (Ice Cream Social), Buccaneer Days, Formation Fun Day, Library Engagement (GVPL & VIRL), Village Initiative, SD 62 – Service Providers Fair
- Our new Inclusion Worker added capacity and improved quality of support services in our childcare and programs. Camosun Practicum Student added to programs capacity Jan - Mar of 2026.

Children's Services

- Delivered 123 Music & Me classes, benefiting 49 community children and 33 daycare children
- Provided 1,833 hours of respite child care via our Creative Learning for the Early Years program
- Distributed 35 Welcome Baby Bags to families
- Facilitated the mailing of 1,825 books through the Dolly Parton Imagination Library program
- 53 unique children and youth attended one or more sessions of Fast Friends
- 18 Military Families participated in Supporting Children with Through Absences Workshops

Deployment & Work-Related Absences

- Supported four ship departures and two homecomings
- Met with 3 Command Teams prior to deployment to discuss supports
- Engaged with 191 families through multiple virtual Pre-Deployment Briefs and Monthly Information Sessions with HMCS Max Bernays' Command Team
- Created and sent 114 care packages to deployed members aboard HMCS Max Bernays, based on contributions from friends and family members

Housing Support Program

- The Housing Program has seen growth in landlord intake (107). Member intake has also grown (93).
- The Housing Program has continued to strengthen partnerships with local property management companies that prioritize military members in some capacity across the rental units and buildings they manage.

Community Engagement

The Community Engagement Team and Volunteers attended 20 events in the community, including ship departures, homecomings, Month of the Military Child celebration, Volunteer Movie Night, Defence on the Dock, Tim Hortons Camp Day, Ghost Walk and Pancake Breakfast.

Family Wellness & Counselling Team

Over the past year, the Family Wellness and Counselling Team (FWCT) has continued to provide compassionate, responsive, and professional support to the families of the Canadian Armed Forces.

The top trends among those accessing services continue to include mental health support, couples counselling, and counselling for children and youth. These areas reflect the diverse needs of CAF families and the importance of providing accessible, timely, and family-centred services that support wellbeing and healthy relationship.