



2025/2026 PSP Facilities - Holiday Hours

Naden Athletic Centre*(& Pool), Dockyard Gym, Wurtele Arena*, CPAC**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<u>21 Dec</u>	<u>22 Dec</u>	<u>23 Dec</u>	<u>24 Dec</u>	<u>25 Dec</u>	<u>26 Dec</u>	<u>27 Dec</u>
NAC 0800-1800 hrs Pool CLOSED ARENA 0800-1800 hrs CPAC CLOSED DKYD CLOSED	NAC 0800-1800 hrs Pool CLOSED ARENA 0800-1800 hrs CPAC 0830-1600 hrs DKYD CLOSED	NAC 0800-1800 hrs Pool CLOSED ARENA 0800-1800 hrs CPAC 0830-1600 hrs DKYD CLOSED	NAC 0800-1300 hrs Pool CLOSED ARENA 0800-1500 hrs CPAC 0830-1300 hrs DKYD CLOSED	CHRISTMAS DAY ALL FACILITIES <u>CLOSED</u>	BOXING DAY ALL FACILITIES <u>CLOSED</u>	NAC 0800-1800 hrs Pool CLOSED ARENA 0800-1800 hrs CPAC CLOSED DKYD CLOSED
<u>28 Dec</u>	<u>29 Dec</u>	<u>30 Dec</u>	<u>31 Dec</u>	<u>1 Jan 2025</u>	<u>2 Jan</u>	<u>3 Jan</u>
NAC 0800-1800 hrs Pool CLOSED ARENA 0800-1800 hrs CPAC CLOSED DKYD CLOSED	NAC 0800-1800 hrs Pool CLOSED ARENA 0800-1800 hrs CPAC 0830-1600 hrs DKYD CLOSED	NAC 0800-1800 hrs Pool CLOSED ARENA 0800-1800 hrs CPAC 0830-1600 hrs DKYD CLOSED	NAC 0800-1300 hrs Pool CLOSED ARENA 0800-1500 hrs CPAC 0830-1300 hrs DKYD CLOSED	NEW YEARS DAY ALL FACILITIES <u>CLOSED</u>	NAC 0800-1800 hrs Pool CLOSED ARENA 0800-1800 hrs CPAC 0830-1600 hrs DKYD CLOSED	NAC 0800-1800 hrs Pool CLOSED ARENA 0800-1800 hrs CPAC CLOSED DKYD CLOSED
<u>4 Jan</u>	<u>5 Jan</u>	<u>6 Jan</u>	<u>5 Jan 2026</u> All Facilities are back to regular business hours except Pool (reopens on 6 Jan 2026) – please see our website for regular programming schedule or call for assistance: CFMWS.ca / NAC Facebook / MARPAK Notice Board Useful Numbers: Naden Athletic Centre Kiosk – 250-363-5677; Wurtele Arena – 250-363-4391; CPAC – 250-363-1009			
NAC 0800-1800 hrs Pool CLOSED ARENA 0800-1800 hrs CPAC CLOSED DKYD CLOSED	NAC 0530-2130 hrs Pool CLOSED ARENA 0700-2330 hrs CPAC 0830-1600 hrs DKYD 0530-1800 hrs	NAC 0530-2130 hrs Pool RE-OPEN ARENA 0700-2330 hrs CPAC 0830-1600 hrs DKYD 0530-1800 hrs				

*Naden Athletic Centre & Wurtele Arena facility hours only- Program schedules / Facility Rentals not included in this calendar

** The pool will be closed 7 Dec 2025 – 5 Jan 2026 for annual pool maintenance:

CAF members and PSP Plan members can use the [Esquimalt Recreation Centre Pool](#) free of charge by showing your valid Mil ID or Gym Membership

*** The upper and lower gymnasium floors, along with the black matted floor, will be closed from December 15 to 28 for resurfacing. They will reopen on December 29 after 10:00 AM



