

MEDICAL and HEALTH INFORMATION

Allergies: _____

Does your Child carry an Epi-Pen? YES NO

Require Medications: YES NO

Require Additional Support/Inclusion Support: YES NO

If YES to any of the above, please ensure you have filled out additional care plan information, as per our Parent Handbook and website.

SWIMMING ABILITY: Please indicate your child's swimming ability:

Strong Swimmer

Must be 7 years and older
Have completed swim kids 4 or equivalent
OR can swim 25 metres comfortably and continuously in deep water

Moderate and Non-Swimmer

All children 6 years and under
Children 7 and older who have NOT completed swim kids 4 OR cannot swim 25 metres comfortably and continuously in deep water.

ADDITIONAL CONSENT

Please INITIAL each box

EMERGENCIES I consent to a staff member calling an ambulance for my child in the event of accident or illness. PSP Recreation will not be responsible for any associated costs to do so.

FIELD TRIPS/
TRANSPORTATION I consent to my child using public transportation, walking, and being transported by CFB Esquimalt Transportation busses to participate in camp field trips.

SUNSCREEN/INSECT
REPELLENT
APPLICATION I consent to allow a staff member to assist my child(ren) with the application of sunscreen/insect repellent in a 'hand over hand' manner, should my child(ren) require assistance.

PHOTOS I consent to photos of my child being taken while in programs and for use in PSP Recreation promotional materials.

I **DO NOT** consent to photos of my child being taken while in programs and for use in PSP Recreation promotional materials.

PARENT
HANDBOOK I have read and understand the PSP Recreation Camps Parent Handbook

Please sign and date that all information is current and up to date:

Signature of Parent/Guardian: _____ Date: _____

**Additional Signature required on Behaviour Management Policy*

PSP Community Recreation

Positive Behaviour Framework

Our Commitment

PSP Community Recreation provides programs where all participants feel safe, respected, and included. We support positive behaviour through skill-building, clear expectations, and consistent responses. We aim to provide a safe and inclusive environment where appropriate behaviour is taught, modelled and reinforced.

Behaviour Expectations

- Respect themselves, others, and staff
- Follow program rules and instructions
- Use appropriate language and behaviour
- Respect equipment and shared spaces

Behaviour Support Framework

	GREEN LIGHT (Expected behaviours)	YELLOW LIGHT (Needs support)	RED LIGHT (Safety concerns)
Examples	<ul style="list-style-type: none"> • Participating actively and appropriately • Showing kindness and respect • Including others • Using appropriate language • Following staff instructions 	<ul style="list-style-type: none"> • Not following instructions • Disruptive behaviour or refusal to participate • Unsafe or rough play • Hurtful or exclusionary language • Leaving the group without permission 	<ul style="list-style-type: none"> • Physical aggression • Intent to harm • Possession of weapons or unsafe substances • Discriminatory or threatening behaviour • Repeated yellow light behaviours
Staff response (depending on situation and specific behaviour)	<ul style="list-style-type: none"> • Positive recognition and encouragement • Opportunities for leadership and choice • Reinforcement of strengths and positive behaviours 	<ul style="list-style-type: none"> • Redirection to appropriate behaviour • Discussion of expectations • Check-in conversations and reflection tools • Documentation of behaviour if needed • Communication with parents/guardians and/or behaviour improvement plans if behaviour persists 	<ul style="list-style-type: none"> • Immediate intervention and removal from activity • Incident documentation • Immediate parent/guardian notification • Suspension from the program

Staff responses are determined by the severity, frequency, and overall impact of the behaviour on the group. For safety reasons, certain behaviours will result in immediate removal from the program.

Communication & Follow-Up

PSP staff will:

- Document behaviour incidents when required
- Communicate with parents/guardians regarding concerns
- Work collaboratively to support participant success

Acknowledgement

I have read and understand the PSP Community Recreation Positive Behaviour Framework

Participant Name: _____

Parent/Guardian Name: _____

Signature: _____

Date: _____