2025/2026 PSP Drop-In Program - Holiday Schedule

Naden Athletic Centre* & Wurtele Arena

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
14 Dec	15 Dec	16 Dec	17 Dec	18 Dec	19 Dec	20 Dec
Casual Skate 1430 – 1600 hrs	FORCE PT(Strength) 0630 – 0715 hrs Cardio HIIT 1205 – 1250 hrs	FORCE PT (Cardio) 0630 – 0715 hrs	FORCE PT(Strength) 0630 – 0715 hrs Functional Strength 1205-1250 hrs	FORCE PT(Strength) 0630 – 0715 hrs	FORCE PT (Cardio) 0630 – 0715 hrs Mobility 1205-1250 hrs	Casual Skate 1430 – 1530 hrs Sticks and Pucks 1530 – 1630 hrs
	Shinny 1130 – 1300 hrs	Casual Skate 1130 – 1300 hrs	Shinny 1130 – 1300 hrs	Casual Skate 1130 – 1300 hrs	Shinny 1130 – 1300 hrs	
21 Dec	22 Dec	23 Dec	24 Dec	25 Dec	26 Dec	27 Dec
Casual Skate 1430 – 1600 hrs Sticks and Pucks 1600 – 1730 hrs	FORCE PT(Strength) 0830-0915 hrs Cardio HIIT 1205-1250 hrs	FORCE PT(Cardio) 0830-0915 hrs Functional Strength 1205-1250 hrs	FORCE PT(Cardio) 0830-0915 hrs Functional Strength 1205-1250 hrs	ALL FACILITIES CLOSED	ALL FACILITIES CLOSED	Casual Skate 1430 – 1530 hrs Sticks and Pucks 1530 – 1630 hrs
	Shinny 1000 – 1130 hrs Sticks and Pucks 1130 – 1300 hrs Casual Skate 1300 – 1430 hrs	Shinny 1000 – 1130 hrs Sticks and Pucks 1130 – 1300 hrs Casual Skate 1300 – 1430 hrs	Shinny 1000 – 1130 hrs Sticks and Pucks 1130 – 1300 hrs Casual Skate 1300 – 1430 hrs			
28 Dec	29 Dec	30 Dec	31 Dec	1 Jan 2026	2 Jan	3 Jan
Casual Skate 1430 – 1600 hrs	FORCE PT(Strength) 0830-0915 hrs Cardio HIIT 1205-1250 hrs	FORCE PT(Cardio) 0830-0915 hrs Functional Strength 1205-1250 hrs	FORCE PT(Cardio) 0830-0915 hrs Functional Strength 1205-1250 hr	ALL FACILITIES CLOSED	FORCE PT(Cardio) 0830-0915 hrs Mobility 1205-1250 hrs	Casual Skate 1430 – 1530 hrs Sticks and Pucks 1530 – 1630 hrs
	Shinny 1000 – 1130 hrs Sticks and Pucks 1130 – 1300 hrs Casual Skate 1300 – 1430 hrs	Shinny 1000 – 1130 hrs Sticks and Pucks 1130 – 1300 hrs Casual Skate 1300 – 1430 hrs	Shinny 1000 – 1130 hrs Sticks and Pucks 1130 – 1300 hrs Casual Skate 1300 – 1430 hrs		Shinny 1000 – 1130 hrs Sticks and Pucks 1130 – 1300 hrs Casual Skate 1300 – 1430 hrs	
4 Jan	Naden Athletic Centre* The upper and lower gymnasium floors, along with the black matted floor, will be closed from December 15 to 28 for resurfacing. They will reopen on December 29 after 10:00 AM. During that time, all classes are offered in the Reconditioning room.					
Casual Skate 1430 – 1600 hrs	5 Jan 2026 All Facilities are back to regular business hours except Pool (reopens on 6 Jan 2026) – please see our website for regular programming schedule or call for assistance. CFMWS.ca / NAC Facebook / MARPA Notice Board <u>Useful Numbers:</u> Naden Athletic Centre Kiosk – 250-363-5677; Wurtele Arena – 250-363-4391; CPAC – 250-363-1009					